

CLASS 9

ENGLISH SYLLABUS

2022-23

APRIL-MAY

Beehive

Prose- 1. The Fun They Had

2. The sound of music

3. The little girl

Poetry-1. The road not taken

2. Wind

3. Rain on the roof

MOMENTS

1. The lost child

2. The adventure of Toto

Grammar Tenses

Subject verb concord

Words and expressions Unit 1,2

UNIT-1(MAY)20M

*The Fun They Had

*The road not taken

*Editing

Tenses

*Descriptive writing

SUBJECT ENRICHMENT ACTIVITY- speaking/ listening

HOLIDAYS HOMEWORK-

- 1) Read chapters 1-5 from your supplementary reader “MOMENTS” and make a comic strip from any chapter having 5-6 dialogues.
- 2) Make a word cloud taking the image of any person
- 3) Read two books namely, “Around the world in 80 days” and “Malgudi days”. A test will be taken after vacation.

SUBJECT ENRICHMENT *

Listening skills/ Speaking skills

- Complete all the written work

MULTIPLE ASSESSMENT-comic strip, visual representation of words,

Portfolio activities : Make a book cover of any one of the above mentioned books.

Pick one conflicted personality and write about his/ her behavior on screen and off screen in about 100 words . To be done in the fair register.

JULY-AUGUST

Beehive

- | | |
|---------------|-------------------------------|
| Prose | 4. A Truly beautiful mind |
| | 5. The snake and the mirror |
| | 6. My childhood |
| | 7. Reach for the top |
| Poetry | 4. The lake isle of innisfree |

5. A legend of the Northland

6. No men are foreign

Moments 3. Iswaran the storyteller

4. In the kingdom of fools

5. The happy prince

Grammar Modals

Subject verb concord

Reported Speech- Commands and Requests

Statements

- Questions
- Determiners

Words and expressions unit 3,4

Writing -- Descriptive writing of a person, story writing

UNIT TEST 2

My childhood

A legend of Northland

Story writing

Gap filling

HALF YEARLY EXAM (SEPTEMBER)

Syllabus covered till August

OCTOBER-NOVEMBER

Beehive

- Prose** 7. Reach for the top
 8. Kathmandu
- Poetry** 6. No men are foreign
 7. On killing a tree
- Moments** 5. The happy prince
 6. The last leaf

Reading comprehension

Grammar

Story writing

Descriptive writing

Words and expressions unit 8,10

UNIT TEST-3

Reach for the top

On killing a tree

Reported speech

Reading comprehension

DECEMBER-JANUARY

Beehive

- Prose** 9. If I were you
- Poetry** 8. A slumber did my spirit seal
- Moments-** 7. A house is not a home

8.The beggar

Speaking skills

Listening skills

Words and expressions -unit 11

SUBJECT ENRICHMENT ACTIVITY- speaking skills/ listening skills

HOLIDAYS HOMEWORK-

Descriptive writing

PORTFOLIO - Notebook presentation and correction, Art Integrated activity, class test, oral test

Good reader bonus

MULTIPLE ASSESSMENT- mind map, dialogue writing, character analysis

FINAL EXAM (FEBRUARY)

Whole syllabus covered

डी. ए. वी. पब्लिक स्कूल
अशोक विहार फेस 4, दिल्ली

पाठ्यक्रम

कक्षा -9

हिंदी-B

2022-2023

अप्रैल- मई

स्पर्श पुस्तक

गद्य खंड

- दुख का अधिकार
- एवरेस्ट : मेरी शिखर यात्रा

काव्य खंड

- रैदास के पद

संचयन पुस्तक

- गिल्लू

व्याकरण

- अनुस्वार-अनुनासिक, शब्द और पद, उपसर्ग-प्रत्यय, अनौपचारिक पत्र

मई

आवधिक परीक्षा 1(Unit Test)

- दुख का अधिकार
- रैदास के पद
- गिल्लू
- अनुस्वार-अनुनासिक, शब्द-पद, उपसर्ग-प्रत्यय

ग्रीष्मावकाश गृहकार्य

विषयगत संवर्धन गतिविधि(ASL)

- श्रवण कौशल

बहुविध मूल्यांकन(Multiple Assessment)

- 'दुःख का अधिकार' पाठ के आधार पर लेखक और बुढ़िया में अपनी कल्पना से संवाद लिखिए। चित्र भी बनाकर अपने कार्य को आकर्षक बनाइए।
- 'एक सैर जंगल की' और 'मसाला चाय' कहानियाँ पढ़िए।(www.storyweavers.com)

पोर्टफोलियो(Portfolio)

- प्रमुख रचनाकारों महादेवी वर्मा, यशपाल, धर्मवीर भारती, हरिवंशराय बच्चन इत्यादि में से किसी एक रचनाकार का चित्रात्मक जीवन परिचय A4 शीट पर बनाइए।

सारा परियोजना कार्य आकर्षक, सृजनात्मक और कलात्मक होना चाहिए। कार्य को प्रभावशाली बनाने के लिए आप भिन्न-भिन्न रंगों व चित्रों का प्रयोग कर सकते हैं। सारा कार्य आंतरिक मूल्यांकन के अंतर्गत जाँचा जाएगा।

जुलाई अगस्त

स्पर्श पुस्तक

गद्य खंड

- तुम कब जाओगे, अतिथि

पद्य खंड

- रहीम के दोहे

संचयन पुस्तक

- स्मृति

व्याकरण

- स्वर संधि, विराम चिह्न, अर्थ की दृष्टि से वाक्य भेद

लेखन : अनुच्छेद, चित्र वर्णन, संवाद लेखन

अगस्त

आवधिक परीक्षा 2 (Unit Test 2)

पाठ्यक्रम

- तुम कब जाओगे, अतिथि
 - रहीम के दोहे
 - स्वर संधि, विराम चिह्न एवं अर्थ की दृष्टि से वाक्य भेद

सितंबर

अर्द्धवार्षिक परीक्षा पाठ्यक्रम

- अपठित गद्यांश
- पठित गद्यांश
- पठित पद्यांश
- व्याकरण
 - शब्द और पद, अनुस्वार-अनुनासिक, उपसर्ग-प्रत्यय, स्वर संधि, विराम चिह्न, अर्थ की दृष्टि से वाक्य भेद
- लेखन : अनुच्छेद, अनौपचारिक पत्र, चित्र वर्णन, संवाद लेखन

स्पर्श

गद्य खंड

- दुख का अधिकार
- एवरेस्ट मेरी शिखर यात्रा
- तुम कब जाओगे, अतिथि

काव्य खंड

- रैदास के पद
- रहीम के दोहे

संचयन पुस्तक

- गिल्लू
- स्मृति

अक्टूबर – नवम्बर

स्पर्श पुस्तक

गद्य खंड

- वैज्ञानिक चेतना के वाहक चंद्रशेखर वेंकट रामन्

काव्य खंड

- गीत-अगीत
- अग्निपथ

संचयन पुस्तक

- कल्लू कुम्हार की उनाकोटी

व्याकरण

- अनुस्वार-अनुनासिक, स्वर संधि, अर्थ की दृष्टि से वाक्य भेद
- अनुच्छेद लेखन, चित्र वर्णन

दिसंबर

आवधिक परीक्षा 3 (Unit Test)

- वैज्ञानिक चेतना के वाहक चंद्रशेखर वेंकट रामन्
- अग्निपथ
- अनुस्वार-अनुनासिक, स्वर संधि, अर्थ की दृष्टि से वाक्य भेद

दिसम्बर – जनवरी

स्पर्श

गद्य खंड

- शुक्रतारे के समान

काव्य खंड

- नए इलाके में..., खुशबू रचते हैं हाथ

संचयन

- मेरा छोटा-सा निजी पुस्तकालय

व्याकरण

- शब्द और पद, उपसर्ग-प्रत्यय, विराम चिह्न
- अनौपचारिक पत्र, संवाद लेखन

विषयगत संवर्धन गतिविधि(ASL)

- वाचन कौशल

बहुविध मूल्यांकन(Multiple Assessment)

- पाठ पर आधारित अवधारणा मानचित्र(Concept Map)

पोर्टफोलियो(Portfolio)

- चित्र वर्णन

वार्षिक परीक्षा पाठ्यक्रम

- अपठित गद्यांश
व्यावहारिक व्याकरण
- शब्द और पद, अनुस्वार-अनुनासिक, उपसर्ग-प्रत्यय, स्वर संधि, विराम चिह्न, अर्थ की दृष्टि से वाक्य भेद

पाठ्यपुस्तक स्पर्श भाग-1

गद्य खंड

- दुख का अधिकार
- एवरेस्ट मेरी शिखर यात्रा
- तुम कब जाओगे, अतिथि
- वैज्ञानिक चेतना के वाहक चंद्रशेखर वेंकट रामन्
- शुक्रतारे के समान
- पठित गद्यांश

काव्य खंड

- रैदास के पद
- रहीम के दोहे
- गीत-अगीत
- अग्निपथ
- नए इलाके में..., खुशबू रचते हैं हाथ
- पठित पद्यांश

संचयन

- गिल्लू
- स्मृति
- कल्लू कुम्हार की उनाकोटी

- मेरा छोटा-सा निजी पुस्तकालय

लेखन : अनुच्छेद लेखन, अनौपचारिक पत्र, संवाद लेखन, चित्र वर्णन

नोट- निम्नलिखित पाठों से प्रश्न नहीं पूछे जाँगे-

स्पर्श(भाग- 1)

- धर्म की आड़
- आदमीनामा
- एक फूल की चाह

संचयन(भाग-1)

- हामिद खाँ
- दिये जल उठे

DAV PUBLIC SCHOOL
ASHOK VIHAR, PH-1V, DELHI
SYLLABUS
CLASS –IX
SUBJECT –MATHEMATICS
SESSION-2022-23

APRIL-MAY

CHAPTER 1 : NUMBERS SYSTEM

CHAPTER 2: POLYNOMIALS (Till Ex 2.4)

CLASS TEST OF EVERY CHAPTER WOULD BE TAKEN

HOLIDAY HOMEWORK :

ASSIGNMENT OF POLYNOMIALS

UNIT TEST 1 : (20 M) May

CHAPTER 1 : NUMBERS SYSTEM

JULY – AUGUST

CHAPTER 2: POLYNOMIALS (contd)

CHAPTER 4: LINEAR EQUATIONS IN TWO VARIABLES

CHAPTER 3: COORDINATE GEOMETRY

CHAPTER 13 : SURFACE AREA AND VOLUME

CHAPTER 6 : LINES AND ANGLES

UT 2: ch 2, 3, 4

SEPTEMBER

HALF YEARLY EXAMINATION

SYLLABUS covered till AUGUST

OCTOBER TO NOVEMBER –

CHAPTER 5: INTRODUCTION TO EUCLID GEOMETRY

CHAPTER 7: TRIANGLES

CHAPTER 8 : QUADRILATERAL

DECEMBER- JANUARY : CHAPTER 10 : CIRCLES

UNIT TEST 3

CHAPTER 7, 8

FINAL EXAMS

ALL CHAPTERS

SUBJECT ENRICHMENT

LAB ACTIVITIES will be done.

NOTEBOOK TO BE EVALUATED BEFORE :

- **HALF YEARLY EXAMS**
- **FINAL EXAMS**

CLASS IX
SCIENCE SYLLABUS
2022-23

APRIL-MAY

Chapter-2 Is matter around us pure

Chapter-5 The Fundamental Unit of Life

Chapter-8 Motion

UNIT TEST-1 (MAY) 20M

Chapter- Chapter-2 Is matter around us pure

Chapter-5 The Fundamental Unit of Life (till prokaryotes)

Chapter-8 Motion (till acceleration and retardation page no.- 107)

SUBJECT ENRICHMENT ACTIVITY-Chemistry- Practical based MCQ and file

PORTFOLIO- Physics- Applications / Activities of Newton three laws of motion (A4 size sheets)

HOLIDAY HOMEWORK-

1. Read and learn all the chapters done in the class till May month.
2. Complete all the written work;intext/ back questions from the chapters.
3. Complete the file work in Science files given in the classes.
4. Complete the Assignments given in the classes.
5. Read atleast one chapter in advance for all the three domains of science
6. MULTIPLE ASSESSMENT: 3D MODEL : CONCEPT MAP OF CHAPTER : THE FUNDAMENTAL UNIT OF LIFE.
7. ART INTEGRATION- Write slogans on A3 size sheet on the topic “World Nature Conservation Day”

JULY-AUGUST

Chapter1- Matter in our surroundings

Chapter-6 Tissues

Chapter-9 Force and Laws of Motion

Chapter-10 Gravitation (till acceleration due to gravity)

Chapter 15- Improvement of food resources

List of Experiments:

- 1) Preparation of true solution, colloidal solution, and suspension. (CHEM)
Distinction between these, on the basis of filtration, transparency and stability.
- 2) Preparation of mixture and a compound and distinction between the 2 based on their properties. (CHEM)
- 3) Different types of Physical and Chemical reactions. (CHEM)
- 4) Preparation of stained temporary mounts of (a) onion peel, (b) human cheek cells & to record observations and draw their labeled diagrams. (BIO)
- 5) Identification of Parenchyma, Collenchymas and Sclerenchyma tissues in plants, striped, smooth and cardiac muscle fibers and nerve cells in animals from prepared slides. Draw their labeled diagrams. (BIO)
- 6) Determination of melting point of ice and boiling point of water.
- 7) Perform the following reactions and classify them as physical or chemical changes: Unit-I
 - a) Iron with copper sulphate solution in water
 - b) Burning of magnesium ribbon in air
 - c) Zinc with dilute sulphuric acid
 - d) Heating of copper sulphate crystals
 - e) Sodium sulphate with barium chloride in the form of their solutions in

UNIT TEST 2

Chapter-1 Matter in our surroundings (till latent heat)

Chapter-6 Tissues

Chapter-9 Force and Laws of Motion (till three laws of motion)

HALF YEARLY EXAM (SEPTEMBER)

Chapter1- Matter in our surroundings

Chapter-2 Is matter around us pure

Chapter-5 The Fundamental Unit of Life

Chapter-6 Tissues

Chapter-8 Motion

Chapter-9 Force and Laws of Motion

Chapter-10 Gravitation (till acceleration due to gravity)

OCTOBER-NOVEMBER

Chapter-3 Atoms and Molecules

Chapter-10 Gravitation

Chapter-11 Work and Energy

Chapter14 – Natural Resources (Project)

Chapter 15- Improvement of food resources

UNIT TEST-3 (DECEMBER) 20 M

Chapter-3 Atoms and molecules

Chapter-11 Work and Energy (till Kinetic Energy)

Chapter 15- Improvement of food resources

DECEMBER-JANUARY

Chapter-4 Structure of Atom

Revision of all chapters

List of Experiments:

- 1) Determination of the density of solid (denser than water) by using a spring balance and a measuring cylinder.
- 2) Establishing the relation between the loss in weight of a solid when fully immersed in tap water, strongly salty water.
- 3) Verification of the law of conservation of mass in a chemical reaction.
- 4) Verification of laws of reflection of sound
- 5) Determination of speed of a pulse propagated through a stretched string / slinky

TERM-II

SUBJECT ENRICHMENT ACTIVITY- Physics-MCQ of chapter- Sound

MULTIPLE ASSESSMENT- Biology- Project on Natural Resources

PORTFOLIO- Chemistry 3D Model of Atom

ART INTEGRATION- Topic: Structure of Atom

FINAL EXAM

Whole Syllabus

Class IX
SOCIAL SCIENCE SYLLABUS
2022-23

APRIL-MAY

History- Chapter1- French Revolution

Geography- Chapter-1 India:Size and Location

Chapter-2 Physical features of India

(to be continued)

Economics- Chapter-1 The story of village

Palampur

Pol science- Chapter-1 What is Democracy?Why Democracy?

UNIT TEST-1(MAY)20 marks

History - Chapter1- French Revolution

Geography- Chapter-1 India:Size and Location

Economics- Chapter-1 The story of village

Palampur

Holiday homework-

Subject Enrichment Activity:

9A-D-Geography-Disaster Management Project on Causes and effects of Russia Ukraine war.

Multiple Assessment Activity:

9A/C-ECONOMICS-Story Mapping on Palampur on A4 size sheet, use colours,be creative.

9B/D-POLITICAL SCIENCE- Cartoon interpretation of any two cartoons from Ch 1- What is democracy?Why democracy? (Refer NCERT)

PORTFOLIO:

9B-ECONOMICS- Identify the factors of production of any two economic activities.

Do it on an A4 size sheet.

9A/C/D-HISTORY- Draw political symbols from the chapter French Revolution

which were used to convey or communicate important ideas and concepts of declaration of rights.

JULY-AUGUST

History Chapter-2 Socialism in Europe and the Russian Revolution

Chapter 3 Nazism and the rise of Hitler (Half Ch)

Geography:- Chapter-2 Physical features of India

Chapter-3 Drainage

Chapter 5- Natural Vegetation and Wildlife

Economics: Chapter-2 People as a Resource

Pol science:Chapter2 Constitutional Design

Chapter 3 Electoral Politics

UNIT TEST 2 (AUGUST)20 M

History-Chapter-2 Socialism in Europe and the Russian Revolution

Geography-Chapter-2 Physical features of India

Pol science: Chapter 2 Constitutional Design

HALF YEARLY EXAM (SEPTEMBER)

History-Chapter1-French Revolution

Chapter-2 Socialism in Europe and the Russian Revolution

Chapter-3 Nazism and Rise of Hitler

GEOGRAPHY-Chapter 1 India:size and location

Chapter-2 Physical features of India

Chapter-3 Drainage Chapter 5-
Natural Vegetation and Wildlife

Economics-Chapter-1 The story of village
palampur

Chapter-2 People as Resource

Pol science-Chapter 1-What is Democracy?Why Democracy?

Chapter2 Constitutional Design

Chapter 3 Electoral Politics

OCTOBER-NOVEMBER

History - Chapter 4 Forest society and colonialism (
chapter to be continued)

Geography- Chapter 4- Climate

Economics -Chapter 3-Poverty as a Challenge

Pol-science -Chapter 4 Working of Institutions

UNIT TEST-3(JANUARY)20 M

History -Chapter 3-Nazism and the rise of Hitler

Economics- Chapter 3-Poverty as a Challenge

Pol science -Chapter 4 Working of Institutions

DECEMBER-JANUARY

History-Chapter 4-Forest society and Colonialism

Chapter 5 Pastoralist in modern world

Geography-Chapter 6- Population

Economics-Chapter 4-Food security in India

Pol science:-Chapter 5-Democratic Rights

Holiday homework-

SUBJECT ENRICHMENT ACTIVITY-

History: Map work (chapter 2 and 3)

Economics:Role play on Anti Poverty Measures

Geography- Comic strip on girl child education

Pol science: List the current cabinet ministers along with their ministries on A4 size sheet.

MULTIPLE ASSESSMENT-

Geography- Compare weather conditions of Rajasthan and Tamil Nadu in winter season.

HISTORY- Mind map on ch 3:Nazism and the rise of Hitler

PORTFOLIO

Pol Science: Cartoon interpretation

Economics: Making of BPLcard/ Ration card/ APL card/ AAY card

FINAL EXAM (FEBRUARY)

History-Chapter1-French Revolution

Chapter-2 Socialism in Europe and the Russian Revolution

Chapter-3-Nazism and the rise of Hitler

Chapter 4 Forest society and colonialism

chapter 5 pastoralist in modern world

Geography-Chapter-1 India:Size and location

Chapter-2 Physical features of India

Chapter 3 Drainage

Chapter-4 Climate

Chapter 5- Natural Vegetation and Wildlife

Pol science- Chapter-1-What is Democracy?Why Democracy

Chapter-2- Constitutional Design

Chapter-3-Electoral Politics

Chapter- 4-Working of Institution

Chapter 5 Democratic rights

Economics- Chapter-1 The story of village

palampur

Chapter-2 People as Resource

Chapter-3 Poverty as a Challenge

Chapter 4 Food security in India

कक्षा -नवम

अप्रैल -मई-

पाठ्यक्रम -

पाठ्यपुस्तक- मणिका

पाठ - अविवेकः परमापदां पदम्, पाथेयम्, विजयताम् स्वदेशः

व्याकरणम् -संधि, प्रत्यय, उपसर्ग, संख्या, अनुवाद, संधि, उच्चारण स्थान, वर्ण,

कक्षा -परीक्षा -10 अङ्काः

नोटबुक परीक्षण

इकाई परीक्षा -30अङ्काः(उपसर्ग, संख्या, प्रत्यय, अनुवाद, पाठ -1,2)

क्रियात्मक गतिविधि -(1) वाद्ययन्त्रस्य निर्माणकृत्वा तस्य संस्कृतस्य नामानि लिखत।

जुलाई -अगस्त

पाठ -विद्यया भान्ति सदगुणाः, कर्मणा याति संसिद्धिम्, तत् त्वम् असि, तरवे नमोस्तुते।

व्याकरणम् - अपठित अवबोधनम्, पत्र लेखनम्, चित्राधारित वाक्यनिर्माणम्, अनुवादम्

क्रियात्मक गतिविधि -(1) महाकवि भासस्य नाटकचक्रस्य निर्माणं कुरु।

कक्षा -परीक्षा -10अङ्काः(वाक्य निर्माणम्)

सितम्बर -

अर्द्ध वार्षिक परीक्षा (80अङ्काः)

अक्टूबर -नवम्बर

पाठ-न धर्मवृद्धेषु वयः समीक्ष्यते, कवयामि वयामि यामि, भारतीय विज्ञानम्।

व्याकरणम् - शब्द रूप, धातुरूप, संधि, प्रत्यय।

कक्षा -परीक्षा -10अङ्काः

नोटबुक परीक्षण -

इकाई परीक्षा -30अङ्काः

क्रियात्मक गतिविधि

दिसम्बर -

पाठ -भारतीय विज्ञानम्। भारतेनास्ति मे जीवनम् जीवनम्।

व्याकरणम्, अपठित अवबोधनम्, पत्र लेखनम्, वाक्य निर्माणम्।

कक्षा -परीक्षा -10अङ्काः

क्रियात्मक गतिविधि

जनवरी - पुनरावृत्ति (सम्पूर्ण पाठस्य)

इति।

CLASS 9
IT PLANNER
2022-23

APRIL-MAY

- Digital Documentation
- Self Management Skills

UNIT TEST-1(MAY)20M

- Self-Management Skills

JULY-AUGUST

- Introduction to IT-ITes Industry (Theory)
- Communication Skills
- ICT Skills

UNIT TEST-2(AUGUST)20 M

Introduction to IT-ITes Industry

HALF YEARLY EXAM (SEPTEMBER)

- Introduction to IT-ITes Industry (Theory)
- Digital Documentation
- Communication Skills
- Self Management Skills
- ICT Skills
- Data Entry and Keyboarding skills

OCTOBER-NOVEMBER

- Electronic Spreadsheet (practical)
- Digital Presentation (Practical)

UNIT TEST-3(DECEMBER)20 M

- Electronic Spreadsheet (practical)

DECEMBER-JANUARY

- Entrepreneur skills
- Green skills

FINAL EXAM (FEBRUARY)

- Electronic Spreadsheet
- Digital Presentation
- Entrepreneur skills
- Green skills

CLASS 9TH
DANCE PLANNER
2022-2023

❖ **APRIL**

- ❖ Warm up exercise
- ❖ Basics body movement with music
- ❖ Theory of dance benefits

❖ **MAY**

- ❖ Warm up exercise
- ❖ Practice of previous session
- ❖ Practice of different creative dance

❖ **JULY –**

- ❖ Zumba
- ❖ Indian folk dance practice
- ❖ Theory +practical of 5 madras

❖ **AUGUST-**

- ❖ Zumba
- ❖ Practice of patriotic dance
- ❖ Practice of theory kathak

❖ **OCTOBER**

- ❖ Aerobics
- ❖ Practice pf bhangra

❖ **NOVEMBER**

- ❖ Aerobics
- ❖ Practice of theory kathak
- ❖ Practice of fusion dance
- ❖ Workout

❖ **DECEMBER**

- ❖ Warm up exercise
- ❖ Practice of fusion dance
- ❖ Theory and Practice of fusion dance

❖ **JANUARY-FEBUARY**

- ❖ Theory=practical of contemporary dace
- ❖ Workout

9th Class MUSIC SYLLABUS-2022-23

APRIL-MAY

PRACTICE OF SCHOOL PRAYERS

JULY- AUGUST

PATRIOTIC SONG (YE DESH HAMARA HAI)

SEPTEMBER- OCTOBER

RAAG YAMAN KALYAN (AAROH AVROH BANDISH)

NOVEMBER-DECEMBER

CHRISTMAS SONG

JANUARY-FEBRUARY

ALL REVISION GIVEN ABOVE

Sports Syllabus - 2023
8th to 10th Class

April & May

1. Introduction of the Game :

- * Invention, Nature and objectives of the Game

July & August

2. Technique and skill Development :

- * Basic fundamentals of the game
- * warm-up Exercises, stretchings & conditioning.

October & November

3. Participation in various competitions/Tournaments :

- * Zone
- * Inter Zone
- * Delhi State
- * School Games
- * D.A.V. Nationals Sports

December & January

4. Rules & Regulations of the Games

- * No. of players
- * Categories
- * Ground Measurements
- * Importance of Discipline in sports.

Syllabus: class 9

Subject: SUPW

Term-1

Topics

APRIL :

● Composition with primary & secondary colours only. (BAISAKHI / ICE CREAM SELLER)

MAY:

● MADHUBANI: Book Marks

July:

● Landscape-water colour

August:

● Composition-Water colour

September:

● Poster on 'Tourism'

Term -2

October :

● Calligraphy Quotes

November:

● Festive Cards

December:

Architecture Designs: Monuments

January:

● Traditional Paintings

February:

● PORTFOLIO ASSESSMENT

CLASS -9 Yoga Yearly Planner

1. April & May

- सूक्ष्म व्यायाम
- सयूयनमस्कार - 12 Steps

2. July & August

- सयूयनमस्कार (अष्टांग विन्यासा Part –A)

3. September & October

5 Standing Asana (खड़े रहकर ककए जाने िाले आसन)

- िक्षु आसन
- पार्शियत्रिकोण आसन
- ताड आसन
- पादहस्त आसन
- त्रिकोण आसन
- योगासन प्रततयोगगता

4. November

5 Sitting Asana (बैठकर ककए जाने िाले आसन)

- पश्चिमोत्तान आसन
- गोमुख आसन
- िक्र आसन
- उषर आसन
- योग आसन

5. December

3 *Prone Asana* (प्रे के बल लेकर ककए जाने िालेआसन)

- नोक आसन
- भुजगां आसन
- शलभ आसन

6. January

2 *Supine Asana* (कमर के बल लेकर ककए जाने िालेआसन)

- अर्य-हलासन
- ना िासन

7. February

- ध्यान & िाक्