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DAV PUBLIC SCHOOL, SAMANA



(Senior Secondary)

CBSE Affiliated (1630571)

Under : DAV College Managing Committee, New Delhi

Near Chak, Patran Road, Samana-147101

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Website : www.davsamana.org

STUDY PLAN

SESSION- 2023-24



CLASS:- 8th

Name: _____

Roll No: _____ Sec: _____ Adm. No: _____

Principal Message



"Education is a shared commitment between dedicated teachers, motivated students and enthusiastic parents with high expectations"

Principal Mohan Lal Sharma
Academician, Educationist, Scholar
Writer, Social Worker, Awardee

Dear Students

Today, the role of a school is not only to pursue academic excellence but also to encourage and empower its students to be lifelong learners, critical thinkers, and productive members of an ever-changing global society. More than a decade back, DAV SAMANA pledged to transform education. The school that is being run under the able stewardship of Honorable President **Dr. Punam Suri Ji** has earned its own position not only in Samana but also in its surrounding areas. At DAV, we provide an atmosphere to our students for multifaceted development, where children get such a platform which helps them to channelize their potential in the pursuit of excellence. This can only be possible in a holistic and student-centric environment.

The school is striving hard to make the best possible efforts to inculcate strong Vedic roots combining with academics and extra-curricular activities in the children. Transforming every individual into a self-reliant and independent citizen, the school provides an amalgam of scholastic and co-scholastic activities with International exposure. In our curriculum, the student is the primary focus and each child is involved in the learning process.

A new ray of hope has been generated by the introduction of – NEP 2020, a pristine document on education wherein emphasis is laid on technology. From the academic year 2022-23, the government will implement the first phase of NEP 2020. The new norms will play a crucial role in applying the New Education Policy in a better way.

The parents are the most strengthening power in moulding the future of children. Their consistent support empowers us to do more and more. I pay my gratitude to them for their faith in us.

I am confident enough that the DAVIANS will make themselves stronger day by day, by adding a new leaf to the grandeur of the school.

Blessings!!!

Principal Mohan Lal Sharma

STUDY PLAN - AN IMPORTANT TOOL

As we journey together, you may face many challenges and to enable you to overcome the obstacles, we offer you this wonderful tool-Study Plan to make you familiar with the values and Academic Syllabi of the school. This will increase your awareness of how you study and you will become more confident. Therefore, make this planner a part of your schedule for getting success this year.

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GREEN RULES

- ❖ Be kind, polite, helpful and aware of others' feelings.
- ❖ Try your best, work hard and learn from your own mistakes.
- ❖ Respect your educators.
- ❖ Make yourself presentable.
- ❖ Take responsibility of your education.
- ❖ Be organized.
- ❖ Don't be a distraction.
- ❖ Do the task with dedication.
- ❖ Be stick to your goals.

GENERAL INSTRUCTIONS (FOR PARENTS)

- ❖ Parents are requested to co-operate with the school in its attempt to help towards their children's progress by paying attention to their regularity, punctuality and discipline.
- ❖ Constant vigilance on the part of the parents pays rich dividends. We earnestly recommend that parents should take interest in the daily activities of the children both inside and outside the school and check the diary daily for any notes from the teacher. Kindly attend all Parent-Teacher Meetings in the interest of your wards.
- ❖ If you have any suggestions regarding your ward's study, you are welcome to contact the Principal/Class Co-ordinator/Class Teacher/Subject Teacher during Parent-Teacher Meeting or with prior appointment with Principal/Class Co-ordinator between (9:00 a.m. to 10:00 a.m.).
- ❖ Parents are requested not to enter the class room either to see their wards or to seek interviews with the teachers during class hours. No half day/short leave will be given to the student.
- ❖ Unauthorized absence for 6 consecutive days renders the student liable to have his/her name struck off the rolls. Sick children should not be sent to the school for a test or an examination. Medical certificate must be sent along with an application on the same or the next day positively. Student will be fined Rs.10 per day, if the child remains absent for the consecutive two days.
- ❖ Children when suffering from infectious disease should not be sent to school to attend classes. The student is required to submit a fitness certificate from a Medical Practitioner / Doctor on joining.
- ❖ Any change of Residential / Official Address / Telephone Number should be notified to the class teacher and school office immediately.

- ❖ Ensure that the child maintains personal hygiene. He/She has nutritious breakfast and diet and avoids eatables from roadside vendors.
- ❖ Students are not allowed to carry / use "Mobile Phones" within the school premises.
- ❖ As the medium of instruction in the school is English. So, children should be helped to follow their work easily and intelligently by a certain amount of regular conversation in English at home.
- ❖ As soon as the diary is issued, the parents should fill in all the required data and sign in the spaces provided.
- ❖ Parents should sign their ward's school diary daily to check the
 - a) completion of Assignment
 - b) Wearing proper uniform, or any other instruction and circulars given by the school should be acknowledged by signing the diary at the respective spaces provided.
- ❖ Legitimated complaints should be brought to the knowledge of the Principal without delay.
- ❖ Please ensure that the child is sent neatly dressed. Nails should be trimmed regularly. Expensive jewellery and watches nail polish and make up is not permitted.
- ❖ Encourage the children to participate in all curricular and co-curricular activities. This is very necessary for gaining self-confidence and self-satisfaction.

MODE OF EXAMINATION

1. The Annual examination will be held in the month of February / March.
2. Grading System is in the paper of Naitik Shiksha, Performing Art & Health & Physical Education.
3. A student must pass separately in both (Written+ Practical) exams.
4. Duration of each paper will be of three hours.

TEACHER SHOULD KEEP IN MIND

1. Use a variety of tools (Oral, Project Work, Presentation, Questioning).
2. Understand different learning styles and abilities.
3. Develop child's individual's skills, interests, attitudes and motivation.
4. Monitor the changes taking place in a child's learning, behavior and progress over time.
5. Share the Assessment Criteria with the students.
6. Allow peer and self-assessment.
7. Give an opportunity to the students to improve themselves.
8. Use an "Indoor Voice" while speaking in the class.

VALUE EDUCATION TOPIC FOR SENIOR STUDENTS

APRIL

SELF DISCIPLINE & CO-OPERATION

- Be responsible.
- Manage your motions.
- Be helpful to new students.
- Clean your body and mind.
- Have some healthy and constructive thoughts.

MAY

DIGNITY OF LABOUR & OPTIMISIM

- Respect all jobs/positions equally.
- Keep your surroundings clean.
- Look at the negative things in a positive manner.

JUNE

SELF REALIZATION & MEDITATION

- Keep your mind and soul pure.
- Spend quality time with parents.
- Be aware about duties.
- Keep your approach creative & Innovative.

JULY

ENVIRONMENT SENSITIVITY

- Go Green.
- Each one, Plant one.
- Use water, Electricity wisely.
- Paper should be utilized properly.

AUGUST

SECULARISM & NATIONAL INTEGRATION

- Acknowledge the hard-earned independence.
- Show respect towards all religions.
- Take pride in being an Indian.
- Abiding by the laws for maintaining National Integrity.

SEPTEMBER**EFFICIENCY & EFFECTIVENESS**

- Do continuous Efforts with Patience & Endurance.
- Believe in yourself.
- Having "I can win" attitude.
- Do not pluck flowers.

OCTOBER**COMPASSION & CHARITY**

- Love the humanity.
- Be well-mannered in words & actions.
- Help the needy.

NOVEMBER**FAITH & DEVOTION**

- Have trust.
- Be hopeful.
- Be calm.

DECEMBER**INSPIRATION & RESPONSIVENESS**

- Have self-trust.
- Believe in simple living and high thinking.

JANUARY**CLEANLINESS/ CLEAN DAV GREEN DAV**

- Maintain personal hygiene.
- Clean your surroundings.
- keep your classroom tidy

FEBRUARY**TIME MANAGEMENT & COMMITMENT**

- Practice effective study techniques.
- Be organized.

MARCH**STRIVING FOR EXCELLENCE**

- Be diligent in your performance.
- Do things in the best possible manner.
- Be enthusiastic.

SUBJECT - ENGLISH

Books :

1. English Literature 1.
2. English Practice Book 2.
3. English Reader 3.

Publication:

- DAV Publications
DAV Publications
DAV Publications

“AN ENGLISH LANGUAGE IS A VISION OF LIFE.”

“WRITE TO BE UNDERSTOOD, SPEAK TO BE HEARD, READ TO GROW.”

IMPORTANCE OF ENGLISH

ENGLISH “THE GLOBAL LANGUAGE”

The study of English in this age of globalization is essential for all. It holds an important place in our life. From the pragmatic point of view, it should receive a great boost. English serves as a window to the world. The legacy of English Language has left an indelible imprint on the Indian Psyche. Hence, we cannot deal with English just as a foreign language. The entire spectrum of education and philosophy, Science and Technology has been benefited through the introduction of English language. In a multilingual state of ours, English may wonderfully serve as an effective auxiliary language. This language enjoys the most prestigious reputation in the world. It has a special identity in the field of education.

AIMS & OBJECTIVES:

To enable the students -

1. To communicate effectively and appropriately in real life situations.
2. To read silently at varying speeds depending on the purpose of reading.
3. To express ideas in clear and grammatically correct English, using appropriate punctuation and cohesion devices.
4. To use an appropriate style and format to write letters (formal and informal), biographical sketches, dialogues, speeches, reports, articles, e-mails and diary entries.
5. To adopt different strategies according to the purpose of listening (e.g. for pleasure, general interest and specific information).
6. To speak intelligibly using appropriate word stress, sentence stress and intonation patterns.
7. To take active part in group discussions, showing ability to express agreement or disagreement, summarize ideas, elicit the views of others and to present own ideas.

8. To frame questions so as to elicit the desired response, and respond appropriately to questions.

Instructions for the Teachers:

1. It is necessary that teacher's voice should be audible and clear.
2. Instructions should be given in English Language.
3. Teacher will make it sure that all the students must carry their study material like Textbooks, Notebooks etc
4. From Reader books, more emphasis will be given on writing skills.

Instructions for the Students:

1. Students will converse in English Language.
2. Students will not speak in Hindi or Punjabi Language
3. Students will follow all the instructions of the teacher.
4. Students must maintain one test notebook for each term.

NOTE:-

Notebooks of Term - 1 and Term - 2 must be kept carefully for Assessment and Revision for Annual Examination.

(APRIL TO SEPTEMBER)

APRIL

Book Name	Chapter No./ Name of Chapter	No. of Periods	Subject Enrichment / Art Integration Activities + Tools & Techniques	Teaching Aids
English Literature	Chapter - 1 Three Questions + Notice Writing	4	Art Integration Activity - Announcement of Three Questions (Dramatization) (S.No- 4.1.1)	Text book
English Literature	Chapter - 2 Granny's Tree Climbing	2	Recitation & Discussion Method	Text book
English Reader	Unit -1 Changing Times+ E- Mail Writing	3	Self Reading + Discussion + Writing Parts	Textbook, E-smart board
English Practice	Chapter -1 Tenses	4	Subject Enrichment Activity- Rule Chart on Tenses	Textbook, E-smart board

English Practice	Chapter - 3 Modals	2	Worksheet	Textbook, E-smart board
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MAY

English Practice	Chapter - 4 Subject Verb Agreement	2	Inductive - Deductive Method	Text book, E-Smart Board
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English Literature	Chapter - 3 The Fun They Had	4	Art Integration Activity - Flash Card on Present Schools and Future Schools (S.No- 4)	Textbook
English Literature	Chapter - 4 Father's Help+Diary Entry	5	Self Reading & Explanation	Textbook
English Literature	Chapter - 5 My Mother	2	Art Integration Activity - Card Making (5)	Textbook
English Literature	Chapter - 7 The Children's Song	3	Recitation & Discussion Method	Textbook

JUNE - SUMMER VACATION
JULY

Book Name	Chapter No./ Name of Chapter	No. of Periods	Subject Enrichment / Art Integration Activities + Tools & Techniques	Teaching Aids
English Literature	Chapter - 6 The Luncheon	5	Ek Bharat - Shreshth Bharat - Prepare any one-one dish and Culinary Art (recipe) of Punjab & Odisha	Text book,
English Reader	Unit -3 Enterprise + Letter Writing	3	Self Reading & Explanation	Text book,
Integrated Grammar	Adjective +Adverb (Write words by using T chart)	1	Inductive - Deductive Method	E-Smart Board

English Reader	Unit -2 Compassionate Souls + Speech Writing	3	Self Reading + Discussion + Writing Parts	Textbook
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AUGUST

Book Name	Chapter No./ Name of Chapter	No. of Periods	Subject Enrichment/ Art Integration Activities + Tools & Techniques	Teaching Aids
English Literature	Chapter - 8 The Case of The Sharp Eyed Jeweller	5	Inductive Deductive Method	Text book
English Reader	Unit -4 Nature + Bio-Sketch Writing	3	Art Integration Activity- Study visit to Garden (S.No- 1.5.4)	E-Smart Board and Textbook
English Practice	Chapter - 6 Linkers	3	Inductive- Deductive Method	E-Smart Board and Textbook

**SEPTEMBER - REVISION FOR HALF YEARLY EXAMINATION.
(OCTOBER TO MARCH)**

OCTOBER

Book Name	Chapter No./ Name of Chapter	No. of Periods	Subject Enrichment/ Art Integration Activities + Tools & Techniques	Teaching Aids
English Literature	Chapter - 9 Couplets	2	Inductive Deductive Method	Text book
English Literature	Chapter - 10 The Undeserved Reward	4	Self Reading & Explanation	Text book
English Literature	Chapter - 11 Bangle Sellers	3	Art Integration Activity - Story Telling Competition by using paper puppet or sock puppet (S.No- 1.3.1)	Text book
Integrated Grammar	Determiners	1	Inductive - Deductive Method+ Handout	E-Smart Method

English Practice	Chapter - 8 Non Finites	3	Inductive-Deductive Method	E-Smart Board and Textbook
English Practice	Chapter - 7 Active Passive	4	Direct- Indirect Method	E-Smart Board and Textbook
English Reader	Unit -5 Sports + Message Writing	4	Creative Writing - Article Writing on Importance of Sports	E-Smart Board and Textbook

NOVEMBER

Book Name	Chapter No./ Name of Chapter	No. of Periods	Subject Enrichment / Art Integration Activities + Tools & Techniques	Teaching Aids
Integrated Grammer	Prepositions	1	Inductive -Deductive Method+ Handout	E-Smart Method
English Practice	Chapter - 2 Narration	5	Inductive- Deductive Method	E-Smart Board and Textbook
English Reader	UNIT- 6 Tolerance	4	Subject Enrichment Activity- Speech on Tolerance - The Need of the Hour (Speaking Skill)	Text book
English Literature	Chapter - 12 A Bad Dream	5	Explanation	Text book
English Practice	Chapter 10 Reading for understanding + Listening Skills	2	Self Reading+ Listening Skill	Text book Worksheet

DECEMBER

Book Name	Chapter No./ Name of Chapter	No. of Periods	Subject Enrichment / Art Integration Activities + Tools &	Teaching Aids

			Techniques	
English Practice	Chapter - 5 Clauses and Complex Sentences	2	Inductive - deductive Method	Text book, E-Smart Board
English Practice	Chapter - 9 Punctuation	2	Inductive - deductive Method	Text book, E-Smart Board
English Practice	Chapter - 11 Getting Ready Class for IX	3	Inductive - deductive Method	Text book and E-Smart Board

JANUARY TO FEBRUARY/MARCH- REVISION FOR ANNUAL EXAMINATION

Internal Assessment Criteria

Portfolio	5
Multiple Assessment	5
PT's	5
ASL	5

हिंदी

पुस्तक : ज्ञान सागर तथा अभ्यास सागर (डी ए वी प्रकाशन)

“निज भाषा उन्नति अहै , सबे उन्नति को मूल ।

बिन निज भाषा ज्ञान के , मटत नहिय को सूल ॥”

भारत एक बहुभाषी देश है जिस में बहुत सी भाषाओं का समावेश है । भाषक और सांस्कृतिक दृष्टि से भन्न होने के बावजूद भारतीय परम्परा में बहुत कुछ ऐसा है जो एक दूसरे को जोड़ता है । यही कारण है क मातृ भाषा के रूप में यह भाषा सभी को एकता के सूत्र में परोती है । बचपन से हिंदी पढ़ता आ रहा बच्चा नवीं , दसवीं तक हिंदी भाषा में निपुण हो जाता है । वह एक ओर जहाँ हिंदी भाषा से सारे देश से जुड़ेगा वहीं दूसरी ओर अपने क्षेत्र और परिवेश को हिंदी भाषा के माध्यम से जानने की कोशिश भी करेगा क्योंकि क कशोरावस्था के इन बच्चों के मान सक धरातल का विकास वश्व-स्तर तक पहुँच चुका होता है प्रयास यह होगा क वदयार्थी भाषा के ल खत प्रयोग के साथ सहजवस्वाभावक मौ खक अ भव्यक्ति में भी सक्षम हो सके ।

हिंदी भाषा पढ़ने / पढ़ाने के मुख्य उद्देश्य:

1. भाषा के शुद्ध एवं प्रभावशाली प्रयोग की क्षमता विकसित करना ।
2. शब्द भंडार की वृद्धि तथा व्याकरण का समुचित ज्ञान।
3. दैनिक जीवन में हिंदी समझने बोलने के साथ-साथ लिखने की क्षमता का विकास करना।
4. हिंदी के माध्यम से अपने अनुभव को संसार को लिखकर सहज अभिव्यक्ति कर पाने की क्षमता का विकास करना ।
5. बच्चों में रचना प्रवृत्ति को कमकर के सोच समझ कर स्वयं कार्य करने की क्षमता का विकास करना।
6. भाषा के चारों कौशलों (सुनना, बोलना, पढ़ना, लिखना व चिंतन) का उत्तरोत्तर विकास करना।
7. स्वतंत्र और मौखिक रूप से अपने विचारों की अभिव्यक्ति का विकास करना ।
8. अपनी मातृ भाषा और परिवेशगत भाषा को साथ रखकर हिंदी की संरचनाओं को समझना।

अध्यापकों के लिए सामान्य निर्देश :

1. अध्यापक पहले से ही पाठ- योजना तैयार करें ।
2. कक्षा में कार्य शुरूकरवाने से पहले अध्यापक रोजाना बच्चों से अभ्यास पुस्तिका पर 5 से 10 कठिन शब्द लिखवाएगा तथा इस अभ्यास पुस्तिका को आंतरिक मूल्यांकन का भाग माना जाएगा ।
3. कक्षा में भाषा का उच्चारण शुद्ध एवं प्रभावशाली होना चाहिए ।
4. जाँच कार्य समय अनुसार और सतर्कता पूर्वक होना चाहिए ।
5. सभी अध्यापक विद्यार्थियों के पठन कौशल में विशेष ध्यान दें ।

विद्यार्थियों के लिए सामान्य निर्देश :

1. बच्चे पाठ के पठन पर विशेष ध्यान देंगे ।
2. लिखत कार्य करते समय लिखाई सुंदर एवं स्पष्ट होनी चाहिए ।
3. शब्दों की बनावट और मात्राओं पर विशेष ध्यान दें ।
4. विद्यार्थी कक्षा में अनुशासित ढंग से पठन-पाठन प्रक्रिया में भाग लें

नोट:

- * नोटबुक प्रस्तुतिकरण में नियमितता, कार्यपूर्ति, स्वच्छता और रख-रखाव को जाँचा जाएगा।
- * वर्षय सवर्धन गतिविधि में भाषा के वाचन एवं श्रवण कौशल पर बल दिया जाएगा।
- * सत्र के अंत में दोनों सत्रों की कॉपीयों को दोहराई और आंतरिक मूल्यांकन के लिए संभाल कर रखा जाए ।
- * लिखत परीक्षण की कॉपी पूरे सत्र में एक ही होनी चाहिए।

- * पाठ 11 सतारों से आगे (जीवनी)
- * पाठ 14 बहू की वदा (एकांकी)
- * पाठ 3 (अच्छे पड़ोसी के गुण)
- * पाठ 20 (ईर्ष्या : तू ना गई मन से)

इन पाठों को आंतरिक मूल्यांकन के लए परियोजना कार्य या आव धक परीक्षा में सम्मिलित किया जाएगा | इन में से (ज्ञान सागर) प्रश्न नहीं पूछे जाएंगे।

प्रथम सत्र (अप्रैल से सतंबर तक)

अप्रैल / मई

पाठ का नाम और वषय	कालांश	वषय संवर्धन/ कला-एकीकृत गति व ध	सहायक सामग्री
पाठ-1 हम पंछी उन्मुक्त गगन के (क वता)	5	वषय: पशु प क्षर्यों के सरंक्षण में हमारी क्या भूमिका है:- चर्चा	पाठ्य पुस्तक
पाठ-2 असल धन (कहानी)	5	पाठ पर आधारित मानवीय मूल्यों की चर्चा	ई -स्मार्ट
पाठ-3 अच्छे पड़ोसी के गुण (कहानी)+ पर्यावरण की सुरक्षा (अनुच्छेद) (केवल अभ्यास सागर)	5	अपने-2 अच्छे पड़ोसी में कौन-2 से गुण होने चाहिए इस वषय पर रचनात्मक लेखन करे (कला-एकीकृत-5.3.4)	दृश्यात्मक प्रस्तुतिकरण उपसर्ग/प्रत्यय

मई

पाठ-4 दोपहरी (क वता)	5	पठित - वषय संवर्धन	पाठ्य पुस्तक
पाठ-5 आकाश को सात सीढियाँ (केवल पढ़ने के लए) तथा मेरा प्रय खेल (अनुच्छेद)	3	वमान और रॉकेट में अंतर स्पष्ट करना। पठित गद्यांश	ई - स्मार्ट
पाठ-6 आश्रम के अतिथ और	5	पाँच स्वतंत्रता सेनानियों की	ई -स्मार्ट

संस्मरण तथा
आदर्श व्यक्ति (अनुच्छेद)

जानकारी चित्र सहित कॉपी
पर लखें (कला-एकीकृत)- 5

जून- ग्रीष्मावकाश

जुलाई

पाठ का नाम और वषय	कालांश	वषय संवर्धन/ कला-एकीकृत गति व ध	सहायक सामग्री
पाठ- 7 अन्याय के खिलाफ लड़ाई	4	कोया आदिवा सयों की जानकारी परियोजना (कार्य एकीकृत-6)	संबं धत पुस्तकें
पाठ-8 दोहे तथा पर्वतीय यात्रा (अनुच्छेद)	5	तत्कालीन क वयो पर चर्चा	ई -स्मार्ट
पाठ-9 जब भोला राम ने पंप लगाया। (कहानी)	5	भ्रष्टाचार की समस्या (पोस्टर बनाना) (कला-एकीकृत) 1.3.1	दृश्यात्मक प्रस्तुतिकरण

अगस्त

पाठ का नाम और वषय	कालांश	वषय संवर्धन/कला-एकीकृत गति व ध	सहायक सामग्री
पाठ-10 बातचीत की कला (कहानी)	5	बातचीत के द्वारा हम अपने जीवन को प्रभावशाली कैसे बना सकते है?- चर्चा	संबं धत पुस्तकें
पाठ-11 सतारों से आगे तथा वज्ञान के लाभ और हानियाँ (केवल अभ्यास सागर)	5	कल्पना चावला का जीवन परिचय चित्र सहित(कला-एकीकरण-6)	ई -स्मार्ट
पाठ-12 पौधे के पंख (डायरी) तथा हमारे पर्व (अनुच्छेद)	5	बच्चे के आत्म वश्वास को कैसे बढ़ा सकते है? -चर्चा	पाठ्य पुस्तक

सतंबर अर्द्धवार्षिक परीक्षा

द्वितीय सत्र अक्टूबर से मार्च तक

अक्टूबर

पाठ का नाम और वषय	कालांश	वषय संवर्धन/कला-एकीकृत गति व ध	सहायक सामग्री
पाठ-13 सूरदास और तुलसीदास के पद	5	सूरदास/ तुलसीदास के साहित्यिक जीवन पर चर्चा करना	दृश्यात्मक प्रस्तुतिकरण
पाठ-14 बहू की वदा (एकांकी) तथा सामाजिक कुरीतियाँ (केवल अभ्यास सागर)	6	नाटक मंचन (6)	ई-स्मार्ट
पाठ-15 कामचोर प्राकृतिक आपदा (अनुच्छेद)	6	अनुशासित ढंग से बच्चे कस प्रकार कार्य कर सकते हैं (वाचन कौशल) (वषय संवर्धन)	दृश्यात्मक प्रस्तुतिकरण

नवंबर

पाठ का नाम और वषय	कालांश	वषय संवर्धन/ कला-एकीकृत गति व ध	सहायक सामग्री
पाठ-16 एक तिनका (केवल पढ़ने के लिए)	3	श्रवण कौशल	कार्य प्रपत्र
पाठ-17 सोना	6	कसी मनपसंद पशु /पक्षी का चित्र बनाकर उसकी जानकारी देना । चित्र भन्न- भन्न प्रकार के मोतियों से बनाना (कला एकीकृत- 5)	सं ध (ई-स्मार्ट)
पाठ-18 निर्माण तथा काश! मैं वृक्ष होता(अनुच्छेद)	4	पठित काव्यांश	कार्य प्रपत्र

दिसंबर

पाठ का नाम और वषय	कालांश	वषय संवर्धन/कला-एकीकृत गति व ध	सहायक सामग्री
पाठ-19 जीवन का सच	5	दिव्यांग जनों के जीवन से संब धत संघर्षों की चर्चा	दृश्यात्मक प्रस्तुतिकरण
पाठ-20 ईर्ष्या: तूम गई मन से तथा सूचना लेखन (केवल अभ्यास सागर)	6	सकारात्मक सोच का महत्त्व (चर्चा)	पाठ्य पुस्तक

जनवरी/ फरवरी/ मार्च- कये गये पाठ्यक्रम की दोहराई+ वा र्षक परीक्षा

वषय संवर्धन गति व ध – 5

पोर्टफो लयो – 5

आव धक / ल खत परीक्षा – 5

बहु वध मूल्यांकन - 5

MATHEMATICS

Book: Secondary Mathematics- VIII

Publication : DAV Publication

MATHEMATICS is an important component of school education. **MATHEMATICS** is something that the man has himself created to meet the various demands of time. Right from morning till night, single moment of the day is being controlled by **MATHEMATICS**. LIFE would be impossible without it. Mathematics is the science of all sciences and art of all arts.

AIMS AND OBJECTIVES:

- To enable the students to discipline their minds properly.
- To help the child to know about the relationship of different topics in **MATHEMATICS**.
- To develop the technique of **PROBLEM SOLVING**.
- To develop the interest of the students to know more about the nature of **MATHEMATICS**.
- To develop the power of **LOGICAL THINKING**.
- To develop the **SELF CONFIDENCE** of the child.

INSTRUCTIONS FOR TEACHERS:

- **LESSON PLAN** must be prepared well in time.
- **CLASS ENTRANCE** should be with full confidence and positivity.
- **CONTENT DELIVERY** must be effective and long lasting.
- **COMMANDS OF TEACHER** must be equipped with **GOOD VOCABULARY**.
- **FAIR NOTE BOOK** must reflect efficiency of the concerned teacher.
- **TEST** will be there at the end of every chapter.

INSTRUCTIONS FOR STUDENTS:

- Students will do **MATHEMATICS PRACTICE** daily with a fixed schedule at home.
- **BOOK, NOTE BOOK** must be carried by students daily in school.
- Students must have a self responsibility to get their note books checked in time.
- Students must be **ATTENTIVE** in class.
- Tests must be **WELL PREPARED**.

NOTE:

- ❖ Book and Fair Note Book
 - It must be well maintained and kept safely through out the year for evaluation
 - Tally work must be done at the end of every chapter
 - Parents signatures must be there immediately after teacher's checking
 - Correction work must be done immediately (if remarked by the teacher)

(APRIL TO SEPTEMBER)**APRIL**

Chapter No./Name of Chapter	No.of Periods	Subject Enrichment Activities/ Art Integration Activity	Teaching Aids
Chapter-1 Squares and Square Roots	10		Recitation of squares of first 25 natural numbers+ in Written in Fair NoteBook.
Chapter - 13 Introduction to Graphs	06	Joining of various coordinates	E-Smart Contents

MAY

Chapter No./ Name of Chapter	No. of Periods	Subject Enrichment Activities/Art Integration Activity	Teaching Aids
Chapter-2 Cubes and Cube Roots	8	To make a clock using concept of square & square roots (As per DAVCAE Recreational Activity)	E-Smart Contents
Chapter-3 Exponent and Radicals	8		E-Smart Showing Properties
Chapter-14 Mensuration	12		Real objects showing 3D shapes

JUNE SUMMER VACATION

(Project no 1:- Create a life history of any Indian mathematician & his/ her contribution in the field of Mathematics (PPT) and Lab Manual Activities.

Art Integration Activity-To make a Cuboidal/cubical/ Cylindrical pen stand & find its total surface Area.

JULY

Chapter No./ Name of Chapter	No. of Periods	Subject Enrichment Activities/ Art Integration Activity	TeachingAids
Chapter-4 Direct and inverse Variation	8		Various examples showing this variation
Chapter-5 Profit, Loss & Discount	10		E-Smart Contents
Chapter- 16 Rotational Symmetry	4	Shapes of rectangle and equilateral triangle to show angle of rotation	Model Showing order, angles, centre of rotation

AUGUST

Chapter No./ Name of Chapter	No. of Periods	Subject Enrichment Activities/ Art Integration Activity	Teaching Aids
Chapter - 6 Compound Interest	12	Worksheet showing comparison of interest with Annually, Semi-Annually and Quarterly. (As per DAVCAE Course of Study)	Explanation Telling differences between S.I. and C.I.
Chapter-15 Statistics and Probability	14	Data Collection for histogram of students who spent daily hours in watching T.V.(As per DAV CAE Course of Study)	E-Smart Contents

SEPTEMBER—REVISION FOR HALFYEARLY EXAMINATION.**(OCTOBER TO MARCH)**

Chapter No./ Name of Chapter	No. of Periods	Subject Enrichment Activities/ Art Integration Activity	Teaching Aids
Chapter-7 Algebraic Identities	10	To verify $(a+b)^2 = a^2 + 2ab + b^2$ by paper cutting & Pasting	Board Practice
Chapter-8 Polynomials	10		E-Smart Contents
Chapter-11 Understanding of Quadrilaterals	10		Tabular worksheet of different Quadrilaterals

NOVEMBER**Competency Based Activity: Aryabhata Ganit Challenge**

Chapter No./ Name of Chapter	No. of Periods	Subject Enrichment Activities/ Art Integration Activity	Teaching Aids

Chapter-9 Linear Equations in One Variable	10		Solving of Equation
Chapter - 12 Construction of Quadrilaterals	8		Geometric Tools + E- Smart Tools

DECEMBER TO FEBRUARY / MARCH

REVISION OF WHOLE SYLLABUS + ANNUAL EXAMINATION

Internal Assessment Criteria	20(Marks)
Periodic Test/ Assessment	5 Marks
Multiple Assessment	5 Marks
Portfolio	5 Marks
Subject Enrichment Activity	5 Marks

SCIENCE

BOOK : The Living World

Publication : DAV Publication

Reference Book :Science & Technology

Publication : Rachna Sagar

Practical Manual : S.P Publication

Knowledge increases by diffusion and grows by dispersion.

AIMS & OBJECTIVES :

1. To develop scientific attitude among students.
2. To develop observational skills, experimental skills and application skills within the students.
3. To create awareness and concern for a healthy environment and preservation of ecosystem.
4. To develop understanding of scientific concepts, principles and laws among the students.
5. To develop the habits of observation and exploration.
6. To inculcate the habit of healthy living.

INSTRUCTIONS FOR TEACHERS :

1. Content of each chapter should be well prepared in advance.
2. Maintain proper record of class tests as well as periodic tests.
3. Check the homework notebook on regular basis.

4. Observe each and every child minutely.
5. It is mandatory to discuss value based and HOTS questions of every chapter.
6. The voice of teacher should be audible to the students.
7. Teacher should co-relate the delivered content with daily life activities.

INSTRUCTIONS FOR THE STUDENTS :

1. Students should be attentive during teaching learning process.
2. Be a keen observer during experimentation.
3. Students should be handy with their books and notebooks according to their time table.
4. Students should maintain their practical file side-by-side.
5. Students should maintain proper discipline during lab visit.
6. Students should revise the content in the class side-by-side.

NOTE:

1. Written test conduction is must after completion of every chapter.
2. Notebooks of both terms, textbooks, practical file must be kept carefully for assessment and revision for annual examination.
3. *Marked chapter will not be included in the annual examination. However, they will be a part of the internal assessment (Periodic Test)

(APRIL TO SEPTEMBER)

APRIL

Chapter No. and Name	No. of periods	Subject Enrichment Activity	Teaching Aids
Lesson-6 Sources of energy	5	Flow Chart on Source of Energy	E-Smart
Lesson-7 Combustion	5	(a) To show oxygen is supporter of combustion (b) To show wax vapours in the inner most zone of candle (c) To show unburnt particles in flame	E-Smart Ref. Subject Enrichment Activity manual
Lesson-13 Synthetic Fibers & Plastic	5	Discussion on Fibers	E- Smart

MAY

Chapter No. and Name	No. of periods	Subject Enrichment Activity	Teaching Aids
Lesson-2 Micro organism	8	Sr. No - 4 Paper Matching - Disease/ Microorganisms/	E-Smart Ref. Subject Enrichment Activity

friends and foe		Animals / Plants	manual
Lesson-4 Force and Pressure	5	(a) To study the variation of pressure exerted by liquid with depth	Lab activity
Lesson-9 Crop Production and Management	4	Only for Internal Assessment	E-Smart
Lesson-16 Electric current and its chemical effects	9	1.To demonstrate electrolysis of H ₂ O 2. To differentiate between good and bad conductor from liquid samples. MOBILE LAB KIT MAKING	E-Smart Lab activity Ref: Subject Enrichment Activity manual

JUNE SUMMER VACATION**Project Work : Ch - 17 (Stars & Solar System)****JULY**

Chapter No. and Name	No. of periods	Subject Enrichment Activity	Teaching Aids
Lesson-8* Conservation of plants and animals	7	Only for Internal Assessment	E-Smart
Lesson- 5 Friction	8	To show force of friction increases with increase in a weight of body	Lab Activity, PPT
Lesson-1 Cell	7	To study the difference between plant cell and animal cell.	E-Smart, Ref. Subject Enrichment Activity manual

AUGUST

Chapter No. and Name	No. of periods	Subject Enrichment Activity	Teaching Aids
Lesson-14 Reproduction in animals	7	1. Chart on the life cycle of Frog.	E-Smart
Lesson-15 Reaching the Age of Adolescence	6	Debate on "Mother is responsible for the sex of child"	E-Smart
Lesson-20*	3	S. No (4) One Slogan on "	E-smart

Pollution of Water

Reduce Water Pollution"
Only for Internal Assessment

SEPTEMBER - REVISION FOR HALF YEARLY EXAMINATION.

(OCTOBER TO MARCH)

OCTOBER + NOVEMBER

Chapter No. and Name	No. of periods	Subject Enrichment Activity	Teaching Aids
Lesson-3 Metals and Non Metals	7	To study the four chemical properties of metals and non-metals	E-Smart, Experiments, Refer lab manual
Lesson- 12 Sound	7	Musical Sound with different objects.	E-smart
Lesson -19* Pollution in Air	3	Only For Internal Assessment	E-Smart
Lesson-10 Refraction of Light	9	Lab Activity: 1. Concave and convex lens image formation 2. To observe refraction of light through Glass slab	E-Smart, experiments from ref. lab manual

DECEMBER

Chapter No. and Name	No. of periods	Subject Enrichment Activity	Teaching Aids
Lesson-11 Human Eye	6	Video on defects of human eye	E-Smart
Lesson - 18* Earthquake	4	General Discussion on Preventive Measures of Earthquake (Only for Internal Assessment)	E-Smart

JANUARY / FEBRUARY / MARCH -

**REVISION FOR ANNUAL EXAMINATION +
ANNUAL EXAMINATION**

Internal Assessment Criteria	
Periodic test	5
Subject Enrichment Activity	5
Multiple Assessment	5
Portfolio	5
Total	20

SOCIAL SCIENCE

BOOK - We And Our World

PUBLICATION- D.A.V. Publication

"A Subject which not only provides vast knowledge but also enables the human being to adapt himself in social, economic, political and cultural life."

AIMS AND OBJECTIVES:

1. Understand India and make a comparison with other countries in the world.
2. Develop respect for the rights of all social divisions that exist in society.
3. Get acquainted with revolutionary ideas and new philosophies.
4. Accept the need to protect and conserve environment.
5. Develop good human values and the spirit of tolerance and appreciate the role of India in today's world.
6. Develop respect for the constitution and appreciation of constitutional values.

NOTE -

1. Value based questions and activities should be done along with chapters.
2. All the activities and map skills must be done on note book.
3. Notebooks must be kept carefully for assessment and revision for annual examination.
4. Test notebooks must be properly maintained for whole term.

INSTRUCTION FOR THE TEACHERS:

1. It is necessary that teacher's voice should be audible and clear.
2. It is mandatory to prepare the teaching content in advance.
3. All the instructions should be given in English Language.
4. Teacher will make it sure that all the students must carry their study material like Textbooks, Notebooks etc

INSTRUCTION FOR THE STUDENTS:

1. Students must converse in English Language.
2. Students will not speak in Hindi or Punjabi Language.
3. Students must follow all the instructions of the teacher.

(APRIL TO SEPTEMBER)**APRIL / MAY**

Lesson No. / Topic	No. of Periods	Subject Enrichment Activities / Art Integration	Teaching Aids/ Technology
<u>GEOGRAPHY</u> Lesson-1: Resource-Utilization and Development	5	Prepare a chart on notebook showing the classification of resources (1.2.3)	Text Book, E-Smart Board Content
<u>HISTORY</u> Lesson-8: The Modern Period	3		Text Book
<u>CIVICS</u> Lesson-16: Our Constitution	6	Beautiful Preamble Writing/Reading (2.2.1)	E-Smart Board Content, pictures from books

APRIL/ MAY

Lesson No. / Topic	No. of Periods	Subject Enrichment Activities / Art Integration	Teaching Aids/ Technology
<u>GEOGRAPHY</u> Lesson-2: Natural Resource: Land, Soil and Water	6	<ul style="list-style-type: none"> Map: On outline map of the world: (1.1.1.4) <ul style="list-style-type: none"> (a) areas of low rainfall (Shara Desert, Kalahari Desert, Arabian Plateau, Central & Western Australia) (b) areas of high rainfall (South America, Africa, South East Asia) Methods to Conserve Soil and Water on Assignment sheet 	E-Smart Board Content, chart
<u>HISTORY</u> Lesson-9: Establishment of Company Rule in India	5	Internal Assessment using multiple strategies	Time Line Chart
Lesson-10: Colonialism: Rural and Tribal Societies	5		E-Smart Board Content
<u>CIVICS</u> Lesson-17: Fundamental Rights, Fundamental Duties and Directive	5	Flow Chart of Fundamental Rights	E-Smart Board Content,

Principles of State
Policy

JUNE - SUMMER VACATION

JULY

Lesson No. / Topic	No. of Periods	Subject Enrichment Activities / Art Integration	Teaching Aids/ Technology
<u>GEOGRAPHY</u> Lesson-3: Natural Resources – Vegetation and Wildlife	5	Map: On the outline map of the world : (a) Tropical evergreen Forest (Amazon Basin in South America, Congo Basin in Africa, South East Asian Countries) (b) Coniferous Forest (North America, South America, Asia) (c) Mediterranean Forest (Europe, Africa) (d) Tropical deciduous Forest (North America, Europe, Asia)	E-Smart Content, PPT on Forests
<u>HISTORY</u> Lesson-11: The First War of Independence - 1857	5	Mind Map: On the outline map of India mark the following: (i) Meerut (ii) Delhi (iii) Gwalior (iv) Kanpur (v) Lucknow (vi) Barrackpur (vii) Jhansi	Text Book, E-Smart Content, Time Line
Lesson-18: The Union Government- The Legislature	5	Flow chart	Text Book, E-Smart Content

AUGUST

Lesson No. / Topic	No. of Periods	Subject Enrichment Activities / Art Integration	Teaching Aids/ Technology
<u>HISTORY</u> Lesson-12: Impact of British Rule on India (For Project Only)	1		E-Smart Content

Lesson-13: Colonialism and Urban Change (To be assessed in Periodic Test only will not be evaluated in Final examination)	5		Books, E-Smart Content
CIVICS Lesson-19: The Union Government- The Executives	5	Collect information about President and Prime Minister of India. Write in Notebook (Project)	Books, E-Smart Content

SEPTEMBER - REVISION FOR HALF YEARLY EXAMINATION.

(OCTOBER TO MARCH)

OCTOBER

Lesson No. / Topic	No. of Periods	Subject Enrichment Activities / Art Integration	Teaching Aids/ Technology
GEOGRAPHY Lesson-4: Minerals and Energy Resources (For Project Work Only)	1		Videos related to topics, E-Smart Content
GEOGRAPHY Lesson-5: Agriculture	6	Internal Assesment using multiple strategies Comperative study of Agricultural practices of India and USA	E-Smart Content, PPT
Lesson-6: Manufacturing Industries(To be assessed in Periodic Test only will not be evaluated in Final examination)	6		E-Smart Content
CIVICS Lesson-20: The Union Government-The Judiciary	5	Flow Chart (5)	Text Book, E-Smart Content,

NOVEMBER

Lesson No. / Topic	No. of Periods	Subject Enrichment Activities/ Art Integration	Teaching Aids/ Technology
<u>GEOGRAPHY</u> Lesson-7: Human Resources	5		E-Smart Content
<u>HISTORY</u> Lesson-14: The Nationalist Movement (1870 to 1947)	6	Map: Fill on outline of India- Bombay - Formation of INC, Lucknow - Lucknow Pact, Amritsar- Jallianwala Bagh Massacre, Dandi- Dandi March Calcutta - Call For Swaraj Made in Congress Champaran- 1st Pesants movement Chauri Chaura- Non Cooperation called off	PPT, E-Smart Board,
<u>HISTORY</u> Lesson-15: India Marches Ahead	5	Time Line of Incidents	Text Book, E-Smart Content
<u>CIVICS</u> Lesson-21: Social Justice and the Marginalised	1	(Project Work Only) (6)	E-Smart Content
Lesson-22: Safeguarding the Marginalised (To be assessed in Periodic Test only will not be evaluated in Final examination)	5		Text Book

Project & Subject Enrichment Activities

Project -1	Minerals and Energy Resources
Project -2	Impact of British Rule
Project -3	Social Justice and Marginalised

All Projects will be divided among the student according to Roll No.

JANUARY /FEBRUARY/ MARCH -

**REVISION FOR ANNUAL EXAMINATION +
ANNUAL EXAMINATION**

Internal Assessment Criteria**Portfolio - 5****Subject Enrichment Activity- 5****Multiple Assessment - 5****Pen Paper Test - 5****ਪੰਜਾਬੀ****ਪੁਸਤਕਾਂ:- 1. ਕਿਲਕਾਰੀ-7****-ਪੀ ਵੀ ਬੁੱਕ ਪਬਲੀਕੇਸ਼ਨ****2.ਕਿਲਕਾਰੀ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦਾ ਵਿਆਕਰਨ-8****- ਪੀ ਵੀ ਬੁੱਕ ਪਬਲੀਕੇਸ਼ਨ**

ਪੰਜਾਬੀ ਭਾਸ਼ਾ:- ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦਾ ਖੇਤਰ ਕਾਫੀ ਵਿਸ਼ਾਲ ਹੈ। ਅੱਜ ਅਸੀਂ ਪੰਜਾਬੀ ਸੱਭਿਆਚਾਰ ਨੂੰ ਭੁੱਲਦੇ ਜਾ ਰਹੇ ਹਾਂ। ਅਸੀਂ ਪੱਛਮੀ ਸੱਭਿਆਚਾਰ ਦੇ ਪ੍ਰਭਾਵ ਹੇਠ ਆ ਕੇ ਨੈਤਿਕ ਕਦਰਾਂ-ਕੀਮਤਾਂ ਵੀ ਭੁੱਲਦੇ ਜਾ ਰਹੇ ਹਾਂ। ਅੱਜ ਬੱਚਿਆਂ ਨੂੰ ਤ੍ਰਿਵੇਣ ਬਾਰੇ ਬਿਲਕੁਲ ਜਾਣਕਾਰੀ ਨਹੀਂ ਹੈ। ਗੁੜ੍ਹਤੀ ਸ਼ਬਦ ਦਾ ਅਰਥ ਪਤਾ ਨਹੀਂ। ਸੁਹਾਗ, ਘੋੜੀਆਂ, ਸਿੱਠਣੀਆਂ, ਲੋਰੀਆਂ ਅਤੇ ਨਾਨੀ ਤੇ ਦਾਦੀ ਦੀਆਂ ਕਹਾਣੀਆਂ ਵੀ ਪਤਾ ਨਹੀਂ ਹੈ। ਅੱਜ ਕੰਪਿਊਟਰ ਦੇ ਯੁੱਗ ਵਿਚ ਬੱਚਿਆਂ ਦਾ ਧਿਆਨ ਸਿਰਫ ਮੋਬਾਇਲ ਵੱਲ ਹੈ, ਉਹ ਆਪਣਾ ਸਾਰਾ ਸਮਾਂ ਵੀਡੀਓ ਗੇਮ ਖੇਡ ਕੇ ਗੁਆ ਦਿੰਦੇ ਹਨ। ਪੜ੍ਹਾਈ ਵੱਲ ਵੀ ਬੱਚਿਆਂ ਦਾ ਧਿਆਨ ਨਹੀਂ ਰਿਹਾ। ਸੋ ਅੱਜ ਲੋੜ ਹੈ ਆਪਣੇ ਵਿਰਸੇ ਬਾਰੇ ਦੱਸਣ ਦੀ ਅਤੇ ਸਮੇਂ ਦੀ ਮਹੱਤਤਾ ਨੂੰ ਪਹਿਚਾਣ ਦੀ। ਆਓ ਸਾਰੇ ਰਲ ਕੇ ਆਪਣੇ ਕੀਮਤੀ ਸੱਭਿਆਚਾਰ ਨੂੰ ਬਚਾਈਏ। ਸੱਭਿਆਚਾਰ ਦੇ ਖਤਮ ਹੋਣ ਨਾਲ ਇੱਕ ਕੌਮ, ਦੇਸ਼ ਅਤੇ ਭਾਸ਼ਾ ਵੀ ਖਤਮ ਹੋ ਜਾਂਦੀ ਹੈ।

ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦੇ 41 ਵਰਨ, 10 ਲਗਾਂ ਅਤੇ 3 ਲਗਾਖਰ ਹਨ।**ਰਸਮ-ਰਿਵਾਜ ਦੋਸਤੋ, ਸੱਭਿਆਚਾਰ ਦਾ ਨੇ ਹੁੰਦੇ ਸਰਮਾਇਆ,****ਕਦੀ ਨਹੀਂ ਭੁੱਲਣਾ ਚਾਹੀਦਾ, ਸਾਡਾ ਵਿਰਸਾ ਜੋ ਗੁੜ੍ਹਤੀ'ਚ ਆਇਆ।****ਇਹੋ ਸਾਰੇ ਗੱਲ ਆਖਦੇ, ਸਾਡੀ ਮੱਤ ਪੱਛਮ ਨੇ ਮਾਰੀ ,****ਚਰਖੇ ਦੀ ਘੂਕ ਨਾ ਸੁਣੇ, ਨਾ ਕੋਈ ਫੁੱਲ ਕੱਢਦਾ ਫੁਲਕਾਰੀ।****• ਅਧਿਆਪਕਾਂ ਲਈ ਦਿਸ਼ਾ ਨਿਰਦੇਸ਼:-**

1. ਪਾਠ ਦੇ ਅੰਤ ਵਿੱਚ ਦਿੱਤੇ ਨਿਰਦੇਸ਼ ਬੱਚਿਆਂ ਨਾਲ ਜ਼ਰੂਰ ਸਾਂਝੇ ਕੀਤੇ ਜਾਣ।
2. ਇਕਾਂਗੀ ਦਾ ਮੰਚਨ ਵਿਦਿਆਰਥੀਆਂ ਤੋਂ ਜਮਾਤ ਵਿੱਚ ਕਰਵਾਇਆ ਜਾਵੇ।
3. ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਲਿਖਾਈ ਵੱਲ ਖਾਸ ਧਿਆਨ ਦਿੱਤਾ ਜਾਵੇ।
4. ਸਮੇਂ-ਸਮੇਂ ਤੇ ਖਾਸ ਮੌਕਿਆਂ 'ਤੇ ਵਿਚਾਰ-ਚਰਚਾ ਕਰਨੀ ਤੇ ਅਖਬਾਰ ਤੋਂ ਲੇਖ ਜ਼ਰੂਰ ਪੜ੍ਹਾਏ ਜਾਣ।
5. ਸਮਾਰਟ ਬੋਰਡ ਦੀ ਵਰਤੋਂ ਵੱਧ ਤੋਂ ਵੱਧ ਕੀਤੀ ਜਾਵੇ।

• ਵਿਦਿਆਰਥੀਆਂ ਲਈ ਦਿਸ਼ਾ ਨਿਰਦੇਸ਼:-

1. ਕਾਪੀਆਂ ਕਵਰ ਹੋਣੀਆਂ ਚਾਹੀਦੀਆਂ ਹਨ।
2. ਹਰ ਪ੍ਰਸ਼ਨ ਦੇ ਉੱਤਰ ਤੋਂ ਬਾਅਦ ਲਾਇਨ ਜ਼ਰੂਰ ਲਗਾਈ ਜਾਵੇ।
3. ਕੰਮ ਸੁੰਦਰ ਲਿਖਾਈ ਵਿੱਚ ਲਿਖਿਆ ਜਾਵੇ।

4. ਮਿਤੀ ਅਤੇ ਦਿਨ ਜਰੂਰ ਲਿਖਿਆ ਜਾਵੇ।
5. ਟੈਸਟ ਕਾਪੀ ਤੇ ਕਵਰ ਅਤੇ ਮਾਤਾ-ਪਿਤਾ ਦੇ ਦਸਤਖਤ ਜਰੂਰ ਕਰਵਾਏ ਜਾਣ।
6. ਸਾਰਾ ਸਾਲ ਇੱਕ ਹੀ ਕਾਪੀ ਦੀ ਵਰਤੋਂ ਕੀਤੀ ਜਾਵੇਗੀ।

• ਉਦੇਸ਼:-

1. ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦਾ ਗਿਆਨ ਕਰਵਾਉਣਾ।
2. ਵਿਦਿਆਰਥੀਆਂ ਦੇ ਸ਼ਬਦ ਭੰਡਾਰ ਵਿੱਚ ਵਾਧਾ ਕਰਨਾ।
3. ਵਿਆਕਰਨ ਦੇ ਨਿਯਮਾਂ ਦਾ ਪੂਰਨ ਗਿਆਨ ਕਰਵਾਉਣਾ।
4. ਬੋਲਣ ਤੇ ਲਿਖਣ ਕੌਸ਼ਲ ਦਾ ਵਿਕਾਸ ਕਰਨਾ।

ਨੋਟ:-ਹਰ ਪਾਠ ਪੂਰਾ ਕਰਨ ਤੋਂ ਬਾਅਦ ਟੈਸਟ ਲਿਆ ਜਾਵੇਗਾ।

- ਭਾਸ਼ਾ ਮੰਚ ਦੀਆਂ ਗਤੀਵਿਧੀ ਨੂੰ ਧਿਆਨਪੂਰਵਕ ਕਰਵਾਇਆ ਜਾਵੇ।

ਅਪ੍ਰੈਲ ਤੋਂ ਸਤੰਬਰ ਤੱਕ

ਅਪ੍ਰੈਲ

ਪਾਠ ਨੰਬਰ/ ਵਿਸ਼ਾ	ਦਿਨ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾ ਇਕੱਤਰਤਾ ਗਤੀਵਿਧੀ	ਸਹਾਇਕ ਸਮੱਗਰੀ
ਪਾਠ-1 ਮੈਂ ਪੰਜਾਬੀ ਪੰਜਾਬ ਦੇ ਰਹਿਣ ਵਾਲਾ (ਕਵਿਤਾ)	2	ਉਪ ਬੋਲੀਆਂ ਦਾ ਗੀਤ ਸਣਾਉਣਾ	ਕਾਵਿ-ਟੁਕੜੀ ਕਰਵਾਉਣੀ	ਪਾਠ-ਪੁਸਤਕ ਸਮਾਰਟ-ਬੋਰਡ
ਪਾਠ-2 ਨੇਕੀ ਦਾ ਫਲ (ਕਹਾਣੀ)	4	ਕਹਾਣੀ ਪੜ੍ਹਾ ਕੇ ਸਿੱਖਿਆ ਬਾਰੇ ਪੁੱਛਣਾ	ਤਸਵੀਰ ਵਰਣਨ ਕਰਵਾਉਣਾ(ਅਭਿਆਸ)	ਪਾਠ-ਪੁਸਤਕ
ਪਾਠ-3 ਘੜੇ ਦਾ ਪਾਣੀ (ਲੇਖ)	3	ਪੰਜਾਬ ਵਿੱਚੋਂ ਅਲੋਪ ਹੋ ਰਹੀਆਂ ਚੀਜ਼ਾਂ ਬਾਰੇ ਵੀਡੀਓ ਦਿਖਾਉਣੀ	ਪਾਣੀ ਬਚਾਓ ਵਿਸ਼ੇ 'ਤੇ ਪੋਸਟਰ (1.1.9)	ਪਾਠ-ਪੁਸਤਕ
ਵਿਆਕਰਨ :- ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਇੱਕ ਸ਼ਬਦ ਪੇਜ ਨੰ.105 (1-20), ਬਹੁਅਰਥਕ ਸ਼ਬਦ (ਪੇਜ 96,97)	2			ਵਿਆਕਰਨ ਪਾਠ-ਪੁਸਤਕ
ਲੇਖ:- ਮਨਪਸੰਦ ਤਿਉਹਾਰ	1	ਵਿਸ਼ੇ ਨਾਲ ਸੰਬੰਧਿਤ ਵੀਡੀਓ		ਪਾਠ-ਪੁਸਤਕ
ਗਰਮੀ ਦੀਆਂ ਛੁੱਟੀਆਂ ਕਿਵੇਂ ਬਿਤਾਈਆਂ ਜਾਣ ਮਿੱਤਰ ਨੂੰ ਪੱਤਰ	1	ਪੱਤਰ ਦੀ ਭਾਗ ਵੰਡ ਬਾਰੇ ਦੱਸਿਆ ਜਾਵੇਗਾ		ਵਿਆਕਰਨ ਪਾਠ-ਪੁਸਤਕ

ਮਈ

ਪਾਠ ਨੰਬਰ/ ਵਿਸ਼ਾ	ਦਿਨ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾ ਇਕੱਤਰਤਾ ਗਤੀਵਿਧੀ	ਸਹਾਇਕ ਸਮੱਗਰੀ
ਪਾਠ-4 ਸੂਰਜ ਦਾ ਗੀਤ (ਕਵਿਤਾ)		ਕੁਦਰਤ ਅਤੇ ਦੇਸ਼ ਪਿਆਰ ਬਾਰੇ ਦੱਸਣਾ ਤੇ ਵੀਡੀਓ ਦਿਖਾਉਣੀ	ਕੁਦਰਤ ਸੰਬੰਧੀ ਫੋਟੋ (4)	

ਪਾਠ-5 ਸੱਚ ਦੀ ਲੋਅ (ਕਹਾਣੀ) (ਕੇਵਲ ਪੜ੍ਹਨ ਲਈ) ਅਣਡਿੱਠਾ ਪੈਰਾ	2	ਕਹਾਣੀ ਦੀ ਸਿੱਖਿਆ ਬਾਰੇ ਪੁੱਛਣਾ	ਪੈਰਾ ਦੇ ਕੇ ਪ੍ਰਸ਼ਨਾਂ ਦੇ ਉੱਤਰ ਪੁੱਛਣੇ (ਅਭਿਆਸ)	ਪਾਠ-ਪੁਸਤਕ
ਪਾਠ-6 ਭਾਸ਼ਾ ਦਾ ਗਣਿਤ (ਲੇਖ)	2	ਗਿਣਤੀ ਵਾਲੇ ਮੁਹਾਵਰੇ ਅਸਾਈਨਮੈਂਟ ਸ਼ੀਟ ਤੇ ਲਿਖੋ।		ਪਾਠ-ਪੁਸਤਕ
ਵਿਆਕਰਨ:-ਅਸੁੱਧ-ਸੁੱਧ ਪੇਜ ਨੰ. 122 ਵਿਰੋਧੀ ਸ਼ਬਦ ਪੇਜ ਨੰ.90	2	ਡਿਕਟੇਸ਼ਨ ਕਰਵਾਉਣੀ		ਵਿਆਕਰਨ ਪਾਠ-ਪੁਸਤਕ, ਗ੍ਰੀਨ-ਬੋਰਡ
ਤਸਵੀਰ ਦੇਖ ਕੇ ਵਰਨਣ , ਅਣਡਿੱਠੀ ਕਾਵਿ-ਟੁਕੜੀ,	2	ਤਸਵੀਰ ਵਰਨਣ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦੇਣਾ		ਚਿੱਤਰ, ਕਿਤਾਬ
ਲੇਖ:-ਮੇਰਾ ਪੰਜਾਬ	1	ਪੰਜਾਬ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦੇਣਾ ਤੇ ਵੀਡੀਓ ਦਿਖਾਉਣੀ		
ਭਰਾ ਦੇ ਵਿਆਹ 'ਤੇ ਛੁੱਟੀ ਲੈਣ ਲਈ ਪੱਤਰ	1	ਪੱਤਰ ਦੀ ਵੰਡ ਬਾਰੇ ਦਸਣਾ		ਗ੍ਰੀਨ-ਬੋਰਡ

ਜੂਨ - ਗਰਮੀਆਂ ਦੀਆਂ ਛੁੱਟੀਆਂ

ਜੁਲਾਈ

ਪਾਠ ਨੰਬਰ / ਵਿਸ਼ਾ	ਦਿਨ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾ ਇਕੱਤਰਤਾ ਗਤੀਵਿਧੀ	ਸਹਾਇਕ ਸਮੱਗਰੀ
ਪਾਠ-7 ਪਾਂਡੀ ਪਾਤਸ਼ਾਹ (ਕਾਵਿ-ਟੁਕੜੀ)	3	ਮਹਾਰਾਜਾ ਰਣਜੀਤ ਸਿੰਘ ਬਾਰੇ ਦੱਸਣਾ ਤੇ ਵੀਡੀਓ ਦਿਖਾਉਣੀ	ਕਵਿਤਾ ਤੋਂ ਕਹਾਣੀ ਬਣਾਓ (1.6.1)	ਪਾਠ-ਪੁਸਤਕ
ਵਿਆਕਰਨ:-ਅਗੇਤਰ ਪੇਜ ਨੰ.79 (1-15) ਅਖਾਣ (1-15)	2	ਮੂਲ ਸ਼ਬਦਾਂ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦੇਣਾ		ਗ੍ਰੀਨਬੋਰਡ,
ਮੋਟਰ ਸਾਇਕਲ ਚੋਰੀ ਸੰਬੰਧੀ ਥਾਣਾ ਮੁਖੀ ਨੂੰ ਪੱਤਰ	1	ਪੱਤਰ ਲਿਖਣ ਦੇ ਢੰਗ ਬਾਰੇ ਦੱਸਣਾ		ਗ੍ਰੀਨ-ਬੋਰਡ
ਵਿਆਕਰਨ :-ਮੁਹਾਵਰੇ (1-20)	1	ਮੁਹਾਵਰਿਆਂ ਦੀ ਮਹੱਤਤਾ ਬਾਰੇ ਦੱਸਣਾ		ਪਾਠ-ਪੁਸਤਕ

ਗਤੀ ਵਿਧੀ:-ਪ੍ਰੋਜੈਕਟ ਤਿਆਰ ਕਰਵਾਉਣਾ

ਅਗਸਤ

ਪਾਠ ਨੰਬਰ / ਵਿਸ਼ਾ	ਦਿਨ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾ ਇਕੱਤਰਤਾ ਗਤੀਵਿਧੀ	ਸਹਾਇਕ ਸਮੱਗਰੀ
ਪਾਠ-8 ਡੱਡੂ ਦਾ ਵਿਆਹ (ਕਹਾਣੀ) (ਕੇਵਲ ਪੜ੍ਹਨ ਲਈ)	2	ਪੁਰਾਣੇ ਸਮੇਂ ਵਿਚ ਮੀਂਹ ਪੈਣ ਤੇ ਰੋਕਣ ਦੇ ਟੋਟਕਿਆਂ ਤੇ ਵਿਚਾਰ ਕਰਨੀ		ਪਾਠ-ਪੁਸਤਕ
ਪਾਠ-9 ਮਾਊਂ		ਬਚਪਨ ਦੀਆਂ ਯਾਦਾਂ ਤੇ	ਜੀਵਨ ਦੇ ਝਰੋਕਿਆਂ	ਪਾਠ-ਪੁਸਤਕ

		ਵਿਚਾਰ-ਚਰਚਾ ਤੇ ਵੀਡੀਓ ਦਿਖਾਉਣੀ	‘ਚੋਂ (1.6.1)	
ਵਿਆਕਰਨ:- ਲੇਖ:-ਹਵਾ ਪ੍ਰਦੂਸ਼ਣ	1	ਪ੍ਰਦੂਸ਼ਣ ਦੇ ਨੁਕਸਾਨ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦੇਣਾ		ਵਿਆਕਰਨ ਪਾਠ- ਪੁਸਤਕ
ਛੋਟੇ ਭਰਾ ਨੂੰ ਪੜ੍ਹਾਈ ਦੇ ਨਾਲ-ਨਾਲ ਖੇਡਾਂ ਦੀ ਮਹਾਨਤਾ ਬਾਰੇ ਪੱਤਰ	1	ਪੱਤਰ ਲਿਖਣ ਦੇ ਢੰਗ ਬਾਰੇ ਦੱਸਣਾ		

ਸਤੰਬਰ:-ਦੁਹਰਾਈ ,ਪਹਿਲੀ ਛਿਮਾਹੀ ਦੀ ਪ੍ਰੀਖਿਆ

ਅਕਤੂਬਰ ਤੋਂ ਮਾਰਚ ਤੱਕ

ਅਕਤੂਬਰ

ਪਾਠ ਨੰਬਰ/ਵਿਸ਼ਾ	ਦਿਨ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾ ਇਕੱਤਰਤਾ ਗਤੀਵਿਧੀ	ਸਹਾਇਕ ਸਮੱਗਰੀ
ਪਾਠ-10 ਪਿੱਪਲ ਦੇ ਪੱਤੇ ਨੂੰ (ਕਵਿਤਾ)	3	ਕਵਿਤਾ ਦਾ ਸਾਰ ਲਿਖਣਾ ਤੇ ਵੀਡੀਓ ਦਿਖਾਉਣੀ		ਪਾਠ- ਪੁਸਤਕ
ਪਾਠ-11 ਮੱਖਣ ਦਾ ਤੌਲ (ਕਹਾਣੀ)	4	ਇਮਾਨਦਾਰੀ ਲਈ ਪ੍ਰੇਰਿਤ ਕਰਨਾ		ਪਾਠ- ਪੁਸਤਕ
ਪਾਠ-12 ਅਲੋਪ ਹੋ ਰਹੇ ਕਿੱਤੇ (ਲੇਖ)	4	ਕੰਮ-ਕਾਰ ਦੀ ਬਰਾਬਰਤਾ ਬਾਰੇ ਦੱਸਣਾ	ਤਸਵੀਰ ਵਰਣਨ ਕਰਵਾਉਣਾ (ਅਭਿਆਸ)	ਸਮਾਰਟ- ਬੋਰਡ
ਵਿਆਕਰਨ:-ਪਿਛੇਤਰ ਪੇਜ ਨੰ. 80,81 (1-15)	1			ਗ੍ਰੀਨ-ਬੋਰਡ
ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਇੱਕ ਸ਼ਬਦ ਪੇਜ ਨੰ. 106 (21-40)	1	ਡਿਕਟੇਸ਼ਨ		ਗ੍ਰੀਨ-ਬੋਰਡ
ਲੇਖ:-ਅੱਖੀਂ ਡਿੱਠਾ ਮੈਚ	5			ਪਾਠ- ਪੁਸਤਕ
ਪੱਤਰ:-ਵਿਦਿਅਕ ਟੂਰ ਤੇ ਜਾਣ ਲਈ ਪਿਤਾ ਜੀ ਕੋਲੋਂ ਪ੍ਰਵਾਨਗੀ ਪੱਤਰ	1	ਪੱਤਰ ਦੀ ਭਾਗ ਵੰਡ ਬਾਰੇ ਦੱਸਣਾ		ਗ੍ਰੀਨ-ਬੋਰਡ

ਨਵੰਬਰ

ਪਾਠ ਨੰਬਰ/ਵਿਸ਼ਾ	ਦਿਨ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾ ਇਕੱਤਰਤਾ ਗਤੀਵਿਧੀ	ਸਹਾਇਕ ਸਮੱਗਰੀ
ਪਾਠ-13 ਸ਼ਹੀਦੀ ਸੰਦੇਸ਼ (ਕਵਿਤਾ)	1	ਵਿਸ਼ੇ ਨਾਲ ਸੰਬੰਧਿਤ ਵੀਡੀਓ ਦਿਖਾਉਣੀ	ਗੁਰੂ ਤੇਗ ਬਹਾਦਰ ਜੀ ਦਾ ਜੀਵਨ ਬਿਓਰਾ ਤਿਆਰ ਕਰਵਾਉਣਾ	ਪਾਠ- ਪੁਸਤਕ ਸਮਾਰਟ ਬੋਰਡ

ਪਾਠ-14 ਕਾਬੁਲੀਵਾਲਾ (ਕਹਾਣੀ)	5	ਵਿਸ਼ੇ ਨਾਲ ਸੰਬੰਧਿਤ ਵੀਡੀਓ ਦਿਖਾਉਣੀ		ਸਮਾਰਟ-ਬੋਰਡ
ਪਾਠ-15 ਅਣਖੀ ਯੋਧਾ:ਮਦਨ ਲਾਲ ਢੀਂਗਰਾ (ਲੇਖ)	4	ਸ਼ਹੀਦ ਭਗਤਾਂ ਦੀ ਵੀਡੀਓ ਦਿਖਾਉਣੀ	ਅਜ਼ਾਦੀ ਘੁਲਾਟੀਆਂ ਦੀਆਂ ਤਸਵੀਰਾਂ ਲਗਾ ਕੇ ਨਾਂ ਲਿਖਣੇ	ਪਾਠ-ਪੁਸਤਕ
ਵਿਆਕਰਨ:-ਵਿਸਰਾਮ-ਚਿੰਨ੍ਹ	1	ਪੀ ਪੀ ਟੀ ਦੁਆਰਾ ਸਮਝਾਉਣਾ		ਸਮਾਰਟ-ਬੋਰਡ
ਤਸਵੀਰ ਦੇਖ ਕੇ ਵਰਨਣ, ਅਖਾਣ (16-32)	1	ਤਸਵੀਰ ਵਰਨਣ ਕਰਵਾਉਣਾ		ਸਮਾਰਟ-ਬੋਰਡ
ਲੇਖ:- ਸ੍ਰੀ ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ	1			ਪਾਠ-ਪੁਸਤਕ
ਲਾਊਡ ਸਪੀਕਰਾਂ ਦੇ ਸ਼ੋਰ ਨੂੰ ਬੰਦ ਕਰਵਾਉਣ ਲਈ ਪੱਤਰ	1	ਪੱਤਰ ਦੀ ਭਾਗ ਵੰਡ ਬਾਰੇ ਦੱਸਣਾ		ਪਾਠ-ਪੁਸਤਕ
ਵਿਆਕਰਨ:-ਅਸੁੱਧ- ਸੁੱਧ ਪੇਜ ਨੰ. 123 ਵਿਰੋਧੀ ਸ਼ਬਦ ਪੇਜ ਨੰ. 91	2	ਡਿਕਟੇਸ਼ਨ ਕਰਵਾਉਣੀ		ਪਾਠ-ਪੁਸਤਕ

ਦਸੰਬਰ

ਪਾਠ ਨੰਬਰ/ਵਿਸ਼ਾ	ਦਿਨ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾ ਇਕੱਤਰਤਾ ਗਤੀਵਿਧੀ	ਸਹਾਇਕ ਸਮੱਗਰੀ
ਪਾਠ-16 ਜਿਉਂਦੇ ਭਗਵਾਨ (ਗੀਤ) (ਕੇਵਲ ਕਾਵਿ-ਟੁਕੜੀ)	2	ਨੇਕ ਇਨਸਾਨਾਂ ਨੂੰ ਸਤਿਕਾਰ ਦੇਣ ਬਾਰੇ ਦੱਸਣਾ	ਪੈਰਾ ਦੇ ਕੇ ਪ੍ਰਸ਼ਨਾਂ ਦੇ ਉੱਤਰ ਪੁੱਛਣੇ (ਅਭਿਆਸ)	ਪਾਠ-ਪੁਸਤਕ
ਪਾਠ-17 ਪੇਮੀ ਦੇ ਨਿਆਣੇ (ਕਹਾਣੀ)	4	ਵਹਿਮ ਭਰਮਾਂ ਅਤੇ ਅੰਧਵਿਸ਼ਵਾਸ ਬਾਰੇ ਦੱਸਣਾ		ਸਮਾਰਟ-ਬੋਰਡ
ਪਾਠ-18 ਨਿਰੀ ਫੜ੍ਹ (ਇਕਾਂਗੀ) (ਕੇਵਲ ਪੜ੍ਹਨ ਲਈ)	3	ਝੂਠ ਅਤੇ ਫੜ੍ਹ ਤੋਂ ਬਚਣ ਲਈ ਦੱਸਣਾ	ਇਕਾਂਗੀ ਮੰਚਨ ਕਰਵਾਉਣਾ	ਸਜੀਵਪਾਤਰ ,ਕਿਤਾਬ
ਵਿਆਕਰਨ ਮੁਹਾਵਰੇ (21-40)	1	ਮੁਹਾਵਰਿਆਂ ਦੀ ਮਹੱਤਤਾ ਬਾਰੇ ਦੱਸਣਾ		ਪਾਠ-ਪੁਸਤਕ

ਜਨਵਰੀ / ਫਰਵਰੀ /ਮਾਰਚ - ਦੁਹਰਾਈ + ਸਾਲਾਨਾ ਪਰੀਖਿਆ

ਆਂਤਰਿਕ ਮੁਲਾਂਕਣ	ਕੁੱਲ ਅੰਕ 20
ਨਿਯਤਕਾਲਕ ਪਰੀਖਿਆ	5
ਬਹੁ ਵਿਕਲਪੀ ਮੁਲਾਂਕਣ	5
ਪੋਰਟਫੋਲੀਓ	5
ਵਿਸ਼ਾ ਭਰਪੂਰਤਾ ਕਾਰਜ	5

COMPUTER

Book: HANDS ON

Publication: DAV Publication

"Technology is not an event, it's just part of the everyday learning!"

Importance of Computer Education

Computer technology has a deep impact on the education sector. Thanks to computers, imparting education has become easier and much more interesting than before. Computers have changed the way we study/work, be it any course/profession. Computers play a vital role in every field especially it play an important role in education. That is why the education system has made computer education a part of school curriculum. Considering the use of computer technology in almost every sphere of life, it is important for everyone to have at least the basic knowledge of using computers.

AIMS & OBJECTIVES:

1. Foremost aim is to make students Technology Savvy.
2. To inculcate enough knowledge among the students about Network & its types.
3. To enable the students in creating web pages using HTML.
4. Students should be able to find solutions of problems through Flow Charts.
5. Students should be able to create simple Programs using QBasic.
6. To create awareness among students about Cyber Crimes and Cyber Laws.

INSTRUCTION FOR THE TEACHERS:

1. It is necessary to take students to the lab once in a week according to fix Time Table.
2. It is necessary to show all the links given in the book & perform all the given activities.
3. Teacher will look after each & every child in lab.
4. Teacher will make it sure that all the students have performed the lab activity or not.
5. Students will be evaluated only on the basis of skills in practical.

INSTRUCTION FOR THE STUDENTS:

1. Students will bring their books according to time table.
2. Students will sit according to Roll No. in lab.
3. Students will not change the Control Panel Settings.
4. Students will follow all the Rules & Regulations of Lab + Instructions of Teacher.

TOOLS & TECHNIQUES:

Exploratory Thinking, Demonstration Method, Active Learner Participation, Logical Thinking, Experimentation Method, Effective integration of Technology, Oral Questioning.

NOTE :

Computer/ICT is a completely skill based subject. So, No Pen Paper Test/Exam will be conducted to evaluate the student's performance. Students will be evaluated on the basis of Practical skills only that will be conducted Month Wise, Half Yearly & Annually.

APRIL

Chapter No./ Name of Chapter	No. of Periods	Lab Activities	Teaching Aids
Chapter - 1 Let us Explore- Computer Network	5	1. Understand the Networking & its types. 2. Know about the working of networking devices. 3. Differentiate between types of network.	Networking devices, Computer Lab

MAY:

Chapter - 2 HTML - 1	5	1. Type HTML code by using paragraph and heading tag. 2. Type HTML code by using different attributes of font tag.	E-Smart Board
Chapter - 3 Lists and Tables in HTML	5	1. Create ordered and unordered list of fruits in web page.	E-Smart Board

JUNE (Summer Vacation)**JULY**

Chapter No./ Name of Chapter	No. of Periods	Lab Activities	Teaching Aids
Chapter - 3 Lists and Tables inHTML	5	1. Create table to store information about your class students.	E-Smart Board
Chapter - 4 HTML- III	5	1. Insert an image in the web page using img tag.	E-Smart Board

2. Create hyperlink in the web page using anchor tag.

AUGUST

Chapter No./ Name of Chapter	No. of Periods	Lab Activities	Teaching Aids
Chapter - 5 Identifying Networked Resources and Computers	5	<ol style="list-style-type: none"> 1. Understands about the Domain Name & URL. 2. Different types of Networking Protocols. 3. Differentiate between MAC and IP address. 4. Find IP address of your system. 	E-Smart Board, Internet Connection

AUGUST & SEPTEMBER- Oral /Practical Examination**OCTOBER**

Chapter No./ Name of Chapter	No. of Periods	Lab Activities	Teaching Aids
Chapter - 6 Problem Solving	5	<ol style="list-style-type: none"> 1. Draw a flowchart to add two numbers. 2. Draw a flowchart to check whether a triangle is equilateral, isosceles or scalene. 	E-Smart Board
Chapter-7 Programming with QBasic	6	<ol style="list-style-type: none"> 1. Write a program to calculate simple interest. 	E-Smart Board, PCs in Lab.

NOVEMBER

Chapter No./ Name of Chapter	No. of Periods	Lab Activities	Teaching Aids
Chapter-7 Programming with QBasic	6	<ol style="list-style-type: none"> 1. Write a program to find area of a circle. 	E-Smart Board, PCs in Lab.
Chapter - 8 Looping in QBasic & Project Handling	2	<ol style="list-style-type: none"> 1. Write a program to print table of 6 (upto 10 times only) 	E-Smart Board, Internet Connection

DECEMBER

Chapter No./ Name of Chapter	No. of Periods	Lab Activities	Teaching Aids
Chapter - 9 The Cyber World, Cyber Crime & The Law	4	1. Cyber Safety 2. Cyber Crimes 3. Cyber Laws	E-Smart Board,

JANUARY & FEBRUARY- REVISION + ORAL / PRACTICAL EXAMINATION**MARCH - ANNUAL EXAMINATION****Evaluation Criteria For Both Terms**

Practical Activity 1 (5 Marks)	Practical Activity 2 (5 Marks)	Practical Activity 3 (10 Marks)	Marks of Two Best Activities (10+10=20)	Short Practical 2 (10) + Long Practical 1 (10) + Viva (10) = 30 Marks (Oral / Practical Examination)	Total Marks = 50 Monthly Activities (20) + Oral / Practical Examination (30)

Students will be awarded grades as Computer / ICT is a Co - Scholastic Subject

VISUAL ART

“Drawing plays a big role in our cognitive development. It can help us learn to write and think creativity, develop hand eye co-ordination, hone analytic skills”

AIMS & OBJECTIVES:-

1. To develop observation, imagination and self expression to be able to put thoughts on paper through art.
2. To work confidently with a variety of material.
3. Art Education enables the child to explore alternative ways of communicating with others. It encourages the ideas that are personal, inventive & makes a vital contribution to the development of a range of intelligence.
4. To express individuality.
5. To develop eye and hand co-ordination.

COMMON INSTRUCTIONS FOR STUDENTS :

1. Students must bring their step by step Book & Drawing file according to time-table.
2. Students must bring their own drawing material like HB Pencil, Non-Dust Eraser, Pencil, Colour etc.
3. Students should use their creative & imaginative skill while drawing and performing craft.
4. Difficult topics must be practiced in drawing file.

COMMON INSTRUCTIONS FOR TEACHERS :

1. Teachers should prepare the activities mentioned in study plan in advance.
2. Use of Technology must be there.
3. Check and return the drawing files in time.

NOTE:

Practically demonstration must be given by teacher using E-Smart board, colorful chalks, dusters, colors etc.

TOOLS FOR EVALUATION :

- * Neatness in work and coloring.
- * Students creativity and interest.

(APRIL TO SEPTEMBER)**APRIL**

Step By Step	No. of Periods
Page No. 1 to 4(Still Life)	2

MAY

Step By Step	No. of Periods
Page No. 5 to 12(Flower and Tree Study)	4

JUNE-Summer Vacation- Page no. 14, 15(Tree Study),16,17 (Bird Study)

JULY

Step By Step	No. of Periods
Page No. 18 to 23(Bird and Animal Study)	5

AUGUST

Practice for Half Yearly Examination

SEPTEMBER

Half-Yearly Examination

(OCTOBER TO MARCH)**OCTOBER**

Step By Step	No. of Periods
Page No. 26,27,30(Human Study)	2

NOVEMBER

Step By Step	No. of Periods
Page No. 32,33,34,40 to 42(Perspective Composition)	5

DECEMBER

Step By Step	No. of Periods
Page No. 44,46,47,49(Cartoon Study Stencilling)	3

JANUARY/FEBRUARY/MARCH - Revision +Annual Examination**GENERAL KNOWLEDGE**

“An investment in General Knowledge pays the best interest.”

Book : Kid Wiz

Publication : DAV Publication

IMPORTANCE OF GENERAL KNOWLEDGE

The name itself says that it is a general that every common student must and should possess. It is useful in terms of personal, academic and professional levels. In day to day life also General Knowledge is useful as it is all about common things. It is an important component of crystallized intelligence and is strongly associated with General Intelligence. It is a wide body of information that a student acquires from Education and from life. It also helps to grow student's confidence level and may prove to be of some great help during some important events of our lives like interview etc. A good knowledge of everything around, always impress the people around you.

AIMS & OBJECTIVES:-

1. To acquaint students about their surroundings.
2. To have a healthy discussion about the day to day happening around the world.
3. To formulate the students for the competitive level of general awareness.
4. To make students more competent and smarter.

INSTRUCTION FOR THE TEACHERS:-

1. It is necessary that the teacher's voice should be audible and clear.

2. It is mandatory to prepare the teaching content in advance.
3. Teacher will make it sure that all the students must carry their study material like books or scrap file etc.
4. It is advisable to maintain complete record of students' performance.
5. It is necessary that the checking must be done carefully and in proper time.
6. Newspaper reading must be in every lecture.

INSTRUCTION FOR THE STUDENTS:-

1. Students must complete the given work at proper time.
2. Scrap files must be maintained properly.
3. Students must follow the instructions of the teacher.
4. Students must converse in English language.

Note: Write 3 to 5 lines about every activity / project work on the scrap file.

(APRIL TO SEPTEMBER)**APRIL**

Unit No. and Name	No. of Periods	Activity	Teaching Aids
UNIT-1 Language and Literature	6-8	Scrap File Work: 1. Paste 5 pictures of great Laureates of English Language with their contribution. 2. Write any 10 idioms/ phrases with their meaning in your scrap file.	Kid Wiz Book E-Smart Board

MAY

Unit No. and Name	No. of Periods	Activity	Teaching Aids
UNIT-II Environment Around	6-8	Scrap File Work: 1. Paste 5 pictures of great scientists with their inventions. 2. Paste 5 live specimens of Herbal plants with reference to the name of the disease for which it is cures.	Kid Wiz Book E-Smart Board
My Self	1	Self Introduction	Oral Disussion

JUNE-SUMMER VACATION

JULY

Unit No. and Name	No. of Periods	Activity	Teaching Aids
UNIT-III World Around	6-8	Scrap File Work: Paste 5 pictures of Indian Revolutionaries with their achievements.	Kid Wiz Book E-Smart Board

AUGUST Revision for Half Yearly Examination**SEPTEMBER** HALF YEARLY EXAMINATION**(OCTOBER TO MARCH)****OCTOBER**

Unit No. and Name	No. of Periods	Activity	Teaching Aids
UNIT-IV Art and Culture	6-8	Scrap File Work: 1. Paste 5 pictures of famous dance forms with their associated dancers. 2. Paste 5 pictures of different festivals.	Kid Wiz Book

NOVEMBER

Unit No. and Name	No. of Periods	Activity	Teaching Aids
UNIT-VI Sports and Games	6-8	Scrap File Work: 1. Paste 5 pictures of national game of different countries. 2. Paste any 5 sports news headlines of the current month.	Kid Wiz Book
House Information	1	Knowledge of all school houses.	Oral discussion

DECEMBER

Unit No. and Name	No. of Periods	Activity	Teaching Aids
UNIT-V Math Magic	6-8	Scrap File Work: 1. Paste picture of great Mathematician Ramanujan and prepare his fact file in your scrap file.	Kid Wiz Book + Worksheet of Maths

JANUARY/ FEBRUARY REVISION FOR ANNUAL EXAMINATION**MARCH** ANNUAL EXAMINATION

ORAL CRITERIA	
Parameters of Assessment	Marks
Book Content + Work sheet	5 + 7 = 12
Scrap File	3
Current News	2
Self Introduction	2
Condition of Book	2
Condition of Diary	2
Discipline	2
Uniform	2
House Information	2
Total	30

नैतिक शिक्षा

पुस्तक: नैतिक शिक्षा

प्रकाशन :डी.ए.वी. प्रकाशन

□ शष्टाचार अथवा वनम्रतापूर्वक एवं शालीनतापूर्ण आचरण ही वह आभूषण है जो मनुष्य को आदर-सम्मान दिलाता है ।□

नोट :

1. नोटबुक प्रस्तुतिकरण में नियमता, कार्यपूर्ति, स्वच्छता और रख-रखाव को जाँचा जाएगा ।
2. वषय संवर्धन गति व ध में भाषा के वाचन एवं श्रवण कौशल पर बल दिया जाएगा ।
3. सत्र के अंत में दोनों सत्रों की कॉपीयों की दोहराई और आंतरिक मूल्यांकन के लिए संभाल कर रखा जाए ।
4. लखत परीक्षा की कॉपी पूरे सत्र में एक ही होनी चाहिए ।

सामान्य उद्देश्य :

1. छात्रों में माता-पिता, अध्यापकों एवं बुजुर्गों के प्रति सम्मान और सेवा भावना उत्पन्न करना ।
2. छात्र-छात्राओं में ईश्वरभक्ति की भावना के साथ-साथ उनमें आस्तिकता की भावना उत्पन्न करना ।
3. धार्मिक रूच का संवर्धन करना, अच्छी आदतें डालना ।

4. उन्हें देश एवं जाति की सेवा के प्रति कर्तव्यनिष्ठ बनाना ।
5. उत्तम ग्रंथों के माध्यम से स्वाध्याय प्रति रूच जागृत करना ।
6. देश-धर्म की सेवा में जीवन लगाने वाले तथा उत्तम ग्रंथों की रचना द्वारा ज्ञान का संवर्धन करने वाले महापुरुषों के चरित्र से परिचय करवाना ।

अध्यापकों के लिए सामान्य निर्देश :

1. बच्चों को प्रतिदिन नैतिक मूल्यों की जानकारी देना ।
2. बच्चों को पुस्तक ज्ञान को अपने अंदर डालने के लिए प्रेरित करना ।
3. उत्तर पुस्तिका में उत्तर ध्यानपूर्वक लिखना व बच्चों को लिखवाना ।
4. जाँच कार्य समय अनुसार और सतर्कतापूर्वक होना चाहिए ।
5. समय-समय पर जाँचना ।

वद्यार्थियों के लिए सामान्य निर्देश :

1. वद्यार्थी कक्षा में अनुशासित ढंग से पठन-पाठन प्रक्रिया में भाग ले ।
2. अध्यापकों द्वारा दी शिक्षा पर अमल करें ।
3. मंत्र, प्रार्थनाओं का नित्य अभ्यास करें ।
4. लिखत कार्य करते समय लिखाई सुंदर व स्पष्ट होनी चाहिए।
5. शब्दों की बनावट और मात्राओं पर विशेष ध्यान दें।

(अप्रैल से सितंबर तक)

अप्रैल

पाठकानाम / वषय	कालांश	गति व धर्याँ	सहायकसामग्री
पाठ-1 ओम ध्वज	2	छात्र उत्तर लिखकर और ध्वज (कॉपी पर) तैयार करेंगे ।	पाठ्य पुस्तक
पाठ-2 ईश्वर का सर्वश्रेष्ठ नाम	2	ॐ की महिमा पर कुछ वाक्य लिखेंगे (कॉपी पर)	संबंधित पुस्तक
पाठ-3 आत्मबोध	1	उदाहरण समझकर भावार्थ याद करेंगे ।	प्रश्नावली

मई

पाठकानाम / वषय	कालांश	गति व धर्याँ	सहायकसामग्री
पाठ-4 गीता के श्लोक	1	कठिन शब्दों के अर्थ समझेंगे	ई - स्मार्ट

		सस्वर लयबद्ध गायन ।	
पाठ-5 गायत्री जप का प्रभाव	2	गायत्री मंत्र अर्थ सहित लखेंगे ।	ई - स्मार्ट
पाठ-6 संस्कृत भाषा	2	संस्कृत क वर्यों के नाम याद करेंगे ।	ई - स्मार्ट
पाठ-7 राष्ट्रभाषा हिंदी	2	राष्ट्रभाषा हिंदी को समझेंगे व उत्तर लखेंगे ।	पाठ्य पुस्तक

जून ग्रीष्मावकाश अवकाश + डी.ए.वी. स्थापना दिवस (चरित्र निर्माण श वर)

जुलाई

पाठ का नाम / वषय	कालांश	गति व धर्याँ	सहायक सामग्री
पाठ-8 पंच महायज्ञ	2	पंच महायज्ञ को समझ कर याद करेंगे	पाठ्य पुस्तक
पाठ-9 डी.ए.वी.गान	2	डी.ए.वी. गान याद करेंगे ।	ई - स्मार्ट
पाठ -10 योग की पहली सीढ़ी- यम	2	योग की क्रयाओं को समझेंगे ।	ई - स्मार्ट

अगस्त करवाए गए पाठ्यक्रम की दोहराई

सतंबर अर्धवार्षिक परीक्षा

अक्तूबर से मार्च तक

अक्तूबर

पाठ का नाम / वषय	कालांश	गति व धर्याँ	सहायक सामग्री
पाठ- 11 योग की द्वितीय सीढ़ी -नियम	2	पाँचों नियमों को समझ कर याद करेंगे।	सामूहिक चर्चा
पाठ-12 वर्ण व्यवस्था का स्वरूप	2	चारों वर्णों को समझ कर लखेंगे ।	ई - स्मार्ट
पाठ- 13 आश्रम व्यवस्था	2	आश्रम व्यवस्था के स्वरूप को समझेंगे ।	पाठ्य पुस्तक

नवंबर

पाठ का नाम / वषय	कालांश	गति व धर्याँ	सहायक सामग्री
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पाठ-14 कस दर पर जाऊँ मैं	1	भगवान की महिमा पर चर्चा ।	पाठ्य पुस्तक
पाठ-15 आर्य समाज के नियम (7 से 10)	2	व्याख्या सहित नियम याद करेंगे ।	ई - स्मार्ट
पाठ-16 सत्यार्थ प्रकाश	2	सत्यार्थ प्रकाश ग्रंथ को समझ कर सही ज्ञान प्राप्त करेंगे ।	ई - स्मार्ट

दिसंबर

पाठ का नाम / वषय	कालांश	गति व धर्याँ	सहायक सामग्री
पाठ -17 डी.ए.वी संस्थाएँ	2	शक्षा के क्षेत्र में डी.ए.वी के योगदान को जानेंगे ।	पाठ्य पुस्तक
पाठ-18 न्याय मूर्ति डॉ.मेहर चंद महाजन	2	इनकी सेवाओं को समझते हुए समय भी उन से प्रेरित होंगे ।	पाठ्य पुस्तक
पाठ 19 राष्ट्रीय गीत	2	इस गीत को याद करेंगे । (सस्वर लयबद्ध गायन)	ई - स्मार्ट

जनवरी /फरवरी / मार्च

करवाए गए पाठ्यक्रम की दोहराई + वा र्षक परीक्षा

संस्कृत

पुस्तक - सुर भ

प्रकाशन - डी.ए.वी. प्रकाशन

भारतस्य प्रतिष्ठे द्वे संस्कृतं संस्कृतिस्तथा

सामान्य उद्देश्यः

1. वद्या र्थयों में संस्कृत के प्रति रू च एवं संस्कार उत्पन्न करना ।
2. वद्या र्थयों में संस्कृत ज्ञान को वक सत करना ।
3. बच्चों में राष्ट्रीय समाज व अपने संस्थान के प्रति सम्मान की भावना उत्पन्न करना ।
4. पाठों के माध्यम से बच्चों को संस्कृत की बातचीत की शैली से परि चत करवाना ।
5. स्वाध्याय की रू च को बढ़ाना ।

अध्यापकों के लए सामान्य निर्देशः

1. अध्यापक पहले से ही पाठ योजना तैयार करें ।
2. कक्षा में भाषा का उच्चारण शुद्ध व प्रभावशाली होना चाहिए ।
3. सभी अध्यापक वद्या र्थयों के पठन-कौशल में वशेष ध्यान दें ।

4. बच्चों को संस्कृत भाषा बोलने के लिए प्रेरित करें ।

वद्यार्थियों के लिए सामान्य निर्देश:

1. बच्चे पाठ के पठन पर विशेष ध्यान दें ।
2. वद्यार्थी कक्षा में अनुशासित ढंग से पठन पाठन प्रक्रिया में भाग लें ।
3. प्रतिदिन संस्कृत भाषा का अभ्यास करेंगे ।
4. पीरियड के अनुसार संस्कृत पुस्तक लाना अनिवार्य है ।

अप्रैल से सितंबर तक

अप्रैल

पाठ का नाम / वषय	कालांश	गति व धर्याँ	सहायक सामग्री
पाठ-1 सुवचनानि	3	श्लोक उच्चारण करवाकर देखना	पठन कौशल
पाठ-2 वसुधैव कुटुम्बकमं	1	मलकर रहने के फायदे पर चर्चा ।	पाठ्य पुस्तक

मई

पाठ का नाम / वषय	कालांश	गति व धर्याँ	सहायक सामग्री
पाठ-3 अहं नदी अस्मि	1	नदी की महत्ता बताना ।	पाठ्य पुस्तक
पाठ-4 क्षमस्व महर्षे!	1	क्षमा के महत्त्व के बारे में बताना।	दृश्यात्मक सामग्री

जून

ग्रीष्मावकाश

जुलाई

पाठ का नाम / वषय	कालांश	गति व धर्याँ	सहायक सामग्री
पाठ-5 दिव्या गीर्वाणभारती	1	संस्कृत के रचनाकारों की जानकारी देना ।	अन्य पुस्तक
पाठ-6 मधुरा ण वचनानि	1	श्लोक बुलवाना ।	पाठ्य पुस्तक

अगस्त - करवाए गए पाठ्यक्रम की दोहराई

सितंबर - अर्धवार्षिक परीक्षा

अक्टूबर से मार्च तक

अक्टूबर

पाठ का नाम / वषय	कालांश	गति व धयाँ	सहायक सामग्री
पाठ-7 सफलं तस्य जी वतं	1	श्लोक बुलवाना	पाठ्य पुस्तक
पाठ-8 क्रोधेन कार्यं न सध्यति	1	क्रोध के नुक्सान पर चर्चा	पाठ्य पुस्तक

वषय संवर्धन गति व धः श्लोक उच्चारण

नवंबर

पाठ का नाम / वषय	कालांश	गति व धयाँ	सहायक सामग्री
पाठ-9 अ वश्वस्ते न वश्वसेत्	1	अ भनय कौशल	पाठ्य पुस्तक
पाठ-10 गुणाः पूजास्थानं	1	अब्दुल कलाम के बारे में चर्चा	पाठ्य पुस्तक, दृश्यात्मक सामग्री

दिसंबर

पाठ का नाम / वषय	कालांश	गति व धयाँ	सहायक सामग्री
पाठ-11 हितं मनोहारि च दुर्लभं वचः	1	सूक्तियाँ बुलवाना	पाठ्य पुस्तक
पाठ-12 स्वाध्यायात् मा प्रमदः	1	माता- पता, आचार्य पर वाक्य बुलवाना	अन्य पुस्तक

जनवरी/फरवरी / मार्च- करवाए गए पाठ्यक्रम की दोहराई+ वा र्षक परीक्षा

संस्कृत	
क्रं वषय	कुल अंक (25)
1. पुस्तक पढना	5 अंक
2. व्याकरण (श्लोक+ गनती(1 से25))	5 अंक
3. पाठ्य पुस्तक का अभ्यास	10 अंक
4. संस्कृत परिचय	2 अंक
5. अनुशासन / वर्दी / पुस्तक	3 अंक

कुलांक

25 अंक

PERFORMING ART

“It is the supreme art to awaken joy in creative expression and knowledge.”

Importance of Music & Dance:-Music and dance give great self-satisfaction and self confidence. It brings name, fame and riches i.e success in life. It has social, emotional and spiritual benefits and gives happiness to life.

INSTRUCTIONS FOR TEACHERS:-

- Give the introduction about your topic and demonstrate.
- Pay attention towards Non Performers.
- Teacher should be well prepared.
- The song should be selected according to class level.
- Assessment of students should be done on regular basis.

INSTRUCTIONS FOR STUDENTS:-

- Move in queue to Music and Dance room.
- Keep the shoes in shoe Rack.
- Do the practice at home.
- Don't touch anything without teacher's permission.

AIMS:

1. To develop a context for aesthetic and artistic experience and the opportunity to develop personally and physically through participated in dance in an enjoyable environment.
2. To provide for aesthetic experiences and to develop aesthetic awareness in the music, in drama, in dance and literature.

OBJECTIVES:

1. To enhance knowledge and understanding of dance as an aesthetic & artistic experience.
2. Cooperate with others in dance activities.
3. To enrich personal and social development while interacting with others in a variety of structural contexts.
4. To arise the learning interest and area in instrumental learning.
5. To develop the interest to know about Indian culture.
6. To make them able to become an artist.

(APRIL TO SEPTEMBER)**APRIL to MAY**

Topic	No. of Days	Tools & Techniques	Teaching Aid
Patriotic Song	6	Demonstration with singing and instruments	Harmonium, lyrics etc.
Punjabi Folk Dance	6	Demonstration with steps	With sound system

JUNE-Summer Vacation**JULY to AUGUST**

Topic	No. of Days	Tools & Techniques	Teaching Aid
General Song Punjabi	6	Demonstration	Harmonium & Dholak
Nukkad natak	6	Demonstration with action & Dialogues.	Script of Natak etc.
Punjabi Dance	6	Demonstration with steps	With sound system

AUGUST-REVISION**SEPTEMBER - HALF-YEARLY EXAMINATION****(OCTOBER TO MARCH)****OCTOBER to NOVEMBER**

Topic	No. of Days	Tools & Techniques	Teaching Aid
Western Dance	6	Demonstration with Action+steps	Sound system
About Instruments	6	Knowledge about instruments + Demonstration	Guitar+Harmonium+Chongo,E-Pad etc.

DECEMBER / JANUARY / FEBRUARY REVISION**MARCH****ANNUAL EXAMINATION****Blue Print for Practical Examination****Dance**

1. Interest
2. Body Movement
3. Expression

Music

1. Interest
2. Rhythm
3. Melody

4. Active Participation

4. Active Participation

5. Imagination and Innovation

5. Imagination and Innovation

6. Artistic Temperament

6. Artistic Temperament

Note:-Students will be observed in 5 points grading scale.(A = Outstanding , B = V. Good , C = Good, D= Fair and E = Average) The aspects of regularity, sincere participation , output and teamwork.

HEALTH & PHYSICAL EDUCATION

IMPORTANCE OF PHYSICAL EDUCATION: Physical Education is the part of General Education program which is considered with growth, Development and education of students through the medium of muscle activities. It is the education of whole child by means of physical activities. Physical activities are the tools. They are so selected and considered as to influence every child's Physically, Mentally, Emotionally and Morally.

AIMS & OBJECTIVES:

1. Interact with the natural world in a positive manner.
2. Develop qualities such as leadership, team spirit, sense of belongingness, Courage and self defence.
3. Participate in the activities for fun and joy.
4. Conduct the movement with more body control.
5. To ensure optimum growth of each child.
6. Understand that hygienic fitness, protection and health care are important for health.

Objectives and learning outcome will be cleared to the students:

- All the Topics must be discussed thoroughly. Class 5th to 10th, all the three activity of co-scholastic area must be cleared and basic knowledge must be given to students and its practice will be done with the help of teachers, throughout the year.
- File of concerned chosen activities will be prepared. It will be accessed and evaluated.

INSTRUCTION FOR THE TEACHERS:

1. Try to reach in class in time.
2. Bring your classes in the ground in line and discipline.
3. Take care of students in ground specially girls.
4. Prepare your team properly selected students from different classes.
5. Maintain sports ground properly.

INSTRUCTIONS FOR THE STUDENTS:

1. Move always in line.
2. Maintain Self Discipline in Sports Ground.
3. Obey the instruction given by Teacher.
4. Play the games with team spirit.
5. Follow the rule and regulation during play the game.

Note: All the Activities will be followed according to the CBSE guidelines.

(APRIL TO SEPTEMBER)**APRIL**

Lesson-No Topic	No of Period	Subject Enrichment Activities	Teaching Aid
Human Body-	01	Demonstration	Chart/Video
Game- Volley Ball, Service	01	Play Game in Ground	Play Game/Video
Gym	01	Exercise In Gym	Multi Gym Excercise
NCC/ YOGA	01	Demonstration of Padamasan, Bhujangasan	Body Movements/Video

MAY

Lesson-No Topic	No of Period	Subject Enrichment Activities	Teaching Aid
Orientation to sports skills	01	Demonstration	Chart/Video
Game--- Volley Ball, Under hand pass	01	Play Game in Ground	Play Game/Video
Gym	01	Exercise In Gym	Multi Gym Excercise
NCC /YOGA	01	Physically in Ground Vajarasana, Halasana	Body Movements/Video

JUNE- Summer Vacation**INTERNATIONAL YOGA DAY CELEBRATION**

JULY

Lesson-No Topic	No of Period	Subject Enrichment Activities	Teaching Aid
Game--- Volley Ball,Play	01	Play Game in Ground	Play Game/Video
Gym	01	Exercise In Gym	Multi Gym Excercise
NCC/ YOGA	01	Physically in Ground Dhanurasan, Chakarasana	Body Movements/Video
We&Our Environment	01	Demonstration	Chart/Video

SPORTS-Day-29 August

AUGUST REVISION
SEPTEMBER HALF YEAR EXAMINATION
(OCTOBER TO MARCH)
OCTOBER

Lesson-No Topic	No of Period	Subject Enrichment Activities	Teaching Aid
Food & Nutrition	01	Demonstration	Chart/Video
Gym	01	Exercise In Gym	Multi Gym Excercise
Game- Volley Ball , Service	01	Play Game in Ground	Play Game/Video
NCC/yoga	01	Demonstration of Vajarasana, Halasana, Tadasana	Body Movements/Video

NOVEMBER

Lesson-No Topic	No of Period	Subject Enrichment Activities	Teaching Aid
Safety & Security	01	Demonstration	Chart/Video
Game--- Volley Ball, Under hand pass	01	Play Game in Ground	Play Game/Video
Gym	01	Exercise In Gym	Multi Gym Excercise
NCC /YOGA	01	Demonstration of Dhanurasana, Chakarasana	Body Movements/Video

NCC WEEK CELEBRATION

DECEMBER

Lesson-No Topic	No of Period	Subject Enrichment Activities	Teaching Aid
Social health/ Consumer health & sports services	01	Demonstration	Visit Outside
NCC/YOGA	01	Demonstration of Padamasan, Bhujangasan, Sarvangasan	Body Movements/Video
Gym	01	Exercise In Gym	Multi Gym Excercise
Game--- Volley Ball, Play	01	Play Game in Ground	Play Game/Video

JANUARY+ FEBRUARY**REVISION****MARCH****ANNUAL EXAMINATION**

DAV PUBLIC SCHOOL, SAMANA

(SENIOR SECONDARY CBSE AFFILIATED)

CLASS - VIII

ACTIVITY PLAN

SESSION - 2023-24

SR. NO.	MONTH	NAME OF THE ACTIVITY	ACTIVITY CONDUCTION	IMPORTANT DAY/SUBJECT
1	April	International Dance Day	Dance Performances by the students	Dance Department
2	MAY	Sci-Pi	Quiz on Mathematics & Science	Maths & Science
3	JULY	The Fun They Had	Make A Flash Card On "School Now And In Future."	English
4	AUGUST	Virasat-E-Punjab	Quiz on Punjab & Punjabi Culture	Punjabi
5	OCTOBER	Incredible Indian Constitution	Design A Poster On Any One Topic - SECULARISM, DEMOCRACY, SOVEREIGNTY, EQUALITY, LIBERTY, FRATERNITY, REPUBLIC And JUSTICE	GANDHI JAYANTI (Social Science)
6	NOVEMBER	Tyohaar With Uphaar	Best Of Waste	Diwali
7	DECEMBER	Khane Khajna - PUNJAB V/S ANDHRA	Cook Famous Dishes Of Punjab And Andhra Pradesh	EK BHARAT SHRESHTHA BHARAT



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DAV PUBLIC SCHOOL SAMANA
(SENIOR SECONDARY)
CBSE AFFILIATED-1630571



MEDICAL PLANNER FOR CLASSES
4th to 12th (SENIOR)
SESSION: 2023-24



MONTH	TOPICS
APRIL	Recovery is Hard, Regret is Harder (Substance Abuse)
MAY	Digital Detox (Plug in Drug)
JUNE	Steps towards Better me (Home Work)
JULY	Don't be a Couch Potato (Obesity & Overweight)
AUGUST	Mental First Aid. (Break the silence-Talk to an Expert)
SEPTEMBER	Adolescent Issues
OCTOBER	Self Esteem & Body Image
NOVEMBER	Gut Health (Check Your Plate)
DECEMBER	Time Management Or Mind Management Both are equally important.
JANUARY	Emotional intelligence.
FEBRUARY	Don't Pop Your Balloon Get a grip on your anger (Anger Management)

Principal Mohan Lal Sharma

आर्य पर्व (2023-24)

क्रम संख्या	तिथि	दिन	पर्व
1.	10 अप्रैल 2023	सोमवार	आर्य समाज स्थापना दिवस
2.	10 अप्रैल 2023	सोमवार	सत्र के शुभारंभ पर हवन
3.	19 अप्रैल 2023	बुधवार	महात्मा हंसराज जन्म दिवस
4.	26 अप्रैल 2023	बुधवार	पंडितगुरुदत्त वदयार्थी जन्म दिवस
5.	01 जून 2023	वीरवार	डी.ए.वी. स्थापना दिवस
6.	14 सितंबर 2023	वीरवार	गुरु वरजानंद पुण्यतिथि
7.	05 अक्टूबर 2023	वीरवार	स्वामी वरजानंद जयंती
8.	15 अक्टूबर 2023	रविवार	महात्मा आनंद स्वामी जन्म दिवस
9.	21 अक्टूबर 2023	शनिवार	रामचंद्र छत्रपति बलदान दिवस
10.	24 अक्टूबर 2023	मंगलवार	महात्मा आनंद स्वामी पुण्यतिथि
11.	12 नवंबर 2023	रविवार	ऋषि निर्वाणोत्सव
12.	14 नवंबर 2023	मंगलवार	स्वामी दयानंद वरजानंद की कुटिया
13.	14 नवंबर 2023	मंगलवार	महात्मा हंसराज पुण्यतिथि
14.	19 दिसंबर 2023	मंगलवार	पंडित राम प्रसाद बिस्मिल बलदान दिवस
15.	23 दिसंबर 2023	शनिवार	स्वामी श्रद्धानंद बलदान दिवस
16.	01 जनवरी 2024	सोमवार	नव वर्ष के शुभ अवसर पर हवन
17.	12 जनवरी 2024	शुक्रवार	स्वामी ववेकानंदजयंती
18.	28 जनवरी 2024	रविवार	लाला लाजपतराय जयंती
19.	12 फरवरी 2024	सोमवार	ऋषि दयानंद सरस्वती जन्म दिवस
20.	21 फरवरी 2024	बुधवार	मुनीश्वरानंद पुण्यतिथि
21.	8 मार्च 2024	शुक्रवार	ऋषि बोधोत्सव
22.	19 मार्च 2024	मंगलवार	पंडित गुरुदत्त वदयार्थी पुण्यतिथि
23.	09 अप्रैल 2024	सोमवार	हिंदू नव वर्ष के अवसर पर हवन

Important Days (Awareness) Session 2023-24

APRIL

<u>Sr.No</u>	<u>Date</u>	<u>Day</u>		<u>Celebration</u>
1.	4th April 2023	Tuesday	Mahavir Jayanti	Awareness
2.	6 th April,2023	Thursday	Hanuman Jayanti	Awareness
3.	7 th April,2023	Friday	World Health Day/ Good Friday	Awareness
4.	10 th April,2023	Monday	Arya Samaj Sathapana Diwas,	HawanYajna , Speech By House
5.	13 th April,2023	Thursday	Jallianwala Bagh Massacre	Awareness
6.	14 th April,2023	Friday	Baisakhi /Dr. B.R. Ambedkar Jayanti	Awareness
7.	18 th April,2023	Tuesday	World Heritage Day	Awareness By Social Science Faculty
8.	19 th April,2023	Wednesday	Mahatma Hans Raj Jayanti	Tribute By Running House
9.	21st April 2023	Friday	National Civil Service Day (India)	Awareness
10.	22 nd April,2023	Saturday	World Earth Day/ Eid Ul Fitre	Awareness
11.	23 rd April,2023	Sunday	World Book Day/ English language day	Awareness
12.	25 th April,2023	Tuesday	World Malaria Day	Awareness
13.	29 th April,2023	Saturday	International Dance Day	Awareness

May

<u>Sr.No</u>	<u>Date</u>	<u>Day</u>		<u>Celebration</u>
1.	1 st May,2023	Monday	International Labour Day	Activity of Grade-D By House +Classes 11 th &

				12 th
2.	2nd May,2023	Tuesday	World Asthma day	Awareness
3.	3 rd May,2023	Wednesday	World Press Freedom Day	Awareness
4.	5th May 2023	Friday	Budh Purnima	Speech
5.	7 th May,2023	Sunday	World Athletics Day, World Laughter Day	Awareness
6.	8 th May,2023	Monday	World Red Cross Day	Speech By House
7.	9th May 2023	Tuesday	Rabindra Nath Tagore Jayanti	Awareness
8.	11 th May,2023	Thursday	National Technology Day	Awareness
9.	14 th May 2023	Sunday	Mothers day	Awareness
10.	21 st May,2023	Sunday	National Anti Terrorism Day	Awareness
11.	22 nd May,2023	Monday	International Biodiversity Day	Awareness (11 th Biology)
12.	31 st May,2023	Wednesday	World No Tobacco Day/Anti Tobacco Day	Speech By House+ Poster Making by Class 10 th & 11 th

JUNE

<u>Sr.No</u>	<u>Date</u>	<u>Day</u>	<u>Day</u>	<u>Celebration</u>
1.	1 st June,2023	Thursday	DAV Foundation Day-(HawanYajna) /Global Day of Parents	Hawan
2.	4th June,2023	Sunday	Sant Kabir Jayanti	Awareness
3.	5 th June,2023	Monday	World Environment Day	Speech
4.	7 th June,2023	Wednesday	World Food Safety Day	Awareness
5.	12 th June,2023	Monday	Anti Child Labour Day	Awareness
6.	14 th June,2023	Wednesday	World Blood Donor Day	Awareness

7.	16 th June,2023	Friday	Martyrdom day of Shru Guru Arjan Dev ji	Awareness
8.	18 th June,2023	Sunday	Father's Day	Speech
9.	21 st June,2023	Wednesday	International Yoga Day World Music Day	(Celebration by NCC Cadets) Celebration by Music Department
10.	23 rd June,2023	Sunday	Global Day of Parents	Awareness
11.	26 th June 2023	Monday	International Anti drug day	Awareness
12.	29 th June,2023	Thursday	Bakrid	Awareness

July

<u>Sr.No</u>	<u>Date</u>	<u>Day</u>	<u>Celebration</u>
1.	1 st July,2023	Saturday	National Doctor's Day
2	11 th July,2023	Tuesday	World Population Day
3	15 th July,2023	Saturday	World Youth Skill Day
4	26 th July,2023	Wednesday	Kargil Vijay Diwas / International day of conservation of the mangrove ecosystem
5	28 th July,2023	Friday	World Hepatitis Day
6	31 st July,2023	Monday	Martyrdom Day Of Saheed Udam Singh Ji (Tribute by Running House)

AUGUST

<u>Sr.No</u>	<u>Date</u>	<u>Day</u>	<u>Celebration</u>
1	12 th August,2023	Saturday	World Youth Day
2.	15 th August,2023	Tuesday	Indepedence Day
3	19 th August,2023	Saturday	World Photography day

4	20 th August,2023	Sunday	National Sadhbhavna Diwas	Awareness
5	21 th August,2023	Monday	World Senior Citizen Day	Awareness
6	26 th August,2023	Saturday	Women Equality Day	Awareness
7	29 th August,2023	Tuesday	National Sports Day	Awareness
8	30 th August,2023	Wednesday	Raksha Bandhan (Rakhi)	Celebration
9	31 th August,2023	Thursday	World Sanskrit Diwas	Awareness

SEPTEMBER

<u>Sr.No</u>	<u>Date</u>	<u>Day</u>		<u>Celebration</u>
1	5 th Sep,2023	Tuesday	Teachers Day (Guru Utsav)	Celebration By Running House
2	6 th Sep,2023	Wednesday	Janamashtmi	Celebration By Running House
3	8 th Sep,2023	Friday	International Literacy day	Awareness +Speech
4	14 th Sep,2023	Thursday	Hindi Diwas	Speech and Celebartion by Hindi Department
5	15 th Sep,2023	Friday	International Democracy Day Engineer's day	Awareness
6	16 th Sep,2023	Saturday	World Ozone Preservation Day	Awareness
7	21 th Sep,2023	Thursday	International Peace Day	Awareness
8	27 th Sep,2023	Wednesday	World Tourism Day	Awareness
9	29 th Sep,2023	Friday	World Heart Day	Awareness

OCTOBER

<u>Sr.No</u>	<u>Date</u>	<u>Day</u>		<u>Celebration</u>
1.	2 nd Oct,2023	Monday	Mahatama Gandhi Jayanti & Non	Tribute by Houses

			Violence Day Lal Bahadur Jayanti	
2.	4 th Oct,2023	Wednesday	World Animal Welfare Day	Awareness
3.	8 th Oct,2023	Sunday	Indian Air Force Day	Awareness
4.	10 th Oct, 2023	Tuesday	World Mental Health Day	Awareness
5.	11 th Oct,2023	Wednesday	International Girl Child Day Prakash Purab of Shri Guru Ram Dass Ji	Awareness +Speech
6.	15 th Oct,2023	Sunday	World Students Day	Awareness
7.	16 th Oct, 2023	Monday	World Food day &Janam Diwas of Banda Singh Bahadur ji	Awareness
8.	24 th Oct, 2023	Tuesday	Dussehra + United Nations Day	Awareness + Celebration by running house
9.	28 th Oct, 2023	Saturday	Maharishi Valmiki Jayanti	Speech
10.	31 st Oct, 2023	Tuesday	National Unity Day	Awareness

NOVEMBER

<u>Sr.No</u>	<u>Date</u>	<u>Day</u>	<u>Celebration</u>
1.	1 st Nov,2023	Wednesday	Punjab Diwas Karwa Chauth
2.	12 th Nov, 2023	Sunday	Diwali
3.	13 th Nov, 2023	Monday	Govardhan Pooja
4.	14 th Nov, 2023	Tuesday	Children Day
5.	15 th Nov, 2023	Wednesday	Bhai Dooj
6.	19 th Nov, 2023	Sunday	Chath Pooja
7.	24 th Nov, 2023	Friday	Martydom Day of Shri Guru Tegh Bahadur Ji

8.	27 th Nov, 2023	Monday	Guru Nanak Dev Ji Jayanti	Celebration by Punjabi Department
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DECEMBER

<u>Sr.No</u>	<u>Date</u>	<u>Day</u>		<u>Celebration</u>
1.	1 st Dec,2023	Friday	World AIDS Day	Awareness
2.	2 nd Dec,2023	Saturday	World Computer Literacy Day National Pollution Control Day	Speech + Awareness
3.	4 th Dec,2023	Monday	Indian Navy Day	Awareness
4.	7 th Dec,2023	Thursday	Indian Armed Forces Flag Day	Awareness
5.	9 th Dec,2023	Saturday	International Anti-Corruption Day	Awareness
6.	10 th Dec,2023	Sunday	Human Rights Day	Awareness
7.	22 nd Dec,2023	Friday	National Mathematics Day	Celebration by Maths Department
8.	23 rd Dec,2023	Saturday	Swami Shradhanand Balidan Diwas	Tribute By Running House
9.	24 th Dec,2023	Sunday	National Consumer Day	Awareness
10.	25 th Dec,2023	Monday	Christmas Day	Celebration by Pre-Primary
11.	26 th to 28 th Dec,2023	Tuesday, Wednesday, Thursday	ShaheediJorMela	Tribute by Running House

JANUARY

<u>Sr.No</u>	<u>Date</u>	<u>Day</u>		<u>Celebration</u>
1.	1 st Jan,2024	Monday	New Year	(Hawan Yajna)
2.	12 th Jan,2024	Friday	National Youth Day	Awareness
3.	14 th Jan,2024	Sunday	Lohri	(Celebration by Senior Block + Running House)
4.	15 th Jan,2024	Monday	Makar Sankranti / Pongal	Speech

5.	23 rd Jan,2024	Tuesday	Netaji Subhash Chandra Bose Birth Anniversary	Awareness
6.	25 th Jan,2024	Thursday	National Voters Day Indian Tourism Day	Awareness
7.	26 th Jan,2024	Friday	Republic Day	Celebration by Running House
8.	30 th Jan,2024	Tuesday	Mahatama Gandhi Martyrdom Day	Tribute by Running House

FEBRUARY

<u>S.No</u>	<u>Date</u>	<u>Day</u>	<u>Celebration</u>	
1.	4 th Feb,2024	Sunday	World Cancer Day	Awareness
2.	20 th Feb,2024	Tuesday	World Day of Social Justice	Awareness
3.	21 st Feb,2024	Wednesday	Matri Bhasha Divas	Celebration By Punjabi Department
4.	22 st Feb,2024	Thursday	World Peace & Understanding Day	Awareness
5.	24 th Feb,2024	Saturday	Guru Ravidas Jayanti	Speech
6.	28 th Feb,2024	Wednesday	National Science Day	Celebration By Science Department

MARCH

<u>Sr.No</u>	<u>Date</u>	<u>Day</u>	<u>Celebration</u>	
1.	3 rd March,2024	Sunday	World Wildlife Day	Awareness
2.	4 th March,2024	Monday	National Safety Day	Awareness
3.	5 th March,2024	Tuesday	Maharishi Dayanand Saraswati Jayanti	Celebration by running House
4.	8 th March,2024	Friday	Maha Shivratri/	Celebration By Running House
5.	8 th March,2024	Friday	International World Women's Day	Celebration By Running House
6.	15 th March,2024	Friday	World Consumer Rights Day	Awareness
7.	22 th March,2024	Friday	World Water Day	Awareness
8.	29 th March,2024	Friday	Good Friday	Awareness



DAV PUBLIC SCHOOL SAMANA
(SENIOR SECONDARY)
CBSE AFFILIATED-1630571



NEAR CHAK AMRITSARIA PATRAN ROAD, SAMANA - 147101, DIST. PATIALA (PB)

List of Activities under Ek Bharat Shreshtha Bharat

Sr.No	Description of Activity	Month/Day/ Location	Learning Outcome
1	Exposure of students to the alphabets, songs, proverbs and 100 sentences in the languages of the partnering State/UT.	Academic Year/ Every Week / school premises	It will develop the linguistic capacity of the students.
2	Essay Competition among students in the language of the partnering State/UT	Academic Year	It will develop multi-linguistic skills in students.
3	Drama/Role Play on culture, history, the tradition of partnering State/UT.	Academic Year/school premises	The students will be able to learn the culture of the partnering State/UT.
4	Identification/translation and dissemination of similar proverbs in the language of partnering State/UT.	Academic Year	The students will be able to learn the language and culture of the Partnering state/UT.
5	"Themed Display Board/Wall magazine" on the partnering state. (Historical Monuments, Dressing Style, painting, handicrafts, alphabet and basic sentences of the partnering State/UTs).	Round the Year/ school premises	The pictorial representation will help them in learning and Understanding about partnering States/UTs.
6	Pledge on Swachhta/ Single-use plastic/ water saving/ National Unity in the language of partnering states/UTs	At least two times every month/ Schools' premises during morning assembly.	The students will have exposure to partnering state language.Enhance social responsibility among students.
7	"Questions/ Answer session" (Quiz) on partnering States/UTs. (Know Your Partner States/UTs)	Once in a month/ Morning Assembly.	It will help students to remember the important facts about partnering States/UTs.
8	"State Day Celebration" of partner State/UT	On State Day/ School Premises	It will develop a sense of unity among the students of both the States/UTs.



ओ३म्
DAV PUBLIC SCHOOL SAMANA
(SENIOR SECONDARY)
CBSE AFFILIATED-1630571



House Information

2023-24

House	Color	Motto	Tagline	Logo
Virtue	Red	Modesty	Self-Respect is the corner stone of all Virtues.	
Harmony	Green	Courage to Care	Caring is the gift of making the ordinary to Extraordinary.	
Charity	Blue	Sympathy	Charity makes dreams come true.	
Gratitude	Yellow	Thankful & Grateful	Gratitude Unlocks the fullness of life	

DO's AND DON'Ts

Do's

1. Give due regards to your elders.
2. Prepare yourself well to perform well.
3. Converse in English in School Campus.
4. Come to school well groomed, in proper Uniform.
5. Bring the student's diary to school daily.
6. Be regular in attendance and never be late to school. Attend morning assembly without fail.
7. Keep your classroom and school premises clean and tidy.
8. Turn off the taps after use.
9. Switch off fans and lights when not in use.
10. Be fair and honest at work. Always be considerate of the rights of others.
11. Make use of the Library.

Don'ts

1. Do not bring precious articles inschool.
2. Do not damage the school property.
3. Do not make noise in the classroom, corridors, auditorium or elsewhere in the school campus.
4. Do not bring gadgets such as mobile phones, I Pads, MP3's etc.
5. Do not be absent from school. 75% attendance is the minimum requirement.
6. Do not use abusive language.
7. Do not pluck flowers. Never touch electric plugs.
8. Do not wear expensive jewellery to school.
9. Don't involve in physical fights.
10. Do not come in personal vehicles to school.

CODE OF CONDUCT

- ❖ Converse in English in school campus.
- ❖ Come to school regularly. In case you want to avail leave, kindly get it sanctioned from class teacher.
- ❖ Ensure proper order and discipline while moving to the playground / assembly / library or any lab.
- ❖ Library books must be handled with extra care and must be returned in time.
- ❖ Shouting / Fighting or Indulging in unruly behavior in the school premises is forbidden.
- ❖ Kindly contribute to make your school clean DAV, Green DAV.
- ❖ Proper decorum should be maintained while singing National Anthem / DAV Anthem and School Prayers as a mark of patriotism.
- ❖ Students should not carry any sharp objects like blade, knife, paper cutter etc. as they can prove to be harmful.
- ❖ Possession of crackers / bursting crackers / playing with colours in the school is strictly prohibited.

Any student found with expensive jewellery, mobile phone, CD's, any other objectionable article will be subjected to fine and confiscation of the above mentioned articles.

TEN PRINCIPLES OF THE ARYA SAMAJ

1. God is the primary source of all true knowledge and of all that can be known through it.
2. God is Existent, Intelligent and Blissful. He is Formless, Almighty, Just Merciful, Unborn, Infinite, Unchallengeable, Beginning less, Incomparable the support and Lord of all, Omniscient, Imperishable, Immortal, Fearless, Eternal, Holy and the Maker of the Universe. To him alone worship is due.
3. The Vedas are scriptures of true knowledge. It is the duty of all Aryas to read them, hear them being read and recite them to others.
4. We should always be ready to accept the truth and give up untruth.
5. All actions should be performed in conformity with Dharma, that is, after due consideration of right and wrong.
6. The primary aim of the Arya Samaj is too good for all, that is, to promote their physical, spiritual and social well-being.
7. We should treat all people with love, fairness and due regards for their merit.
8. One should aim at dispelling ignorance and promoting knowledge.
9. One should not only be content with one's own welfare but should look for it in the welfare of other also.
10. One should regard oneself under restriction to follow altruistic rulings of the society, while all should be free in following the rules of individual welfare

आर्य समाज के नियम

1. सब सत्य वद्या और जो पदार्थ वद्या से जाने जाते हैं, उन सब का आदि मूल परमेश्वर है।
2. ईश्वर सच्चिदानंद स्वरूप, निराकार, सर्वशक्तिमान, न्यायकारी, दयालु, सर्वेश्वर, सर्वव्यापक, सर्वांतर्यामी, अजर, अमर, अभय, नित्य, प वत्र और सृष्टिकर्ता है उसी की उपासना करने योग्य है।
3. वेद सब सत्य वद्याओं की पुस्तक है। वेद का पढ़ना-पढ़ाना और सुनना-सुनाना सब आर्यों का परम धर्म है।
4. सत्य के ग्रहण करने और असत्य के छोड़ने में सर्वदा उद्यत रहना चाहिए।
5. सब काम धर्मानुसार अर्थात् सत्य और असत्य का वचार करके करना चाहिए।
6. संसार का उपकार करना इस समाज का मुख्य उद्देश्य है अर्थात् शारीरिक, आत्मिक और सामाजिक उन्नति करना।
7. सबसे प्रीतिपूर्वक धर्मानुसार यथायोग्य वर्तना चाहिए।
8. अ वद्या का नाश और वद्या की वृद्ध करनी चाहिए।
9. प्रत्येक को अपनी ही उन्नति से संतुष्ट न रहना चाहिए, कंतु सबकी उन्नति में अपनी उन्नति समझनी चाहिए।
10. सब मनुष्यों को सामाजिक सर्वहितकारी नियम पालने में परतंत्र रहना चाहिए और प्रत्येक हितकारी नियम में सब स्वतंत्र रहें।