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## DAV PUBLIC SCHOOL, SAMANA



### (Senior Secondary)

CBSE Affiliated (1630571)

#### Under : DAV College Managing Committee, New Delhi

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## STUDY PLAN(2022-23)

Class: 8 <sup>th</sup>	
Name	_
Section	
Roll No.	

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## Principal Message

"Education is a shared commitment between dedicated teachers, motivated students and enthusiastic parents with high expectations"



Principal Dr. Mohan Lal Sharma Academician, Educationist, Scholar Writer, Social Worker, Awardee

#### **Dear Students**

Today, the role of a school is not only to pursue academic excellence but also to encourage and empower its students to be lifelong learners, critical thinkers, and productive members of an ever-changing global society. More than a decade back DAV SAMANA pledged to transform education. The school that is being run under the able stewardship of Honorable President **Dr. Punam Suri Ji** has earned its own position not only in Samana but also in its surrounding areas. At DAV, we provide an atmosphere to our students for multifaceted development, where children get such a platform which helps them to channelize their potential in the pursuit of excellence. This can only be possible in a holistic, student-centric environment.

The school is striving hard to make the best possible efforts to inculcate strong Vedic roots combining with academics and extra-curricular activities in the children. Transforming every individual into a self-reliant and independent citizen, the school provides an amalgam of scholastic and co-scholastic activities with International exposure. In our curriculum, the student is the primary focus and each child is involved in the learning process.

A new ray hope has been generated by the introduction of – NEP 2020, a pristine document on education wherein emphasis is laid on technology. From the academic year 2022-23, the government will implement the first phase of NEP 2020. The new norms we have adapted to, the resilience we have developed will play a crucial role in applying the New Education Policy in a better way.

The parents are the most strengthening power in moulding the future of children. Their consistent support empowers us to do more and more. I pay my gratitude to them for their faith in us.

I am confident enough that the DAVIANS will make themselves stronger day by day, adding a new leaf to the grandeur of the school.

#### Blessings!!!

Principal Dr. Mohan Lal Sharma

#### STUDY PLAN - AN IMPORTANT TOOL

Study plan is a technique that enables you to make the most efficient use of your time, resources and academic potentials. As we journey together, you may face many challenges and to enable you to overcome the obstacles, we offer you this wonderful tool-Study Plan to make you familiar with the values and Academic Syllabi of the school. This will increase your awareness of how you study and you will become more confident. Make this planner a part of your schedule for getting success this year.

#### **GREEN RULES**

- ❖ Be kind, polite, helpful and aware of others' feelings.
- ❖ Try your best, work hard and learn from your own mistakes.
- \* Respect your educators.
- **❖** Make yourself presentable.
- \* Take responsibility of your education.
- ❖ Be organized.
- ❖ Don't be a distraction.
- ❖ Do the task with dedication.
- ❖ Stick to your goals.

#### **GENERAL INSTRUCTIONS (FOR PARENTS)**

- ❖ Parents are requested to co-operate with the school in its attempt to help towards their children's progress by paying attention to their regularity, punctuality and discipline.
- ❖ Constant vigilance on the part of the parents pays rich dividends. We earnestly recommend that parents should take interest in the daily activities of the children both inside and outside the school and check the diary daily for any notes from the teacher. Kindly attend all Parent-Teacher Meetings in the interest of your wards.
- ❖ If you have any suggestions regarding your ward's study, you are welcome to contact the Principal/Class Co-ordinator/Class Teacher/Subject Teacher during Parent-Teacher Meeting or with prior appointment with Principal/Class Co-ordinator between (9:00 a.m. to 10:00 a.m.).
- ❖ Parents are requested not to enter the class room either to see their wards or to seek interviews with the teachers during class hours. No half day/short leave will be given to the student.
- ❖ Unauthorized absence for 6 consecutive days renders the student liable to have his/her name struck off the rolls. Sick children should not be sent to the school for a test or an examination. Medical certificate must be sent along with an application on the same or next day positively. Student will be fined Rs.10 per day, if the child remains absent for the consecutive two days.
- Children when suffering from infectious disease should not be sent to school to attend classes. The student is required to produce a fitness certificate from a Medical Practitioner / Doctor on joining.
- Any change of Residential / Official Address / Telephone Number should be notified to the class teacher and school office immediately.

- ❖ Ensure that the child maintains personal hygiene. He/She has nutritious breakfast and diet and avoids eatables from roadside vendors.
- Students are not allowed to carry / use "Mobile Phones" within the school premises.
- ❖ As the medium of instruction in the school is English. So, children should be helped to follow their work easily and intelligently by a certain amount of regular conversation in English at home.
- ❖ As soon as the diary is issued, the parents should fill in all the required data and sign in the spaces provided.
- ❖ Parents should sign their ward's school diary daily to check the
  - a) completion of Assignment
  - b) Wearing proper uniform, or any other instruction and circulars given should be acknowledged by signing the diary at the respective spaces provided.
- ❖ Legitimate complaints should be brought to the knowledge of the Principal without delay.
- ❖ Please ensure that the child is sent neatly dressed. Nails should be trimmed regularly. Expensive jewellery and watches, nail polish and make up is not permitted.
- ❖ Encourage the children to participate in all curricular and co-curricular activities. This is very necessary for gaining self-confidence and self-satisfaction.

#### MODE OF EXAMINATION

- 1. The Annual examination will be held in the month of February / March.
- 2. Grading System is in the paper of Naitik Shiksha, Performing Art & Health & Physical Education.
- 3. A student must pass separately in both (Written+ Practical) exams.
- 4. Duration of each paper will be of three hours.



#### TEACHER SHOULD KEEP IN MIND

- 1. Use a variety of tools (Oral, Projects, Presentation).
- 2. Understand different learning styles and abilities.
- 3. Develop child's individual's skills, interests, attitudes and motivation.
- 4. Monitor the changes taking place in a child's learning, behavior and progress over time.
- 5. Share the Assessment Criteria with the students.
- 6. Allow peer and self-assessment.
- 7. Give an opportunity to the students to improve.
- 8. Use an "Indoor Voice" while speaking in the class.

#### **Value Education Topic for Senior**

#### **APRIL**

#### **SELF DISCIPLINE & CO-OPERATION**

- Being responsible
- Managing Emotions
- Being helpful to new students
- Cleanliness of body and mind
- Healthy and constructive thoughts

#### **MAY**

#### **DIGNITY OF LABOUR & OPTIMISIM**

- Respecting all jobs/positions equally
- Keeping your surroundings clean
- Looking at negative things in a positive manner

#### **JUNE**

#### **SELF REALIZATION & MEDITATION**

- Purity of mind and soul
- Spending valuable time with parents
- Awareness about duties
- Creative & Innovative approach

#### **JULY**

#### **ENVIRONMENT SENSTIVITY**

- Go Green
- Each one, Plant one
- Use of water, Electricity etc.
- Proper utilization of paper

#### **AUGUST**

#### SECULARISM & NATIONAL INTEGRATION

- Acknowledging the hard-earned independence
- Showing respect towards all religions
- Taking pride in being an Indian
- Abiding by the laws for maintaining National Integrity

#### **SEPTEMBER**

#### **EFFICIENCY & EFFECTIVENESS**

- Continuous Efforts with Patience & Endurance
- Believing in yourself
- Having "I CAN Win" attitude
- Do not pluck flowers

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#### **OCTOBER**

#### **COMPASSION & CHARITY**

- Love for humanity
- Well mannered in words & actions
- Helping the needy

#### **NOVEMBER**

#### **FAITH & DEVOTION**

- Trust
- Hope
- Calmness

#### **DECEMBER**

#### **INSPIRATION & RESPONSIVENESS**

- Self Trust
- Motivation for Simple living and high thinking

#### **JANUARY**

#### **CLEANLINESS/ CLEAN DAV GREEN DAV**

- Personal hygiene
- Cleanliness of surrounding
- How to keep your classroom tidy

#### **FEBRUARY**

#### TIME MANAGEMENT & COMMITMENT

- Practicing effective study techniques
- Being organized

#### **MARCH**

#### STRIVING FOR EXCELLENCE

- Be diligent in your performance
- To do things in the best possible manner
- Being enthusiastic

#### **SUBJECT - ENGLISH**

Books : Publication:

1. English Literature 1. DAV Publications

2. English Practice Book2. DAV Publications

3. English Reader 3. DAV Publications

"AN ENGLISH LANGUAGE IS A VISION OF LIFE."

"WRITE TO BE UNDERSTOOD, SPEAK TO BE HEARD, READ TO GROW."

#### **IMPORTANCE OF ENGLISH**

#### ENGLISH "THE GLOBAL LANGUAGE"

The study of English in this age of globalization is essential for all. It holds an important place in our life. From the pragmatic point of view, it should receive a great boost. English serves as a window to the world. The legacy of English Language has left an indelible imprint on the Indian Psyche. Hence, we cannot deal with English just as a foreign language. The entire spectrum of education and philosophy, Science and Technology has been benefited through the introduction of English language. In a multilingual state of ours, English may wonderfully serve as an effective auxiliary language. This language enjoys the most prestigious reputation in the world. It has a special identity in the field of education.

#### **AIMS & OBJECTIVES:**

To enable the students -

- 1. To communicate effectively and appropriately in real life situations.
- 2. To read silently at varying speeds depending on the purpose of reading.
- 3. To express ideas in clear and grammatically correct English, using appropriate punctuation and cohesion devices.
- 4. To use an appropriate style and format to write letters (formal and informal), biographical sketches, dialogues, speeches, reports, articles, e-mails and diary entries.
- 5. To adopt different strategies according to the purpose of listening (e.g. for pleasure, general interest and specific information).
- 6. To speak intelligibly using appropriate word stress, sentence stress and intonation patterns.
- 7. To take active part in group discussions, showing ability to express agreement or disagreement, summarize ideas, elicit the views of others and to present own ideas.
- 8. To frame questions so as to elicit the desired response, and respond appropriately to questions.

#### **Instructions for the Teachers:**

- 1. It is necessary that teacher's voice should be audible and clear.
- 2. Instructions should be given in English Language.
- 3. Teacher will make it sure that all the students must carry their study material like Textbooks, Notebooks etc
- 4. From Reader books, more emphasis will be given on writing skills.

#### **Instructions for the Students:**

- 1. Students will converse in English Language.
- 2. Students will not speak in Hindi or Punjabi Language
- 3. Students will follow all the instructions of the teacher.
- 4. Students must maintain one test notebook for each term.

#### NOTE:-

Notebooks of Term – 1 and Term – 2 must be kept carefully for Assessment and Revision for Annual Examination.

## (APRIL TO SEPTEMBER)

#### **APRIL**

Book Name	Chapter No./ Name of Chapter	No. of Period s	Subject Enrichment / Art Integration Activities + Tools & Techniques	Teaching Aids
English Literature	Chapter – 1 Three Questions + Notice Writing	4	Art Integration Activity - Announcement of Three Questions (Dramatization)	Text book
English Literature	Chapter – 2 Granny's Tree Climbing	2	Recitation & Discussion Method	Text book
English Reader	Unit -1 Changing Times + E- Mail Writing	3		Textbook, E-smart board
English Practice	Chapter -1 Tenses	4	Inductive – Deductive Method	Textbook, E-smart board
English Practice	Chapter – 3 Modals	2	Worksheet	Textbook, E-smart board

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MAY				
English Practice	Chapter – 4 Subject Verb Agreement	2	Inductive – Deductive Method	Text book, E-Smart Board

English Literature	Chapter – 3 The Fun They Had	4	Subject Enrichment Activity - Declamation on Importance of Technology in Education	Text book
English Literature	Chapter – 4 Father's Help + Diary Entry	5	Self Reading & Explanation Method	Textbook
English Literature	Chapter – 5 My Mother	2	Art Integration Activity - Card Making	Text book
English Literature	Chapter – 7 The Children's Song	3	Recitation & Discussion Method	Text book
English Reader	Unit -2 Compassionate Souls + Speech Writing	3		Text book
English Practice	Chapter - 2 Narration	4	Inductive – Deductive Method	Text book, E-Smart Board
Integrated Grammer	Adjectives	1	Inductive – Deductive Method	E-Smart Board

## JUNE - SUMMER VACATION JULY

Book Name	Chapter No./ Name of Chapter	No. of Periods	Subject Enrichment / Art Integration Activities + Tools & Techniques	Teaching Aids
English Literature	Chapter – 6 The Luncheon	5	Ek Bharat - Shreshth Bharart - Prepare any dish Culinary Art of Punjab & Andhra Pradesh	Text book,

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English Reader	Unit -3 Enterprise + Letter Writing	3	Self Reading & Explanation Method	Text book,
English Practice	Chapter – 9 Punctuation	4	Art Integration : Role Play with Flash Cards	Text book, E-Smart Board
Integrated Grammer	Adverb	1	Inductive - Deductive Method	E-Smart Board

## AUGUST

Book Name	Chapter No./ Name of Chapter	No. of Periods	Subject Enrichment / Art Integration Activities + Tools & Techniques	Teaching Aids
English Literature	Chapter - 8 The Case Of The Sharp Eyed Jeweller	5	Inductive Deductive Method	Text book
English Reader	Unit -4 Nature + Bio-Sketch Writing	3	Self Reading & Explanation Method	E-Smart Board and Textbook
English Practice	Chapter – 5 Clauses and Complex Sentences	3	Inductive- Deductive Method	E-Smart Board and Textbook

## SEPTEMBER - REVISION FOR HALF YEARLY EXAMINATION. (OCTOBER TO MARCH)

### **OCTOBER**

Book Name	Chapter No./ Name of Chapter	No. of Periods	Subject Enrichment / Art Integration Activities + Tools & Techniques	Teaching Aids
English Literature	Chapter - 9 Couplets	2	Inductive Deductive Method	Text book
English Literature	Chapter – 10 The Undeserved Reward	4	Self Reading & Explanation Method	Text book
English Literature	Chapter – 11 Bangle Sellers	3	Art Integration Activity - Story Telling Competition	Text book

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	Integrated Grammer	Determiners	1	Inductive - Deductive Method	E-Smart Method
	English Practice	Chapter – 6 Linkers	3	Inductive-Deductive Method	E-Smart Board and Textbook
	English Practice	Chapter – 7 Active Passive	4	Direct- Indirect Method	E-Smart Board and Textbook
	English Reader	Unit -5 Sports + Message Writing	4	Creative Writing – Article Writing on Importance of Sports	E-Smart Board and Textbook

## NOVEMBER

Book Name	Chapter No./ Name of Chapter	No. of Periods	Subject Enrichment / Art Integration Activities + Tools & Techniques	Teaching Aids
Integrated Grammer	Prepositions	1	Inductive - Deductive Method	E-Smart Method
English Practice	Chapter - 8 Non - Finites	3	Inductive- Deductive Method	E-Smart Board and Textbook
English Reader	UNIT- 6 Tolerance	4	Subject Enrichment Activity - Radio Show on Tolerance - The Need of the Hour	Text book
English Practice	Chapter – 11 Getting Ready Class for IX	5	Classroom Discussion	Text book and E-Smart Board
English Literature	Chapter – 12 A Bad Dream	5	Art Integration Activity - Role Play/Skit	Text book
English Practice	Chapter 10 Reading for understanding + Listening Skills	2	Self Reading Listening Skill	Text book Worksheet

DECEMBER TO FEBRUARY/ MARCH –
REVISION OF ANNUAL EXAMINATION +
ANNUAL EXAMINATION

Internal Assessment Criteria	20 (Marks)
Periodic Test/Assessment	5 Marks
Multiple Assessment	5 Marks
Portfolio	5 Marks
Subject Enrichment Activity	5 Marks

## हिंदी

पुस्तक : ज्ञान सागर तथा अभ्यास सागर (डी ए वी प्रकाशन)

"निज भाषा उन्नति अहै , सबे उन्नति को मूल ।

बिन निज भाषा ज्ञान के , मिटत न हिय को सूल ॥"

भारत एक बहुभाषी देश है जिसमें बहुत सी भाषाओं का समावेश है | भाषिक और सांस्कृतिक दृष्टि से भिन्न होने के बावजूद भारतीय परम्परा में बहुत कुछ ऐसा है जो एक दूसरे को जोड़ता है | यही कारण है कि मातृभाषा के रूप में यह भाषा सभी को एकता के सूत्र में पिरोती है | बचपन से हिंदी पढ़ता आ रहा बच्चा नवीं, दसवीं तक हिंदी भाषा में निपुण हो जाता है | वह एक ओर जहाँ हिंदी भाषा से सारे देश से जुड़ेगा वहीं दूसरी ओर अपने क्षेत्र और परिवेश को हिंदी भाषा के माध्यम से जानने की कोशिश भी करेगा क्योंकि किशोरावस्था के इन बच्चों के मानसिक धरातल का विकास विश्व-स्तर तक पहुँच चुका होता है | प्रयास यह होगा कि विद्यार्थी भाषा के लिखित प्रयोग के साथ सहज व स्वाभाविक मौखिक अभिव्यित में भी सक्षम हो सके |

#### हिंदी भाषा पढ़ने / पढ़ाने के मुख्य उद्देश्य:

- 1. भाषा के शुद्ध एवं प्रभावशाली प्रयोग की क्षमता विकसित करना |
- 2. शब्द भंडार की वृद्धि तथा व्याकरण का समुचित ज्ञान।
- 3. दैनिक जीवन में हिंदी समझने बोलने के साथ- साथ लिखने की क्षमता का विकास करना|
- 4. हिंदी के माध्यम से अपने अनुभव को संसार को लिखकर सहज अभिव्यक्ति कर पाने की क्षमता का विकास करना |
- 5. बच्चों में रट्टा प्रवृति को कम कर के सोच समझ कर स्वयं कार्य करने की क्षमता का विकास करना |

- 6. भाषा के चारों कौशलों (सुनना, बोलना, पढ़ना, लिखना व चिंतन) का उत्तरोत्तर विकास करना |
- 7. स्वतंत्र और मौखिक रूप से अपने विचारों की अभिव्यक्ति का विकास करना ।
- 8. अपनी मातृभाषा और परिवेशगत भाषा को साथ रख कर हिंदी की संरचनाओं को समझना |

#### अध्यापकों के लिए सामान्य निर्देश:

- 1. अध्यापक पहले से ही पाठ- योजना तैयार करें |
- 2. कक्षा में कार्य शुरू करवाने से पहले अध्यापक रोजाना बच्चों से अभ्यास पुस्तिका पर 5 से 10 कठिन शब्द लिखवाएगा तथा इस अभ्यास पुस्तिका को आंतरिक मूल्यांकन का भाग माना जाएगा |
- 3. कक्षा में भाषा का उच्चारण शुद्ध एवं प्रभावशाली होना चाहिए |
- 4. जाँच कार्य समय अनुसार और सतर्कता पूर्वक होना चाहिए |
- 5. सभी अध्यापक विद्यार्थियों के पठन कौशल में विशेष ध्यान दें |

#### विद्यार्थियों के लिए सामान्य निर्देश:

- 1. बच्चे पाठ के पठन पर विशेष ध्यान देंगे |
- 2. लिखित कार्य करते समय लिखाई सुंदर एवं स्पष्ट होनी चाहिए |
- 3. शब्दों की बनावट और मात्राओं पर विशेष ध्यान दें।
- 4. विद्यार्थी कक्षा में अनुशासित ढंग से पठन- पाठन प्रक्रिया में भाग लें

#### <u>नोट :</u>

- \* नोटबुक प्रस्तुतिकरण में नियमितता ,कार्यपूर्ति , स्वच्छता और रख-रखाव को जाँचा जाएगा |
- \* विषय सवर्धन गतिविधि में भाषा के वाचन एवं श्रवण कौशल पर बल दिया जाएगा।
- सत्र के अंत में दोनों सत्रों की कॉपियों को दोहराई और आंतरिक मूल्यांकन के लिए संभाल कर
   रखा जाए |
- लिखित परीक्षण की कॉपी पूरे सत्र में एक ही होनी चाहिए |
- \* पाठ 11 सितारों से आगे (जीवनी)
- \* पाठ 14 बहू की विदा (एकांकी)
- \* पाठ 19 जीवन का सच (इन पाठों को आंतरिक मूल्यांकन के लिए परियोजना कार्य या आविधक परीक्षा में सम्मलित किया जायेगा | इन में से (ज्ञान सागर ) प्रशन नहीं पूछे जाएंगे | केवल अभ्यास सागर करवाया जाएगा |

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#### STUDY PLAN

Class- 8th (2022-23)

## (अप्रैल से सितंबर तक)

## अप्रैल

पाठ का नाम और विषय		विषय संवर्धन/कला-एकीकृत	सहायक
	कालांश	गतिविधि	सामग्री
पाठ -1 हम पंछी उन्मुक्त		विषय : पशु पक्षियों के सरंक्षण	पाठ्य पुस्तक
गगन के (कविता )	5	में हमारी क्या भूमिका हे :-	
		चर्चा	
पाठ -2 असल धन (कहानी)	5	लघु कथा लेखन (कला	ई -स्मार्ट
	3	एकीकृत)	
पाठ -3 अच्छे पड़ोसी के गुण		अपने-२ पडोसी की चर्चा	दृश्यात्मक
(कहानी)+पर्यावरण की सुरक्षा	5		प्रस्तुतिकरण
(अनुच्छेद)			उपसर्ग / प्रत्यय

## मई

पाठ-४ दोपहरी (कविता)	5	पठित काव्यांश - विषय संवर्धन	पाठ्य पुस्तक
पाठ -5 आकाश को सात सीढियाँ (केवल पढ़ने के लिए) तथा मेरा प्रिय खेल (अनुच्छेद)	3	विमान और रॉकेट में अंतर स्पष्ट करना   पठित गद्यांश	ई – स्मार्ट
पाठ -६ आश्रम के अतिथि और संस्मरण तथा आदर्श व्यक्ति (अनुच्छेद )	5	साबरमती आश्रम का परिचय देते हुए गाँधी जी के जीवन का परिचय देना- कला एकीकृत	ई -स्मार्ट

STUDÝ PLAN		3×	Class- 8th (2022-23)
पाठ- ७ अन्याय के खिलाफ लड़ाई	4	श्रुतलेख	संबंधित पुस्तकें

# जून -जुलाई

## ग्रीष्मावकाश

पाठ का नाम और विषय		विषय संवर्धन/कला-एकीकृत	सहायक सामग्री
	कालांश	गतिविधि	
पाठ -8 दोहे तथा पर्वतीय	_	दोहा गायन (कला-एकीकृत)	ई -स्मार्ट
यात्रा (अनुच्छेद)	5		
पाठ-९ जब भोलाराम ने पंप		भ्रष्टाचार की समस्या	<b>दृश्या</b> त्मक
लगाया   (कहानी)	5	(पोस्टर बनाना )	प्रस्तुतिकरण
पाठ -10 बातचीत की कला		अपठित गद्यांश	कार्य प्रपत्र
(कहानी)	5	विषय संवर्धन	

## अगस्त

पाठ का नाम और विषय		विषय संवर्धन/कला-एकीकृत	सहायक सामग्री
	कालांश	गतिविधि	
पाठ-11 सितारों से आगे तथा		कल्पना चावला का जीवन	ई -स्मार्ट
विज्ञान के लाभ और हानियाँ	5	परिचय चित्र सहित (कला – एकीकरण)	
(अनुच्छेद)			
पाठ -12 पौधे के पंख (डायरी) तथा हमारे पर्व (अनुच्छेद)	5	श्रुतलेख	पाठ्य पुस्तक

STUDY PLAN		<b>ૐ</b>	Class- 8th (2022-23)
पाठ -16 एक तिनका (कविता)		हमें किसी को छोटा नहीं	पाठ्य पुस्तक
केवल पढ़ने के लिए	5	समझना चाहिए – चर्चा	

सितंबर

अर्द्ध वार्षिक परीक्षा

## अक्तूबर से मार्च तक

## अक्तूबर

पाठ का नाम और विषय	कालांश	विषय संवर्धन/कला-	सहायक सामग्री
		एकीकृत गतिविधि	
पाठ -13 सूर और तुलसी के पद		सूरदास/ तुलसीदास के	दृश्यात्मक
	5	साहित्यिक जीवन पर चर्चा	प्रस्तुतिकरण
		करना	
पाठ -14 बहु की विदा (एकांकी)		बेटा-बेटी की समानता पर	ई -स्मार्ट
तथा सामाजिक कुरीतियाँ	6	संवाद लेखन (विषय	
(अनुच्छेद)		संवर्धन )	
पाठ -15 कामचोर तथा		(कला एकीकृत)	दृश्यात्मक
प्राकृतिक आपदा (अनुच्छेद)	6	कॉमिक बनवाना	प्रस्तुतिकरण

## नवंबर

पाठ का नाम और विषय	कालांश	विषय संवर्धन/कला- एकीकृत गतिविधि	सहायक सामग्री
पाठ -17 सोना	6	किसी मनपसंद पशु / पक्षी का चित्र बना कर उसकी जानकारी देना	संधि(ई-स्मार्ट)

STUDY PLAN	į	3 <sup>5</sup> ⁄2	lass- 8 <sup>th</sup> (2022-23)
		(कला-एकीकृत) चित्र भिन्न-	
		2 प्रकार के मोतियों से	
		बनाना हे	
पाठ-18 निर्माण तथा	4	पठित <b>काव्यांश</b>	कार्य प्रपत्र
काश ! मैं वृक्ष होता (अनुच्छेद)	-		

## दिसंबर

पाठ का नाम और विषय	कालांश	विषय संवर्धन/कला-	सहायक सामग्री
		एकीकृत	
		गतिविधि	
पाठ -19 जीवन का सच		हेलेन केलर के जीवन से	दृश्यात्मक
	5	संबंधित जानकारी दें ।	प्रस्तुतिकरण
		(परियोजना कार्य)	
पाठ -20 ईर्ष्या:तू न गई मन से		सकारात्मक सोच का	पाठ्य पुस्तक
तथा सूचना लेखन	6	महत्त्व (लेखन)	

जनवरी / फरवरी / मार्च - किये गये पाठ्यक्रम की दोहराई + वार्षिक परीक्षा

## आंतरिक मुल्यांकन -20

विषय सवर्धन गतिविधि	-5
पोर्टफोलियो	-5
आवधिक /लिखित परीक्षा	-5
बहुविध मूल्यांकन	-5

#### **MATHEMATICS**

**Book:** Secondary Mathematics- VIII **Publication:** DAV Publication

**MATHEMATICS** is an important component of school education. **MATHEMATICS** is something that the man has himself created to meet the various demands of time. Right from morning till night, single moment of the day is being controlled by **MATHEMATICS**. LIFE would be impossible without it. Mathematics is the science of all sciences and art of all arts.

#### **AIMS AND OBJECTIVES:**

- To enable the students to discipline their minds properly.
- To help the child to know about the relationship of different topics in MATHEMATICS.
- To develop the technique of PROBLEM SOLVING.
- To develop the interest of the students to know more about the nature of MATHEMATICS.
- To develop the power of **LOGICAL THINKING**.
- To develop the **SELF CONFIDENCE** of the child.

#### **INSTRUCTIONS FOR TEACHERS:**

- LESSON PLAN must be prepared well in time.
- CLASS ENTRANCE should be with full confidence and positivity.
- CONTENT DELIVERY must be effective and long lasting.
- COMMANDS OF TEACHER must be equipped with GOOD VOCABULARY.
- FAIR NOTE BOOK must reflect efficiency of the concerned teacher.
- **TEST** will be there at the end of every chapter.

#### **INSTRUCTIONS FOR STUDENTS:**

- Students will do **MATHEMATICS PRACTICE** daily with a fixed schedule at home.
- BOOK, NOTE BOOK must be carried by students daily in school.
- Students must have a self responsibility to get their note books checked in time.
- Students must be **ATTENTIVE** in class.
- Tests must be **WELL PREPARED**.

#### NOTE:

- ❖ Book and Fair Note Book
- It must be well maintained and kept safely through out the year for evaluation

- Tally work must be done at the end of every chapter
- Parents signatures must be there immediately after teacher's checking
- Correction work must be done immediately (if remarked by the teacher)

#### (APRIL TO SEPTEMBER)

#### **APRIL**

Chapter No./ Name of Chapter		Subject Enrichment Activities/Art	Teaching Aids
•		Integration Activity	
Chapter - 1			Recitation of
Squares and Square			squares of first 25
Roots	14		natural numbers +
			in Written in Fair
			Note Book.

#### **MAY**

Chapter-2 Cubes and Cube Roots	8	To make a clock using concept of square & square roots((As per DAVCAE Recreational Activity)	E-Smart Contents
Chapter – 3 Exponents and Radicals	8	•	E-Smart Showing Properties
Chapter-4			Various examples
Direct and inverse Variation	10		showing this variation
Chapter-5 (Profit, Loss & Discount)	10		E-Smart Contents

### JUNE SUMMER VACATION

(<u>Project no 1</u>:- Create a life history of any Indian mathematician & his / her contribution in the field of Mathematics (PPT) and <u>Lab Manual Activities.</u>

Class- 8th (2022-23)

#### STUDY PLAN

## **JULY**

Chapter No./ Name of Chapter	No. of Periods	Subject Enrichment Activities/Art	Teaching Aids
1		Integration Activity	
Chapter - 7		To verify (a+b) <sup>2</sup>	
Algebraic Identities	12	$=a^2+2ab+b^2$ by paper	<b>Board Practice</b>
		cutting &Pasting	
Chapter - 8			
Polynomials	10		E-Smart Contents

### **AUGUST**

Chapter No./ Name of Chapter	No. of Periods	Subject Enrichment Activities/Art	Teaching Aids
		Integration Activity	
Chapter - 9			Solving of
Linear Equations	12		Equation
in One Variable			_
Chapter-10		<b>Activities Based on the</b>	Various examples
Parallel Lines		properties of angles	showing parallel
	10	made by a transversal	lines +
		with two parallel Lines	E-Smart Contents
Chapter - 16		Shapes of rectangle and	Model Showing
Rotational	4	equilateral triangle to	order, angles,
Symmetry		show angle of rotation	centre of
, ,			rotation

## **SEPTEMBER -** REVISION FOR HALF YEARLY EXAMINATION.

## (OCTOBER TO MARCH)

Chapter No./	No. of	Subject Enrichment	Teaching Aids
Name of Chapter	Periods	Activities/Art	
		Integration Activity	
Chapter – 12 Construction of		To verify that sum of 4 angles of quadrilateral is	Geometric Tools + E-Smart Tools
Quadrilaterals	10	360	E-Siliart 1001S
Chapter – 13 Introduction to Graphs	06	Joining of various coordinates	E-Smart Contents

STUDY PLAN		3×	Class- 8th (2022-23)
Chapter-15		Data Collection for	
Statistics and	14	histogram of students who	E-Smart Contents
Probability		spent daily hours in	
·		watching T.V.	
		(As per DAVCAE Course of	
		Study)	

#### **NOVEMBER**

Competency Based Activity: Aryabhata Ganit Challenge

Chapter No./ Name of Chapter		Subject Enrichment Activities/Art	Teaching Aids
- tunio di Cinip toi		Integration Activity	
Chapter-14 Mensuration	16	3D Models of Prisms & Pyramid using nets.	Real objects showing 3D shapes
Chapter-11 Understanding of Quadrilaterals	14	Frayer's Model	Tabular worksheet of different Quadrilaterals

#### DECEMBER

Chapter No./ Name of Chapter		Subject Enrichment Activities/Art Integration Activity	Teaching Aids
Chapter - 6		Worksheet showing	Explanation Telling
Compound	12	comparison of interest	differences between
Interest		with Annually, Semi-	S.I. and C.I.
		Annually	
		and Quarterly. (As per	
		DAVCAE Course of Study)	

### DECEMBER TO FEBRUARY/MARCH

Art Integration Activity – To make a Cylinderical pen stand & find it's total surface Area

REVISION OF WHOLE SYLLABUS + ANNUAL EXAMINATION

Internal Assessment Criteria	20 (Marks)
Periodic Test/Assessment	5 Marks
Multiple Assessment	5 Marks
Portfolio	5 Marks
Subject Enrichment Activity	5 Marks

#### **SCIENCE**

BOOK: The Living World Publication: DAV Publication

Reference Book : Science & Technology Publication : Rachna Sagar

**Practical Manual: SP Publication** 

Knowledge increases by diffusion and grows by dispersion.

#### **AIMS & OBJECTIVES:**

STUDY PLAN

1. To develop scientific attitude among students.

- 2. To develop observational skills, experimental skills and application skills within the students.
- 3. To create awareness and concern for a healthy environment and preservation of ecosystem.
- 4. To develop understanding of scientific concepts, principles and laws among the students.
- 5. To develop the habits of observation and exploration.
- 6. To inculcate the habit of healthy living.

#### **INSTRUCTIONS FOR TEACHERS:**

- 1. Content of each chapter should be well prepared in advance.
- 2. Maintain proper record of class tests as well as periodic tests.
- 3. Check the homework notebook on regular basis.
- 4. Observe each and every child minutely.
- 5. It is mandatory to discuss value based and HOTS questions of every chapter.
- 6. The voice of teacher should be audible to the students.
- 7. Teacher should co-relate the delivered content with daily life activities.

#### **INSTRUCTION FOR THE STUDENTS:**

- 1. Students should be attentive during teaching learning process.
- 2. Be a keen observer during experimentation.
- 3. Students should be handy with their books and notebooks according to their time table.
- 4. Students should maintain their practical file side-by-side.
- 5. Students should maintain proper discipline during lab visit.
- 6. Students should revise the content in the class side-by-side.

#### **NOTE:**

- 1. Written test conduction is must after completion of every chapter.
- 2. Notebooks of both terms, textbooks, practical file must be kept carefully for assessment and revision for annual examination.
- 3. \*Marked chapter will not be included in the annual examination. However, they will be a part of the internal assessment (Periodic Test)

## (APRIL TO SEPTEMBER)

### **APRIL**

Chapter No. and	No. of	Subject Enrichment Activity	Teaching Aids
Name	periods		
Lesson-6	5	Flow Chart on Source of Energy	E-Smart
Sources of			
energy			
Lesson-7	5	(a) To show oxygen is supporter	E-Smart
Combustion		of combustion	Ref. Subject
		(b) To show wax vapours in the	Enrichment
		inner most zone of candle	Activity manual
		(c) To show unburnt particles	
		in flame	
Lesson-18*	5	General Discussion on	E- Smart
Earthquake		Preventive Measures of	
		Earthquake	
		(Only for Internal Assessment)	

### MAY

Chapter No. and Name	No. of periods	Subject Enrichment Activity	Teaching Aids
Lesson-2 Micro organism friends and foe	8		E-Smart Ref. Subject Enrichment Activity manual
Lesson-4 Force and Pressure	5	(a) To study the variation of pressure exerted by liquid with depth	Lab activity
Lesson-9* Crop Production and Management	6	Only for Internal Assessment (Project on Diff Types of Crop)	E-Smart

## JUNE SUMMER VACATION JULY

Chapter No. and	No. of	<b>Subject Enrichment Activity</b>	Teaching Aids
Name	periods		
Lesson-8*	7	Only for Internal Assessment	E-Smart
Conservation of			
plants and			
animals			

STUDÝ PLAN		3%	Class- 8th (2022-23)
Lesson- 5	8	To show force of friction	Lab Activity, PPT
Friction		increases with increase in a	Ref. Subject
		weight of body	Enrichment Activity
			manual
Lesson-16	7	1. To demonstrate	E-Smart
Electric current		electrolysis of H <sub>2</sub> O	Lab activity
and its chemical		2. To differentiate between	Ref: Subject
effects		good and bad conductor	Enrichment Activity
		from liquid samples.	manual
		MOBILE LAB KIT MAKING	

## Art Integration :-Ek Bharat Shreshtha Bharat[Crop- Production] AUGUST

Chapter No. and	No. of	Subject Enrichment Activity	Teaching Aids
Name	periods		
Lesson-13	7	Discussion on fibres and	Live samples of
Synthetic fibres		plastics	Fibres
and plastics			
Lesson-20*	5	One Slogan on "Reduce Water	E-smart
Pollution of Water		Pollution"	
		Only for Internal Assessment	
Lesson-17*	7	Only for Internal Assessment	E-Smart
Stars and Solar			
System			

## SEPTEMBER - REVISION FOR HALF YEARLY EXAMINATION.

## (OCTOBER TO MARCH)

## **OCTOBER + NOVEMBER**

Chapter No. and	No. of	Subject Enrichment Activity	Teaching Aids
Name	periods		
Lesson-3	6	1. To study the four chemical	E-Smart,
Metals and Non		properties of metals and	Experiments,
Metals		non-metals	Refer lab manual
Lesson-1	7	1. To study the difference	E-Smart, Ref.
Cell		between plant cell and	Subject
		animal cell.	Enrichment
			Activity manual
Lesson-14	6	1. Chart on the life cycle of	E-Smart
Reproduction in		Frog.	
animals		2. To show different modes of	
		asexual reproduction	

STUDY PLAN		3%	Class- 8th (2022-23)
Lesson-15	5	Debate on "Mother is	E-Smart
Reaching the Age		responsible for the sex of child"	
of Adolescence			
Lesson -19	5	Only For Internal Assessment	E-Smart
Pollution in Air			

#### **DECEMBER**

Chapter No. and	No. of	Subject Enrichment Activity	Teaching Aids
Name	periods		
Lesson- 12 - Sound	7	Musical Sound with different	E-smart
		objects.	
		,	
Lesson-10 Refraction	8	Lab Activity: 1. Concave and	E-Smart,
of Light		convex lens image formation	experiments
		2. To observe refraction of	from ref. lab
		light through slab	manual
Lesson-11 Human	6	Video on defects of human	E-Smart
Eye		eye	

## JANUARY / FEBRUARY / MARCH REVISION FOR ANNUAL EXAMINATION + ANNUAL EXAMINATION

Internal Assessment Criteria	20 (Marks)
Periodic Test/Assessment	5 Marks
Multiple Assessment	5 Marks
Portfolio	5 Marks
Subject Enrichment Activity	5 Marks

#### **SOCIAL SCIENCE**

#### BOOK - We And Our WorldPUBLICATION- D.A.V. Publication

"A Subject which not only provides vast knowledge but also enables the human being to adapt himself in social, economic, political and cultural life."

#### **AIMS AND OBJECTIVES:**

- 1. Understand India and make a comparison with other countries in the world.
- 2. Develop respect for the rights of all social divisions that exist in society.
- 3. Get acquainted with revolutionary ideas and new philosophies.
- 4. Accept the need to protect and conserve environment.
- 5. Develop good human values and the spirit of tolerance and appreciate the role of India in today's world.
- 6. Develop respect for the constitution and appreciation of constitutional values.



#### STUDY PLAN

Class- 8th (2022-23)

#### NOTE -

- 1. Value based questions and activities should be done along with chapters.
- 2. All the activities and map skills must be done on note book.
- 3. Notebooks must be kept carefully for assessment and revision for annual examination.
- 4. Test notebooks must be properly maintained for whole term.

#### INSTRUCTION FOR THE TEACHERS:

- 1. It is necessary that teacher's voice should be audible and clear.
- 2. It is mandatory to prepare the teaching content in advance.
- 3. All the instructions should be given in English Language.
- 4. Teacher will make it sure that all the students must carry their study material like Textbooks, Notebooks etc

#### INSTRUCTION FOR THE STUDENTS:

- 1. Students must converse in English Language.
- 2. Students will not speak in Hindi or Punjabi Language.
- 3. Students must follow all the instructions of the teacher.

### (APRIL TO SEPTEMBER)

#### APRIL/MAY

Lesson No. / Topic	No. of	Subject Enrichment Activities/	Teaching Aids/
	Periods	Art Integration	Technology
<b>GEOGRAPHY</b>	5	Prepare a chart on notebook	Text Book,
Lesson-1: Resource-		showing the classification of	E-Smart Board
Utilization and		resources	Content
Development			
<b>HISTORY</b>	3		Text Book
Lesson-8: The			
Modern Period			
CIVICS	6	Beautiful Preamble	E-Smart Board
Lesson-16: Our		Writing/Reading	Content,
Constitution			pictures from
			books

#### **APRIL/MAY**

Lesson No. / Topic		Subject Enrichment Activities / Art Integration	Teaching Aids/
		_	Technology
<u>GEOGRAPHY</u>	6	Map: On outline map of	E-Smart Board
		the world:	Content, chart

STUDY PLAN		3 <sup>5</sup> C	lass- 8 <sup>th</sup> (2022-23)
Lesson-2: Natural		(a) areas of low rainfall	
Resource: Land, Soil and		(b) areas of high rainfall	
Water		Methods to Conserve Soil	
		and Water on	
		Assignment sheet	
<b>HISTORY</b>	5	Internal Assesment using	Time Line
Lesson-9: Establishment of		multiple strategies	Chart
Company Rule in India			
Lesson-10: Colonialism:	5		E-Smart Board
Rural and Tribal Societies			Content
<u>CIVICS</u>	5	Flow Chart of Fundamental	E-Smart Board
Lesson-17: Fundamental		Rights	Content,
Rights, Fundamental			
Duties and Directive			
Principles of State Policy			

## JUNE - SUMMER VACATION

## JULY

Lesson No. / Topic	No. of Periods	Subject Enrichment Activities / Art	Teaching Aids/ Technology
GEOGRAPHY Lesson-3: Natural Resources – Vegetation and Wildlife	5	Integration Map: On the outline map of the world: (a) Tropical evergreen Forest (b) Coniferous Forest (c) Mediterranean (d) Tropical deciduous Forest	E-Smart Content, PPT on Forests
HISTORY Lesson-11: The First War of Independence - 1857	5	<ul> <li>Map: On the outline map of India mark the following:</li> <li>(i) Meerut (ii) Delhi</li> <li>(iii) Gwalior (iv) Kanpur</li> <li>(v) Lucknow</li> <li>(vi) Barrackpur</li> <li>(vii) Jhansi</li> </ul>	Text Book, E-Smart Content, Time Line
Lesson-18: The Union Government- The Legislature	5	Flow chart	Text Book, E-Smart Content

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#### STUDY PLAN

#### Class- 8th (2022-23)

### **AUGUST**

Lesson No. / Topic	No. of	Subject Enrichment	Teaching
	Periods	Activities / Art Integration	Aids/
			Technology
<b>HISTORY</b>	1		E-Smart
Lesson-12: Impact of			Content
British Rule on India			
(For Project Only)			
Lesson-13: Colonialism	5		Books, E-
and Urban Change			Smart Content
(To be assessed in Periodic			
Test only will not be			
evaluated in Final			
examination)			
CIVICS	5	Collect information about	Books, E-
Lesson-19: The Union		President and Prime	Smart Content
Government- The		Minister of India.	
Executives		Write in Notebook	

## SEPTEMBER - REVISION FOR HALF YEARLY EXAMINATION. (OCTOBER TO MARCH)

### **OCTOBER**

Lesson No./Topic	No. of	,	0
	Perious	/ Art Integration	Aids/ Technology
GEOGRAPHY	1		Videos related
Lesson-4: Minerals and			to topics, E-
Energy Resources			Smart Content
(For Project Work Only)			
<b>GEOGRAPHY</b>	6	External Assesment using	E-Smart
Lesson-5: Agriculture		multiple strategies	Content, PPT
Lesson-6: Manufacturing	6		E-Smart
Industries			Content
(To be assessed in			
Periodic Test only will			
not be evaluated in Final			
examination)			
CIVICS	5	Flow Chart	Text Book, E-
Lesson-20: The Union			Smart
Government-The			Content,
Judiciary			

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#### STUDY PLAN

#### Class- 8th (2022-23)

## **NOVEMBER**

Lesson No. / Topic	No. of Periods	Subject Enrichment Activities/ Art	Teaching Aids/ Technology		
		Integration			
GEOGRAPHY	5		E-Smart Content		
Lesson-7: Human					
Resources					
<u>HISTORY</u>	6	Map: Fill on outline of	PPT, E-Smart Board,		
Lesson-14:		India- Bombay -			
The Nationalist Movement (1870 to 1947)		Formation of INC,			
(10/0 to 194/)		Lucknow - Lucknow			
		Pact, Amritsar-			
		Jallianwala Bagh Massacre, Dandi-			
		Dandi March			
		Callcutta - Call For			
		Swaraj Made in			
		Congress			
		Champaran- 1st			
		Pesants movement			
		Chauri Chaura- Non			
		Cooperation called off			
HISTORY	5		Text Book, E-Smart		
Lesson-15: India			Content		
Marches Ahead	1		E.C. I.C. I. I		
CIVICS Lesson-21: Social	1		E-Smart Content		
Justice and the Marginalised					
(Project Work Only)					
Lesson-22:	5		Text Book		
Safeguarding the			ICAL DOOR		
Marginalised					
(To be assessed in					
Periodic Test only will					
not be evaluated in					
Final examination)					
<b>Project &amp; Subject Enrichment Activities</b>					
Project -1 Minerals and Energy Resources					
Project -2	Impact of British Rule				
Project -3	Social Justice and Marginalised				

All Projects will be divided among the student according to Roll No. JANUARY /FEBRUARY/ MARCH -

## REVISION FOR ANNUAL EXAMINATION + ANNUAL EXAMINATION

Internal Assessment Criteria	20 (Marks)
Periodic Test/Assessment	5 Marks
Multiple Assessment	5 Marks
Portfolio	5 Marks
Subject Enrichment Activity	5 Marks

## ਪੰਜਾਬੀ

ਪੁਸਤਕਾਂ:- 1. ਕਿਲਕਾਰੀ-7

–ਪੀ ਵੀ ਬੁੱਕ ਪਬਲੀਕੇਸ਼ਨ

2.ਕਿਲਕਾਰੀ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦਾ ਵਿਆਕਰਨ-8

– ਪੀ ਵੀ ਬੁੱਕ ਪਬਲੀਕੇਸ਼ਨ

ਪੰਜਾਬੀ ਭਾਸ਼ਾ: – ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦਾ ਖੇਤਰ ਕਾਫ਼ੀ ਵਿਸ਼ਾਲ ਹੈ।ਅੱਜ ਅਸੀਂ ਪੰਜਾਬੀ ਸੱਭਿਆਚਾਰ ਨੂੰ ਭੁੱਲਦੇ ਜਾ ਰਹੇ ਹਾਂ।ਅਸੀਂ ਪੱਛਮੀ ਸੱਭਿਆਚਾਰ ਦੇ ਪ੍ਰਭਾਵ ਹੇਠ ਆ ਕੇ ਨੈਤਿਕ ਕਦਰਾਂ –ਕੀਮਤਾਂ ਵੀ ਭੁੱਲਦੇ ਜਾ ਰਹੇ ਹਾਂ।ਅੱਜ ਬੱਚਿਆਂ ਨੂੰ ਤ੍ਰਿੰਵਣ ਬਾਰੇ ਬਿਲਕੁਲ ਜਾਣਕਾਰੀ ਨਹੀਂ ਹੈ।ਗੁੜ੍ਹਤੀ ਸ਼ਬਦ ਦਾ ਅਰਥ ਪਤਾ ਨਹੀਂ ।ਸੁਹਾਗ,ਘੋੜੀਆਂ, ਸਿੱਠਣੀਆਂ,ਲੋਰੀਆਂ ਅਤੇ ਨਾਨੀ ਤੇ ਦਾਦੀ ਦੀਆਂ ਕਹਾਣੀਆਂ ਵੀ ਪਤਾ ਨਹੀਂ ਹੈ।ਅੱਜ ਕੰਪਿਊਟਰ ਦੇ ਯੁੱਗ ਵਿਚ ਬੱਚਿਆਂ ਦਾ ਧਿਆਨ ਸਿਰਫ ਮੋਬਾਇਲ ਵੱਲ ਹੈ ,ਉਹ ਆਪਣਾ ਸਾਰਾ ਸਮਾਂ ਵੀਡੀਓ ਗੇਮ ਖੇਡ ਕੇ ਗੁਆ ਦਿੰਦੇ ਹਨ।ਪੜ੍ਹਾਈ ਵੱਲ ਵੀ ਬੱਚਿਆਂ ਦਾ ਧਿਆਨ ਨਹੀਂ ਰਿਹਾ ।ਸੋ ਅੱਜ ਲੋੜ ਹੈ ਆਪਣੇ ਵਿਰਸੇ ਬਾਰੇ ਦੱਸਣ ਦੀ ਅਤੇ ਸਮੇਂ ਦੀ ਮਹੱਤਤਾ ਨੂੰ ਪਹਿਚਾਣ ਦੀ।ਆਓ ਸਾਰੇ ਰਲ ਕੇ ਆਪਣੇ ਕੀਮਤੀ ਸੱਭਿਆਚਾਰ ਨੂੰ ਬਚਾਈਏ। ਸੱਭਿਆਚਾਰ ਦੇ ਖਤਮ ਹੋਣ ਨਾਲ ਇੱਕ ਕੌਮ,ਦੇਸ਼ ਅਤੇ ਭਾਸ਼ਾ ਵੀ ਖਤਮ ਹੋ ਜਾਂਦੀ ਹੈ।

ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦੇ 41 ਵਰਨ, 10 ਲਗਾਂ ਅਤੇ 3 ਲਗਾਖਰ ਹਨ।

ਰਸਮ-ਰਿਵਾਜ ਦੋਸਤੋ, ਸਭਿਆਚਾਰ ਦਾ ਨੇ ਹੁੰਦੇ ਸਰਮਾਇਆ, ਕਦੀ ਨਹੀਂ ਭੁੱਲਣਾ ਚਾਹੀਦਾ,ਸਾਡਾ ਵਿਰਸਾ ਜੋ ਗੁੜ੍ਹਤੀ'ਚ ਆਇਆ। ਇਹੋ ਸਾਰੇ ਗੱਲ ਆਖਦੇ,ਸਾਡੀ ਮੱਤ ਪੱਛਮ ਨੇ ਮਾਰੀ , ਚਰਖੇ ਦੀ ਘੂਕ ਨਾ ਸੁਣੇ, ਨਾ ਕੋਈ ਫੁੱਲ ਕੱਢਦਾ ਫੁਲਕਾਰੀ।

- ਅਧਿਆਪਕਾਂ ਲਈ ਦਿਸ਼ਾ ਨਿਰਦੇਸ਼:-
  - 1. ਪਾਠ ਦੇ ਅੰਤ ਵਿੱਚ ਦਿੱਤੇ ਨਿਰਦੇਸ਼ ਬੱਚਿਆਂ ਨਾਲ ਜ਼ਰੂਰ ਸਾਂਝੇ ਕੀਤੇ ਜਾਣ।
  - 2. ਇਕਾਂਗੀ ਦਾ ਮੰਚਨ ਵਿਦਿਆਰਥੀਆਂ ਤੋਂ ਜਮਾਤ ਵਿੱਚ ਕਰਵਾਇਆ ਜਾਵੇ।
  - 3. ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਲਿਖਾਈ ਵੱਲ ਖਾਸ ਧਿਆਨ ਦਿੱਤਾ ਜਾਵੇ।
  - 4. ਸਮੇਂ-ਸਮੇਂ ਤੇ ਖਾਸ ਮੌਕਿਆਂ 'ਤੇ ਵਿਚਾਰ-ਚਰਚਾ ਕਰਨੀ ਤੇ ਅਖ਼ਬਾਰ ਤੋਂ ਲੇਖ ਜਰੂਰ ਪੜ੍ਹਾਏ ਜਾਣ ।
  - 5. ਸਮਾਰਟ ਬੋਰਡ ਦੀ ਵਰਤੋਂ ਵੱਧ ਤੋਂ ਵੱਧ ਕੀਤੀ ਜਾਵੇ।

#### • ਵਿਦਿਆਰਥੀਆਂ ਲਈ ਦਿਸ਼ਾ ਨਿਰਦੇਸ਼:-

- 1. ਕਾਪੀਆਂ ਕਵਰ ਹੋਣੀਆਂ ਚਾਹੀਦੀਆਂ ਹਨ।
- 2. ਹਰ ਪ੍ਰਸ਼ਨ ਦੇ ਉੱਤਰ ਤੋਂ ਬਾਅਦ ਲਾਇਨ ਜਰੂਰ ਲਗਾਈ ਜਾਵੇ।
- 3. ਕੰਮ ਸੰਦਰ ਲਿਖਾਈ ਵਿੱਚ ਲਿਖਿਆ ਜਾਵੇ।
- 4. ਮਿਤੀ ਅਤੇ ਦਿਨ ਜਰੂਰ ਲਿਖਿਆ ਜਾਵੇ।
- 5. ਟੈਸਟ ਕਾਪੀ ਤੇ ਕਵਰ ਅਤੇ ਮਾਤਾ-ਪਿਤਾ ਦੇ ਦਸਤਖ਼ਤ ਜਰੂਰ ਕਰਵਾਏ ਜਾਣ।
- 6. ਸਾਰਾ ਸਾਲ ਇੱਕ ਹੀ ਕਾਪੀ ਦੀ ਵਰਤੋਂ ਕੀਤੀ ਜਾਵੇਗੀ।

#### • ਉਦੇਸ਼:-

- 1. ਵਿਦਿਆਥੀਆਂ ਨੂੰ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦਾ ਗਿਆਨ ਕਰਵਾਉਣਾ।
- 2. ਵਿਦਿਆਰਥੀਆਂ ਦੇ ਸ਼ਬਦ ਭੰਡਾਰ ਵਿੱਚ ਵਾਧਾ ਕਰਨਾ।
- 3. ਵਿਆਕਰਨ ਦੇ ਨਿਯਮਾਂ ਦਾ ਪੂਰਨ ਗਿਆਨ ਕਰਵਾਉਣਾ।
- 4. ਬੋਲਣ ਤੇ ਲਿਖਣ ਕੋਸ਼ਲ ਦਾ ਵਿਕਾਸ ਕਰਨਾ।

## ਨੋਟ:-ਹਰ ਪਾਠ ਪੂਰਾ ਕਰਨ ਤੋਂ ਬਾਅਦ ਟੈਸਟ ਲਿਆ ਜਾਵੇਗਾ।

• ਭਾਸ਼ਾ ਮੰਚ ਦੀਆਂ ਗਤੀਵਿਧੀ ਨੂੰ ਧਿਆਨਪੁਰਵਕ ਕਰਵਾਇਆ ਜਾਵੇ।

## ਅਪ੍ਰੈਲ ਤੋਂ ਸਤੰਬਰ ਤੱਕ

## ਅਪ੍ਰੈਲ

ਪਾਠ ਨੰਬਰ/ ਵਿਸ਼ਾ	ਦਿਨ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾ ਇਕੱਤਰਤਾ	ਸਹਾਇਕ
			ਗਤੀਵਿਧੀ	ਸਮੱਗਰੀ
ਪਾਠ-1 ਮੈਂ ਪੰਜਾਬੀ ਪੰਜਾਬ	2	ਉਪ ਬੋਲੀਆਂ ਦਾ ਗੀਤ	ਕਾਵਿ–ਟੁਕੜੀ	ਪਾਠ–
ਦੇ ਰਹਿਣ ਵਾਲਾ (ਕਵਿਤਾ)		ਸਣਾਉਣਾ	ਕਰਵਾਉਣੀ	ਪੁਸਤਕ
				ਸਮਾਰਟ-
				ਬੋਰਡ
ਪਾਠ–2 ਨੇਕੀ ਦਾ ਫਲ	4	ਨੇਕ ਵਿਚਾਰਾ ਬਾਰੇ ਦੱਸਣਾ	ਤਸਵੀਰ ਵਰਣਨ	ਪਾਠ-
(ਕਹਾਣੀ) (ਕੇਵਲ ਪੜ੍ਹਨ			ਕਰਵਾਉਣਾ(ਅਭਿਆਸ)	ਪੁਸਤਕ
ਲਈ)				
ਪਾਠ–3 ਘੜੇ ਦਾ ਪਾਣੀ	3	ਪੰਜਾਬ ਵਿੱਚੋਂ ਅਲੋਪ ਹੋ	ਪਾਣੀ ਬਚਾਓ ਵਿਸ਼ੇ 'ਤੇ	ਪਾਠ-
(ਲੇਖ)		ਰਹੀਆ ਚੀਜ਼ਾਂ ਬਾਰੇ ਦੱਸਣਾ	ਪੋਸਟਰ	ਪੁਸਤਕ
ਵਿਆਕਰਨ :- ਬਹੁਤੇ				ਵਿਆਕਰਨ
ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਇੱਕ ਸ਼ਬਦ	2			ਪਾਠ-
ਪੇਜ ਨੰ.105 (1-				ਪੁਸਤਕ
20),ਬਹੁਅਰਥਕ ਸ਼ਬਦ				
(थेन 96,97)				
ਲੇਖ:- ਵਿਸਾਖੀ ਦਾ	1	ਵਿਸ਼ੇ ਨਾਲ ਸੰਬੰਧਿਤ		ਪਾਠ-
ਤਿਉਹਾਰ		ਵੀਡੀਓ		ਪੁਸਤਕ
ਸ਼ੈਕਸ਼ਨ ਬਦਲਣ ਲਈ	1	ਪੱਤਰ ਦੀ ਭਾਗ ਵੰਡ ਬਾਰੇ		ਵਿਆਕਰਨ
ਬਿਨੈ–ਪੱਤਰ		ਦੱਸਿਆ ਜਾਵੇਗਾ		ਪਾਠ-
				ਪੁਸਤਕ

#### 3<sup>5</sup> Class- 8<sup>th</sup> (2022-23)

## ਮਈ

STUDY PLAN

ਪਾਠ ਨੰਬਰ/ ਵਿਸ਼ਾ	ਦਿਨ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾ ਇਕੱਤਰਤਾ ਗਤੀਵਿਧੀ	ਸਹਾਇਕ ਸਮੱਗਰੀ
ਪਾਠ-4 ਸੂਰਜ ਦਾ ਗੀਤ (ਕਵਿਤਾ)		ਕੁਦਰਤ ਅਤੇ ਦੇਸ਼ ਪਿਆਰ ਬਾਰੇ ਦੱਸਣਾ		
ਪਾਠ-5 ਸੱਚ ਦੀ ਲੋਅ (ਕਹਾਣੀ) ਅਣਡਿੱਠਾ ਪੈਰਾ	2	ਸਚਾਈ ਤੇ ਇਮਾਨਦਾਰੀ ਬਾਰੇ ਦੱਸਣਾ	ਪੈਰਾ ਦੇ ਕੇ ਪ੍ਰਸ਼ਨਾਂ ਦੇ ਉੱਤਰ ਪੁੱਛਣੇ (ਅਭਿਆਸ)	ਪਾਠ-ਪੁਸਤਕ
ਪਾਠ-6 ਭਾਸ਼ਾ ਦਾ ਗਣਿਤ (ਲੇਖ)	2	ਪਾਠ ਵਿਚਲੇ ਮੁਹਾਵਰੇ ਲਿਖਵਾਉਣੇ		ਪਾਠ-ਪੁਸਤਕ
ਵਿਆਕਰਨ:-ਅਸ਼ੁੱਧ-ਸ਼ੁੱਧ ਪੇਜ ਨੰ. 122 ਵਿਰੋਧੀ ਸ਼ਬਦ ਪੇਜ ਨੰ.90	2	ਡਿਕਟੇਸ਼ਨ ਕਰਵਾਉਣੀ		ਵਿਆਕਰਨ ਪਾਠ-ਪੁਸਤਕ, ਗ੍ਰੀਨ-ਬੋਰਡ
ਤਸਵੀਰ ਦੇਖ ਕੇ ਵਰਨਣ , ਅਣਡਿੱਠੀ ਕਾਵਿ-ਟੁਕੜੀ,	2	ਤਸਵੀਰ ਵਰਨਣ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦੇਣਾ		ਚਿੱਤਰ,ਕਿਤਾਬ
ਲੇਖ:- ਮੇਰਾ ਪੰਜਾਬ	1	ਪੰਜਾਬ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦੇਣਾ		
ਭਰਾ ਦੇ ਵਿਆਹ 'ਤੇ ਛੁੱਟੀ ਲੈਣ ਲਈ ਪੱਤਰ	1	ਪੱਤਰ ਦੀ ਵੰਡ ਬਾਰੇ ਦਸਣਾ		ਗ੍ਰੀਨ-ਬੋਰਡ

ਜੂਨ - ਗਰਮੀਆਂ ਦੀਆਂ ਛੁੱਟੀਆਂ

## ਜੁਲਾਈ

ਪਾਠ ਨੰਬਰ / ਵਿਸ਼ਾ	ਦਿਨ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾ ਇਕੱਤਰਤਾ ਗਤੀਵਿਧੀ	ਸਹਾਇਕ ਸਮੱਗਰੀ
ਪਾਠ-7 ਪਾਂਡੀ ਪਾਤਸ਼ਾਹ	3	ਮਹਾਰਾਜਾ ਰਣਜੀਤ ਸਿੰਘ	ਕਵਿਤਾ ਤੋਂ	ਪਾਠ-
(ਕਾਵਿ−ਕਹਾਣੀ)		ਬਾਰੇ ਦੱਸਣਾ	ਕਹਾਣੀ ਬਣਾਓ	ਪੁਸਤਕ
ਵਿਆਕਰਨ:-ਅਗੇਤਰ ਪੇਜ	2	ਮੂਲ ਸ਼ਬਦਾਂ ਬਾਰੇ ਜਾਣਕਾਰੀ		ਗ੍ਰੀਨਬੋਰਡ,
ਨੰ.79 (1–15)		ਦੇਣਾ		
ਅਖਾਣ (1–15)				
ਮੋਟਰ ਸਾਇਕਲ ਚੋਰੀ ਸੰਬੰਧੀ	1	ਪੱਤਰ ਲਿਖਣ ਦੇ ਢੰਗ ਬਾਰੇ		ਗ੍ਰੀਨ–ਬੋਰਡ
ਥਾਣਾ ਮੁਖੀ ਨੂੰ ਪੱਤਰ		ਦੱਸਣਾ		
ਵਿਆਕਰਨ :-ਮੁਹਾਵਰੇ (1-	1	ਮੁਹਾਵਰਿਆਂ ਦੀ ਮਹੱਤਤਾ		ਪਾਠ-
20)		ਬਾਰੇ ਦੱਸਣਾ		ਪੁਸਤਕ

ਗਤੀਵਿਧੀ:-ਪ੍ਰੋਜੈਕਟ ਤਿਆਰ ਕਰਵਾਉਣਾ

#### ਅਗਸਤ

ਪਾਠ ਨੰਬਰ / ਵਿਸ਼ਾ	ਦਿਨ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾ ਇਕੱਤਰਤਾ ਗਤੀਵਿਧੀ	ਸਹਾਇਕ ਸਮੱਗਰੀ
ਪਾਠ–8 ਡੱਡੂ ਦਾ ਵਿਆਹ (ਕਹਾਣੀ) (ਕੇਵਲ ਪੜ੍ਹਨ ਲਈ)	2	ਪੁਰਾਣੇ ਸਮੇਂ ਵਿਚ ਮੀਂਹ ਪੈਣ ਤੇ ਰੋਕਣ ਦੇ		ਪਾਠ– ਪੁਸਤਕ

STUDY PLAN		350	Class- 8 <sup>th</sup> (2022-23)		
		ਟੋਟਕਿਆਂ ਤੇ ਵਿਚਾਰ			
		ਕਰਨੀ			
ਪਾਠ–9 ਮਾਊਂ (ਜੀਵਨ–ਜਾਂਚ)		ਬਚਪਨ ਦੀਆਂ ਯਾਦਾਂ ਤੇ	ਜੀਵਨ ਦੇ	ਪਾਠ–	
		ਵਿਚਾਰ-ਚਰਚਾ	ਝਰੋਕਿਆਂ 'ਚੋਂ	ਪੁਸਤਕ	
ਵਿਆਕਰਨ:–	1			ਵਿਆਕਰਨ	
ਲੇਖ:-ਵਿਦਿਆਰਥੀ ਤੇ ਫ਼ਰਜ਼				ਪਾਠ–	
				ਪੁਸਤਕ	
ਦਾਦੀ ਜੀ ਦੀ ਵਿਗੜਦੀ ਹਾਲਤ	1				
ਬਾਰੇ ਪਿਤਾ ਜੀ ਨੂੰ ਪੱਤਰ					

ਸਤੰਬਰ:-ਦੁਹਰਾਈ ,ਪਹਿਲੀ ਛਿਮਾਹੀ ਦੀ ਪ੍ਰੀਖਿਆ

## ਅਕਤੂਬਰ ਤੋਂ ਮਾਰਚ ਤੱਕ

ਅਕਤੂਬਰ

<u>ุพนอิสค</u>				
ਪਾਠ ਨੰਬਰ/ਵਿਸ਼ਾ	ਦਿਨ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾ ਇਕੱਤਰਤਾ	ਸਹਾਇਕ
			ਗਤੀਵਿਧੀ	ਸਮੱਗਰੀ
ਪਾਠ-10 ਪਿੱਪਲ ਦੇ ਪੱਤੇ ਨੂੰ	3	ਕਵਿਤਾ ਦਾ ਸਾਰ ਲਿਖਣਾ		ਪਾਠ-
(ਕਵਿਤਾ)				ਪੁਸਤਕ
ਪਾਠ-11 ਮੱਖਣ ਦਾ ਤੋਲ	4	ਇਮਾਨਦਾਰੀ ਲਈ ਪ੍ਰੇਰਿਤ		ਪਾਠ-
(ਕਹਾਣੀ)		ਕਰਨਾ		ਪੁਸਤਕ
ਪਾਠ–12 ਅਲੋਪ ਹੋ ਰਹੇ ਕਿੱਤੇ	4	ਕੰਮ-ਕਾਰ ਦੀ ਬਰਾਬਰਤਾ	ਤਸਵੀਰ ਵਰਣਨ	ਸਮਾਰਟ-
(ਲੇਖ)		ਬਾਰੇ ਦੱਸਣਾ	ਕਰਵਾਉਣਾ	ਬੋਰਡ
			(ਅਭਿਆਸ)	
ਵਿਆਕਰਨ:-ਪਿਛੇਤਰ ਪੇਜ	1			ਗ੍ਰੀਨ-
ਨੰ. 80,81 (1-15)				ਬੋਰਡ
ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਇੱਕ	1			ਗ੍ਰੀਨ-
ਸ਼ਬਦ				ਬੋਰਡ
ਪੇਜ ਨੰ. 106 (21-40)				
ਲੇਖ:-ਮਨੁੱਖ ਤੇ ਵਿਗਿਆਨ	5			ਪਾਠ-
				ਪੁਸਤਕ
ਪੱਤਰ:-ਵਿਦਿਅਕ ਟੂਰ ਤੇ	1			ਗ੍ਰੀਨ–
ਜਾਣ ਲਈ ਪਿਤਾ ਜੀ ਕੋਲੋਂ				ਬੋਰਡ
ਪ੍ਰਵਾਨਗੀ ਪੱਤਰ				

#### ž̈́

## ਨਵੰਬਰ

ਪਾਠ ਨੰਬਰ/ਵਿਸ਼ਾ	ਦਿਨ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾ ਇਕੱਤਰਤਾ ਗਤੀਵਿਧੀ	ਸਹਾਇਕ ਸਮੱਗਰੀ
ਪਾਠ-13 ਸ਼ਹੀਦੀ ਸੰਦੇਸ਼	1	ਵਿਸ਼ੇ ਨਾਲ ਸੰਬੰਧਿਤ ਵੀਡੀਓ	ਗੁਰੂ ਤੇਗ ਬਹਾਦਰ	ਪਾਠ-
(ਕਵਿਤਾ) (ਕੇਵਲ ਕਾਵਿ–		ਦਿਖਾਉਣੀ	ਜੀ ਦਾ ਜੀਵਨ	ਪੁਸਤਕ
ਟੁਕੜੀ)			ਬਿਓਰਾ ਤਿਆਰ	ਸਮਾਰਟ
			ਕਰਵਾਉਣਾ	ਬੋਰਡ
ਪਾਠ–14 ਕਾਬੁਲੀਵਾਲਾ	5	ਵਿਸ਼ੇ ਨਾਲ ਸੰਬੰਧਿਤ ਵੀਡੀਓ		ਸਮਾਰਟ-
(ਕਹਾਣੀ)		ਦਿਖਾਉਣੀ		ਬੋਰਡ
ਪਾਠ-15 ਅਣਖੀ ਯੋਧਾ:ਮਦਨ	4	ਸ਼ਹੀਦ ਭਗਤਾਂ ਦੀ ਵੀਡੀਓ	ਅਜ਼ਾਦੀ	ਪਾਠ-
ਲਾਲ ਢੀਂਗਰਾ (ਲੇਖ)		ਦਿਖਾਉਣੀ	ਘੁਲਾਟੀਆਂ ਦੀਆਂ	ਪੁਸਤਕ
			ਤਸਵੀਰਾਂ ਲਗਾ ਕੇ	
			ਨਾਂ ਲਿਖਣੇ	
ਵਿਆਕਰਨ:-ਵਿਸਰਾਮ-ਚਿੰਨ੍ਹ	1	ਪੀ ਪੀ ਟੀ ਦੁਆਰਾ		ਸਮਾਰਟ-
		ਸਮਝਾਉਣਾ		ਬੋਰਡ
ਤਸਵੀਰ ਦੇਖ ਕੇ ਵਰਨਣ,	1	ਤਸਵੀਰ ਵਰਨਣ ਕਰਵਾਉਣਾ		ਸਮਾਰਟ-
ਅਖਾਣ (16-32)				ਬੋਰਡ
ਲੇਖ:- ਸ੍ਰੀ ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ	1			ਪਾਠ-
				ਪੁਸਤਕ
ਪੜ੍ਹਾਈ ਵਿੱਚ ਚੰਗੇ ਨੰਬਰ ਲੈਣ	1	ਪੱਤਰ ਦੀ ਭਾਗ ਵੰਡ ਬਾਰੇ		ਪਾਠ-
ਲਈ ਦੋਸਤ ਨੂੰ ਵਧਾਈ ਪੱਤਰ		ਦੱਸਣਾ		ਪੁਸਤਕ
ਵਿਆਕਰਨ:-ਅਸ਼ੁੱਧ- ਸ਼ੁੱਧ ਪੇਜ	2	ਡਿਕਟੇਸ਼ਨ ਕਰਵਾਉਣੀ		ਪਾਠ-
ਨੰ. 123				ਪੁਸਤਕ
ਵਿਰੋਧੀ ਸ਼ਬਦ ਪੇਜ ਨੰ. 91				

### ਦਸੰਬਰ

ਪਾਠ ਨੰਬਰ/ਵਿਸ਼ਾ	ਦਿਨ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾ ਇਕੱਤਰਤਾ ਗਤੀਵਿਧੀ	ਸਹਾਇਕ ਸਮੱਗਰੀ
ਪਾਠ-16 ਜਿਊਂਦੇ ਭਗਵਾਨ (ਗੀਤ) (ਕੇਵਲ ਕਾਵਿ-ਟੁਕੜੀ)	2	ਨੇਕ ਇਨਸਾਨਾਂ ਨੂੰ ਸਤਿਕਾਰ ਦੇਣ ਬਾਰੇ ਦੱਸਣਾ	ਪੈਰਾ ਦੇ ਕੇ ਪ੍ਰਸ਼ਨਾਂ ਦੇ ਉੱਤਰ ਪੁੱਛਣੇ (ਅਭਿਆਸ)	ਪਾਠ– ਪੁਸਤਕ
ਪਾਠ-17 ਪੇਮੀ ਦੇ ਨਿਆਣੇ (ਕਹਾਣੀ)	4	ਵਹਿਮ ਭਰਮਾਂ ਅਤੇ ਅੰਧਵਿਸ਼ਵਾਸ਼ ਬਾਰੇ ਦੱਸਣਾ		ਸਮਾਰਟ- ਬੋਰਡ
ਪਾਠ-18 ਨਿਚੀ ਫੜ੍ਹ (ਇਕਾਂਗੀ) (ਕੇਵਲ ਪੜ੍ਹਨ ਲਈ)	3	ਝੂਠ ਅਤੇ ਫੜ੍ਹ ਤੋਂ ਬਚਣ ਲਈ ਦੱਸਣਾ	ਇਕਾਂਗੀ ਮੰਚਨ ਕਰਵਾਉਣਾ	ਸਜੀਵਪਾਤਰ ,ਕਿਤਾਬ

STUDY PLAN	3%	Class- 8th (2022-23)
ਵਿਆਕਰਨ:-	1 ਮੁਹਾਵਰਿਆਂ ਦੀ ਮਹੱਤਤਾ	ਪਾਠ-
ਮੁਹਾਵਰੇ (21–40)	ਬਾਰੇ ਦੱਸਣਾ	ਪੁਸਤਕ

## ਜਨਵਰੀ / ਫਰਵਰੀ /ਮਾਰਚ - ਦੁਹਰਾਈ + ਸਾਲਾਨਾ ਪਰੀਖਿਆ

ਆੰਤਰਿਕ ਮੁਲਾਂਕਣ	20 (Marks)
ਨਿਯਤਕਾਲਕ ਪਰੀਖਿਆ	5 Marks
ਬਹੁਵਿਕਲਪੀ ਮੁਲਾਂਕਣ	5 Marks
ਪੋਰਟਫੋਲੀੳ	5 Marks
ਵਿਸ਼ਾ ਭਰਪੂਰਤਾ ਕਾਰਜ	5 Marks

#### **COMPUTER**

Book: HANDS ON Publication: DAV Publication

"Technology is not an event, it's just part of the everyday learning!"

#### **Importance of Computer Education**

Computer technology has a deep impact on the education sector. Thanks to computers, imparting education has become easier and much more interesting than before. Computers have changed the way we study/work, be it any course/profession. Computers play a vital role in every field especially it play an important role in education. That is why the education system has made computer education a part of school curriculum. Considering the use of computer technology in almost every sphere of life, it is important for everyone to have at least the basic knowledge of using computers.

#### **AIMS & OBJECTIVES:**

- 1. Foremost aim is to make students Technology Savvy.
- 2. To inculcate enough knowledge among the students about Network & its types.
- 3. To enable the students in creating web pages using HTML.
- 4. Students should be able to find solutions of problems through Flow Charts.
- 5. Students should be able to create simple Programs using QBasic.
- 6. To create awareness among students about Cyber Crimes and Cyber Laws.

#### **INSTRUCTION FOR THE TEACHERS:**

1. It is necessary to take students to the lab once in a week according to fix Time Table.

- 2. It is necessary to show all the links given in the book & perform all the given activities.
- 3. Teacher will look after each & every child in lab.
- 4. Teacher will make it sure that all the students have performed the lab activity or not.
- 5. Students will be evaluated only on the basis of skills in practical.

#### INSTRUCTION FOR THE STUDENTS:

- 1. Students will bring their books according to time table.
- 2. Students will sit according to Roll No. in lab.
- 3. Students will not change the Control Panel Settings.
- 4. Students will follow all the Rules & Regulations of Lab + Instructions of Teacher.

#### **TOOLS & TECHNIQUES:**

Exploratory Thinking, Demonstration Method, Active Learner Participation, Logical Thinking, Experimentation Method, Effective integration of Technology, Oral Questioning.

#### **NOTE:**

Computer/ICT is a completely skill based subject. So, No Pen Paper Test/Exam will be conducted to evaluate the student's performance. Students will be evaluated on the basis of Practical skills only that will be conducted Month Wise, Half Yearly & Annually.

#### (APRIL TO SEPTEMBER)

#### APRII.

Chapter No./ Name of	No. of Periods	Lab Activities	Teaching Aids
Chapter			
Chapter - 1	5	1. Understand the Networking & its	Networking
Let us Explore-		types.	devices,
Computer Network		<ul><li>2. Know about the working of networking devices.</li><li>3. Differentiate between types of network.</li></ul>	Computer Lab

#### MAY:

Chapter - 2	5	1. Type HTML code by using	E-Smart Board,
HTML - 1		paragraph and heading tag.	Stylus
		2. Type HTML code by using	,
		different attributes of font tag.	

STUDY PLAN		3×	Class- 8th (2022-23)
Chapter - 3	5	1. Create ordered and unordered list	E-Smart Board,
Lists and		of fruits in web page.	Stylus
Tables in			
HTML			

## JUNE (Summer Vacation) JULY

Chapter No./ Name of	No. of Periods	Lab Activities	Teaching Aids
Chapter			
Chapter – 3 Lists and Tables in HTML	5	2. Create table to store information about your class students.	E-Smart Board, Stylus
Chapter – 4 HTML- III	5	<ol> <li>Insert an image in the web page using img tag.</li> <li>Create hyperlink in the web page using anchor tag.</li> </ol>	E-Smart Board, Stylus

#### **AUGUST**

Chapter No./ Name of	No. of Periods	Lab Activities	Teaching Aids
Chapter	remous		
Chapter - 5	5	1. Understands about the Domain	E-Smart Board,
Indentifying		Name & URL.	Stylus, Internet
Networked		2. Different types of Networking	Connection
Resources and		Protocols.	
Computers		3. Differentiate between MAC	
		and IP address.	
		4. Find IP address of your system.	

## AUGUST & SEPTEMBER- Oral / Practical Examination

## (OCTOBER TO MARCH)

### **OCTOBER**

Chapter No./ Name of Chapter	No. of Periods	Lab Activities	Teaching Aids
Chapter - 6	5	1. Draw a flowchart to add two	E-Smart
Problem Solving		numbers.	Board, Stylus

STUDÝ PLAN		3 <sup>3</sup> / <sub>2</sub>	Class- 8th (2022-23)
		2. Draw a flowchart to check whether a triangle is equilateral, isosceles or scalene.	
Chapter-7	6	1. Write a program to calculate	E-Smart
Programming with QBasic		simple interest.	Board, Stylus PCs in Lab.

#### **NOVEMBER**

Chapter No./	No. of	Lab Activities	Teaching
Name of	Periods		Aids
Chapter			
Chapter-7	6	1. Write a program to find area of	E-Smart
Programming		a circle.	Board, Stylus
with QBasic			PCs in Lab.
Chapter - 8	2	1. Write a program to print table	E-Smart
Looping in		of 6 (upto 10 times only)	Board, Stylus,
QBasic & Project			Internet
Handling			Connection

#### **DECEMBER**

Chapter No./	No. of	Lab Activities	Teaching
Name of	Periods		Aids
Chapter			
Chapter - 8	4	2. Write a program to print	E-Smart
Looping in		numbers from 1to 10.	Board, Stylus,
QBasic & Project			Internet
Handling			Connection
Chapter - 9	4	1. Cyber Safety	E-Smart
The Cyber		2. Cyber Crimes	Board, Stylus,
World, Cyber		3. Cyber Laws	
Crime & The			
Law			

## JANUARY & FEBRUARY -

#### **Evaluation Criteria For Both Terms**

Practical	Practical	Practical	Marks of Two	Short Practical 2 (10)	Total Marks =
Activity 1	Activity 2	Activity 3	<b>Best Activities</b>	+	50
			(10+10=20)	Long Practical 1 (10)	Monthly
(5 Marks)	(5 Marks)	(10 Marks)		+	Activities (20)
				Viva (10) = <b>30 Marks</b>	+
				(Oral / Practical	Oral /
				Examination)	Practical
					Examination
					(30)

Students will be awarded grades as Computer / ICT is a Co - Scholastic Subject

#### **VISUAL ART**

"Drawing plays a big role in our cognitive development. It can help us learn to write and think creativity, develop hand eye co-ordination, hone analytic skills"

#### **AIMS & OBJECTIVES:-**

- 1. To develop observation, imagination and self expression to be able to put thoughts on paper through art.
- 2. To work confidently with a variety of material.
- 3. Art Education enables the child to explore alternative ways of communicating with others. It encourages the ideas that are personal, inventive & makes a vital contribution to the development of a range of intelligence.
- 4. To express individuality.
- 5. To develop eye and hand co-ordination.

#### **COMMON INSTRUCTIONS FOR STUDENTS:**

- 1. Students must bring their step by step Book & Drawing file according to timetable.
- 2. Students must bring their own drawing material like HB Pencil, Non-Dust Eraser, Pencil, Colour etc.
- 3. Students should use their creative & imaginative skill while drawing and performing craft.
- 4. Difficult topics must be practiced in drawing file.

#### **COMMON INSTRUCTIONS FOR TEACHERS:**

- 1. Teachers should prepare the activities mentioned in study plan in advance.
- 2. Use of Technology must be there.
- 3. Check and return the drawing files in time.

**NOTE:** Practically demonstration must be given by teacher using E-Smart board, colorful chalks, dusters, colors etc.

#### **TOOLS FOR EVALUATION:**

- \* Neatness in work and coloring.
- \* Students creativity and interest.

#### (APRIL TO SEPTEMBER)

#### **APRIL**

Step By Step	No. of Periods	
Page No. 1 to 4(Still Life)	2	

#### **MAY**

Step By Step	No. of Periods
Page No. 5 to 12(Flower and Tree Study)	4

**JUNE-Summer Vacation**- Page no. 14, 15(Tree Study), 16, 17 (Bird Study) + Any Best out of waste item.

#### **JULY**

Step By Step	No. of Periods
Page No. 18 to 23(Bird and Animal Study)	3

**AUGUST** 

Practice for Half Yearly Examination

**SEPTEMBER** 

**Half-Yearly Examination** 

(OCTOBER TO MARCH)

#### **OCTOBER**

Step By Step	No. of Periods
Page No. 25,26,27,30(Human Study)	2

#### **NOVEMBER**

Step By Step	No. of Periods
Page No. 32,33,34,40 to 42(Perspective Composition)	3

#### **DECEMBER**

Step By Step	No. of Periods
Page No. 44,46,47,49(Cartoon Study Stencilling)	3

#### JANUARY/FEBRUARY/ MARCH - Revision + Annual Examination

#### **GENERAL KNOWLEDGE**

"An investment in General Knowledge pays the best interest."

**Book :** Kid Wiz **Publication :** DAV Publication

#### IMPORTANCE OF GENERAL KNOWLEDGE

The name itself says that it is a general that every common student must and should posses. It is useful in terms of personal, academic and professional levels. In day to day life also General Knowledge is useful as it is all about common things. It is an important component of crystallized intelligence and is strongly associated with General Intelligence. It is a wide body of information that a student acquires from Education and from life. It also helps to grow student's confidence level and may prove to be of some great help during some important events of our lives like interview etc. A good knowledge of everything around, always impress the people around you.

#### **AIMS & OBJECTIVES:-**

- 1. To acquaint students about their surroundings.
- 2. To have a healthy discussion about the day to day happening around the world.
- 3. To formulate the students for the competitive level of general awareness.
- 4. To make students more competent and smarter.

#### **INSTRUCTION FOR THE TEACHERS:-**

- 1. It is necessary that the teacher's voice should be audible and clear.
- 2. It is mandatory to prepare the teaching content in advance.
- 3. Teacher will make it sure that all the students must carry their study material like books or scrap file etc.
- 4. It is advisable to maintain complete record of students' performance.
- 5. It is necessary that the checking must be done carefully and in proper time.
- 6. Newspaper reading must be in every lecture.

#### **INSTRUCTION FOR THE STUDENTS:-**

- 1. Students must complete the given work at proper time.
- 2. Scrap files must be maintained properly.
- 3. Students must follow the instructions of the teacher.
- 4. Students must converse in English language.

**Note:** Write 3 to 5 lines about every activity / project work on the scrap file.

## (APRIL TO SEPTEMBER)

#### **APRIL**

Unit No. and	No. of	Activity	Teaching
Name	Periods		Aids
UNIT-1 Language and Literature	6-8	Scrap File Work: 1. Paste 5 pictures of great Laureates of English Language with their contribution. 2. Write any 10 idioms/ phrases with their meaning in your scrap file.	Kid Wiz Book

#### MAY

Unit No. and	No. of	Activity	Teaching
Name	Periods		Aids
UNIT-II Environment Around	6-8	<ul><li>Scrap File Work:</li><li>1. Paste 5 pictures of great scientists with their inventions.</li><li>2. Paste 5 live specimens of Herbal plants with reference to the name of the disease for which it is used.</li></ul>	Kid Wiz Book

## JUNE- SUMMER VACATION

## **JULY**

Unit No. and	No. of	Activity	Teaching
Name	Periods		Aids
UNIT-III World Around	6-8	Scrap File Work: 1. Paste 5 pictures of Indian Revolutionaries with their achievements.	Kid Wiz Book

AUGUST SEPTEMBER

**Revision for Half Yearly Examination** 

HALF YEARLY EXAMINATION

## (OCTOBER TO MARCH)

#### **OCTOBER**

Unit No. and	No. of	Activity	Teaching
Name	Periods		Aids
UNIT-IV Art and Culture	6-8	Scrap File Work: 1. Paste 5 pictures of famous dance forms with their associated dancers.	Kid Wiz Book

STUDY PLAN	<b>ૐ</b>	Class- 8th (2022-23)
	2. Paste 5 pictures of different	
	festivals.	

## NOVEMBER

Unit No. and	No. of	Activity	Teaching
Name	Periods		Aids
UNIT-VI Sports and Games	6-8	<ul><li>Scrap File Work:</li><li>1. Paste 5 pictures of national game of different countries.</li><li>2. Paste any 5 sports news headlines of the current month.</li></ul>	Kid Wiz Book

#### **DECEMBER**

Unit No. and	No. of	Activity	Teaching
Name	Periods		Aids
UNIT-V Math Magic	6-8	Scrap File Work: 1. Paste picture of great Mathematician Ramanujan and prepare his fact file in your scrap file.	Kid Wiz Book + Worksheet of Maths

## JANUARY/ FEBRUARY REVISION FOR ANNUAL EXAMINATION ANNUAL EXAMINATION

ORAL CRITERIA				
Parameters of Assessment	Marks			
Book Content	12			
Scrap File	3			
Current News	2			
Self Introduction	2			
Condition of Book	2			
Condition of Diary	2			
Discipline	2			
Uniform	2			
House Information	2			
Total	30			

### नैतिक शिक्षा

"शिष्टाचार अथवा विनम्रतापूर्वक एवं शालीनतापूर्ण आचरण ही वह आभूषण है जो मनुष्य को आदर-सम्मान दिलाता है ।"

#### नोट :

- 1. नोटबुक प्रस्तुतिकरण में नियमितता, कार्यपूर्ति, स्वच्छता और रख-रखाव को जाँचा जाएगा |
- 2. विशेष संवर्धन गतिविधि में भाषा के वाचन एवं श्रवण कौशल पर बल दिया जाएगा ।
- 3. सत्र के अंत में दोनों सत्रों की कॉपियों की दोहराई और आंतरिक मूल्यांकन के लिए संभाल कर रखा जाए |
- 4. लिखित परीक्षा की कॉपी पूरे सत्र में एक ही होनी चाहिए |

#### सामान्य उद्देश्य :

- 1. छात्रों में माता-पिता, अध्यापकों एवं बुजुर्गों के प्रति सम्मान और सेवा भावना उत्पन्न करना |
- 2. छात्र-छात्राओं में ईश्वरभक्ति की भावना के साथ-साथ उनमें आस्तिकता की भावना उत्पन्न करना |
- 3. धार्मिक रूचि का संवर्धन करना, अच्छी आदतें डालना ।
- 4. उन्हें देश एवं जाति की सेवा के प्रति कर्तव्यनिष्ठ बनाना |
- 5. उत्तम ग्रंथों के माध्यम से स्वाध्याय प्रति रूचि जागृत करना |
- 6. देश-धर्म की सेवा में जीवन लगाने वाले तथा उत्तम ग्रंथों की रचना द्वारा ज्ञान का संवर्धन करने वाले महापुरुषों के चरित्र से परिचय करवाना |

#### अध्यापकों के लिए सामान्य निर्देश:

- 1. बच्चों को प्रतिदिन नैतिक मूल्यों की जानकारी देना |
- 2. बच्चों को पुस्तक ज्ञान को अपने अंदर डालने के लिए प्रेरित करना |
- 3. उत्तर पुस्तिका में उत्तर ध्यानपूर्वक लिखना व बच्चों को लिखवाना |
- 4. जाँच कार्य समय अनुसार और सतर्कतापूर्वक होना चाहिए |
- 5. समय-समय पर जाँचना |

#### विद्यार्थियों के लिए सामान्य निर्देश:

- 1. विद्यार्थी कक्षा में अनुशासित ढंग से पठन-पाठन प्रक्रिया में भाग ले |
- 2. अध्यापकों द्वारा दी शिक्षा पर अमल करें |

- 3. मंत्र, प्रार्थनाओं का नित्य अभ्यास करें |
- 4. लिखित कार्य करते समय लिखाई सुंदर व स्पष्ट होनी चाहिए |
- 5. शब्दों की बनावट और मात्राओं पर विशेष ध्यान दें |

## (अप्रैल से सितंबर तक)

#### अप्रैल

पाठ का नाम / विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-1 ओम ध्वज	2	छात्र उत्तर लिखकर और ध्वज	मौखिक परीक्षण
		तैयार करेंगे	
पाठ-२ ईश्वर का सर्वश्रेष्ठ	2	ॐ की महिमा पर कुछ वाक्य	लिखित परीक्षण
नाम		लिखेंगे	
पाठ-३ आत्मबोध	1	उदाहरण समझकर भावार्थ याद	प्रश्नावली
		करेंगे	

## मई

पाठ का नाम / विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-४ गीता के श्लोक	1	कठिन शब्दों के अर्थ समझेंगे	मौखिक सुनना
		सस्वर लयबद्ध गायन	
पाठ-5 गायत्री जप का	2	गायत्री मंत्र अर्थ सहित लिखेंगे	लिखित परीक्षा
प्रभाव			
पाठ-६ संस्कृत भाषा	2	संस्कृत कवियों के नाम याद	प्रश्नावली
		करेंगे	
पाठ-7 राष्ट्रभाषा हिंदी	2	राष्ट्रभाषा हिंदी को समझेंगे व	लिखित रचनात्मक
		उत्तर लिखेंगे	मूल्यांकन-१

जून

ग्रीष्मावकाश अवकाश +

डी.ए.वी. स्थापना दिवस (चरित्र निर्माण शिविर )

## जुलाई

पाठ का नाम / विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-८ पंच महायज्ञ	2	पंच महायज्ञ को समझकर याद करेंगे	लिखित परीक्षण

STUDY PLAN		<b>¾</b>	Class- 8th (2022-23)
पाठ-९ डी.ए.वी. गान	2	डी.ए.वी. गान याद करेंगे	मौखिक
			परीक्षण
पाठ-10 योग की पहली	2	योग की क्रियाओं को समझेंगे	मौखिक
सीढ़ी-यम			परीक्षण

अगस्त करवाए गए पाठ्यक्रम की दोहराई

सितंबर अर्ध वार्षिक परीक्षा

अक्तूबर से मार्च तक

## अक्तूबर

पाठ का नाम /	कालांश	गतिविधियाँ	सहायक सामग्री
विषय			
पाठ- ११ योग की	2	पाँचों नियमों को समझकर याद करेंगे	प्रश्नावली
द्वितीय सीढ़ी - नियम			
पाठ-12 वर्ण व्यवस्था	2	चारों वर्णों को समझकर लिखेंगे ।	प्रश्नावली
का स्वरूप			
पाठ- 13 आश्रम	2	आश्रम व्यवस्था के स्वरूप को समझेंगे	लिखित परीक्षण
व्यवस्था			

## नवंबर

पाठ का नाम / विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-14 किस दर पर जाऊँ	1	भगवान को सच्चा सहायक	मौखिक परीक्षण
में		समझेंगे	
पाठ-15 आर्य समाज के	2	व्याख्यासहित नियम याद करेंगे	लिखित परीक्षण
नियम			
पाठ-16 सत्यार्थ प्रकाश	2	सत्यार्थ प्रकाश ग्रंथ को समझकर	मूल्यांकन -3
		सही ज्ञान प्राप्त करेंगे	

## दिसंबर

पाठ का नाम / विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ -17 डी.ए.वी संस्थाएँ	2	शिक्षा के क्षेत्र में डी.ए.वी के	मौखिक परीक्षण
		योगदान को जानेंगे	

STUDY PLAN		<b>ૐ</b>	Class- 8th (2022-23)
पाठ-18 न्यायमूर्ति डॉ.	2	इनकी सेवाओं को समझते	लिखित परीक्षण
मेहरचंद महाजन		हुए समय भी उनसे प्रेरित	
		होंगे	
पाठ 19 राष्ट्रीय गीत	2	इस गीत को याद करेंगे	लिखित रचनात्मक
		(सस्वर लयबद्ध गायन)	मूल्यांकन-४

जनवरी / फरवरी / मार्च

करवाए गए पाठ्यक्रम की दोहराई + वार्षिक परीक्षा

## संस्कृत

पुस्तक - सुरभि

प्रकाशन - डी.ए.वी.प्रकाशन

भारतस्य प्रतिष्ठे द्वे संस्कृतं संस्कृतिस्तथा

#### सामान्य उद्देश्यः

- 1. विद्यार्थियों में संस्कृत के प्रति रूचि एवं संस्कार उत्पन्न करना |
- 2. विद्यार्थियों में संस्कृत ज्ञान को विकसित करना |
- 3. बच्चों में राष्ट्रीय समाज व अपने संस्थान के प्रति सम्मान की भावना उत्पन्न करना |
- 4. पाठों के माध्यम से बच्चों को संस्कृत की बातचीत की शैली से परिचित करवाना |
- 5. स्वाध्याय की रूचि को बढ़ाना ।

#### अध्यापकों के लिए सामान्य निर्देश :

- 1. अध्यापक पहले से ही पाठ योजना तैयार करें |
- 2. कक्षा में भाषा का उच्चारण शुद्ध व प्रभावशाली होना चाहिए |
- 3. सभी अध्यापक विद्यार्थियों के पठन-कौशल में विशेष ध्यान दें |
- 4. बच्चों को संस्कृत भाषा बोलने के लिए प्रेरित करें |

#### विद्यार्थियों के लिए सामान्य निर्देश:

- 1. बच्चे पाठ के पठन पर विशेष ध्यान दें |
- 2. विद्यार्थी कक्षा में अनुशासित ढंग से पठन पाठन प्रक्रिया में भाग लें |
- 3. प्रतिदिन संस्कृत भाषा का अभ्यास करेंगे |
- 4. पीरियड के अनुसार संस्कृत पुस्तक लाना अनिवार्य है |

## अप्रैल से सितंबर तक

#### अप्रैल

पाठ का नाम /विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-१ सुवचनानि	3	श्लोक उच्चारण करवाकर देखना	पठन कौशल
पाठ-२ वसुधैव कुटुम्बकमं	1	मिलकर रहने के फायदे पर चर्चा	पाठ्य पुस्तक

## मई

पाठ का नाम /विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-3 अहं नदी अस्मि	1	नदी की महत्ता बताना	पाठ्य पुस्तक
पाठ-४ क्षमस्व महर्षे !	1	क्षमा के महत्त्व के बारे में बताना	दृश्यात्मक सामग्री

जून

ग्रीष्मावकाश

## जुलाई

पाठ का नाम /विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-५ दिव्या गीर्वाण भारती	1	संस्कृत के रचनाकारों	अन्य पुस्तक
		की जानकारी देना	
पाठ-६ मधुराणि वचनानि	1	श्लोक बुलवाना	पाठ्य पुस्तक

अगस्त - करवाए गए पाठ्यक्रम की दोहराई

सितंबर - अर्धवार्षिक परीक्षा

## अक्तूबर से मार्च तक

## अक्तूबर

पाठ का नाम /विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-७ सफलं तस्य जीवितं	1	श्लोक बुलवाना	पाठ्य पुस्तक
पाठ-८ क्रोधेन कार्यं न सिध्यति	1	क्रोध के नुक्सान पर	पाठ्य पुस्तक
		चर्चा	

विषय संवर्धन गतिविधि : श्लोक उच्चारण

#### नवंबर

पाठ का नाम /विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-९ अविश्वस्ते न विश्वसेत्	1	अभिनय कौशल	पाठ्य पुस्तक

STUDY PLAN	ॐ		Class- 8th (2022-23)
पाठ-१० गुणाः पूजास्थानं	1	अब्दुल कलाम के बारे में चर्चा	पाठ्य पुस्तक, दृश्यात्मक सामग्री

#### दिसंबर

पाठ का नाम /विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-11 हितं मनोहारि च दुर्लभं वचः	1	सूक्तियाँ बुलवाना	पाठ्य पुस्तक
पाठ-12 स्वाध्यायात मा प्रमदः	1	माता-पिता, आचार्य पर	अन्य पुस्तक
		वाक्य बुलवाना	

जनवरी / फरवरी / मार्च - करवाए गए पाठ्यक्रम की दोहराई + वार्षिक परीक्षा

संस्कृत		
क्रं विषय	कुल अंक (25)	
1. पुस्तक पढ़ना	5 अंक	
2. व्याकरण	5 अंक	
3. पाठ्य पुस्तक का अभ्यास	10 अंक	
4. संस्कृत परिचय	2 अंक	
5. अनुशासन / वर्दी / पुस्तक	3 अंक	
कुलांक	25 अंक	

#### **PERFORMING ART**

"It is the supreme art to awaken joy in creative expression and knowledge." Importance of Music & Dance:- Music and dance give great self-satisfaction and self confidence. It brings name, fame and riches i.e success in life. It has social, emotional and spiritual benefits and gives happiness to life.

#### **INSTRUCTIONS FOR TEACHERS:-**

- Give the introduction about your topic and demonstrate.
- Pay attention towards Non Performers.
- Teacher should be well prepared.
- The song should be selected according to class level.
- Assessment of students should be done on regular basis.

#### **INSTRUCTIONS FOR STUDENTS:-**

- Move in queue to Music and Dance room.
- Keep the shoes in shoe Rack.

- Do the practice at home.
- Don't touch anything without teacher's permission.

#### **AIMS:**

1. To develop a context for aesthetic and artistic experience and the opportunity to develop personally and physically through participated in dance in an enjoyable environment.

3,5

2. To provide for aesthetic experiences and to develop aesthetic awareness in the music, in drama, in dance and literature.

#### **OBJECTIVES:**

- 1. To enhance knowledge and understanding of dance as an aesthetic & artistic experience.
- 2. Cooperate with others in dance activities.
- 3. To enrich personal and social development while interacting with others in a variety of structural contexts.
- 4. To arise the learning interest and area in instrumental learning.
- 5. To develop the interest to know about Indian culture.
- 6. To make them able to become an artist.

#### (APRIL TO SEPTEMBER)

#### APRIL to MAY

Topic	No. of Days	Tools & Techniques	Teaching Aid
Patriotic Song	6	Demonstration with singing and instruments	Harmonium, lyrics etc.
Punjabi Folk	6	Demonstration with steps	With sound system

#### **JUNE- Summer Vacation**

## JULY to AUGUST

Topic	No. of Days	Tools & Techniques	Teaching Aid
Nukkad natak	6	Demonstration with action & Dialogues.	Script of Natak etc.
Punjabi Dance	6	Demonstration with steps	With sound system

## AUGUST - REVISION SEPTEMBER - HALF-YEARLY EXAMINATION

## (OCTOBER TO MARCH)

#### **OCTOBER to NOVEMBER**

Topic	No. of Days	Tools & Techniques	Teaching Aid
Western Dance	6	Demonstration with Action + steps	Sound system
Instruments	6	Knowledge about instruments + Demonstration	Guitar + Harmonium + Chongo, E-Pad etc.

## DECEMBER / JANUARY / FEBRUARY REVISION MARCH ANNUAL EXAMINATION

#### **Blue Print for Practical Examination**

Dance		Music
1. Interest	1.	Interest
2. Body Movement	2.	Rhythm
3. Expression	3.	Melody
4. Active Participation	4.	Active Participation
5. Imagination and Innovation	5.	Imagination and Innovation
6. Artistic Temperament	6.	Artistic Temperament

Note:-Students will be observed in 5 points grading scale.(A = Outstanding, B = V. Good, C = Good, D= Fair and E = Average) The aspects of regularity, sincere participation, output and teamwork.

#### **HEALTH & PHYSICAL EDUCATION**

IMPORTANCE OF PHYSICAL EDUCATION: Physical Education is the part of General Education program which is considered with growth, Development and education of students through the medium of muscle activities. It is the education of whole child by means of physical activities. Physical activities are the tools. They are so selected and considered as to influence every child's Physically, Mentally, Emotionally and Morally.

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#### **AIMS& OBJECTIVES:**

- 1. Interact with the natural world in a positive manner.
- 2. Develop qualities such as leadership, team spirit, sense of belongingness, Courage and self defence.
- 3. Participate in the activities for fun and joy.
- 4. Conduct the movement with more body control.
- 5. To ensure optimum growth of each child.
- 6. Understand that hygienic fitness, protection and health care are important for health.

#### Objectives and learning outcome will be cleared to the students:

- All the Topics must be discussed thoroughly. Class 5th to 10th, all the three activity of co-scholastic area must be cleared and basic knowledge must be given to students and its practice will be done with the help of teachers, throughout the year.
- File of concerned chosen activities will be prepared. It will be accessed and evaluated.

#### **INSTRUCTION FOR THE TEACHERS:**

- 1. Try to reach in class in time.
- 2. Bring your classes in the ground in line and discipline.
- 3. Take care of students in ground specially girls.
  - a. 'Prepare your team properly selected students from different classes.
- 4. Maintain sports ground properly.

#### **INSTRUCTIONS FOR THE STUDENTS:**

- 1. Move always in line.
- 2. Maintain Self Discipline in Sports Ground.
- 3. Obey the instruction given by Teacher.
- 4. Play the games with team spirit.
- 5. Follow the rule and regulation during play the game.

Note: All the Activities will be followed according to the CBSE guidelines.

#### (APRIL TO SEPTEMBER)

#### **APRIL**

Lesson-No	No of	Subject Enrichment	Teaching
Topic	Period	Activities	Aid
Human Body-	01	Demonstration	Chart/Video
Game- Volley Ball,	01	Play Game in Ground	Play Game/Video
Service		•	
Gym	01	Exercise In Gym	Multi Gym

STUDY PLAN	3%		Class- 8th (2022-23)
NCC/ YOGA	01	Physically in Ground	Body
		Padamasan,	Movements/Video
		Bhujangasan	

#### **MAY**

Lesson-No	No of	Subject Enrichment	Teaching
Topic	Period	Activities	Aid
Orientation to sports	01	Demonstration	Chart/Video
skills			
Game Volley Ball,	01	Play Game in Ground	Play Game/Video
Under hand pass		-	-
Gym	01	Exercise In Gym	Multi Gym
NCC / YOGA	01	Physically in Ground	Body
		Vajarasan, Halasan	Movements/Video

## JUNE - Summer Vacation

#### INTERNATIONAL YOGA DAY CELEBRATION

## **JULY**

Lesson-No	No of	of Subject Enrichment Activities Teaching		
Topic	Period	•	Aid	
Game Volley	01	Play Game in Ground	Play Game/Video	
Ball, Play				
Gym	01	Exercise In Gym	Multi Gym	
NCC/ YOGA	01	Physically in Ground	Body	
		Dhanurasan, Chakarasan	Movements/Video	
We &Our	01	Demonstration	Chart/Video	
Environment				
SPORTS-Day-29 August				

AUGUST REVISION

**SEPTEMBER** HALF YEAR EXAMINATION

(OCTOBER TO MARCH)

#### **OCTOBER**

Lesson-No Topic		Subject Enrichment Activities	Teaching Aid
Food & Nutrition	01	Demonstration	Chart/Video
Gym	01	Exercise In Gym	Multi Gym

STUDY PLAN		3∞	Class- 8th (2022-23)
Game- Volley Ball,	01	Play Game in Ground	Play Game/Video
Service		-	
NCC/yoga	01	Physically in Ground	Body
		Vajarasan, Halasan,	Movements/Video
		Tadasan	

#### **NOVEMBER**

Lesson-No	No of	Subject Enrichment Teaching	
Topic	Period	Activities	Aid
Safety & Security	01	Demonstration Chart/Video	
Game Volley	01	Play Game in Ground Play Game/Video	
Ball, Under hand			
pass			
Gym	01	Exercise In Gym Multi Gym	
NCC / YOGA	01	Physically in Ground Body	
		Dhanurasan, Chakarasan	Movements/Video

#### NCC WEEK CELEBRATION

#### **DECEMBER**

Lesson-No	No of	Subject Enrichment Activities   Teaching	
Topic	Period		Aid
Social health/	01	Demonstration	Visit Outside
Consumer health			
& sports services			
NCC/YOGA	01	Physically in Ground	Body
		Padamasan, Bhujangasan,	Movements/Video
		Sarvangasan	
Gym	01	Exercise In Gym	Multi Gym
Game Volley	01	Play Game in Ground	Play Game/Video
Ball, Play		-	-

JANUARY+ FEBRUARY REVISION

**MARCH** 

ANNUAL EXAMINATION

## Calendar Activities (2022-23)

SR.	MONTH	NAME OF THE ACTIVTY	
NO.		ACTIVTY	CONDUCTION
1.	April	<b>International Dance</b>	Dance Performances by
		Day	the students
2.	May	Draw Your Dreams	Poster Making
3.	JULY	The Fun They Had	Make A Flash Card On
			"Present SchoolAnd In
			Future."
4.	AUGUST	Weave A Comic	Create A COMIC Related
		Thread On Raksha	To RAKSHA BANDHAN
		Bandhan	Stories
5.	OCTOBER	Deep Mohatsav	Best Of Waste
6.	NOVEMBER	Incredible Indian	Design A Poster On Any
		Constitution	One Topic -
			SECULARISM,
			DEMOCRACY,
			SOVEREIGNTY,
			EQUALITY, LIBERTY,
			FRATERNITY, REPUBLIC
			And JUSTICE
7.	DECEMBER	Khane Khajna -	Cook Famous Dishes Of
		PUNJAB V/S	Punjab And Andhra
		ANDHRA	Pradesh

#### **Test Schedule**

Monday	English
Tuesday	Punjabi
Wednesday	Science
Thursday	Social Science
Friday	Mathematics
Saturday	Hindi







#### MEDICAL PLANNER FOR CLASSES 4th to 12th (SENIOR) **SESSION: 2022-23**



MONTH	TOPICS	
APRIL	Heart Beat: A rhythm of Health.	
MAY	"Health for All", Be Active, Be Healthy and Be Happy.	
JULY	Decision making Fear "How this 'Fear' word messes you up" & Let's talk on Adolescence (Girls & Boys)	
AUGUST	Control Anger! It's only one letter away from Danger.	
SEPTEMBER	Mental Health : Stop Exclusion. Dare to Care!	
OCTOBER	Sensex is high, Gold is expensive, Invest in Relationships, feelings and emotions.	
NOVEMBER	Are you Winter Ready? & Protect Health from Climate Change.	
DECEMBER	Nutrition & You. Halt the rise, Beat Diabetes early.	
JANUARY	Fitness matters, Wellness works.	
FEBRUARY	Don't blame the Distractions, Improve your focus.	

Dr Mohan Lal Sharma **Principal** 

## <u> आर्य पर्व(2022-23)</u>

<u>क्रम</u> संख्या	<u> तिथि</u>	<u>पर्व</u>	
1.	10 अप्रैल,2022	रविवार	आर्य समाज स्थापना दिवस
2.	19 अप्रैल,2022	मंगलवार	महात्मा हंसराजजन्म दिवस
3.	26 अप्रैल,2022	मंगलवार	पंडित गुरुदत विद्यार्थी जन्म दिवस
4.	1 जून,2022	बुधवार	डी.ए .वीस्थापना दिवस
5.	14 सितम्बर,2022	बुधवार	गुरु विरजानंद पुण्यतिथि
6.	5 अक्तूबर,2022	बुधवार	स्वामी विरजानंद जयंती
7.	15 अक्तूबर,2022	शनिवार	महात्मा आनंद स्वामी जन्म दिवस
8.	21 अक्तूबर,2022	सोमवार	रामचंद्र छत्रपति बलिदान दिवस
9.	24 अक्तूबर,2022	शनिवार	महात्मा आनंद स्वामी पुण्यतिथि
10.	24अक्तूबर,2022	सोमवार	ऋषि निर्वाणोत्सव
11.	14 नवम्बर,2022	सोमवार	स्वामी दयानंद विरजानंद की कुटिया
12.	15 नवम्बर,2022	रविवार	महात्मा हंसराज पुण्यतिथि
13.	19 दिसम्बर,2022	सोमवार	पंडित राम प्रसाद बिस्मिल बलिदान दिवस
14.	23 दिसम्बर,2022	शुक्रवार	स्वामी श्रद्धानंद बलिदान दिवस
15.	15 जनवरी,2023	वीरवार	स्वामी विवेकानंद जयंती
16.	28 जनवरी,2023	शनिवार	लाला लाजपतराय जयंती
17.	12 फ़रवरी,2023	बुधवार	ऋषि दयानंद सरस्वती जन्म दिवस
18.	18 फ़रवरी,2023	शनिवार	ऋषि बोधोत्सव
19.	21 फ़रवरी,2023	मंगलवार	मुनि मुनिशवरनन्द
20.	19 मार्च,2023	रविवार	पंडित गुरुदत विद्यार्थी पुण्यतिथि

## Important Days (Awareness) Session 2022-23

	APRIL				
S.No	<u>Date</u>		<u>Day</u>	Celebration	
1.	7 <sup>th</sup> April,2022	Thursday	World Health Day	Awareness	
2.	10 <sup>th</sup> April,2022	Sunday	Arya Samaj SathapanaDiwas,	HawanYajna , Speech By House	
3.	12th April,2022	Tuesday	New Session Beginning 1 <sup>st</sup> to 12 <sup>th</sup>	Hawan Yajna ( Mangal Kamna Diwas)	
4.	16th April,2022	Saturday	New Session Beginning LKG & UKG	Hawan Yajna ( Mangal KamnaDiwas)	
5.	13th April,2022	Wednesday	Jallianwala Bagh Massacre	Awareness	
6.	14th April,2022	Thursday	Baisakhi/Mahavir Jayanti	Awareness + Speech	
7.	14th April,2022	Thursday	Dr. B.R. Ambedkar Jayanti	Awareness	
8.	18th April,2022	Monday	World Heritage Day	Awareness By Social Science Faculty	
9.	19th April,2022	Tuesday	Mahatma Hans Raj Jayanti	Tribute By Running House	
10.	21st April,2022	Thursday	National Civil Service Day(India)	Awareness	
11.	22 <sup>nd</sup> April,2022	Friday	<b>World Earth Day</b>	Awareness	
12.	23 <sup>rd</sup> April,2022	Saturday	World Book Day	Awareness	
13.	25th April,2022	Monday	World Malaria Day	Awareness	

STUDY	PLAN		3 <sup>°</sup> 2	Class- 8th (2022-23)	
14.	26th April,2022	Tuesday	World Intellectual	Awareness	
			Property Day		
15.	29th April,2022	Friday	International Dance	Awareness	
			Day		
			<u>May</u>		
<u>Sr.</u>	<u>Date</u>		<u>Day</u>	Celebration	
<u>No.</u>					
1.	1st May,2022	Sunday	International Labour	Activity of Grade-	
	<i>37</i>		Day	D By House	
				+Classes 11 <sup>th</sup> &	
				12 <sup>th</sup>	
2.	1st May,2022	Sunday	World Laughter Day	Awareness	
3.	3 <sup>rd</sup> May,2022	Tuesday	World Press Freedom Day	Awareness	
			Parshuram Jayanti		
4.	4th May,2022	Wednesday	International	Awareness	
			Firefighters Day		
5.	7th May,2022	Saturday	Rabindranath Tagore	Awareness	
			Jayanti		
6.	8 <sup>th</sup> May,2022	Sunday	World Red Cross Day	Speech By House	
7.	8th May,2022	Sunday	Mothers Day	Celebration By	
				Pre-Primary	
				(LKG to 3 <sup>rd</sup> )	
8.	11 <sup>th</sup> May,2022	Wednesday	National Technology Day	Awareness	
9.	16th May,2022	Monday	Buddha Purnima	Awareness	
	17 <sup>th</sup> May,2022	Tuesday	<ul> <li>World         Telecommunication         and Information         Society Day</li> <li>World Hypertension         Day</li> </ul>	Awareness	
11.	21st May,2022	Saturday	National Anti Terrorism Day	Awareness	
	60				

STUDY	PLAN		<i>3</i> %	Class- 8th (2022-23)
12.	31st May,2022	Tuesday	World No Tobacco	Speech By
			Day/Anti Tobacoo	<b>House+ Poster</b>
			Day	Making by Class
				10 <sup>th</sup> & 11 <sup>th</sup>
			UNE	
S.No	Date		Day Day	Celebration
5.110	<u>Date</u>			Celebration
1.	1st June,2022	Wednesday	DAV Foundation	Hawan
			Day- (Hawan Yajna)	
			Global Day of Parents	
2.	3 <sup>rd</sup> June,2022	Friday	Guru Arjan Dev Ji	Speech
			Martydom Day	
3.	5 <sup>th</sup> June,2022	Sunday	World Environment	Speech
			Day	
4.	7 <sup>th</sup> June,2022	Tuesday	World Food Safety	Awareness
			Day	
5.	12 <sup>th</sup> June,2022	Sunday	Anti Child Labour	Awareness
			Day	
6.	14th June,2022	Tuesday	World Blood Donor	Awareness
			Day	
<u> </u>	14th T 2000	T 1	Cont Waltin Land C	<b>A</b>
7.	14 <sup>th</sup> June,2022	Tuesday	Sant Kabir Jayanti	Awareness
8.	19th June,2022	Sunday	Father's Day	Speech
9.	21st June,2022	Tuesday	International Yoga	(Celebration by
	, ,,		Day	NCC Cadets)
			2	,
10.	21st June,2022	Tuesday	World Music Day	Celebration by
				Music
				Department
11.	26th June,2022	Sunday	International Anti	Speech
			Drug Day	

STUDY	PLAN		3×̈́	Class- 8th (2022-23)
		]	<u>JULY</u>	
S.No	<u>Date</u>		<u>Day</u>	
1.	11th July,2022	Monday	World Population Day	Awareness
2.	15th July,2022	Friday	World Youth Skill Day	Awareness
3.	26th July,2022	Tuesday	Kargil Vijay Diwas	Awareness
4.	28th July,2022	Thursday	<ul> <li>World Hepatitis         Day     </li> <li>World Nature         Conservation Day     </li> </ul>	Awareness
5.	31st July,2022	Sunday	Martyrdom Day of	Tribute by
			Saheed Udam Singh Ji	Running House
		AU	JGUST	
S.No	<u>Date</u>		<u>Day</u>	
1.	11th Aug,2022	Thursday	Raksha Bandhan (Rakhi)	Celebration
2.	12th Aug,2022	Friday	World Youth Day Sanskrit Diwas	Awareness
3.	15th Aug,2022	Monday	Independence Day	Celebration
4.	19th Aug,2022	Friday	• World	Awareness+
			Photography Day	Speech
			• Janamashtami (Krishnostav)	Celebration by Primary Block
5.	20th Aug,2022	Thursday	National Sadhbhavana Diwas	Awareness
6.	21st Aug,2022	Sunday	World Senior Citizen Day	Awareness
7.	26th Aug,2022	Friday	<b>Women Equality Day</b>	Awareness

STUDY	PLAN		3×	Class- 8th (2022-23)
8.	28th Aug,2022	Sunday	Prakash Utsav Shri Guru Granth Sahib Ji	Speech
9.	29th Aug,2022	Monday	National Sports Day	Awareness
10.	30th Aug,2022	Tuesday	Teej (Hari Talika)	Celebration
		SEP	<u>TEMBER</u>	
S.No	<u>Date</u>		<u>Day</u>	
1.	5 <sup>th</sup> Sep,2022	Monday	Teachers Day (Guru Utsav)	Celebration By Running House
2.	8 <sup>th</sup> Sep,2022	Thursday	International Literacy Day + Onam	Speech + Awareness
3.	14th Sep,2022	Wednesday	Hindi Diwas	Speechand Celebration by Hindi Department
4.	15 <sup>th</sup> Sep,2022	Thursday	<ul><li>International Democracy Day</li><li>Engineer's Day</li></ul>	Awareness
5.	16 <sup>th</sup> Sep,2022	Friday	World Ozone Preservation Day	Awareness
6.	21st Sep,2022	Wednesday	International Peace Day	Awareness
7.	26th Sep,2022	Monday	Maharaja Aggarsain Jayanti	Speech
8.	27th Sep,2022	Tuesday	World Tourism Day	Awareness
9.	29th Sep,2022	Thursday	World Heart Day	Awareness

STUDY	STUDY PLAN 3°			Class- 8th (2022-23)	
	<u>OCTOBER</u>				
S.No	<u>Date</u>		<u>Day</u>	<u>Celebration</u>	
1.	2 <sup>nd</sup> Oct,2022	Sunday	<ul> <li>Mahatama Gandhi Jayanti &amp;Non Violence Day</li> <li>Lal Bahadur Jayanti</li> </ul>	Tribute by Houses	
2.	4 <sup>th</sup> Oct,2022	Tuesday	World Animal Welfare Day	Awareness	
3.	5 <sup>th</sup> Oct,2022	Wednesday	Dussehra	Celebration By Running House	
4.	8th Oct,2022	Saturday	Indian Air Force Day	Awareness	
5.	9 <sup>th</sup> Oct,2022	Sunday	Maharishi Valmiki Jayanti	Speech	
6.	11th Oct,2022	Tuesday	<ul> <li>International Girl Child DayPurab</li> <li>Prakash Purabof Shri Guru Ram Dass Ji</li> </ul>	Awareness +Speech	
7.	13th Oct,2022	Thursday	Karva Chauth	Speech	
8.	15th Oct,2022	Saturday	World Students Day	Awareness	
9.	16th Oct,2022	Saturday	<ul> <li>World Food Day</li> <li>JanamDiwas of Baba Banda Singh Ji Bahadur</li> </ul>	Awareness	
10.	24th Oct,2022	Monday	<ul><li> Diwali</li><li> United Nations Day</li></ul>	Awareness + Speech	
11.	25th Oct,2022	Tuesday	Govardhan Pooja + Vishavkarma Day	Speech	

STUDY	PLAN		3 <sup>th</sup>	Class- 8th (2022-23)	
12.	26th Oct,2022	Wednesday	Bhai Dooj	Speech	
13.	30th Oct,2022	Sunday	Chath Pooja	Awareness	
14.	31st Oct,2022	Monday	National Unity Day	Awareness	
		NO	VEMBER		
S.No	S.No Date Day				
1.	1st Nov,2022	Tuesday	Punjab Diwas	Awareness	
2.	8th Nov,2022	Tuesday	Shri Guru Nanak Dev Jayanti	Celebration by Punjabi Department	
3.	14th Nov,2022	Monday	Children Day	Celebration By Pre Primary Block	
4.	28th Nov,2022	Monday	Martydom Day of Shri Guru Tegh Bahadur Ji	Speech +Tribute	
		DEC	CEMBER		
S.No	<u>Date</u>		Day		
1.	1st Dec,2022	Thursday	World AIDS Day	Awareness	
2.	2 <sup>nd</sup> Dec,2022	Friday	<ul> <li>World Computer         Literacy Day     </li> <li>National Pollution         Control Day     </li> </ul>	Speech + Awareness	
3.	4th Dec,2022	Sunday	Indian Navy Day	Awareness	
4.	7 <sup>th</sup> Dec,2022	Wednesday	Indian Armed Forces Flag Day	Awareness	
5.	9th Dec,2022	Friday	International Anti- Corruption Day	Awareness	
6.	10th Dec,2022	Saturday	Human Rights Day	Awareness	

			· .	
STUDY	PLAN		3×̈́	Class- 8th (2022-23)
7.	22 <sup>nd</sup> Dec,2022	Thursday	National Mathematics Day	Celebration by Maths Department
8.	23 <sup>rd</sup> Dec,2022	Friday	Swami Shradhanand BalidanDiwas	Tribute By Running House
9.	24th Dec,2022	Saturday	National Consumer Day	Awareness
10.	25th Dec,2022	Sunday	Christmas Day	Celebration by Pre-Primary
11.	26 <sup>th</sup> to 28 <sup>th</sup> Dec,2022	Monday, Tuesday, Wednesday	ShaheediJor Mela	Tribute by Running House
12.	29th Dec,2022	Thursday	Parkash Purab Shri Guru Gobind Singh Ji	Speech
		JAI	NUARY	
S.No	<u>Date</u>		<u>Day</u>	
1.	1st Jan,2023	Sunday	New Year	(Hawan Yajna)
2.	6 <sup>th</sup> Jan,2023	Friday	National Technology Day	Awareness
3.	12th Jan,2023	Thursday	National Youth Day	Awareness
4.	14th Jan,2023	Saturday	Lohri	(Celebration by Senior Block + Running House)
5.	15th Jan,2023	Sunday	Makar Sankranti / Pongal	Speech
6.	23 <sup>rd</sup> Jan,2023	Monday	Neetaji Subhash Chandra Bose Birth Anniversary	Awareness
7.	25th Jan,2023	Wednesday	<ul> <li>Basant Panchmi</li> <li>National Voters         Day     </li> <li>Indian Tourism Day</li> </ul>	Awareness
			66	

STUDY	PLAN	3 <sup>3</sup> ⁄2		Class- 8th (2022-23)		
8.	26th Jan,2023	Thursday	Republic Day	Celebration by		
				Running House		
9.	30th Jan,2023	Monday	Mahatama Gandhi	Tribute by		
			Martyrdom Day	Running House		
		FEE	BRUARY			
S.No	<u>Date</u>		Day			
1.	4th Feb,2023	Saturday	World Cancer Day	Awareness		
2.	5th Feb,2023	Sunday	Guru Ravidas Jayanti	Speech		
3.	15th Feb,2023	Wednesday	Maharishi Dayanand	Celebration by		
			Saraswati	running House		
4.	18th Feb,2023	Saturday	MahaShivratri	Celebration/Speec		
				h		
5.	20th Feb,2023	Monday	World Day of Social	Awareness		
			Justice			
6.	21st Feb,2023	Tuesday	Matri Bhasha Divas	Celebration By		
				Punjabi Teachers		
7.	23 <sup>rd</sup> Feb,2023	Wednesday	World Peace &	Awareness		
			<b>Understanding Day</b>			
8.	28th Feb,2023	Tuesday	National Science Day	Celebration By		
				Science Teachers		
		<u>M</u>	<u>IARCH</u>			
S.No	<u>Date</u>		<u>Day</u>			
1.	1st March,2023	Wednesday	Rishi Bodh Utsav	Awareness		
2.	3 <sup>rd</sup> March,2023	Friday	National Defence Day	Awareness		
3.	8th March,2023	Wednesday	Holi + International	Celebration By		
			World Women's Day	Running House		
4.	15thMarch,2023	Wednesday	World Consumer	Awareness		
			Rights Day			
5.	22th March,2023	Wednesday	World Water Day	Awareness		





#### NEAR CHAK AMRITSARIA PATRAN ROAD, SAMANA - 147101, DIST. PATIALA (PB)

### List of Activities under Ek Bharat Shreshta Bharat

Sr.No	Description of	Month/Day/	Learning
	Activity	Location	Outcome
1	Exposure of students to the alphabets, songs, proverbs and 100 sentences in the languages of the partnering State/UT.	Academic Year/ Every Week / school premises	It will develop the linguistic capacity of the students.
2	Essay Competition among students in the language of the partnering State/UT	Academic Year	It will develop multi- linguistic skills in students.
3	Drama/Role Play on culture, history, the tradition of partnering State/UT.	Academic Year/school premises	The students will be able to learn the culture of the partnering State/UT.
4	Identification/translation and dissemination of similar proverbs in the language of partnering State/UT.	Academic Year	The students will be able to learn the language and culture of the Partnering state/UT.
5	"Themed Display Board/Wall magazine" on the partnering state. (Historical Monuments, Dressing Style, painting, handicrafts, alphabet and basic sentences of the partnering State/UTs).	Round the Year/ school premises	The pictorial representation will help them in learning and Understanding about partnering States/UTs.
6	Pledge on Swachhta/ Single-use plastic/water saving/ National Unity in the language of partnering states/UTs	At least two times every month/ Schools' premises during morning assembly.	The students will have exposure to partnering state language.Enhance social responsibility among students.
7	"Questions/Answer session" (Quiz) on partnering States/UTs. (Know Your Partner States/UTs)	Once in a month/ Morning Assembly.	It will help students to remember the important facts about partnering States/UTs.
8	"State Day Celebration" of partner State/UT	On State Day/ School Premises	It will develop a sense of unity among the students of both the States/UTs.



#### <u>Suggestive Activities for FIT India Movement — March 2022-Feb 2023</u>

Sr. No.	Month	Theme based Activities	
1.		FIT INDIA FITNESS ASSESSMENT	
	March-	Fitness assessment by teachers and parents on Fit India Mobile App	
	April	<ul> <li>Fitness Ka Dose Aadha Ghanta Roz- doing daily physical activities like Yoga/Free hand exercise/ dance/ playing sports etc. for half an hour atleast.</li> </ul>	
2.		MENTAL FITNESS AND YOGA	
	May-June	<ul> <li>Learn Common Yoga Protocols, different poses of Yoga through Fit India Mobile App</li> </ul>	
		Celebration of "Yoga Day" (Age-appropriate Yoga Activities)	
		Rhythmic Yoga on patriotic songs and share your stories on Fit India Mobile     App	
		Pranayam, Meditation/ Mindfulness activities every day.	
		Daily Yoga, Stretching, Hand exercises may be included in assembly to make fitness part of students'/teachers' daily lifestyle	
		Focus on Mind games like chess, Sudoku, Puzzle etc.	
3.		FITNESS ASSESSMENT OF STUDENTS THROUGH PE TEACHERS AND INDIGENOUS SPORTS	
		TEACHERS AND INDIGENOUS STORTS	
	July	<ul> <li>Participate in Khelo India National Fitness programme for schools through Fit India Mobile App</li> </ul>	
		Learn different Indigenous/ traditional sports on Fit India Mobile App	
		Organization of indigenous/traditional sports, martial arts, dance with theme — HamariSanskritiSe Fitness	
4.		FIT INDIA FREEDOM RUN	
	August - September	Organizing Fit India Freedom Run at iconic and historic importance places by	
		registering on Fit India Mobile App  • Share your Run with friends/family and challenge them on 1-it India Mobile	
		App	
		• Fit India Freedom Run to start/culminate with patriotic songs/stories on freedom struggle of local heroes (Staff, Students & Community)	
		Places associated with Independence Movement in states/UTs to be selected for culmination/ starting of Freedom run	
		<ul> <li>In morning assembly plays / role-plays may be conducted on various historically important events.</li> </ul>	
		Stories/Talks/Essay competition on one Freedom Fighter/local hero of Freedom struggle at least once every week	
	<u> </u>		

STUDY PLAN		<b>ॐ</b>	Class- 8th (2022-23)		
5.		FIT INDIA PLOG F	RUN		
	October	<ul> <li>Virtual connect with Plogging communities of your stories feature</li> <li>Plays/ Rallies with themes such as Swachta, A Mahatma Gandhi</li> </ul>	<ul> <li>Plays/ Rallies with themes such as Swachta, Ahinsa and other values of Mahatma Gandhi</li> <li>Cultural programs depicting importance of Mahatma Gandhi in India's Independence</li> </ul>		
6.		FIT INDIA SCHOOL WEEK AND FIT	TNESS ASSESSMENT		
	November- December	<ul> <li>Celebrating 5-6 days in a week for fitness rela</li> <li>Inter and Intra Sports Competitions</li> <li>Motivate &amp; aware parents, community regard</li> <li>Participate in Khelo India National Fitness pre India Mobile App</li> </ul>	ding doing daily fitness activities.		
	<u> </u>	Fitness assessment by teachers and parents or			
7.	January- February	<ul> <li>FIT INDIA NEW YEAR SPECIAL AND</li> <li>Welcoming new year with fitness events</li> <li>Participate in Khelo India National Fitness pr India Mobile App</li> <li>Fitness assessment by teachers and parents or</li> <li>Participation in Fit India Quiz as audience on App</li> <li>Collage making and poster competition on He Importance doing daily fitness activities</li> </ul>	rogramme for schools through Fit n Fit India Mobile App n Fit India Mobile		





# House Information 2022-23

House	Color	Motto	Tagline	Logo
Virtue	Red	Modesty	Self-Respect is the corner stone of all Virtues.	A The state of the
Harmony	Green	Courage to Care	Caring is the gift of making the ordinary to Extraordinary.	narmony house
Charity	Blue	Sympathy	Charity makes dreams come true.	G/ve a Hand
Gratitude	Yellow	Thankful & Grateful	Gratitude Unlocks the fullness of life	= =

#### **DO's AND DON'Ts**

## Do's 蹝

- 1. Give due regards to your elders.
- 2. Prepare yourself well to perform well.
- 3. Converse in English in School Campus.
- 4. Come to school well groomed, in proper Uniform.
- 5. Bring the student's diary to school daily.
- 6. Be regular in attendance and never be late to school. Attend morning assembly without fail.
- 7. Keep your classroom and school premises clean and tidy.
- 8. Turn off the taps after use.
- 9. Switch off fans and lights when not in use.
- 10. Be fair and honest at work. Always be considerate of the rights of others.
- 11. Make use of the Library.

### Don'ts 🚲

- 1.Do not bring precious articles in school.
- 2. Do not damage the school property.
- 3. Do not make noise in the classroom, corridors, auditorium or elsewhere in the school campus.
- 4. Do not bring gadgets such as mobile phones, I Pads, MP3's etc.
- 5. Do not be absent from school. 75% attendance is the minimum requirement.
- 6. Do not use abusive language.
- 7. Do not pluck flowers. Never touch electric plugs.
- 8. Do not wear expensive jewellery to school.
- 9. Don't involve in physical fights.
- 10. Do not come in personal vehicles to school.

#### **CODE OF CONDUCT**

- Converse in English in school campus.
- ❖ Come to school regularly. In case you want to avail leave, kindly get it sanctioned from class teacher.
- ❖ Ensure proper order and discipline while moving to the playground /assembly / library or any lab.
- ❖ Library books must be handled with extra care and must be returned in time.
- ❖ Shouting / Fighting or Indulging in unruly behavior in the school premises is forbidden.
- ❖ Kindly contribute to make your school clean DAV, Green DAV.
- Proper decorum should be maintained while singing National Anthem / DAV Anthem and School Prayers as a mark of patriotism.
- Students should not carry any sharp objects like blade, knife, paper cutter etc. as they can prove to be harmful.
- Possession of crackers / bursting crackers / playing with colours in the school is strictly prohibited.

Any student found with expensive jewellery, mobile phone, CD's, any other objectionable article will be subjected to fine and confiscation of the above mentioned articles.



#### TEN PRINCIPLES OF THE ARYA SAMAI

- 1. God is the primary source of all true knowledge and of all that can be known through it.
- 2. God is Existent, Intelligent and Blissful. He is Formless, Almighty, Just Merciful, Unborn, Infinite, Unchallengeable, Beginning less, Incomparable the support and Lord of all, Omniscient, Imperishable, Immortal, Fearless, Eternal, Holy and the Maker of the Universe. To him alone worship is due.
- 3. The Vedas are scriptures of true knowledge. It is the duty of all Aryas to read them, hear them being read and recite them to others.
- 4. We should always be ready to accept the truth and give up untruth.
- 5. All actions should be performed in conformity with Dharma, that is, after due consideration of right and wrong.
- 6. The primary aim of the Arya Samaj is too good for all, that is, to promote their physical, spiritual and social well-being.
- 7. We should treat all people with love, fairness and due regards for their merit.
- 8. One should aim at dispelling ignorance and promoting knowledge.
- One should not only be content with one's own welfare but should look for it in the welfare of other also.
- 10. One should regard oneself under restriction to follow altruistic rulings of the society, while all should be free in following the rules of individual welfare

#### आर्य समाज के नियम

- 1. सब सत्य विद्या और जो पदार्थ विद्या से जाने जाते हैं, उन सब का आदि मूल परमेश्वर है।
- 2. ईश्वर सच्चिदानंद स्वरूप, निराकार, सर्वशक्तिमान, न्यायकारी, दयालु, सर्वेश्वर, सर्वव्यापक, सर्वांतर्यामी, अजर, अमर, अभय, नित्य, पवित्र और सृष्टिकर्ता है उसी की उपासना करने योग्य है।
- वेद सब सत्य विद्याओं की पुस्तक है। वेद का पढ़ना-पढ़ाना और सुनना-सुनाना सब आर्यों का परम धर्म है।
- 4. सत्य के ग्रहण करने और असत्य के छोड़ने में सर्वदा उद्यत रहना चाहिए।
- 5. सब काम धर्मानुसार अर्थात् सत्य और असत्य का विचार करके करना चाहिए ।
- 6. संसार का उपकार करना इस समाज का मुख्य उद्देश्य है अर्थात् शारीरिक, आत्मिक और सामाजिक उन्नित करना |
- 7. सबसे प्रीतिपूर्वक धर्मानुसार यथायोग्य वर्तना चाहिए |
- 8. अविद्या का नाश और विद्या की वृद्धि करनी चाहिए।
- 9. प्रत्येक को अपनी ही उन्नित से संतुष्ट न रहना चाहिए, किंतु सबकी उन्नित में अपनी उन्नित समझनी चाहिए।
- 10. सब मनुष्यों को सामाजिक सर्वहितकारी नियम पालने में परतंत्र रहना चाहिए और प्रत्येक हितकारी नियम में सब स्वतंत्र रहें।