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DAV PUBLIC SCHOOL, SAMANA



(Senior Secondary)

CBSE Affiliated (1630571)

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STUDY PLAN(2022-23)

Class : 5th

Name _____

Section _____

Roll No. _____

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Principal Message



"Education is a shared commitment between dedicated teachers, motivated students and enthusiastic parents with high expectations"

Dr. Mohan Lal Sharma
Academician,
Educationist, Scholar, Writer,
Social worker, Awardee

Dear Students

Today, the role of a school is not only to pursue academic excellence but also to encourage and empower its students to be lifelong learners, critical thinkers, and productive members of an ever-changing global society. More than a decade back DAV SAMANA pledged to transform education. The school that is being run under the able stewardship of Honorable President **Dr. Punam Suri Ji** has earned its own position not only in Samana but also in its surrounding areas. At DAV, we provide an atmosphere to our students for multifaceted development, where children get such a platform which helps them to channelize their potential in the pursuit of excellence. This can only be possible in a holistic, student-centric environment.

The school is striving hard to make the best possible efforts to inculcate strong Vedic roots combining with academics and extra-curricular activities in the children. Transforming every individual into a self-reliant and independent citizen, the school provides an amalgam of scholastic and co-scholastic activities with International exposure. In our curriculum, the student is the primary focus and each child is involved in the learning process.

A new ray of hope has been generated by the introduction of – NEP 2020, a pristine document on education wherein emphasis is laid on technology. From the academic year 2022-23, the government will implement the first phase of NEP 2020. The new norms we have adapted to, the resilience we have developed will play a crucial role in applying the New Education Policy in a better way.

The parents are the most strengthening power in moulding the future of children. Their consistent support empowers us to do more and more. I pay my gratitude to them for their faith in us.

I am confident enough that the DAVIANS will make themselves stronger day by day, adding a new leaf to the grandeur of the school.

Blessings

Dr. Mohan Lal Sharma

Principal

STUDY PLAN - AN IMPORTANT TOOL

Study plan is a technique that enables you to make the most efficient use of your time, resources and academic potentials. As we journey together, you may face many challenges and to enable you to overcome the obstacles, we offer you this wonderful tool-Study Plan to make you familiar with the values and Academic Syllabi of the school. This will increase your awareness of how you study and you will become more confident. Make this planner a part of your schedule for getting success this year.

GREEN RULES

- ❖ Be kind, polite, helpful and aware of others' feelings.
- ❖ Try your best, work hard and learn from your own mistakes.
- ❖ Respect your educators.
- ❖ Make yourself presentable.
- ❖ Take responsibility of your education.
- ❖ Be organized.
- ❖ Don't be a distraction.
- ❖ Do the task with dedication.
- ❖ Stick to your goals.

GENERAL INSTRUCTIONS (FOR PARENTS)

- ❖ Parents are requested to co-operate with the school in its attempt to help towards their children's progress by paying attention to their regularity, punctuality and discipline.
- ❖ Constant vigilance on the part of the parents pays rich dividends. We earnestly recommend that parents should take interest in the daily activities of the children both inside and outside the school and check the diary daily for any notes from the teacher. Kindly attend all Parent-Teacher Meetings in the interest of your wards.
- ❖ If you have any suggestions regarding your ward's study, you are welcome to contact the Principal/Class Co-ordinator/Class Teacher/Subject Teacher during Parent-Teacher Meeting or with prior appointment with Principal/Class Co-ordinator between (9:00 a.m. to 10:00 a.m.).
- ❖ Parents are requested not to enter the class room either to see their wards or to seek interviews with the teachers during class hours. No half day/short leave will be given to the student.
- ❖ Unauthorized absence for 6 consecutive days renders the student liable to have his/her name struck off the rolls. Sick children should not be sent to the school for a test or an examination. Medical certificate must be sent along with an application on the same or next day positively. Student will be fined Rs.10 per day, if the child remains absent for the consecutive two days.
- ❖ Children when suffering from infectious disease should not be sent to school to attend classes. The student is required to produce a fitness certificate from a Medical Practitioner / Doctor on joining.
- ❖ Any change of Residential / Official Address / Telephone Number should be notified to the class teacher and school office immediately.
- ❖ Ensure that the child maintains personal hygiene. He /She has nutritious breakfast and diet and avoids eatables from roadside vendors.

- ❖ Students are not allowed to carry / use "Mobile Phones" within the school premises.
- ❖ As the medium of instruction in the school is English. So, children should be helped to follow their work easily and intelligently by a certain amount of regular conversation in English at home.
- ❖ As soon as the diary is issued, the parents should fill in all the required data and sign in the spaces provided.
- ❖ Parents should sign their ward's school diary daily to check the
 - a) completion of Assignment
 - b) Wearing proper uniform, or any other instruction and circulars given should be acknowledged by signing the diary at the respective spaces provided.
- ❖ Legitimate complaints should be brought to the knowledge of the Principal without delay.
- ❖ Please ensure that the child is sent neatly dressed. Nails should be trimmed regularly. Expensive jewellery and watches, nail polish and make up is not permitted.
- ❖ Encourage the children to participate in all curricular and co-curricular activities. This is very necessary for gaining self-confidence and self-satisfaction.

MODE OF EXAMINATION

1. The First Term examination will be held in the month of September and 2nd term and Annual examination will be held in the month of February / March.
2. Grading System is in the paper of Drawing, Music / Dance, G.K., Naitik Shiksha, Health & Physical Education, Sanskrit.
3. A student must pass separately in both (Written+ Practical) exams.
4. Duration of each paper will be of three hours.
5. Each term will carry 50% syllabus. In various classes, the syllabus will be as per the following scheme

CLASS/GRADE	SYLLABUS
Classes 3, 4 & 5	Term 1 – 50% syllabus Term 2 – 50% syllabus
Class 6	Term 1 – 50% syllabus Term 2 – 50% syllabus + 20% syllabus of Term 1 (topics relevant for the next grade)
Class 7	Term 1 – 50% syllabus Term 2 – 50% syllabus + 30% syllabus of Term 1 (topics relevant for the next grade)

The term-wise breakup & weightage is as follows :

TERM 1	TERM 2	WEIGHTAGE
PEN PAPER TESTS (PT 1 & PT 2/HALF YEARLY EXAM) 70 marks	PEN PAPER TESTS (PT 3 & PT 4/ANNUAL EXAM) 70 marks	70%
INTERNAL ASSESSMENT 1 30 marks	INTERNAL ASSESSMENT 2 30 marks	30%

TEACHER SHOULD KEEP IN MIND

1. Use a variety of tools (Oral, Projects, Presentation).
2. Understand different learning styles and abilities.
3. Develop child's individual's skills, interests, attitudes and motivation.
4. Monitor the changes taking place in a child's learning, behavior and progress over time.
5. Share the Assessment Criteria with the students.
6. Allow peer and self-assessment.
7. Give an opportunity to the students to improve.
8. Use an "Indoor Voice" while speaking in the class.

VALUE EDUCATION TOPIC FOR JUNIOR

APRIL

Greet Everyone

- Wish your parents
- Wish your teachers
- Wish your friends
- Wish your guests

MAY

Take Care of your Belongings

- Do not tear your books/ notebooks
- Do not scribble on walls and tables
- Keep your toys, books etc. at proper place

JUNE

Use of Magical Words

- Thank You
- Please
- Sorry
- Excuse Me
- Welcome

JULY

Love the Nature

- Do not waste water
- Turn off water and electrical appliances when not in use
- Do not pluck the flower
- Save tree

AUGUST

Nation Pride and Patriotism

- Take pride in your country
- Respect the National Flag
- Respect the National Anthem

SEPTEMBER

Health and Hygiene

- Take bath everyday
- Brush your teeth twice a day
- Trim your nails often
- Eat nutritious food
- Stay away from junk food

OCTOBER

Truthfulness and Honesty

- Always Speak truth
- Do not take away others things
- Do not cheat in test/ examination

NOVEMBER

Safety Prevents

- Walk on footpath
- Use zebra crossing while crossing the road
- Do not play with or near fire
- Do not touch switches, electric wires and plug
- Do not take hands out of moving bus
- Do not chase flying kites and balls on the road

DECEMBER

Discipline and Punctuality

- Come to school in proper uniform and tidy hair
- Always move in queue
- Do not run/ shout in corridors
- Always do your work on time

JANUARY

Clean DAV, Green DAV

- Always throw garbage in Dustbin
- Keep your surroundings clean
- Do not sit here and there

FEBRUARY

Respect and Kindness

- Respect your elders
- Respect people who help you (Community helpers)
- Be kind to poor
- Be kind to animals
- Do not hurt anyone

MARCH

Sharing and Caring

- Share your things with others
- Share your experiences with parents and teachers
- Care for others feelings.
- Love your brother and sister

Remember
GOD IS EVERYWHERE
HAVE FAITH IN GOD

FIRST TERM (APRIL TO SEPTEMBER)**SUBJECT – ENGLISH**

“Language is a divine gift of God to human beings”.
“English is said to be the queen of languages”.

Books : My English Reader
: English Practice Book
Publication: DAV Publication

General Aims and Objectives:

1. To enable the students to communicate effectively in English.
2. To enable the students to use language skills i.e. Listening, Speaking, Reading and Writing.
3. To develop an interest and appreciation of literature.
4. To enable the students to use grammar structures and grammatical forms accurately and appropriately.
5. To develop students' confidence to use language fluently and appropriately.

Common Instructions for Teachers:

1. New words, word meanings of each chapter must be written in note book.
2. Students will write make sentences of each chapter themselves after teacher's guidance.
3. Teacher will conduct one unseen comprehension passage every month.
4. Stereo (Audio Aid) must be used to conduct listening skill (tape script).
5. Dictation and evaluation test (oral/written) must be taken after the completion of each chapter.
6. Value based questions and Life skill questions must be discussed with the students.
7. E-smart content must be explained to the student's lesson wise.
8. After completion of each chapter, Tally work must be done.

NOTE : It is mandatory to conduct test after the completion of each & every chapter.

Instructions for students:

1. Student must start separate notebooks for both terms.
2. Notebooks must be covered properly.
3. It is mandatory for the students to maintain the condition of notebook up to the end of year.
4. Handwriting should be neat and clean.
5. Students will get Parent's Sign in each test.

STUDY PLANClass : 5th 2022-23**APRIL**

Lesson No./Topic	No. of periods	Activities	Art Integration Activity	Teaching Aids /Technology
Chapter 1 Monday Morning Blues (Reader Book)	4		Story Telling 56 Speaking Skill (5)	Live examples and Reader Book
Chapter 2 The Tale of a Tail (Reader Book)	4			Reader Book
Tape Script Page No 22 (Reader book)	Listening skill Part of discussion			
Unit : 1 Nouns (Practice Book)	2	4.1.1.1.8	Shopping Time (Page No 18) Curriculum Guidelines	E-Smart board and green board
Unit : 2 Determiners (Practice Book)	2	Pot Game		E-Smart board , green board and Text book
Introduction Of Parts Of Speech	1		Flash card making on parts of speech	Notebook Flash Card
Application to Principal to get a leave as you have to go to dentist to get your tooth extracted. Pg. no. -9 (ReaderBook)	1			Green Board
Comprehension passage A.1 (Practice Book)	1	Brain Storming		Text book

Subject Enrichment Activity : Quiz on Parts of speech**Note : It is mandatory to conduct test after the completion of each and every chapter/topic.**

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MAY				
Lesson No./ Topic	No. of periods	Activities	Art Integration Activity	Teaching Aids/ Technology
Read it yourself: I wish I were (Reader Book)	1			Text Book
Chapter 3: The Boy Who Borrowed (Reader Book)	4	Students will speak about how to take care of Books	Project on famous writer of Andhra Pradesh & Punjab (Project Work (5))	Text Book, Green Board
Read it Yourself Thank you Rinku (Reader Book)	Only for reading. Part of discussion	Students will speak summary of Chapter		Text Book
Tape Script Page no. 47 (Reader Book)	1	Listening Skill(5)		Stereo, CD
Unit 3: Apostrophes (Practice Book)	3			E-Smart Board, Practice book
Unit 4 : Comparison (Practice Book)	3	Live Example in Class		E-Smart board and chart
Tenses (Simple Present, Present Continuous)	2	Rules will be written in fair notebooks		Green board and E-smart board, Chart

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Composition: My School Library	1		Spin the Yarn Activity	Observation of school library
Letter to Editor complaining against the insanitary condition of your locality	1			Text Book, E- Smart Board & Notebook
Comprehension passage A.2 (Practice Book)	1	Brain storming		Text book
Degrees of Adjectives (20)	1			Note Book

Writing Skill : NOTICE writing (Pg-34 Reader Book)

Note: It is mandatory to conduct test after the completion of each and every chapter/topic.

JUNE : SUMMER VACATION**JULY**

Lesson No./ Topic	No. of periods	Activities	Art Integration Activity	Teaching Aids /Technology
Chapter 4: Limits of the Mind (Reader Book)	5		Punjab (Projectwork(5))	Text book, Green Board & Notebook
Tape Script PageNo .63 (Reader Book)	Part of discussion	Listening Skill		Stereo, CD
Essay- Value of Games in Life	1		Draw or paste pic of your Favourite game & write 5 lines about it	-

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Unit 5 – Verbs (Practice Book)	3			E-Smart board, Green Board and Text book
Unit 6 : Adverbs (Practice Book)	3	Teacher will give verb and student will tell Adverb related with the verb		E-Smart board, Green Board andText book
Three Forms of verbs (Any 20)	1	Students will speakthree forms of Verbs in singing way	Flash Card Making On Verbs	E-smart board Contents
Unseen Comprehension passage A.3 (Practice Book)	1	Reading comprehension worksheet(5)		Practice book

Subject Enrichment Activity : Reading Contest

AUGUST : Revision of First Term Syllabus
SEPTEMBER : FIRST TERM EXAMINATION

विषय - हिंदी

पुस्तक : भाषा माधुरी तथा भाषा अभ्यास (डी ए वी प्रकाशन)

“निज भाषा उन्नति अहै ,सबे उन्नति को मूल ।
बिन निज भाषा ज्ञान के , मिटत न हिय को सूल ॥”

भारत एक बहुभाषी देश है जिसमें बहुत सी भाषाओं का समावेश है भाषिक और सांस्कृतिक दृष्टि से भिन्न होने के बावजूद भारतीय परम्परा में बहुत कुछ ऐसा है । जो एक दूसरे को जोड़ता है। यही कारण है कि मातृ भाषा के रूप में यह भाषा सभी को एकता के सूत्र में पिरोती है , बचपन से हिंदी पढ़ता आ रहा बच्चा नवीं दसवीं तक हिंदी भाषा में निपुण हो जाता है । वह एक ओर जहाँ हिंदी भाषा से सारे देश से जुड़ेगा वहीं दूसरी ओर अपने क्षेत्र और परिवेश को हिंदी भाषा के माध्यम से जानने की कोशिश भी करेगा क्योंकि किशोरावस्था के इन बच्चों के मानसिक धरातल का विकास विश्व-स्तर तक पहुँच चुका होता है , प्रयास यह होगा कि विद्यार्थी भाषा के लिखित प्रयोग के साथ सहज व स्वाभाविक मौखिक अभिव्यक्ति में भी सक्षम हो सके ।

हिंदी भाषा पढ़ने / पढ़ाने के मुख्य उद्देश्य:

1. भाषा के शुद्ध एवं प्रभावशाली प्रयोग की क्षमता विकसित करना ।
2. शब्द भंडार की वृद्धि तथा व्याकरण का समुचित ज्ञान।
3. दैनिक जीवन में हिंदी समझने बोलने के साथ- साथ लिखने की क्षमता का विकास करना।
4. हिंदी के माध्यम से अपने अनुभव को संसार को लिखकर सहज अभिव्यक्ति करवाने की क्षमता का विकास करना ।
5. बच्चों में रट्टा प्रवृत्ति को कम करके सोच समझकर स्वयं कार्य करने की क्षमता का विकास करना।
6. भाषा के चारों कौशलों (सुनना, बोलना, पढ़ना, लिखना व चिंतन) का उत्तरोत्तर विकास करना।
7. स्वतंत्र और मौखिक रूप से अपने विचारों की अभिव्यक्ति का विकास करना ।
8. अपनी मातृभाषा और परिवेशगत भाषा को साथ रखकर हिंदी की संरचनाओं को समझना।

अध्यापकों के लिए सामान्य निर्देश :

1. अध्यापक पहले से ही पाठ- योजना तैयार करें ।

2. कक्षा में कार्य शुरू करवाने से पहले अध्यापक रोजाना बच्चों से अभ्यास पुस्तिका पर 5 से 10 कठिन शब्द लिखवाएगा तथा इस अभ्यास पुस्तिका को आंतरिक मूल्यांकन का भाग माना जाएगा ।
3. कक्षा में भाषा का उच्चारण शुद्ध एवं प्रभावशाली होना चाहिए ।
4. जाँच कार्य समय अनुसार और सतर्कता पूर्वक होना चाहिए ।
5. सभी अध्यापक विद्यार्थियों के पठन कौशल में विशेष ध्यान दें ।

विद्यार्थियों के लिए सामान्य निर्देश :

1. बच्चे पाठ के पठन पर विशेष ध्यान देंगे ।
2. लिखित कार्य करते समय लिखाई सुंदर एवं स्पष्ट होनी चाहिए ।
3. शब्दों की बनावट और मात्राओं पर विशेष ध्यान दें ।
4. विद्यार्थी कक्षा में अनुशासित ढंग से पठन- पाठन प्रक्रिया में भाग लें।

नोट:

- * नोटबुक प्रस्तुतिक रण में नियमितता, कार्यपूर्ति, स्वच्छता और रख-रखाव को जाँचा जाएगा ।
- * विषय संवर्धन गतिविधि में भाषा के वाचन एवं श्रवण कौशल पर बल दिया जाएगा।
- * सत्र के अंत में दोनों सत्रों की कॉपियों को दोहराई और आंतरिक मूल्यांकन के लिए संभाल कर रखा जाए ।
- * लिखित परीक्षण की कॉपी पूरे सत्र में एक ही होनी चाहिए।

अप्रैल				
पाठ का नाम / विषय	कालांश	कला एकीकृत गतिविधि	पाठ से संबंधित विषय संवर्धन गतिविधि	सहायक सामग्री
पाठ-1 दिमागी लड़ाई (भाषा अभ्यास)	3			
पाठ-2 लौह पुरुष (भाषा माधुरी)	2	किन्हीं चार देश भक्तों के चित्र लगाकर उनके नाम लिखो	किसी एक देशभक्त का चित्र लगाकर उसके जीवन से संबंधित वाक्य लिखो	पाठ्य - पुस्तक

STUDY PLAN

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Class : 5th 2022-23

पाठ-2 लौह पुरुष (भाषा अभ्यास)	3		श्रुतलेख	
पाठ-3 पेड़ (भाषा माधुरी)	2		श्रुतलेख	संबंधित पुस्तक
पाठ-3 पेड़ (भाषा अभ्यास)	2			
निबंध (बसंत पंचमी)	1	कोंपी पर बसंत से सम्बन्धित चित्र लगवाना	बसंत से सम्बन्धित जानकारी देना	संबंधित पुस्तक
पाठ-4 पूरे एक हज़ार(भाषा माधुरी +भाषा अभ्यास) (मौखिक)	2		अपठित गद्यांश	दृश्यात्मक प्रस्तुतिकरण

मई

पाठ-5 दो पहलवान (भाषामाधुरी)	2	संतुलित आहार का चित्र गुणवत्ता के आधार पर	श्रुतलेख	ई- स्मार्ट
पाठ-5 दो पहलवान (भाषा अभ्यास)	3			
पाठ-6 नदी यहाँ पर(कविता) (भाषा माधुरी)	2	सस्वर गायन	जल संरक्षण पर विज्ञापन	पाठ्य पुस्तक
पाठ-6 नदी यहाँ पर (कविता) (भाषा अभ्यास)	3		श्रुतलेख	
निबंध –मेरा प्रिय विषय	2		सामूहिक चर्चा	दृश्यात्मक प्रस्तुतिकरण

STUDY PLAN

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Class : 5th 2022-23

पत्र- पोस्टमॉस्टर को डाकिए की शिकायत करने हेतु पत्र	2		प्रारूप समझाना	विषय से सम्बन्धित पुस्तक
क्रिया	1	कार्यप्रपत्र	क्रिया शब्दों को रेखांकित करें	दृश्यात्मक प्रस्तुतिकरण
गिनती (1-40)	2		अनुक्रमांक लिखवाना	मटका गेम

जून

:

ग्रीष्मावकाश**जुलाई**

पाठ का नाम / विषय	कालांश	कला एकीकृत गतिविधि	पाठ से सम्बन्धित विषय संवर्धन गतिविधि	सहायक सामग्री
पाठ – 7 पतीले की मृत्यु (भाषा माधुरी + भाषा अभ्यास) (मौखिक)	2		पठितगद्यांश+ श्रुतलेख	पाठ्य- पुस्तक
पाठ – 8 टपके का डर(भाषा माधुरी)	2		श्रुतलेख +	पाठ्य पुस्तक
पाठ – 8 टपके का डर(भाषा अभ्यास)	3		मुश्किल परिस्थितियाँ का सामना कैसे करें – चर्चा	
पाठ – 9 अजन्ता की सैर (भाषा माधुरी)	2		एक भारत श्रेष्ठ भारत +श्रुतलेख	दृश्यात्मक प्रस्तुतिकरण
पाठ – 9 अजन्ता की सैर(भाषा अभ्यास)	3			
सूचना-खेलों की प्रतियोगिता के आयोजन के लिए	1	खेलों के चित्र कॉपी में लगवाना	लेखनकौशल+पत्र का प्रारूप समझाना	
विशेषण और विशेष्य की परिभाषा भेद सहित	1		विशेषण/ विशेष्य शब्दों का अंतर बताना	दृश्यात्मकप्रस्तुतिकरण

पाठ- 10 ये बात समझ में आई नहीं(भाषा माधुरी + भाषा अभ्यास) (मौखिक)	1		श्रुतलेख	
अगस्त : किए गए कार्य की दोहराई सितंबर : अर्धवार्षिक परीक्षा				

SUBJECT- MATHEMATICS

Prescribed Book : PRIMARY MATHEMATICS (DAV PUBLICATIONS)

“The only way to learn Mathematics is to do Mathematics”

MATHEMATICS is an important component of school education. MATHEMATICS is something that the man has himself created to meet the various demands of time. Right from morning till night, each single moment of the day is being controlled by MATHEMATICS. LIFE would be impossible without it. MATHEMATICS IS THE SCIENCE OF ALL SCIENCES AND ART OF ALL ARTS.

AIMS AND OBJECTIVES:

1. To enable the students to discipline their minds properly.
2. To help the child to know about the relationship of different topics in **MATHEMATICS**.
3. To develop the technique of **PROBLEM SOLVING**.
4. To develop the interest of the students to know more about the nature of **MATHEMATICS**.
5. To develop the power of **LOGICAL THINKING**.
6. To develop the **SELF CONFIDENCE** of the child.

Instructions for Teachers:

1. LESSON PLAN must be prepared well in time.
2. **CLASS ENTRANCE** should be with full confidence and positivity.
3. **CONTENT DELIVERY** must be effective and long lasting.
4. **COMMANDS OF TEACHER** must be equipped with **GOOD VOCABULARY**.
5. **FAIR NOTE BOOK** must reflect efficiency of the concerned teacher.
6. E - Smart content of each chapter must be shown in the class.
7. Oral drill of one table on daily basis.

Instructions for Students:

1. Students will do **MATHEMATICS PRACTICE** daily with a fixed schedule at home.
2. **BOOK, NOTE BOOK** must be carried by students daily in school.
3. Students must have a self-responsibility to get their note books checked in time.
4. Students must be **ATTENTIVE** in class.
5. Tests must be **WELL PREPARED**.

STUDY PLANClass : 5th 2022-23**NOTE:**❖ **BOOK AND FAIR NOTE BOOK**

- It must be well maintained and kept safely through out the year for evaluation.
- Tally work must be done at the end of every chapter.
- Parents signatures must be there immediately after teacher's checking.
- Correction work must be done immediately (if remarked by the teacher).

❖ **TEST NOTE BOOK**

- Will remain same through out the term (otherwise test will not be evaluated).
- Must be well maintained.
- Must be duly signed by the parents.
- Correction work must be done immediately (if remarked by the teacher).
- Parents must communicate with teacher in case of poor performance.

APRIL				
Unit No./ Topic	No. of Periods	Activities	Art integration activities	Teaching Aids/ Technology
Unit 1: Numbers Upto 99,99,99,999	7	--	Passing the Parcel (Curriculum guidelines Page 43)	Text book, Notebook, Interactive Whiteboard/ Green board
Table 2 to 5	1	Video / Oral drill	--	E- Smart contents, Notebook
Unit 2: Operations on large Numbers	7	Match us quickly Problem Solving (Curriculum guidelines Page 43)	--	Notebook, Interactive Whiteboard/ Green board
Subject Enrichment Activity :- Match us quickly				
MAY				
Unit No./ Topic	No. of Periods	Activities	Art integration activities	Teaching Aids/ Technology
Unit 3: Multiples and Factors	9	--	Be My Multiple I will be your Factor	Text book, Notebook, Interactive Whiteboard/ Green board/Worksheet

STUDY PLANClass : 5th 2022-23

Table 6 to 11	2	Video / Oral drill	--	Green Board, E- Smart contents, Notebook
Unit 10: Average	4	Classroom Situation (Curriculum guidelines Page 57) Application of Concept	--	Text book, Notebook, E- Smart contents
Unit 16: Triangles	6		-----	Worksheet , Notebook, Colored Sheets, Colours

Subject Enrichment Activity : Be My Multiple ,I will be your factor

JUNE : Summer Vacation

Project : Prepare a Project on Triangles.

JULY

Unit No./ Topic	No. of Periods	Activities	Art integration activities	Teaching Aids/ Technology
Table 12 and 13	1	Video / Oral drill	--	E- Smart contents, Notebook
Unit 4: Fractional Number,	15	Step by Step(Curriculum guidelines Page 50)	--	Text book, Notebook, Interactive Whiteboard/Green board Worksheet
Unit 9: Rounding off Numbers	3	Pick 'n' Solve(Curriculu m guidelines Page 57)	--	Notebook, Interactive Whiteboard/ Green board

AUGUST : Revision of First Term Syllabus

SEPTEMBER : FIRST TERM EXAMINATION

Case based + Viva will be conducted before 1st Semester Exams.

SUBJECT-SCIENCE

“A Systematic study of fact is called Science”.

BOOK : My Living World
Publication : DAV Publication

AIMS & OBJECTIVES:

1. To develop scientific attitude among students.
2. To develop conceptual frame work and problem solving skills.
3. To correlate science with day to day life.
4. To develop the love and sensitivity towards nature.
5. To acquaint curiosity about science and natural world.
6. To make students aware about health and hygiene.

Instructions for Teachers:

1. Content of each chapter should be well prepared in advance.
2. Conduct the test after completion of each chapter and maintain proper record of class tests and periodic tests.
3. Check the home work note books on regular basis.
4. Observe each and every child minutely.
5. Discuss value based question of each chapter.
6. Teacher should co-relate the concept with daily life activities.
7. Key points must be written of each chapter.
8. Tally each chapter carefully after completion.
9. Take the students in lab once a week.
10. Proper technical aids must be used for teaching learning process.

Instructions for Students:

1. Students should pay full attention during Teaching Learning Process.
2. Students should be handy with their books and note books according to their timetable.
3. Students must prepare and maintain their practical file regularly.
4. Students should maintain proper discipline during Lab visit.
5. Books and notebooks must be covered and well maintain till annual examination.
6. Test note books must be covered and separate for each term.

April

Chapter Name	No. of Periods	Activity / Art Integration	Practicals	Teaching Aids
Chapter 1: MY BODY	9	1. Model Curriculum guidelines page no.68,69 2. Live example page 69 3. Diagrams page.69 4. Fun with joints	1.To draw human respiratory system 2. Draw sense organs of cockroach, fish and snake	1. Model of respiratory system 2. Skeleton to show joints ThroughE- smart
Chapter 2: Plants	9	1. Slide show curriculum guidelines page no 70 2. Class room discussionpg.no. 71 3. Experiment and observation pg.no.71 4. Diagram :- Parts of bean seed , stages ofgermination (Show)	1. To show germination ofbean seed. 2. Different conditionsof germination.	Bean seeds, leaf of bryophyllum , potato,onion , rose stem, Experiment in laboratory
		SUBJECT ENRICHMENT 1. Show the germination of seed with available material.		

MAY

Chapter Name	No. of Periods	Activity/ Art Integration	Practicals	Teaching Aids
Chapter-3 Forest	9	1.Sample activity pageno. 73 2.Venn diagram (seminar activity) Usesof forest and Disadvantages of deforestation	1. To identify forestproducts and their use.	Book, E- smart samplesof forest products , green board

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Chapter 4 Animals- our friends	10	1. Presentation page no.75 2. Role play page no. 63 3. Crossword puzzleBook page no. 48	1. Draw food chain ofland and water.	E-smart board, Book
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JUNE : SUMMER VACATION**Project : Make a project about different methods of reproduction in plants.****JULY**

Chapter Name	No.of Periods	Activity / Art Integration	Practicals	Teaching Aids
Chapter 5 Food and health	10	Subject Enrichment : Discussion about communicable diseases and non- communicable diseases. Seminar Activity :- Makea necklace or any ornamental Jewellery on types of diseases		Book ,E-smart board, flashcards
Chapter 7 Importace of water	6	1. Group work pg. no. 80 Make a wheel to show importance ofwater.		Book, E-smart board

AUGUST : Revision of First Term Syllabus**SEPTEMBER : FIRST TERM EXAMINATION.**

SUBJECT-SOCIAL SCIENCE

“We are not Makers of History, We are made by History”
BOOK NAME: WE AND OUR WORLD (DAV PUBLICATION)

GENERAL AIMS AND OBJECTIVES**Aims and Objectives:**

1. To develop moral values and sensitive towards family and other.
2. To generalize that diversity creates variety and richness this makes our culture unique.
3. To realize that there is hierarchy of needs and to fulfill the needs, varieties of facilities are required.
4. Acquire habits of keeping the surroundings clean.
5. To develop a sense of pride in achievements of India and being Indian.

Note:

1. Something to do of each chapter must be discussed and done if required.
2. Activity of each chapter must be discussed.
3. Value based question of each chapter must be discussed.
4. Extra exercises must be done in notebook if these are required.
5. Written test must be taken after completion of each chapter.
6. Map skill of each chapter must be done.

Instruction for the Teachers:

1. E- Smart Board content must be used during the teaching.
2. After completion of each lesson, Tally work must be done.
3. Value based question must be discussed with the students.
4. Written test must be taken after completion of each lesson.
5. Teacher will give the information to the students related to the important Ministers of India and Punjab.

Instruction for the Students:

1. Students must start separate notebooks for both terms.
2. Notebook must be covered properly.
3. It is mandatory for the students to maintain the condition of notebooks up to the end of the year.
4. Separate Test notebook is must. Students will get Parent's sign on each test. Handwriting must be neat and clean.

STUDY PLANClass : 5th 2022-23**APRIL**

Lesson No. / Topic	No. of Periods	Activities / Subject Enrichment Activities	Art Integration	Teaching Aids
Lesson-1: Importance of family	8	Something to do	Prepare a greeting card for your family (on custom and tradition)	E Smart Board, Textbook
Lesson-2: Human Migration	7	Find out name of some organizations that help the victim of natural calamities.	Something to do pg-17 Activity No.- 1,4,5(Group wise)	E Smart Board, Textbook

Write down 5 name of migratory birds and animals who come to India.

MAY

Lesson No. / Topic	No. of Periods	Activities / Subject Enrichment Activities	Art Integration	Teaching Aids
Lesson-3: Variation in shelters	7	Group discussion (curriculum guidelines page 76)	Graffiti wall	E Smart Board, Textbook, videos
Lesson-4: Sensitivity towards others	Only for discussion	Blind fold game in class/ground	One different kind of house	E Smart Board, Textbook, videos

JUNE : SUMMER VACATION

JULY :

Lesson No. / Topic	No. of Periods	Activities / Subject Enrichment Activities	Art Integration	Teaching Aids
Lesson-5: Community services	7	----	Project : Benefits of tree plantation	E Smart Board, Textbook, videos

Lesson-6: Leisure time	7	Something to do	-----	E Smart Board, Textbook, videos
AUGUST : Revision of First Term Syllabus				
SEPTEMBER : FIRST TERM EXAMINATION				

ਵਿਸ਼ਾ - ਪੰਜਾਬੀ

ਸਭ ਤੋਂ ਮਿੱਠੀ, ਸਭ ਤੋਂ ਸੋਹਣੀ
ਮੇਰੇ ਸੋਹਣੇ ਪੰਜਾਬ ਵਰਗੀ ਇਹ ਪੰਜਾਬੀ।
ਸਦਕੇ ਜਾਵਾਂ ਇਸ ਤੋਂ, ਜਿਸ ਨੇ ਬਖ਼ਸ਼ੀ ਟੌਹਰ ਨਵਾਬੀ।
ਜਿਓਂਦੇ ਰਹੇ ਪੰਜਾਬੀਓ, ਤੇ ਵੱਸਦੀ ਰਹੇ ਪੰਜਾਬੀ।

ਪੁਸਤਕਾਂ : ਕਿਲਕਾਰੀ-3

: ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦਾ ਵਿਆਕਰਨ-5

ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦੇ ਉਦੇਸ਼ :-

1. ਮਾਤ-ਭਾਸ਼ਾ ਪੰਜਾਬੀ ਪ੍ਰਤੀ ਮੋਹ ਪੈਦਾ ਕਰਨਾ।
2. ਮਾਤ-ਭਾਸ਼ਾ ਰਾਹੀਂ ਸਹਿਜੇ ਹੀ ਗਿਆਨ ਹਾਸਲ ਕਰਨਾ।
3. ਮਾਤ-ਭਾਸ਼ਾ ਰਾਹੀਂ ਪੰਜਾਬੀ ਸੱਭਿਆਚਾਰ ਨਾਲ ਜੁੜਨਾ।
4. ਪੰਜਾਬੀ ਵਿਆਕਰਨ ਦੇ ਨਿਯਮਾਂ ਦਾ ਪੂਰਨ ਗਿਆਨ ਕਰਵਾਉਣਾ।
5. ਬੋਲਣ ਤੇ ਲਿਖਣ ਕੌਸ਼ਲ ਦਾ ਵਿਕਾਸ ਕਰਨਾ।

ਬੱਚਿਆਂ ਲਈ ਨਿਰਦੇਸ਼ :-

1. ਰੀਡਰ ਅਤੇ ਵਿਆਕਰਨ ਲਈ ਇੱਕ ਹੀ ਕਾਪੀ ਲਗਾਈ ਜਾਵੇਗੀ।
2. ਦੁਹਰਾਈ ਤੇ ਮੁਲਾਂਕਣ ਲਈ ਕਾਪੀਆਂ ਅਤੇ ਕਿਤਾਬਾਂ ਨੂੰ ਸੰਭਾਲ ਕੇ ਰੱਖਿਆ ਜਾਵੇ।
3. ਸਾਰਾ ਕੰਮ ਸਾਫ਼ ਅਤੇ ਸੁੰਦਰ ਲਿਖਤ ਵਿੱਚ ਕੀਤਾ ਜਾਵੇ।
4. ਹਰ ਪ੍ਰਸ਼ਨ ਦਾ ਉੱਤਰ ਲਿਖਣ ਤੋਂ ਬਾਅਦ ਲਾਈਨ ਲਗਾਈ ਜਾਵੇ।
5. ਅਧਿਆਪਕ ਦੁਆਰਾ ਦਿੱਤਾ ਕੰਮ ਸਮੇਂ ਸਿਰ ਪੂਰਾ ਕਰਕੇ ਕਾਪੀ ਨਿਰੀਖਣ ਲਈ ਦਿੱਤੀ ਜਾਵੇ।
6. ਹਰ ਪਾਠ ਤੋਂ ਬਾਅਦ ਸੁਧਾਰ ਕੰਮ ਜ਼ਰੂਰ ਕੀਤਾ ਜਾਵੇ।
7. ਟੈਸਟ ਲਈ ਕਾਪੀ ਵੱਖਰੀ ਲਗਾਈ ਜਾਵੇ ਤੇ ਕਵਰ ਜ਼ਰੂਰ ਕੀਤੀ ਹੋਵੇ।

ਅਧਿਆਪਕਾਂ ਲਈ ਨਿਰਦੇਸ਼ :-

1. ਭਾਸ਼ਾ ਦੇ ਸ਼ੁੱਧ ਉਚਾਰਨ ਤੇ ਸੁਲੇਖ ਵੱਲ ਖਾਸ ਧਿਆਨ ਦਿੱਤਾ ਜਾਵੇ।
 2. ਹਰ ਪਾਠ ਪੂਰਾ ਹੋਣ ਮਗਰੋਂ ਟੈਲੀ ਕਰਵਾਇਆ ਜਾਵੇ।
 3. ਪਾਠ ਨਾਲ ਸੰਬੰਧਿਤ ਗਤੀਵਿਧੀ ਜਰੂਰ ਕਰਵਾਈ ਜਾਵੇ।
ਹਰ ਪਾਠ ਪੜ੍ਹਨ ਤੋਂ ਬਾਅਦ ਭੁਲਾਵੇਂ ਸ਼ਬਦ ਜਰੂਰ ਲਿਖਵਾਏ ਜਾਣ।
 4. ਕਾਪੀਆਂ ਅਤੇ ਕਿਤਾਬਾਂ ਦੀ ਚੈਕਿੰਗ ਸਮੇਂ ਸਿਰ ਧਿਆਨ ਨਾਲ ਕੀਤੀ ਜਾਵੇ।
 5. ਬੱਚਿਆਂ ਦੀ ਭਾਸ਼ਾ ਸੰਬੰਧੀ ਹਰ ਗਤੀਵਿਧੀ ਦਾ ਪੂਰਾ ਰਿਕਾਰਡ ਰੱਖਿਆ ਜਾਵੇ।
 6. ਭਾਸ਼ਾ ਮੰਚ ਸੰਬੰਧੀ ਗਤੀਵਿਧੀਆਂ ਨੂੰ ਧਿਆਨ ਵਿੱਚ ਰੱਖ ਕੇ ਪੂਰਾ ਕੀਤਾ ਜਾਵੇ।
- ਨੋਟ: ਹਰੇਕ ਪਾਠ ਪੂਰਾ ਹੋਣ ਤੋਂ ਬਾਅਦ ਵਿਸ਼ਾ ਅਧਿਆਪਕ ਦੁਆਰਾ ਟੈਸਟ ਲਾਜ਼ਮੀ ਲਿਆ ਜਾਵੇ।

ਅਪ੍ਰੈਲ

ਪਾਠ/ ਵਿਸ਼ਾ	ਪੀਰੀਅਡ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾਕ੍ਰਿਤੀ	ਅਧਿਆਪਨ ਸਮੱਗਰੀ
ਪਾਠ- 1- ਅਹੁ ਵੇਖੋ ਇੱਕ ਤਿਤਲੀ	3	ਤਿਤਲੀ ਦੀ ਤਸਵੀਰ ਵਿੱਚ ਰੰਗ ਭਰੋ(ਪੁਸਤਕ ਵਿੱਚ)	ਪੇਪਰ ਦੀ ਤਿਤਲੀ ਬਣਾ ਕੇ ਕਾਪੀ ਤੇ ਚਿਪਕਾਓ	ਪਾਠ ਪੁਸਤਕ
ਪਾਠ-2 ਬੰਟੀ ਤੇ ਤਿਤਲੀ	3	ਵਿਸ਼ੇ ਨਾਲ ਸੰਬੰਧਤ ਵੀਡੀਓ	ਕਾਰਟੂਨੀ ਵਾਰਤਾਲਾਪ ਬਣਾਓ	ਪਾਠ ਪੁਸਤਕ/ ਈ ਸਮਾਰਟ ਬੋਰਡ
ਵਿਆਕਰਨ ਪਾਠ - 1 (ਭਾਸ਼ਾ ਜਾਂ ਬੋਲੀ)	2		ਉਪ ਬੋਲੀਆਂ ਦੇ ਗੀਤ ਸੁਣਾਉਣੇ	ਗ੍ਰੀਨ ਬੋਰਡ ਪੁਸਤਕ
ਵਿਆਕਰਨ ਪਾਠ- 2 (ਵਿਆਕਰਨ)	2	-	ਵਿਆਕਰਨ ਦੀ ਭਾਗ ਵੰਡ ਸਮਝਾਉਣੀ	ਪਾਠ ਪੁਸਤਕ/ ਈ ਸਮਾਰਟ ਬੋਰਡ
ਅਸੁਧ- ਸੁਧ (1 ਤੋਂ 20) ਪਹਿਲੀ ਲਾਈਨ	1 1	- ਮੌਖਿਕ ਵਿਧੀ	ਭੁਲਾਵੇਂ ਸ਼ਬਦ ਲਿਖਾਉਣੇ	ਗ੍ਰੀਨ ਬੋਰਡ ਪੁਸਤਕ

STUDY PLAN

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Class : 5th 2022-23

ਵਿਰੋਧੀ ਸ਼ਬਦ (1 ਤੋਂ 20) ਪਹਿਲੀ ਲਾਈਨ				
ਲੇਖ : ਸਵੇਰ ਦੀ ਸੈਰ	1	ਵਿਚਾਰ-ਚਰਚਾ		ਫੁਸਤਕ
ਅਰਜੀ- ਜਰੂਰੀ ਕੰਮ ਦੀ ਛੁੱਟੀ ਲਈ	1	ਅਰਜੀ ਅਤੇ ਪੱਤਰ ਦੀ ਭਾਗ ਵੰਡ ਸਮਝਾਉਣੀ		ਪਾਠ- ਪੁਸਤਕ , ਗਰੀਨ ਬੋਰਡ
ਮਈ				
ਪਾਠ-3 ਵੱਡਾ ਕੌਣ	4	ਏਕਤਾ ਵਿੱਚ ਬਲ ਹੈ ਵਿਸ਼ੇ ਤੇ ਵੀਡੀਓ	ਰੋਲ ਪਲੇਅ	ਈ- ਸਮਾਰਟ ਬੋਰਡ
ਪਾਠ-4 ਚੰਗੀਆਂ ਆਦਤਾਂ	4		ਗ੍ਰੈਫਟੀ ਵਾਲ (ਚੰਗੀਆਂ ਤੇ ਮਾੜੀਆਂ ਆਦਤਾਂ ਨਾਲ ਸੰਬੰਧਤ)	ਪਾਠ ਪੁਸਤਕ
ਪਾਠ-5 ਰਾਜੂ ਬਦਲ ਗਿਆ (ਮੌਖਿਕ)	1		ਅਣਡਿੱਠਾ ਪੈਰੂ	ਪਾਠ ਪੁਸਤਕ
ਵਿਆਕਰਨ : ਪਾਠ 3 (ਵਰਨ- ਬੋਧ)	2	ਠ ਸਾਂ ਬ ਸਗਾਏ ਯ। ਭਹਨਖ ਸੁਣਾਉਣੀਆਂ	ਵਰਨ ਮਾਲਾ ਲਿਖੋ	ਈ- ਸਮਾਰਟ ਬੋਰਡ
ਪੱਤਰ-ਮਿੱਤਰ ਨੂੰ ਪਾਸ ਹੋਣ 'ਤੇ ਵਧਾਈ ਲਈ	1	ਅਰਜੀ ਅਤੇ ਪੱਤਰ ਦੀ ਭਾਗ ਵੰਡ ਸਮਝਾਉਣੀ		ਪਾਠ- ਪੁਸਤਕ , ਗਰੀਨ ਬੋਰਡ
ਮੁਹਾਵਰੇ (1 ਤੋਂ 12)	1		ਫਲੈਸ਼ ਕਾਰਡ ਬਣਾਓ	ਈ- ਸਮਾਰਟ ਬੋਰਡ
ਲੇਖ : ਦੁਸ਼ਹਿਰਾ	1	ਵਿਚਾਰ ਚਰਚਾ		ਫੁਸਤਕ

ਜੂਨ:- ਗਰਮੀ ਦੀਆਂ ਛੁੱਟੀਆਂ (ਇੱਕ ਪ੍ਰੋਜੈਕਟ ਦਿੱਤਾ ਜਾਵੇਗਾ)

ਜੁਲਾਈ

ਪਾਠ-6 ਨਾਨੀ ਦੀਆਂ ਮਿੱਠੀਆਂ ਗੱਲਾਂ	4		ਪਾਣੀ ਬਚਾਓ ਤੇ ਪੋਸਟਰ ਤਿਆਰ ਕਰੋ	ਪਾਠ ਪੁਸਤਕ
ਪਾਠ-7 ਬੇਰੀ	3	ਕਵਿਤਾ ਉਚਾਰਨ	ਤਸਵੀਰ ਵਰਣਨ ਪੰਨਾ ਨੰ:-46	ਪਾਠ-ਪੁਸਤਕ
ਲਿੰਗ ਬਦਲੋ 1-20 ਪਹਿਲੀ ਲਾਈਨ	1	ਭੁਲਾਵੇਂ ਸ਼ਬਦ		ਪੁਸਤਕ
ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਇੱਕ ਸ਼ਬਦ (1-15)	1	ਟੀਮ ਗੇਮ		ਪੁਸਤਕ/ਗ੍ਰੀਨ ਬੋਰਡ
ਲੇਖ: ਮੇਰੀ ਜਮਾਤ ਦਾ ਕਮਰਾ	1	ਵਿਚਾਰ ਚਰਚਾ		ਪੁਸਤਕ/ਗ੍ਰੀਨ ਬੋਰਡ
ਪੱਤਰ: ਜਨਮਦਿਨ ਦੇ ਤੋਹਫੇ ਲਈ ਧੰਨਵਾਦ ਪੱਤਰ	1		ਤਰ ਦੀ ਭਾਗ ਵੰਡ ਲਿਖਵਾਉਣੀ	
ਸੁਣਨ ਕਲਾ: (ਕੋਈ ਕਹਾਣੀ ਸੁਣਾ ਕੇ ਪ੍ਰਸ਼ਨ ਪੁੱਛਣੇ)	1			

ਅਗਸਤ ਤੇ ਸਤੰਬਰ :- ਦੁਹਰਾਈ + ਪਹਿਲੀ ਛਿਮਾਹੀ ਪ੍ਰੀਖਿਆ

SUBJECT – COMPUTER

“Technology is not an event, it’s just part of the everyday learning”

Name of the Book: HANDS ON**Importance of Computer Education:**

Computer technology has a deep impact on the education sector. Thanks to computers, imparting education has become easier and much more interesting than before. Computers have changed the way we study/work, be it any course/profession. Computers play a vital role in every field especially it play an important role in education. That is why the education system has made computer education a part of school curriculum. Considering the use of computer technology in almost every sphere of life, it is important for everyone to have at least the basic knowledge of using computers.

Aims & objectives:

1. Foremost aim is to make students Technology Savvy.
2. Students must know about the concept of CPU its organization, memory & its types.
3. Students should be able to manage their files in the system.
4. Students should be able to create document in OpenOffice.org-Writer using different Fonts, Formatting options & Gallery.
5. To enable the students in creating simple presentations in OpenOffice.org-Impress.
6. To aware the students about the safe use of Computer System.

Instruction for the Teachers:

1. It is necessary to take students to the lab once in a week according to fix Time Table.
2. It is necessary to show all the links given in the book & perform all the given activities.
3. Teacher will look after each & every child in lab.
4. Teacher will make it sure that all the students have performed the lab activity or not.
5. Students will be evaluated only on the basis of skills in practical.

Instruction for the Students:

1. Bring book according to Time Table.
2. Sit according to Roll No. in lab.
3. Don't change the Control Panel Settings.
4. Follow all the Rules & Regulations of Lab + Instructions of Teacher.

STUDY PLANClass : 5th 2022-23**Tools & Techniques:**

Exploratory Thinking, Demonstration Method, Active Learner participation, Experimentation Method, Effective integration of Technology, Oral Questioning.

Note: Computer / ICT is a completely skill based subject. So, No Pen Paper Test / Exam will be conducted to evaluate the student's performance. Students will be evaluated on the basis of Practical skills only that will be conducted Month Wise, First Term & Annually.

APRIL/MAY			
Chapter No./ Name of Chapter	No. of Periods	Lab Activities	Teaching Aids
Chapter –1 Know Your Computer	9	1. How the computer stores the information. 2. Differentiate between Primary and Secondary Memory. 3. Basic design of CPU.	E-Smart Board, Book, Hardware Parts
Chapter – 2 Organizing your work	9	1. Identify different files 2. Perform different operations like: Copy, Move, Rename and Delete	E-Smart Board, Stylus, Pre-Loaded Operating System
JUNE : SUMMER VACATION			
JULY			
Chapter No./ Name of Chapter	No. of Periods	Lab Activities	Teaching Aids
Chapter – 3 More Operations in Writer (Open Office.org)	9	1. To observe different Formatting options. 2. Use Bullets & Numbers, Special Characters, Keyboard shortcuts.	E-Smart Board, Stylus, Writer (OpenOffice.org)

AUGUST

Chapter No./ Name of Chapter	No. of Periods	Lab Activities	Teaching Aids
Chapter – 4 Writing with Styles and Colours (Open Office.org- Writer)	9	1. Use different Formatting options available in Writer. 2. To check Spellings & Grammar	E-Smart Board, Stylus, Writer (OpenOffice.org)

SEPTEMBER : Revision + Oral/Practical Examination

SUBJECT- VISUAL ART

“Drawing plays a big role in our cognitive development. It can help us to learn write and think creativity, develop hand eye co-ordination, hone analytic skills”

Aims & Objectives:

1. To develop observation, imagination and self-expression to be able to put thoughts on paper through art.
2. To work confidently with a variety of material.
3. Art Education enables the child to explore alternative ways of communicating with others. It encourages the ideas that are personal, inventive & makes a vital contribution to the development of a range of intelligence.
4. To express individuality.
5. To develop eye and hand co-ordination.

Common Instructions for Students:

1. Students must bring their step by step Book & Drawing file according to time-table.
2. Students must bring their own drawing material like HB Pencil, Non-Dust Eraser, Pencil, Colour etc.
3. Students should use their creative & imaginative skill while drawing and performing craft.
4. Difficult topics must be practiced in drawing file.

STUDY PLANClass : 5th 2022-23**Common Instructions for Teachers:**

1. Teachers should prepare the activities mentioned in study plan in advance.
2. Use of Technology must be there.
3. Check and return the drawing files in time.

NOTE: Practically demonstration must be given by teacher using E-Smart board, colorful chalks, dusters, colors etc.

Tools for Evaluation:

- * Neatness in work and coloring.
- * Students creativity and interest.

APRIL /MAY

Step By Step	Drawing file	No. of Periods	Activity	Teaching Aids
Page No. 3,6,8,11,13,15,16, (still life study)	Draw and colours till life	4	Mosaic collage making	Colourful papers, fevicol, scissors, Decorative Material etc.

Step By Step	Drawing file	No. of Periods	Activity	Teaching Aids
Page No. 8 to 16 (animal study)	Draw and colour flower basket	6	Mosaic collage making	Colourful glaze papers, cutting of papers, fevicol.

JUNE : Summer Vacation

ACTIVITY : 1) Origami Craft 2) Clay Artwork with fevicyr mould it 3) Any Painting.

JULY

Step By Step	Drawing file	No. of Periods	Activity	Teaching Aids
Page No. 18,19,20,21 (sketches)	Draw and colour slogan writing	4	Rakhi making	A4 size coloured sheet, ribbon, decoration material, fevicol

AUGUST : Revision of First Term Syllabus

SEPTEMBER : FIRST TERM EXAMINATION

SUBJECT - GENERAL KNOWLEDGE

“An investment in General Knowledge pays the best interest.”

Name of Book : Kid Wiz

Publication : DAV Publication

IMPORTANCE OF GENERAL KNOWLEDGE: The name itself says that it is a general that every common student must and should possess. It is useful in terms of personal, academic and professional levels. In day today life also general knowledge is very useful as it is all about common things. It is an important component of crystallized intelligence and is strongly associated with general intelligence. It is a wide body of information that a student acquires from education and from life. It also helps to grow student's confidence level and may prove to be of some great help during some important events of our lives like interview etc. A good knowledge of everything around always impresses the people around you.

Aims and Objectives:

1. To acquaint students about their surroundings.
2. To have a healthy discussion about the day to day happenings around the world.
3. To formulate the students for the competitive level of general awareness.
4. To make students more competent and smarter.

Instructions for the Teachers:

1. It is necessary that the teacher's voice should be audible and clear.
2. It is mandatory to prepare the teaching content in advance.
3. Teacher will make it sure that all the students must carry their study material like books or scrap file etc.
4. It is advisable to maintain complete record of student's performance.
5. It is necessary that the checking must be done carefully and in proper time.
6. Newspapers reading must be in every lecture.

Instructions for the Students:

1. Students must complete the given work at proper time.
2. Scrap files must be maintained properly.
3. Students must follow all the instructions from the teacher.
4. Students must converse in English language.

Note: Write 3 to 5 lines about every activity / project work on the scrap file.

STUDY PLANClass : 5th 2022-23**APRIL**

Unit No and Name	No of Periods	Activity	Teaching Aids
UNIT I : Language and Literature	4	Scrap File Work : 1. Paste 3 pictures of famous Poets of English and write 3 lines about each of them.	Kid Wiz Book +E-Smart
2. Reflection of a good student, School Code of Conduct	2	Group discussion on the content mentioned in School Diary.	School Diary

MAY

Unit No and Name	No of Periods	Activity	Teaching Aids
UNIT II: Environment Around	3	Scrap File Work : 1. Make a collage on "Cleanliness". 2. Write about Current Ministers of India (Finance, Health, Education, Foreign Affairs, Prime Minister, President, Vice President etc.)	Kid Wiz Book + E-Smart

JUNE : SUMMER VACATION (Learn the completed syllabus for First Term)**JULY**

Unit No and Name	No of Periods	Activity	Teaching Aids
UNIT III: World Around	3	1. Paste the pictures of Wonders of India and name them.	Kid Wiz Book + E-Smart

AUGUST : **Revision of First Term Syllabus**
Learning of School Lunch Prayer

SEPTEMBER : **FIRST TERM EXAMINATION**

विषय-नैतिक शिक्षा**पुस्तक: नैतिक शिक्षा****प्रकाशन :डी.ए.वी. प्रकाशन**

“शिष्टाचार अथवा विनम्रता पूर्वक एवं शालीनतापूर्ण आचरण ही वह आभूषण है ,जो मनुष्य को आदर सम्मान दिलाता है ।”

उद्देश्य:

1. छात्रों में माता-पिता ,अध्यापकों एवं बुजुर्गों के प्रति सम्मान और सेवा भावना उत्पन्न करना ।
2. छात्र-छात्राओं में ईश्वर भक्ति की भावना के साथ-साथ उन में आस्तिकता की भावना उत्पन्न करना ।
3. धार्मिक रुचि का संवर्धन करना, अच्छी आदतें डालना ।
4. उन्हें देश एवं जाति की सेवा के प्रति कर्तव्य निष्ठ बनाना ।
5. उत्तम ग्रंथों के माध्यम से स्वाध्याय के प्रति रुचि जागृत करना ।
6. देश-धर्म की सेवा में जीवन लगाने वाले तथा उत्तम ग्रन्थों की रचना द्वारा ज्ञान का संवर्धन करने वाले महापुरुषों के चरित्र से परिचय करवाना ।

नोट:-

1. नैतिक शिक्षा पुस्तक पढ़ना ही काफी नहीं है, बल्कि अपने जीवन को धार्मिक व सदाचारी बनाना जरूरी है ।
2. कक्षा क्रम के अनुसार हवन से पहले बच्चों को दान देने के लिए प्रेरित किया जाए ।

अध्यापकों के लिए सामान्य निर्देश :

1. बच्चों को प्रतिदिन नैतिक शिक्षा की जानकारी देना ।
2. बच्चों को पुस्तक ज्ञान को अपने अंदर डालने के लिए प्रेरित करना ।

विद्यार्थियों के लिए सामान्य निर्देश :

1. विद्यार्थी कक्षा में अनुशासित ढंग से पठन पाठन प्रक्रिया में भाग लें ।
2. अध्यापकों द्वारा दी गई शिक्षा पर अमल करें ।
3. मन्त्र ,प्रार्थनाओं का नित्य अभ्यास करें ।
4. सदाचारी ,शिष्टाचारी बनें व अनुशासन में रहें ।

अप्रैल			
पाठ का नाम/ विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-1 याचना तथा यज्ञ महिमा	2	प्रार्थना को कंठस्थ करवाना तथा सुनना।	पाठ्य पुस्तक
पाठ-2 गायत्री मंत्र का महत्त्व	2	गायत्री मंत्र का उच्चारण एवं चर्चा।	श्रव्य सामग्री
पाठ-3 आर्य समाज के नियम (1-5)	2	व्याख्या द्वारा समझाना।	चार्ट

विषय संवर्धन गति विधि –यज्ञ महिमा का उच्चारण

मई

पाठ का नाम/ विषय	कालांश	गति विधियाँ	सहायक सामग्री
पाठ-4 मूल शंकर का गृह त्याग और गुरु दक्षिणा	2	स्वामी दयानंद जी के जीवन चरित्र से परिचित करवाना।	दृश्यात्मक सामग्री
पाठ-5 ऋषि महिमा	1	उच्चारण करवाना।	पाठ्य पुस्तक
पाठ-6 अच्छे बालक	2	अच्छे बालक के 5 -7 गुण याद करवाना और सुनना।	पाठ्य पुस्तक

विषय संवर्धन गति विधि : अच्छे बालक पर वाक्य बुलवाना

पाठ-7 महात्मा सुकरात की सहनशीलता	2	सहनशीलता जैसे गुणों का बच्चों में समावेश करना।	पाठ्य पुस्तक
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जून : ग्रीष्मावकाश

जुलाई

पाठ का नाम/ विषय	कालांश	गति विधियाँ	सहायक सामग्री
पाठ-8 बड़े घर के गायक	2	संत हरिदास की जानकारी देना।	चार्ट
पाठ-9 गुणगान	2	प्रार्थना कंठस्थ करवाना।	पाठ्य पुस्तक

विषय संवर्धन गति विधि: आर्य समाज के नियम बुलवान(1-5)

अगस्त : करवाए गए पाठ्यक्रम की दोहराई
सितंबर : अर्ध वार्षिक परीक्षा

विषय -संस्कृत

पुस्तक:सुरभि

प्रकाशन :डी.ए.वी. प्रकाशन

सामान्य उद्देश्य:

1. विद्यार्थियों में संस्कृत के प्रति रुचि एवं संस्कार उत्पन्न करना ।
2. विद्यार्थियों में संस्कृत ज्ञान को विकसित करना ।
3. बच्चों में राष्ट्र समाज व अपने संस्थान के प्रति सम्मान की भावना उत्पन्न करना ।
4. पाठों के माध्यम से बच्चों को संस्कृत की बातचीत की शैली से परिचित करवाना ।
5. स्वाध्याय की रुचि को बढ़ाना ।

अध्यापकों के लिए सामान्य निर्देश:

1. अध्यापक पहले से ही पाठ योजना तैयार करें ।
2. कक्षा में भाषा का उच्चारण शुद्ध एवं प्रभावशाली होना चाहिए ।
3. सभी अध्यापक विद्यार्थियों के पठन कौशल में विशेष ध्यान दें ।
4. बच्चों को संस्कृत भाषा बोलने के लिए प्रेरित करना

विद्यार्थियों के लिए सामान्य निर्देश:

1. बच्चे पाठ के पठन पर विशेष ध्यान दें ।
2. विद्यार्थी कक्षा में अनुशासित ढंग से पठन पाठन प्रक्रिया में भाग लें ।
3. प्रतिदिन संस्कृत भाषा का अभ्यास करेंगे ।
4. कालांश के अनुसार संस्कृत की पुस्तक लाना अनिवार्य है ।

अप्रैल

पाठ का नाम /विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ – प्रार्थना – हे प्रभो !	1	लय -स्वर सहित प्रार्थना का उच्चारण	पुस्तक
पाठ-1 मधुरा प्रभात-वेला	1	सुबह की सैर के फायदे	पुस्तक
पाठ-2 मम परिवार	2	परिवार के सदस्यों का नाम संस्कृत में उच्चारण करवाना ।	दृश्यात्मक सामग्री

विषय संवर्धन गतिविधि : संस्कृत परिचय

मई

पाठ का नाम /विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-3 वयं पश्यामः जन्तुशालां	1	कहानी सुनना	पुस्तक
पाठ-4 शाकहट्टम	2	सब्जियों के नाम संस्कृत में उच्चारित करवाना ।	दृश्यात्मक सामग्री
पाठ-5 अस्माकं प्रियमित्राणि (पक्षिणः)	1	पक्षियों के नाम संस्कृत में उच्चारित करवाना ।	दृश्यात्मक सामग्री

जून : ग्रीष्मावकाश

जुलाई

पाठ का नाम /विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-6 ये फलानि खादन्ति ते सुखिनः वसन्ति	2	फलों के नाम संस्कृत में उच्चारण करवाया जाएगा ।	पुस्तक
पाठ-7 चित्रप्रदर्शनी	2	संस्कृत के नए शब्दों का ज्ञान करवाया जाएगा ।	पुस्तक
गिनती (1-25)	1	आस-पास के उदाहरण देना ।	दृश्यात्मक सामग्री

विषय संवर्धन गतिविधि : पठन कला प्रतियोगिता

अगस्त : करवाए गए पाठ्यक्रम की दोहराई

सितंबर : अर्धवार्षिक परीक्षा

SUBJECT- PERFORMING ART

“Practice, like you’ve never won. Perform, like you’ve never lost.”

Importance of Music & Dance:

Music and dance give great self-satisfaction and self-confidence. It brings name, fame and riches i.e. success in life. It has social, emotional, and spiritual benefits and gives happiness to life.

Instruction for Teachers:

1. Give the introduction about your topic and demonstrate.
2. Pay attention towards Non-Performers.
3. Teacher should be well prepared.
4. The song should be selected according to class level.
5. Assessment of students should be done on regular basis.

Instruction for Students:

1. Move in queue to Music and Dance room.
2. Keep the shoes in shoes Rack.
3. Do the practice at home.
4. Don't touch anything without teacher's permission.

Aims:

1. To develop a context for aesthetic and artistic experience and the opportunity to develop personally and physically through participated in dance in an enjoyable environment.
2. To develop students' musical literacy and musical sense through joining music activities.

Objectives:

1. To enhance knowledge and understanding of dance as an aesthetic & artistic experience.
2. Cooperate with others in dance activities.
3. To develop self-confidence.
4. Give chance to sing in front of audience in small functions in school.
5. Basic knowledge of maximum musical instruments.
6. To enhance the hidden talent in students.

APRIL to MAY

Topic	No. of Days	Tools & Techniques	Teaching Aid
Folk Dance (Gujrati) (Choreography)	6	Demonstration with steps	With Sound System
General Song (Labour Day) (shabad)	6	Demonstration with singing	Lyrics+ Dholak , Harmonium

JUNE : SUMMER VACATION

STUDY PLANClass : 5th 2022-23**JULY - AUGUST**

Topic	No. of Days	Tools & Techniques	Teaching Aid
Bollywood Dance Choreography	6	Demonstration with steps	With sound system
Punjabi Folk Song/Bhajan	6	Demonstration with singing	Lyrics+Dholak, Harmonium
Bhajan	6	Demonstration with singing	Lyrics+Dholak, Harmonium

AUGUST : Revision of First Term Syllabus**SEPTEMBER : FIRST TERM EXAMINATION****SUBJECT-HEALTH & PHYSICAL EDUCATION****Aims & Objectives:**

1. Interact with the natural world in a positive manner.
2. To develop qualities such as leadership, team spirit, sense of belongingness, Courage and selfdefence.
3. To make them participate in the activities for fun and enjoyment.
4. Exhibit movement with body control.
5. To ensure optimum growth of each child.
6. To make understand of hygienic fitness, protection and health.
7. To bring overall awareness about health status.
8. To make people physically, mentally and emotionally strong and fit.
9. To develop self-confidence and courage among students.
10. To participate in team game for physical fitness enjoyment and team spirit.
11. To develop student's interest in exercise with confidence.
12. To make the children aware about health.

APRIL

Lesson-No Topic	No of Period	Tool & Techniques	Teaching Aid
Human Body	01	Demonstration	Chart / Video
Game- Kho – Kho	02	Play Game in Ground	Play Game/Video
Gym Period	01	Exercise In Gym	Multi Gym
Yoga- Padamasana & Tarasana	02	Perform Yogasana	Body Movement/ Chart

STUDY PLANClass : 5th 2022-23**May**

Lesson-No Topic	No of Period	Tool &Technique s	Teaching Aid
Sports Skills	01	Demonstrati on	Chart / Video
Game- Kho – Kho	02	Play Game in Ground	Play Game/Video
Gym Period	01	Exercise In Gym	Multi Gym
Yoga – Bhujangasana & Chakrasana	02	Perform Yogasana	Body Movement/ Chart

JUNE : SUMMER VACATION**JUNE : INTERNATIONAL YOGA DAY CELEBRATION****JULY**

Lesson-No Topic	No of Period	Tool &Techniques	Teaching Aid
Game- Kho – Kho	02	Play Game in Ground	Play Game/Video
Yoga -- Halasana & Dhanurasana	02	Perform Yogasana	Body Movement/ Chart
Gym Period	01	Exercise In Gym	Multi Gym
We & Environme nt	01	Demonstration	Chart / Video
Sports Day-28 August			

Subject Enrichment Activities:

1. Benefits of Yoga.
2. Rules for game Kho- Kho

AUGUST : Revision of First Term Syllabus**SEPTEMBER : FIRST TERM EXAMINATION**

Second Term (October to March)

SUBJECT- ENGLISH

OCTOBER

Lesson No./ Topic	No. of Periods	Activities	Art Integration Activity/Project work	Teaching Aids/Technology
Reader Book (Poem) Just Be Up and Doing		Students will recite poem with voice modulation		Text Book
(Reader Book) Chapter :1 The Fearless Fighter	4	Students will make a list of Compound Words	Paste any one photo of Para Olympic, Athlete and describe his/her achievements	Text Book, PPT on physically challenged persons
(Reader Book) Read it Yourself Heena's Determination	Only for reading	Extensive Reading		Text Book
Unit :7 Present Perfect Tense (Practice Book)	2	Worksheet		E-Smart Board, Textbook
Unit:8 Sentences (Practice Book)	3			E-Smart Board
Definition of Sentence and its types	2	Active Participation of students		Interactive Board/Green board
Unseen Comprehension Passage A.4 Food Allergies (Practice Book)	1	Intensive Reading Scope for raising questions	Reading Comprehension (5)	Text Book

STUDY PLANClass : 5th 2022-23**Subject Enrichment Activity- Card making contest (Portfolio (5))**

Note: It is mandatory to conduct test after the completion of each and every chapter/topic.

NOVEMBER

Lesson No./ Topic	No. of Periods	Activities	Art Integration Activity	Teaching Aids/Technology
Chapter : 2 Five Chums and the Hacker (Reader Book)	4		Role play (Speaking Skills(5))	Text book
Chapter : 3 I've Got an E-mail (Reader Book)	Reading for Understanding	Students will recite poem with voice modulation		Text book , E-smart board
Unit :9 Conditionals (Practice Book)	2			E-smart board
Unit :10 Modals (Practice Book)	1			E-smart board
10 words for antonyms + Synonyms		Writing skill(5)		
Past Tense (Simple Past, Past Continuous, Past Perfect)	2	Worksheet		E-smart board
E-mail	1			Text Book, Green Board
Unit -11 Modals (Practice Book)	2			E-smart board

STUDY PLANClass : 5th 2022-23

Unseen Comprehension Passage A.5 Field Hockey Practice Book	1	Intensive Reading		Text Book
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Note: It is mandatory to conduct test after the completion of each and every chapter/topic.

DECEMBER

Lesson No./ Topic	No. of Periods	Activities	Art Integration Activity	Teaching Aids/Technology
Chapter: 3 It's Getting Hotter (Reader Book)	3		Poster Making on Global Warming	Text book
Poem : Plant A Seed (Reader Book)	1			Text book
Chapter: 4 The Green Act (Reader Book)	4		Poster making on cleanliness	Textbook
Tape Script: Credit Card Page No 100 (Reader Book)	1		Listening skill(5)	Stereo, CD
Unit -12 Reflexive Pronoun (Practice Book)	2			E-Smart Board, textbook
Future Tense (Simple Future, Future Continuous, Future Prefect Tense)	2	Worksheet		E-Smart Board
Unit- 13 Prepositions (Practice Book)	2		Live demonstration	Text book

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Tape Script: Eco Friendly Environment PageNo 128 (Reader Book)	Part of Discussion			Stereo , CD
Essay Visit to Museum	1			Green board
Unseen Comprehension Passage A.6 The Silver Fish (Practice Book)	1			Textbook
Essay Diwali	1			Notebook

Subject Enrichment Activity : Quiz on Tenses**JANUARY AND FEBRUARY : Revision of whole Syllabus+ Pen Paper Tests.****FEBRUARY : Subject Enrichment Activity- Calligraphy****MARCH : ANNUAL EXAMINATION****विषय – हिंदी**

अक्तूबर				
पाठ का नाम /विषय	कालांश	कला एकीकृत गतिविधि	पाठ से संबंधित विषय संवर्धन गतिविधि	सहायक सामग्री
गिनती 1 से 50 पाठ-11 बिरसामुंडा (भाषामाधुरी)	3	कार्य प्रपत्र	किसी एक कबीले के बारे में पूरी जानकारी लिखना (परियोजना कार्य)+श्रुतलेख	दृश्यात्मकप्र स्तुतिकरण
पाठ-11 बिरसामुंडा (भाषाअभ्यास)	3	-		
निबंध- हमारी राष्ट्र भाषा हिंदी	2	-	सामूहिक चर्चा	पाठ्यपुस्तक
पाठ-12 अगर न नभ में बादल होते (केवल पढने के लिए) (भाषा माधुरी)	2	-	श्रुतलेख	दृश्यात्मकप्र स्तुतिकरण

नवंबर				
पाठ का नाम /विषय	कालांश	कला एकीकृत गतिविधि	पाठ से संबंधित विषय संवर्धन गतिविधि	सहायक सामग्री
पाठ -13 प्रिय पौधा (भाषामाधुरी)	2	-	मनपसंद पौधा लगाकर उसका चित्र खींचकर उस पर वाक्य लिखो	दृश्यात्मक प्रस्तुतिकरण
पाठ-13 प्रिय पौधा (भाषा अभ्यास)	3	-		
पाठ-14 बुद्धिमान राजा (भाषा माधुरी)	2	अकबर/बीरबल से जुड़ी कहानियों का अभिनय कौशल	सिकंदर तथा पौरस की चर्चा +श्रुतलेख	दृश्यात्मक प्रस्तुतिकरण
पाठ-14 बुद्धिमान राजा(भाषा अभ्यास)	3		-	पाठ्य पुस्तक
पाठ-15 अंधेर नगरी चौपट राजा (केवल पढ़ने के लिए)	1		-	
पाठ-16 चाँद का कुर्ता (भाषा माधुरी)	2	सस्वर गायन		दृश्यात्मक प्रस्तुतिकरण (कारक)
पाठ-16 चाँद का कुर्ता (भाषा अभ्यास)	2			
निबंध- मेरा देश महान	2		लेखन कौशल	विषय से सम्बंधित पुस्तक
कारक और उसके भेद	1	कारक की जानकारी (सामूहिक वृक्ष बनाकर)		ई- स्मार्ट

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पत्र – चाचा जी को उपहार के लिए धन्यवाद पत्र	1		पत्र का प्रारूप समझाना + श्रुतलेख	
दिसंबर				
पाठ का नाम /विषय	कालांश	कला एकीकृत गतिविधि	पाठ से संबंधित विषय संवर्धन गतिविधि	सहायक सामग्री
पाठ-17 हार की जीत (भाषा माधुरी)	2	-	दूसरों की सहायता करने के लिए बच्चों को प्रेरित करना+श्रुतलेख	दृश्यात्मकप्र स्तुतिकरण
पाठ-17 हार की जीत (भाषाअभ्यास)	3	-		
पाठ-18 बेटटिना का साहस(भाषा माधुरी)	2	-	मुश्किलों का डटकर सामना करना चाहिए (चर्चा)	दृश्यात्मकप्र स्तुतिकरण
पाठ-18 बेटटिना का साहस(भाषा अभ्यास)	3	-		
पाठ-19 लौट आया आत्मविश्वास(केवल पढने के लिए) (भाषा माधुरी + भाषा अभ्यास)	1	सन्देश लेखन	अपठित गद्यांश	पाठ्य-पुस्तक
पत्र – नगर निगम को मोहल्ले की सफाई के लिए पत्र	2	-	पत्र का प्रारूप समझाना +श्रुतलेख	विषय संबंधित पुस्तक
पाठ-20 कोशिश करने वालों की हार नहीं होती(भाषा माधुरी)	2	कविता गायन	अपठित गद्यांश	पाठ्य-पुस्तक

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पाठ-20 कोशिश करने वालों की हार नहीं होती(भाषा अभ्यास)	2	-	-	
जनवरी / फरवरी : द्वितीय सत्र की दोहराई				
मार्च : वार्षिक परीक्षा				

SUBJECT- MATHEMATICS**OCTOBER**

Unit No./ Topic	No. of Periods	Activities	Art Integration Activities	Teaching Aids/ Technology
Unit 5: Decimals	6	--	Handout Activity (Curriculum guidelines Page 54)	Text book, E- Smart contents Worksheet
Unit 6: Addition and Subtraction of Decimal Numbers	5	Relay Race(Curriculum guidelines Page 46)	--	Notebook, Interactive Whiteboard/ Green board Worksheet
Unit 7: Multiplication and Division of Decimal Numbers	4	Step by Step(Curriculum guidelines Page 50)	--	Text book, Notebook, Interactive Whiteboard/ Green board Worksheet
Table 14 and 15	1	Video	--	E- Smart contents, Notebook

Subject Enrichment Activity:- Handout Activity (Unit- 5 Decimals)**NOVEMBER**

Unit No./ Topic	No. of Periods	Activities	Art Integration Activities	Teaching Aids/ Technology
Unit 7: Multiplication and Division of Decimal Numbers	4	Step by Step(Curriculum guidelines Page 50)	--	Text book, Notebook, Interactive Whiteboard/ Green board

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Table 16 to 18	1	Video	--	Notebook, E- Smart contents
Unit 11: Profit and Loss	6	Role Play	--	Concrete objects, Money
Unit 12: Percentage	8	Paper work (Curriculum guidelines Page 60)	Calculation of 1st term mark	Text book, Notebook, E- Smart contents, Colors

Subject Enrichment Activity:- Paper work**DECEMBER**

Unit No./ Topic	No. of Periods	Activities	Art Integration Activities	Teaching Aids/ Technology
Unit 8: Simplification of Numerical Expressions	3		----	Text book, Notebook, Drawing Sheets, Colors
Unit 17: Data Handling	--	Textbook (Curriculum guidelines Page 66)	---	Text book, E- Smart contents, Notebook
Table 17 to 20	2	Video	-----	E- Smart contents, Notebook
Unit 13: Simple Interest	4	-----	Infographic 4.1	Chart, E- Smart contents

Subject Enrichment Activity:- Chart display on Simplification of Numerical Expressions.**Case based + viva will be conducted before final.****JANUARY / FEBRUARY : Revision for whole Syllabus****MARCH : ANNUAL EXAMINATION****Note: Group discussion, Practicals, Mind maps, Role play, Project, Art integration activities will be assessed in final examination.****January/February : Revision of Whole Syllabus****March : Annual Examination**

SUBJECT-SCIENCE

OCTOBER

Chapter Name	No.of Periods	Activities / Art Integration	Practicals	Teaching Aids
Chapter- 6 Spoilage of food and Food preservation	9	1.Real life examples page no. 78 2.Find out page no. 78	Bread Activity page no. 65 (From text book)	Bread , Green board,E-smart, laboratory method
Chapter-8 Properties of water	9	To show solubility , insolubility, floating ,sinking,evaporation, Miscible & Immiscible Liquids	To show solubility of different substances.	Laboratory method,E-smart,sand salt, oil, stones

NOVEMBER

Chapter Name	No.of Periods	Activities / Art Integration	Practicals	Teaching Aids
Chapter -9 Fuels	9	1. Discussion-Fossil fuels. Mind mapping - Different types of fuels		Solid fuels, liquid fuels ,flash cards
Chapter 10 Air	9	Diagram(colours) (paper cutting) 1. Composition of air 2.Atmospheric shield	To show oxygen is essential for burning.	Book , E-smart , candle
		Subject Enrichment - To make poster on Energy Conservation.		

DECEMBER

Chapter Name	No.of Periods	Activities / Art Integration	Practicals	Teaching Aids
Chapter 11 Our solar system	9	1.Book page no.114 2. Diagram Solar system 3. Graphic Novel on Solar System	Graphic novel on solar system	Book , E- smart , Models of planets

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Chapter 12 Observing the sky	Only for reading and understanding	1. Book page no. 123 1. Diagram - Ursa Major, Ursa Minor, Pole star.	1. Draw solar system and write about planets. 2. Write about constellations.	Book, E-smart video
		Role play of your any favourite planet or pole star.		

Note: Group discussion, Practicals, Mind maps, Role play, Project, Art integration activities will be assessed in final examination.
January/February - Revision of Whole Syllabus
March- Annual Examination

SUBJECT-SOCIAL SCIENCE**OCTOBER**

Lesson No. / Topic	No. of Periods	Activities / Subject Enrichment	Art Integration	Teaching Aids
Lesson-7: Changing trends in occupations	8	Effect of covid-19 on occupation (discussion)	-	E Smart Board, Text book Videos
Lesson-8: Respecting regional differences (only for discussion)		-	Prepare a report about Crops, Dresses, Religion & Food habits of Punjab/Andhra Pradesh (R.No.wise)	E Smart Board, Textbook Videos

NOVEMBER

Lesson No. / Topic	No. of Periods	Activities / Subject Enrichment	Art Integration	Teaching Aids
Lesson-9 Exploring India	7		Worksheet on monuments	E Smart Board, Text book Videos
Lesson-10 Mapping India	7	Make the symbols and signs used in map.	Draw the Diagram of Rotation and Revolution	E Smart Board, Textbook Videos

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Lesson-11: Transport in modern times	6	Flow Chart	-	E Smart Board, Text book Videos
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DECEMBER

Lesson No. / Topic	No. of Periods	Activities / Subject Enrichment	Art Integration	Teaching Aids
Lesson-12: Communication in modern times	8	Rapid Fire	Paste pictures of communication	E Smart Board, Text book Videos

Lesson-13: India's neighbor	7	Discussion	Information and name, about SAARC Flags	
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Note: Chapter 8 Respecting regional differences is only for reading and understanding.

JANUARY/FEBRUARY : Revision of whole Syllabus

MARCH : ANNUAL EXAMINATION

ਵਿਸ਼ਾ - ਪੰਜਾਬੀ

ਅਕਤੂਬਰ				
ਪਾਠ/ ਵਿਸ਼ਾ	ਪੀਰੀਅਡ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾਕ੍ਰਿਤੀ	ਅਧਿਆਪਨ ਸਮੱਗਰੀ
ਪਾਠ- 08 (ਕੁਹਾੜੀ ਦਾ ਦਸਤਾ)	4		ਰੁੱਖ ਬਚਾਓ ਤੇ ਪੋਸਟਰ ਤਿਆਰ ਕਰੋ	ਈ- ਸਮਾਰਟ ਬੋਰਡ
ਪਾਠ-09 (ਗੁਆਚਾ ਊਠ)	4	ਜਮਾਤ ਵਿੱਚ ਚੁਟਕਲੇ ਸੁਣਾਉਣਾ ਜਾਂ ਹਾਸਰਸੀ ਵੀਡੀਓ ਦਿਖਾਉਣਾ		ਪਾਠ-ਪੁਸਤਕ
ਪਾਠ-10 (ਪਰਛਾਵਾਂ)	3		ਤਸਵੀਰ ਵਰਣਨ (ਪੁਸਤਕ ਵਿੱਚ)	ਪਾਠ-ਪੁਸਤਕ

ਵਿਆਕਰਨ				
ਵਿਆਕਰਨ: ਪਾਠ 7 - ਨਾਂਵ	2	ਵੀਡੀਓ ਦਿਖਾਉਣੀ	ਕਿਸੇ ਅਕਾਰ ਵਿੱਚ ਕਿਸਮਾਂ ਦੇ ਨਾਂ ਲਿਖੋ (ਫਲੋਅ ਚਾਰਟ)	ਪਾਠ-ਪੁਸਤਕ
ਅਸੂਧ- ਸੂਧ (1-20) ਦੂਜੀ ਲਾਈਨ ਪੇਜ 77,78	1	ਭੁਲਾਵੇਂ ਸ਼ਬਦ		ਗ੍ਰੀਨ ਬੋਰਡ
ਵਿਰੋਧੀ ਸ਼ਬਦ (1-20) ਦੂਜੀ ਲਾਈਨ ਪੇਜ 66,67	1	ਗਰੁੱਪ ਖੇਡ		ਪਰਚੀਆਂ
ਲੇਖ: ਬਸੰਤ ਰੁੱਤ ਪੱਤਰ: ਮੁਹੱਲੇ ਦੀ ਸਫਾਈ ਲਈ	2	ਲੇਖ ਪੜ੍ਹਾਉਣਾ ਪੱਤਰ ਦੀ ਭਾਗ ਵੰਡ ਲਿਖਵਾਉਣੀ		ਪੁਸਤਕ
ਨਵੰਬਰ				
ਪਾਠ-11 (ਹਸਨ ਦੀ ਚਲਾਕੀ) ਮੌਖਿਕ	1			ਪਾਠ-ਪੁਸਤਕ
ਪਾਠ-12(ਕਾਗਜ)	4	ਕਾਗਜ ਦੇ ਮਹੱਤਵ ਤੇ ਵਰਤੋਂ ਬਾਰੇ ਦੱਸਣਾ	ਅਣਡਿੱਠਾ ਪੈਰਾ (ਪੁਸਤਕ ਵਿੱਚੋਂ)	ਪਾਠ-ਪੁਸਤਕ
ਪਾਠ/ ਵਿਸ਼ਾ	ਪੀਰੀਅਡ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾਕ੍ਰਿਤੀ	ਅਧਿਆਪਨ ਸਮੱਗਰੀ
ਪਾਠ-13 (ਆਈ ਦੀਵਾਲੀ ਆਈ)	3	ਪੰਜਾਬ ਦੇ ਤਿਓਹਾਰਾਂ ਬਾਰੇ ਵਿਚਾਰ ਚਰਚਾ	ਤਿਓਹਾਰਾਂ ਸੰਬੰਧੀ ਕੌਲਾਜ ਬਣਾਓ	ਪਾਠ-ਪੁਸਤਕ

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ਵਿਆਕਰਨ ਪਾਠ 10 (ਪੜਨਾਵ)	2	ਵੀਡੀਓ ਦਿਖਾਉਣੀ		ਸਮਾਰਟ ਬੋਰਡ
ਮੁਹਾਵਰੇ (13 ਤੋਂ 27)	2	ਫਲੈਸ਼ ਕਾਰਡ ਦਿਖਾਉਣੇ		ਈ- ਸਮਾਰਟ ਬੋਰਡ
ਲੇਖ: ਚੰਗਾ ਵਿਦਿਆਰਥੀ	2 2	ਸਮੂਹ ਚਰਚਾ		ਫੁਸਤਕ
ਪੱਤਰ: ਪਿਤਾ ਤੋਂ ਰੁਪਏ ਮੰਗਵਾਉਣ ਲਈ	1 1		ਪੱਤਰ ਦੀ ਭਾਗ ਵੰਡ ਲਿਖਵਾਉਣੀ	ਫੁਸਤਕ
ਦਸੰਬਰ				
ਪਾਠ-14 (ਗੁੱਡੀ ਦਾ ਵਿਆਹ)	4	ਲੋਕ ਖੇਡਾਂ ਬਾਰੇ ਵਿਚਾਰ ਚਰਚਾ	ਲੋਕ ਖੇਡਾਂ ਦੇ ਨਾਂ ਲਿਖਵਾਉਣੇ/ ਗੁੱਡੀ ਬਣਾਓ	ਪਾਠ-ਪੁਸਤਕ, ਈ-
ਪਾਠ-15 (ਬੀਰਬਲ ਦੀ ਖਿਚੜੀ)	5	ਵਿਸ਼ੇ ਨਾਲ ਸੰਬੰਧਤ ਵੀਡੀਓ ਦਿਖਾਉਣੀ	ਰੋਲ ਪਲੇਅ	ਈ - ਸਮਾਰਟ
ਵਿਆਕਰਨ ਪਾਠ-12 ਕਿਰਿਆ	3	ਜਮਾਤ ਵਿੱਚੋਂ ਉਦਾਹਰਨਾਂ ਦੇ ਕੇ ਸਮਝਾਉਣਾ		ਸਮਾਰਟ ਬੋਰਡ
ਵਚਨ ਬਦਲੋ 1-20 ਦੂਜੀ ਲਾਈਨ ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਇੱਕ ਸ਼ਬਦ (16-30)	3	ਭੁਲਾਵੇਂ ਸ਼ਬਦ	ਕੁਇਜ਼	ਗਰੀਨ ਬੋਰਡ

STUDY PLAN

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Class : 5th 2022-23

ਅਰਜੀ- ਫੀਸ ਮੁਆਫੀ ਲਈ	1	ਪੱਤਰ ਸਮਝਾਉਣਾ ਤੇ ਭਾਗ - ਵੰਡ ਲਿਖਵਾਉਣੀ		ਪੁਸਤਕ
ਲੇਖ: ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ	1	ਵਿਚਾਰ ਚਰਚਾ		ਪੁਸਤਕ/ ਗ੍ਰੀਨ ਬੋਰਡ
ਸੁਣਨ ਕਲਾ: (ਕੋਈ ਕਹਾਣੀ ਸੁਣਾ ਕੇ ਪ੍ਰਸ਼ਨ ਪੁੱਛਣੇ)	1			

ਜਨਵਰੀ / ਫਰਵਰੀ : ਕੀਤੇ ਗਏ ਕੰਮ ਦੀ ਦੁਹਰਾਈ

ਮਾਰਚ : ਦੂਜੀ ਛਿਮਾਹੀ ਪ੍ਰੀਖਿਆ

SUBJECT – COMPUTER**OCTOBER**

Chapter No./ Name of Chapter	No. of Periods	Lab Activities	Teaching Aids
Chapter – 5 Images in a Document-Open OfficeWriter	9	1. Different Font Work options. 2. Insert Picture FromFile and Gallery. 3. Resize and Crop an image.	E-Smart Board, Stylus, Writer (OpenOffice.org)

NOVEMBER

Chapter – 6 Advanced Features in Open Office Writer	9	1. Different Page Settings. 2. Use of Drawing toolbar and tables. 3. Using Mail Merge. 4. Formatting of Page and paragraph.	E-Smart Board, Stylus, Writer (OpenOffice.org)
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DECEMBER

Chapter No./ Name of Chapter	No. of Periods	Lab Activities	Teaching Aids
Chapter -7 Open Office.org- Impress	5	1. To Create and save a simplepresentation. 2. Change Slide layout & design.	E-Smart Board, Stylus, Open Office.org- Impress

STUDY PLANClass : 5th 2022-23

Chapter – 8 Safe Use of Computers	4	1. Safety measures to protect our computer 2. Learn Netiquettes	E-Smart Board, Stylus, Internet Connection
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JANUARY/ FEBRUARY : **Revision + Oral/Practical Examination**
MARCH : **ANNUAL EXAMINATION**

SUBJECT- VISUAL ART**OCTOBER**

Step By Step	Drawing file	No. of Periods	Activity	Teaching Aids
Page No. (22,24,25) perspective	Draw and colour Landscape	4	Tags, Badges like Best Students, Best Improver etc.	Ivory sheet, colourful charts, sketches, fevicol

NOVEMBER

Step By Step	Drawing file	No. of Periods	Activity	Teaching Aids
Page No. 28,29,31,32, 34 (composition)	Draw and colour seascape	6	3d Bird Hanging	colourful papers,1 cardboard,pencil colour ,Thread,fevicol.

DECEMBER

Step By Step	Drawing file	No. of Periods	Activity	Teaching Aids
Page No. 35,37,38,40 (cartoon study)	Draw and colour design	5	Book mark	A4 size sheet, ribbon,fevicol , ice- cream sticks, sketches.

JANUARY/FEBRUARY : **Revision of whole Syllabus**
MARCH : **ANNUAL EXAMINATION**

STUDY PLANClass : 5th 2022-23**SUBJECT- GENERAL KNOWLEDGE****NOVEMBER**

Unit No and Name	No of periods	Activity	Teaching Aids
UNIT VI Sports and Games	4	1. Paste 5 pictures of National Sports of any 5 countries. 2. Make a fact file of Milkha Singh.	Kid Wiz +E- Smart

DECEMBER

Unit No and Name	No of periods	Activity	Teaching Aids
UNIT V Math Magic	3	1. Paste 3 pictures of famous mathematician and write about them (5 points)+ current Affairs	Kid Wiz +E- Smart video

JANUARY / FEBRUARY : Revision of whole Syllabus**MARCH****: ANNUAL EXAMINATION****विषय-नैतिक शिक्षा**

अक्तूबर			
पाठ का नाम/ विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-10 अहिंसा	2	अहिंसा परमोधर्म:परचर्चा	पाठ्य पुस्तक
पाठ-11 स्वाध्याय	2	पाठ में आए श्लोक का विस्तार से विवेचन देना	पाठ्य पुस्तक
पाठ -12 सत्संग का प्रभाव	2	सत्संग के विषय में बच्चों से जानकारी लेना व देना	पाठ्य पुस्तक
नवंबर			
पाठ का नाम/ विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-13 सेवा	2	बच्चों को सेवा का भाव समझाना	पाठ्य पुस्तक

STUDY PLAN

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Class : 5th 2022-23

पाठ-14 शरणागति	2	प्रार्थना का सस्वर गायन	पाठ्य पुस्तक
पाठ-15स्वामी विरजानंद	2	स्वामी जी के जीवन सम्बन्धी कुछ वाक्य कंठस्थ करवाना	दृश्यात्मक प्रस्तुतिकरण
पाठ-16 पंडित गुरुदत्त विद्यार्थी	1	-	चिट्स

विषय संवर्धन गतिविधि : विरजानंद जी पर वाक्य बुलवाना/ पंडित गुरुदत्त विद्यार्थी

दिसंबर

पाठ का नाम/ विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-17 लाला लाजपत राय	2	पाठ में से मुख्यतिथियाँ कंठस्थ करवाना और सुनना	पाठ्य पुस्तक
पाठ-18 भगत सिंह	1	भगत सिंह के जीवन सम्बन्धी कुछ अन्य घटनाओं का वर्णन	दृश्यात्मक प्रस्तुतिकरण
पाठ-19 दयानंद प्रशस्ति	1	कक्षा में सस्वर गायन	पाठ्य पुस्तक
पाठ-20 संध्या मंत्र	1	1-4 मंत्र याद करवाना तथा सस्वर उच्चारण करवाना	पाठ्य पुस्तक

विषय संवर्धन गति विधि : पाठ्य पुस्तक के आधार पर मंत्र प्रतियोगिता

जनवरी/फरवरी : पाठ्यक्रम की दोहराई

मार्च : वार्षिक परीक्षा

विषय- संस्कृत

अक्तूबर			
पाठ का नाम /विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-8 अभिनवः किं किं करोति !	2	समय की जानकारी संस्कृत में देना	दृश्यात्मक सामग्री

STUDY PLAN

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Class : 5th 2022-23

पाठ-9 विडालः कुत्र अस्ति?	2	अव्यय पदों का प्रयोग	पुस्तक
नवंबर			
पाठ का नाम /विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-10 आगच्छ ! गायामः	1	लकार की जानकारी देना	पुस्तक
पाठ-11 हरिणं मा मारय!	1	पुस्तक में दिए श्लोक का उच्चारण करवाना	पुस्तक
पाठ-12 कथयन्तु! कस्य कः वर्णः ?	1	रंगों की जानकारी संस्कृत में देना	पुस्तक, चार्ट
पठधातु(लट,लड,लृट लकार)	1	वाक्यों में प्रयोग करवाकर देखना	दृश्यात्मक सामग्री
दिसंबर			
पाठ का नाम /विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-13 कः चतुरः अस्ति?	2	कहानी सुनना	पुस्तक
पाठ-14 कतिवस्तुनि सन्ति ?	1	अंकों को शब्दों में लिखवाना	दृश्यात्मक सामग्री
गिनती (26-50)	1	आस-पास के उदाहरण देना	दृश्यात्मक सामग्री
इदं अस्माकं शरीरं	1	अंगों के नाम संस्कृत में लिखवाना	दृश्यात्मक सामग्री, चार्ट
जनवरी /फरवरी : करवाए गए पाठ्यक्रम की दोहराई + आवधिक परीक्षण -3			
मार्च : वार्षिक परीक्षा			

SUBJECT- PERFORMING ART**OCTOBER-NOVEMBER**

Topic	No. of Days	Tools & Techniques	Teaching Aid
Patriotic choreography+Drama on women empowerment	6	Demonstration with action	With sound system
Shabad		Demonstration with Singing	With harmonium, Tabla and Lyrics

DECEMBER : Revision

JANUARY/FEBRUARY : Revision of whole Syllabus

MARCH : ANNUAL EXAMINATION

SUBJECT-HEALTH & PHYSICAL EDUCATION**OCTOBER**

Lesson No / Topic	No of Period	Tool & Techniques	Teaching Aid
Food & Nutrition	01	Demonstration	Chart / Video
Gym Period	01	Exercise In Gym	Multi Gym
Game- Kho – Kho	01	Play Game in Ground	Lime Powder/ Whistle/ Sports Ground/ Video
Yoga – Halasana & Dhanurasana	01	Perform Yogasana	Body Movement/ Chart

NOVEMBER

Lesson No / Topic	No of Period	Tool & Techniques	Teaching Aid
Safety & Security	01	Demonstration	Chart / Video
Game- Kho – Kho	01	Play Game in Ground	Lime Powder/ Whistle/ Sports Ground/ Video
Gym Period	01	Exercise In Gym	Multi Gym

STUDY PLANClass : 5th 2022-23

Yoga – Tarasana & Sarvan gasana	01	Perform Yogasana	Body Movement/ Chart
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DECEMBER

Lesson No / Topic	No of Period	Tool & Techniques	Teaching Aid
Social health/ Consumer health	01	Demonstration	Chart / Video
Gym Period	01	Exercise In Gym	Multi Gym
Yoga - Bhujangasan a/ Vajarasana	02	Perform Yogasana	Body Movement/ Chart
Game- Kho – Kho	02	Play Game in Ground	Lime Powder/ Whistle/ SportsGround/ Video

Subject Enrichment Activities : 1. Benefits of Yoga, Yoga Files.
2. Rules for game Kho–Kho, Game File.

JANUARY / FEBUARY : Revision of whole Syllabus
MARCH : ANNUAL EXAMINATION

Test Schedule of Classes 4th to 7th

Day	4 th	5 th	6 th	7 th
Monday	Science	Science	Hindi	English
Tuesday	Social Science	Hindi	Maths	Science
Wednesday	English	Punjabi	Social Science	Maths
Thursday	Punjabi	English	Science	Hindi
Friday	Hindi	Maths	Punjabi	Social Science
Saturday	Maths	Social Science	English	Punjabi

5th CLASS ACTIVITIES

Sr. no.	Month	Activity
1	MAY	MOTHERS DAY CELEBRATIONS (Card making , Photoframes)
2	JULY	CRAZY CAPTIONS (Round Robin Story and Reading activity)
3	AUGUST	I LOVE MY INDIA (Kids craft with Tri colour) frills , flowers , design with tricolor
4	OCTOBER	TYOHAAR PAR UPHAAR
5	NOVEMBER	LETS KNOW OUR PUNJAB (Quiz on state Punjab)
6	JANUARY	Grammar Panel Game English Contest
7	FEBRUARY	Tiny Boffin Hunt (Display Science Models)Science day Celebrations

INTERNAL ASSESSMENT

Internal assessment is based mostly on core competencies desired in each subject. Under each competency, parameters/tools to be used to test the competency are mentioned below.

LANGUAGES

COMPETENCIES	ASSESSMENT PARAMETERS
LISTENING & SPEAKING SKILL(10)	LISTENING TASKS (based on listening to recorded material/audio for gist, specific details, understanding, analysis, inference, to draw conclusions, to report/communicate, to sequence, to find purpose, to understand vocabulary, to draw a road map/picture, to act or follow, etc.)
	CONVERSATION (interviews, telephonic conversation, panel discussions, pair/group discussions, circle time, interactive activities, etc.)
	PHONICS (poem recitation, paragraph narration, word pronunciation, stress, intonation, pauses, tone, etc.)
	LANGUAGE FUNCTIONS (suggesting, advising, seeking/giving permissions, refusing/agreeing, offering, complaining, requesting, complimenting, apologising, ordering, etc.)
	PRESENTATION (topic presentation, picture description, story-telling, extempore, debate, radio show, advertisements, newsroom, role play, class assembly, etc.)
READING SKILL (5)	READING COMPREHENSION (reading for central idea, cause-effect, similarity & difference, predicting, fact & opinion, drawing conclusions, character analysis, creating concept maps/flow charts/graphic organisers, etc.)
	VOCABULARY & DICTIONARY USE (new words, synonyms, antonyms, idioms and their usage in sentences)
	LOUD READING (with focus on rhyme, rhythm, pronunciation, word & sentence stress, pauses, etc.)
WRITING SKILL & LANGUAGE CONVENTIONS (5)	CREATIVE WRITING (based on verbal or visual stimulus, sentence formation, paragraph drafting, describing an object/place/person/event, story writing, etc. using creativity, coherence, cohesion and appropriate sentence starters)
	GRAMMAR (games, activities and worksheets - contextual use of grammar for editing, fill-ups, cloze text, etc.)
	VOCABULARY & DICTIONARY USE (new words, synonyms, antonyms, idioms & proverbs, contextual usage in sentences)
	SPELLING (puzzles, worksheets, activities and games to learn spelling)
PORTFOLIO (5)	NOTEBOOK PRESENTATION & CORRECTION WORK
	ART INTEGRATED SUBJECT ENRICHMENT ACTIVITIES
	CLASS TEST/ORAL TEST/ VERBAL REASONING QUIZ
PROJECT (5)	PROJECT & VIVA

GOOD READER BONUS	(0/1/2/3/4 marks)* For details, please see annexure
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ਪੰਜਾਬੀ ਭਾਸ਼ਾ	
ਕੌਸ਼ਲ	ਭਾਸ਼ਾ ਮੁਲਾਂਕਣ ਦਾ ਮਾਪਦੰਡ
ਸੁਣਨ ਤੇ ਬੋਲਣ ਕੌਸ਼ਲ (10)	ਸੁਣਨ ਦੇ ਕੰਮ:- (ਰਿਕਾਰਡ ਕੀਤੀ ਗਈ ਸਮੱਗਰੀ / ਸਾਰ ਦੇ ਲਈ ਆਡੀਓ ਸੁਣਨ ਦੇ ਅਧਾਰ ਤੇ, ਸਮਝ, ਵਿਸ਼ਲੇਸ਼ਣ, ਅਨੁਮਾਨ, ਸਿੱਟੇ ਕੱਢਣ ਲਈ, ਰਿਪੋਰਟ ਕਰਨਾ/ਸੰਵਾਦ ਕਰਨਾ, ਅਨੁਕ੍ਰਮ ਕਰਨਾ, ਉਦੇਸ਼ ਲੱਭਣਾ, ਸ਼ਬਦਾਵਲੀ ਨੂੰ ਸਮਝਣਾ, ਰੋਡ ਮੈਪ/ਚਿੱਤਰ ਬਣਾਉਣਾ, ਕੰਮ ਕਰਨਾ ਜਾਂ ਪਾਲਣਾ ਕਰਨਾ ਆਦਿ)
	ਗੱਲਬਾਤ:- ਇੰਟਰਵਿਊ, ਟੈਲੀਫੋਨ ਰਾਹੀਂ ਗੱਲਬਾਤ) ਵਾਰਤਾਲਾਪ, ਪੈਨਲ ਰਾਹੀਂ ਚਰਚਾ, ਸਮੂਹ ਚਰਚਾ, ਇੰਟਰਐਕਟਿਵ ਗਤੀਵਿਧੀਆਂ ਆਦਿ।
	ਧੁਨੀ ਵਿਗਿਆਨ :- ਕਵਿਤਾ ਪਾਠ, ਅਨੁਛੇਦ ਕਥਨ, ਸ਼ਬਦ ਉਚਾਰਨ, ਜੋਰ, ਸਵਰ, ਵਿਰਾਮ ਆਦਿ
	ਭਾਸ਼ਾ ਕੰਮ :- ਸੁਝਾਅ ਦੇਣਾ, ਸਲਾਹ ਦੇਣਾ, ਸਹਿਮਤੀ ਮੰਗਣਾ/ਦੇਣਾ, ਮਨੁੱਖਾਂ ਕਰਨਾ/ਸਹਿਮਤ ਹੋਣਾ, ਪੇਸ਼ਕਸ਼ ਕਰਨਾ, ਸ਼ਿਕਾਇਤ ਕਰਨਾ, ਪ੍ਰਸ਼ੰਸਾ ਕਰਨਾ, ਮਾਫ਼ੀ ਮੰਗਣਾ ਅਤੇ ਆਦੇਸ਼ ਦੇਣਾ ਆਦਿ।
	ਪ੍ਰਸਤੁਤੀਕਰਨ:- ਵਿਸ਼ੇ ਦੀ ਪ੍ਰਸਤੁਤੀ, ਤਸਵੀਰ ਵਰਣਨ, ਕਹਾਣੀ ਸੁਣਾਉਣੀ, ਵਾਦ-ਵਿਵਾਦ, ਰੇਡੀਓ ਸ਼ੋਅ, ਵਿਗਿਆਪਨ, ਨਿਊਜ਼ਰੂਮ, ਰੋਲ-ਪਲੇਅ ਆਦਿ।
ਪੜ੍ਹਨ ਕੌਸ਼ਲ (5)	ਪੜ੍ਹਨ ਦੀ ਸਮਝ:- (ਕੇਂਦਰੀ ਵਿਚਾਰ ਲਈ ਪੜ੍ਹਨਾ, ਕਾਰਨ ਪ੍ਰਭਾਵ, ਸਮਾਨਤਾ ਅਤੇ ਅੰਤਰ ਦੇ ਲਈ ਪੜ੍ਹਨਾ, ਭਵਿੱਖਬਾਣੀ ਕਰਨਾ, ਤੱਥ ਤੇ ਰਾਏ, ਸਿੱਟਾ ਕੱਢਣਾ, ਚਿੱਤਰ ਵਿਸ਼ਲੇਸ਼ਣ, ਮਾਨ ਚਿੱਤਰ/ ਪ੍ਰਵਾਹ ਚਾਰਟ/ ਗ੍ਰਾਫਿਕ ਆਯੋਜਕ ਬਣਾਉਣਾ ਆਦਿ)
	ਸ਼ਬਦਾਵਲੀ ਅਤੇ ਸ਼ਬਦਕੋਸ਼ ਦਾ ਉਪਯੋਗ :- (ਨਵੇਂ ਸ਼ਬਦ, ਸਮਾਨਾਰਥਕ ਸ਼ਬਦ, ਵਿਰੋਧੀ ਸ਼ਬਦ, ਮੁਹਾਵਰੇ ਤੇ ਅਖਾਣ, ਵਾਕਾਂ ਵਿੱਚ ਵਰਤੋਂ)
	ਉੱਚੀ ਅਵਾਜ਼ ਵਿੱਚ ਪੜ੍ਹਨਾ:- (ਕਵਿਤਾ ਵਿੱਚ ਲੈਅ-ਤਾਲ, ਛੰਦ, ਅਰੋਹ-

	ਵਿਰੋਹ, ਤੁਕਬੰਦੀ ਆਦਿ ਦੇ ਉਚਾਰਨ ਵੱਲ ਵਿਸ਼ੇਸ਼ ਧਿਆਨ ਦੇਣਾ ਆਦਿ)
ਲਿਖਣ ਕੌਸ਼ਲ (5)	ਰਚਨਾਤਮਕ ਲੇਖਣ:- (ਮੌਖਿਕ ਜਾਂ ਦਿਖ ਉਤੇਜਨਾ ਦੇ ਅਧਾਰਤ , ਵਾਕ ਰਚਨਾ, ਅਨੁਛੇਦ ਤਿਆਰ ਕਰਨਾ, ਕਿਸੇ ਵਸਤੂ/ਸਥਾਨ/ਵਿਅਕਤੀ/ਘਟਨਾ ਦਾ ਵਰਣਨ, ਕਹਾਣੀ ਲਿਖਣਾ ਆਦਿ। ਰਚਨਾਤਮਕਤਾ , ਤਾਲਮੇਲ, ਉਚਿਤ ਵਾਕਾਂ ਦਾ ਉਪਯੋਗ ਕਰਕੇ)
	ਵਿਆਕਰਨ:- ਖੇਡ, ਗਤੀਵਿਧੀ ਅਤੇ ਵਰਕਸ਼ੀਟ ਦੀ ਪ੍ਰਸੰਗਿਕ ਵਰਤੋਂ ਦੇ ਲਈ ਵਿਆਕਰਨ , ਖਾਲੀ ਥਾਵਾਂ ਭਰੇ ਸੰਬੰਧੀ ਪ੍ਰੀਖਿਆ ਆਦਿ।
	ਸ਼ਬਦਾਵਲੀ ਅਤੇ ਸ਼ਬਦਕੋਸ਼ ਦਾ ਉਪਯੋਗ :- (ਨਵੇਂ ਸ਼ਬਦ , ਸਮਾਨਾਰਥਕ ਸ਼ਬਦ , ਵਿਰੋਧੀ ਸ਼ਬਦ , ਮੁਹਾਵਰੇ ਤੇ ਅਖਾਣ, ਵਾਕਾਂ ਵਿੱਚ ਵਰਤੋਂ)
	ਵਰਤਨੀ:- (ਪਹੇਲੀਆਂ , ਵਰਕਸ਼ੀਟ , ਗਤੀਵਿਧੀਆਂ ਤੇ ਖੇਡ ਰਾਹੀਂ ਸਿੱਖਣਾ)
ਪੋਰਟਫੋਲੀਓ (5)	ਕਾਪੀ ਦਾ ਕੰਮ ਅਤੇ ਸੁਧਾਰ ਕੰਮ
	ਕਲਾ ਇਕੱਤਰਤਾ ਤੇ ਵਿਸ਼ਾ ਸੰਸ਼ੋਧਨ ਗਤੀਵਿਧੀ
	ਜਮਾਤ ਟੈਸਟ / ਮੌਖਿਕ ਟੈਸਟ / ਮੌਖਿਕ ਤਰਕ ਪ੍ਰਸ਼ਨੋਤਰੀ
ਪ੍ਰੋਜੈਕਟ(5)	ਪ੍ਰੋਜੈਕਟ

हिंदी भाषा	
दक्षता एवं कौशल	आंतरिक मूल्यांकन मापदंड
श्रवण और वाचन कौशल (10)	सुनने के कार्य (रिकॉर्ड की गई सामग्री/सार के लिए ऑडियो सुनने के आधार पर, विशिष्ट विवरण, समझ, विश्लेषण, अनुमान, निष्कर्ष निकालना, रिपोर्ट करना/संवाद करना, अनुक्रम करना, उद्देश्य खोजना, शब्दावली को समझना, रोड मैप/चित्र बनाना, कार्य करना या अनुसरण करना, आदि)
	संभाषण (साक्षात्कार, टेलीफोनिक) वार्तालाप, पैनल चर्चा, जोड़ी/समूह चर्चा, मंडली का समय, संवादात्मक गतिविधियाँ, आदि)
	ध्वनि विद्या (कविता पाठ, अनुच्छेद कथन, शब्द उच्चारण, तनाव, स्वर, विराम, आदि)
	भाषा कार्य (सुझाव देना, सलाह देना, अनुमति मांगना/देना, मना करना/सहमत होना, पेशकश करना, शिकायत करना, अनुरोध करना, प्रशंसा करना, माफी मांगना तथा आदेश देना, आदि)
	प्रस्तुतिकरण (विषय प्रस्तुति, चित्र विवरण, कहानी-कथन, आशुभाषण, वाद-विवाद, रेडियो शो, विज्ञापन, न्यूजरूम, रोल प्ले,
पठन कौशल	पढ़ने की समझ (केंद्रीय विचार, कारण-प्रभाव, समानता और अंतर के लिए पढ़ना, भविष्यवाणी करना, तथ्य और राय, निष्कर्ष निकालना, चरित्र विश्लेषण, अवधारणा मानचित्र/प्रवाह चार्ट/चित्रोपमा करना या बनाना, आदि)
	शब्दावली और शब्दकोश का उपयोग (नए शब्द, समानार्थक शब्द, विलोम,

<p>(5)</p>	<p>मुहावरे और वाक्यों में उनका प्रयोग)</p>
<p>लेखन कौशल (5)</p>	<p>उच्च पठन (गद्य व पद्य पठन के दौरान लय-ताल, छंद, आरोह-अवरोह, तुकबंदी आदि के उच्चारण में विशेष ध्यान देना आदि)</p> <p>रचनात्मक लेखन (मौखिक या दृश्य विषय के आधार पर, वाक्य रचना, अनुच्छेद प्रारूपण, किसी वस्तु/स्थान/व्यक्ति/घटना का वर्णन, कहानी लेखन, आदि। रचनात्मकता, सुसंगतता, सामंजस्यता और उपयुक्त वाक्य शुरुआत का उपयोग करके)</p> <p>व्याकरण (खेल, गतिविधियों और कार्यपत्रकों के प्रासंगिक उपयोग संपादन के लिए व्याकरण, रिक्त-स्थान पूर्ति परीक्षण संबंधी आदि)</p> <p>शब्दावली और शब्दकोश का उपयोग (नए शब्द, समानार्थक शब्द, विलोम, मुहावरे और कहावतें, वाक्यों में प्रासंगिक उपयोग)</p> <p>वर्तनी (वर्तनी सीखने के लिए पहेली दुविधा, कार्यपत्रक, गतिविधियाँ और खेल)</p>
<p>पोर्टफोलियो (5)</p>	<p>टिप्पणी पुस्तिका(Note book) प्रस्तुतिकरण और सुधार कार्य।</p> <p>कला एकीकृत विषय संवर्धन गतिविधियाँ।</p> <p>कक्षा परीक्षण/मौखिक परीक्षण/मौखिक तर्क प्रश्नोत्तरी।</p>
<p>परियोजना कार्य (5)</p>	<p>परियोजना कार्य एवं साक्षात्कार।</p>
<p>उत्तम पाठक लाभांश</p>	<p>(0/1/2/3/4 अंक)*</p>

SOCIAL SCIENCE	
COMPETENCIES	ASSESSMENT PARAMETERS
	GROUP DISCUSSION/SEMINAR/SYMPOSIUM/MOCKUN/
CRITICAL THINKING	GRAMS ABHA/GRAM PANCHAYAT/RWA/ELECTIONS(GROUP)
& EVALUATION (5)	DEBATE/ELOCUTION/EXTEMPORE/PRESENTATION(INDIVIDUAL)
PROBLEM SOLVING & INFERENCE(5)	FIELD STUDY SURVEY/ INTERVIEW/ QUESTIONNAIRE/ INVESTIGATIVE TRIP
	CASE-BASED STUDY/QUIZ/MCQs/ORALTESTS/HOTs
COLLABORATION & CREATIVE THINKING(5)	MODEL/CHART/PPTPRESENTATION/DEMO/EXHIBITION
	POSTERS/INFOGRAPHICS/MINDMAPS/FLOWCHARTS/MONO GRAPHS
	VALUE BASED ACTIVITY/PRESENTATION/ROLEPLAY/STORY TELLING
VALUE/ETHICAL APPLICATION OF CONCEPTS(5)	COMMUNITY SOCIAL WORK – DONATION DRIVE IN ORPHANAGE/OLD AGE HOME/BLIND SCHOOL/HOMEFOR DIFFERENTLY ABLED/CLEANLINES DRIVE/ SAVE MONUMENTS DRIVE /EACH ONE- TEACH ONE/ ADULT EDUCATION/CHILD LABOUR ETC. AWARENESS CAMPAIGNS ETC.
PORTFOLIO(5)	NOTEBOOK/FILE PRESENTATION & MAP WORK
	ASSIGNMENTS AND WORKSHEETS
	ART INTEGRATED SUBJECT ENRICHMENT ACTIVITIES

STUDY PLANClass : 5th 2022-23

PROJECT&VIVA(5)	RESEARCH PROJECT
	VIVA –VOCE
MATHEMATICS	
COMPETENCIES	ASSESSMENT PARAMETERS
EVALUATION & INFERENCE(5)	CASE-BASED QUESTIONS /WORD PROBLEMS /HOTs
	COMPUTATION & DEDUCTION
CRITICALTHINKING	PUZZLES/ QUIZZES BASED ON CODING-DECODING/SEQUENCING/MENTAL ABILITY/NON-
	VERBALREASONING/
& PROBLEM SOLVING(5)	GRAPHIC-BASED/PATTERN/SERIESETC.
COLLABORATION & CREATIVE THINKING (5)	GROUP/INDIVIDUAL PROJECT & VIVA
	MODEL/CHART/PPT PRESENTATION/ DEMO/ POSTERS/ INFOGRAPHICS/ MIND MAPS/FLOWCHARTS/EXHIBITION
VALUE/ETHICAL APPLICATION OF CONCEPTS(5)	APPLICATION OF CONCEPTS OF MATHS IN REAL LIFE
	VALUE BASED ACTIVITY/PRESENTATION/ROLE PLAY/STORYTELLING
PORTFOLIO (5)	NOTEBOOK PRESENTATION,ASSIGNMENTS AND WORKSHEETS
	MATHS LAB/ART INTEGRATED SUBJECT ENRICHMENT ACTIVITIES
	RESEARCH PROJECT
PROJECT&VIVA(5)	VIVA VOCE

DETAILED INTERNAL ASSESSMENT

Language I-English	Language II-Hindi	Language III- Sanskrit/German/French/ Punjabi
Skills/Competencies	Skills/Competencies	Skills/Competencies
Listening Skills(5)	Listening Skills(5)	Listening Skills(5)
Speaking Skill(5)	Speaking Skill(5)	Speaking Skill(5)
Reading Skill(5)	Reading Skill(5)	Reading Skill(5)
Writing Skill &Language (Vocab, Spelling, Grammar)(5)	Writing Skill &Language (Vocab, Spelling, Grammar)(5)	Writing Skill &Language (Vocab, Spelling, Grammar)(5)
Project &Viva(5)	Project &Viva(5)	Project &Viva(5)
Portfolio(Notebook &SEA)(5)	Portfolio(Notebook &SEA)(5)	Portfolio(Notebook &SEA)(5)
Reading Bonus(0/1/2/3/4)	Reading Bonus(0/1/2/3/4)	-
TOTAL(30)	TOTAL(30)	TOTAL(30)
Social Science	Science	Mathematics
Skills/competencies	Skills/competencies	Skills/competencies
Critical Thinking & Evaluation(5)	Critical Thinking &Evaluation(5)	Critical Thinking & Evaluation(5)
Problem Solving(5)	Problem Solving(5)	Problem Solving(5)
Collaboration &Creative Thinking(5)	Collaboration &Creative Thinking(5)	Collaboration & Creative Thinking(5)
Value/Ethical Application(5)	Value/Ethical Application(5)	Value/Ethical Application(5)
Project & Viva(5)	Project &Viva(5)	Project &Viva(5)
Portfolio(Notebook &SEA)(5)	Portfolio(Notebook &SEA)(5)	Portfolio(Notebook &SEA)(5)
TOTAL(30)	TOTAL(30)	TOTAL(30)

STUDY PLAN

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Class : 5th 2022-23

GENERAL KNOWLEDGE	नैतिक शिक्षा -I	नैतिक शिक्षा-II
Skills/competencies	Skills/competencies	Skills/competencies
Book Content(12)	पुस्तकवर्दी ,अनुशासन , (3)	पुस्तकवर्दी ,अनुशासन , (3)
Scrapfile(3)	प्रार्थना (3)	दयानंद जी पर वाक्य (3)
Current News(1)	यज्ञ महिमा (3)	मंत्र उच्चारण (2)
Self -Introduction(2)	आर्य समाज के नियम (2-1) (3)	आर्य समाज के नियम(5 - 1) (2)
Condition of Book(1)	महात्मा हंसराज पर वाक्य (3)	योगिराज श्री कृष्ण गुरु नानक / देव जी (2)
Condition of Diary (1)	प्रश्न उत्तर / (10)	डी ए वी गान (2)
Discipline(1)	-	प्रश्न उत्तर / (10)
Uniform(1)	-	-
Diary Content(3)	-	-
Total(25)	कुलांक (25)	कुलांक (25)

COMPUTER**EvaluationCriteriaForBothTerms**

Practical Activity1	Practical Activity2	Practical 1 Activity3	Practical Activity 4,5 (05+05=10Marks)	Marks of Two Best Activities (10+10=20)	Short Practical 2 (10) + Long Practical1(10)+ Viva(10) = 30 Marks (Oral/Practical Examination)	Total Marks =50 Monthly Activities (20) + Oral/ Practical Examination (30)
(10 Marks)	(10 Marks)	(10 Marks)				
Students will be awarded grades as Computer/ICT is a Co-Scholastic Subject)						

STUDY PLANClass : 5th 2022-23**POINT GRADING SCALE FOR SCHOLASTIC AREA**

A1	A2	B1	B2	C1	C2	D	E
91-100	81-90	71-80	61-70	51-60	41-50	33-40	32 & BELOW

5-POINT GRADING SCALE FOR CO-SCHOLASTIC AREAS

A1	A2	B1	B2	C
HIGHLY COMPETENT	QUITE CAPABLE	PERFORMS SATISFACTORILY	TRYING WELL	CAN DO BETTER

HEALTH & PHYSICAL EDUCATION

CLEANLINESS (HAIR, HANDS, FACE, SHOES & UNIFORM)

SEWA PROJECT

SPORTS & GAMES

YOGA

VISUAL & PERFORMING ARTS

ART, CRAFT, PAINTING, SCULPTURE

Music, DANCE, THEATRE, DRAMA

GOOD READERS BOOK LIST OF HINDI**Classes 3 to 7**

Class	Sl.No.	Name of the books	Term
3 rd	1.	भक्तप्रह्लाद	1 st Term
	2.	श्रमदानकामहत्त्व	2 nd Term
4 th	1.	शिक्षा प्रद कहानियाँ	1 st Term
	2.	मेरे देश के महान बालक	2 nd Term
5 th	1.	अच्छे बच्चे सीधे बच्चे	1 st Term
	2.	स्वामीश्रद्धानन्द	2 nd Term
6 th	1.	साहसी बालकथाएँ	1 st Term
	2.	लाला लाजपत राय	2 nd Term
7 th	1.	पंचतंत्र की कहानियाँ	1 st Term
	2.	महर्षि दयानंद जी की शिक्षा	2 nd Term

FOR GOOD READER BONUS SCHEME

Classes 3 to 7

Class	Sl.No.	Name of the books	
3 rd	1.	Malgudy Days	1 st Term
	2.	The Jungle book	
	1.	Sarojini Naidu-Biography	2 nd Term
	2.	Treasure Island(Fairy Tales)	
4 th	1.	Subhash Chandra Bose-Biography	1 st Term
	2.	To the Rescue	
	1.	Gulliver Travels	2 nd Term
	2.	The Merchant of Venice	
5 th	1.	The Adventures of Tom Sawyer	1 st Term
	2.	Rabindranath Tagore-Biography	
	1.	Swami and Friends	2 nd Term
	2.	Great Expectations	
6 th	1.	Steve Jobs -Biograhly	1 st Term
	2.	Tashi-Series	
	1.	Tashi and the Mixed –up Monster	2 nd Term
	2.	Exam Warriors`	
7 th	1.	Swami Vivekanand - Biography	1 st Term
	2.	The Famous Five Series- by EnidBlyton	
	1.	Tashi and the Mixed-up Monster	2 nd Term
	2.	Exam Warriors	



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DAV PUBLIC SCHOOL SAMANA
(SENIOR SECONDARY)
CBSE AFFILIATED-1630571



MEDICAL PLANNER FOR CLASSES
4th to 12th(SENIOR)SESSION:
2022-23

MONTH	TOPICS
APRIL	Heart Beat: A rhythm of Health.
MAY	"Health for All", Be Active, Be Healthy and Be Happy.
JULY	Decision making Fear... "How this 'Fear' word messes you up"& Let's talk on Adolescence (Girls & Boys)
AUGUST	Control Anger! It's only one letter away from Danger.
SEPTEMBER	Mental Health : Stop Exclusion. Dare to Care!
OCTOBER	Sensex is high, Gold is expensive, Invest in Relationships, feelings and emotions.
NOVEMBER	Are you Winter Ready? & Protect Health from Climate Change.
DECEMBER	Nutrition & You. Halt the rise, Beat Diabetes early.
JANUARY	Fitness matters, Wellness works.
FEBRUARY	Don't blame the Distractions, Improve your focus.

Dr Mohan Lal Sharma
Principal

Suggestive Activities for FIT India Movement March 2022-Feb 2023

Sr. No.	Month	Theme based Activities
1.	March-April	<p align="center">FIT INDIA FITNESS ASSESSMENT</p> <ul style="list-style-type: none"> • Fitness assessment by teachers and parents on Fit India Mobile App • Participation in Fit India Quiz as audience on Fit India Mobile App ○ Fitness Ka Dose Aadha Ghanta Roz- doing daily physical activities like Yoga/Free hand exercise/ dance/ playing sports etc. for half an hour at-least.
2.	May-June	<p align="center">MENTAL FITNESS AND YOGA</p> <ul style="list-style-type: none"> • Learn Common Yoga Protocols, different poses of Yoga through Fit India Mo-bile App • Celebration of “Yoga Day” (Age-appropriate Yoga Activities) • Rhythmic Yoga on patriotic songs and share your stories on Fit India Mobile App • Pranayam, Meditation/ Mindfulness activities every day. • Daily Yoga, Stretching, Hand exercises may be included in assembly to make fitness part of students’/teachers’ daily lifestyle <ul style="list-style-type: none"> • Focus on Mind games like chess, Sudoku, Puzzle etc.
3.	July	<p align="center">FITNESS ASSESSMENT OF STUDENTS THROUGH PE TEACHERS AND INDIGENOUS SPORTS</p> <ul style="list-style-type: none"> • Participate in Khelo India National Fitness programme for schools through Fit India Mobile App • Learn different Indigenous/ traditional sports on Fit India Mobile App • Organization of indigenous/traditional sports, martial arts, dance with theme — Hamari Sanskriti Se Fitness

4.	August - September	<p style="text-align: center;">FIT INDIA FREEDOM RUN</p> <ul style="list-style-type: none"> • Organizing Fit India Freedom Run at iconic and historic importance places by registering on Fit India Mobile App • Share your Run with friends/family and challenge them on 1-fit India MobileApp • Fit India Freedom Run to start/culminate with patriotic songs/stories on free-dom struggle of local heroes (Staff, Students & Community) • Places associated with Independence Movement in states/UTs to
		<p style="text-align: center;">be selected for culmination/ starting of Freedom run</p> <ul style="list-style-type: none"> • In morning assembly plays / role-plays may be conducted on various historical-ly important events. <ul style="list-style-type: none"> • Stories/Talks/Essay competition on one Freedom Fighter/local hero of Free-dom struggle at least once every week
5.	October	<p style="text-align: center;">FIT INDIA PLOG RUN</p> <ul style="list-style-type: none"> • Organise and register FIT India Plogrun on Fit India Mobile App • Virtual connect with Plogging communities on Fit India Mobile App with share your stories feature • Plays/ Rallies with themes such as Swachta, Ahinsa and other values of Ma-hatma Gandhi • Cultural programs depicting importance of Mahatma Gandhi in India's Inde-pendence <ul style="list-style-type: none"> • Swachhata Pledge/ Water Saving Pledge
6.	November- December	<p style="text-align: center;">FIT INDIA SCHOOL WEEK AND FITNESS ASSESSMENT</p> <ul style="list-style-type: none"> • Celebrating 5-6 days in a week for fitness related activities <ul style="list-style-type: none"> • Inter and Intra Sports Competitions • Motivate & aware parents, community regarding doing daily fitness activities. • Participate in Khelo India National Fitness programme for schools through FitIndia Mobile App • Fitness assessment by teachers and parents on Fit India Mobile App

7.	January-February	FIT INDIA NEW YEAR SPECIAL AND FITNESS ASSESSMENT <ul style="list-style-type: none">• Welcoming new year with fitness events• Participate in Khelo India National Fitness programme for schools through FitIndia Mobile App<ul style="list-style-type: none">• Fitness assessment by teachers and parents on Fit India Mobile App• Participation in Fit India Quiz as audience on Fit India MobileApp• Collage making and poster competition on Healthy Food Habits and Importance of doing daily fitness activities
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आर्य पर्व(2022-23)

क्रम संख्या	तिथि	पर्व	पर्व
1.	10 अप्रैल,2022	रविवार	आर्य समाज स्थापना दिवस
2.	19 अप्रैल,2022	मंगलवार	महात्मा हंसराजजन्म दिवस
3.	26 अप्रैल,2022	मंगलवार	पंडित गुरुदत्त विद्यार्थी जन्म दिवस
4.	1 जून,2022	बुधवार	डी.ए .वीस्थापना दिवस
5.	14 सितम्बर,2022	बुधवार	गुरु विरजानंद पुण्यतिथि
6.	5 अक्तूबर,2022	बुधवार	स्वामी विरजानंद जयंती
7.	21 अक्तूबर,2022	सोमवार	रामचंद्र छत्रपति बलिदान दिवस
8.	15 अक्तूबर,2022	शनिवार	महात्मा आनंद स्वामी जन्म दिवस
9.	24 अक्तूबर,2022	शनिवार	महात्मा आनंद स्वामी पुण्यतिथि
10.	24अक्तूबर,2022	सोमवार	ऋषि निर्वाणोत्सव
11.	14 नवम्बर,2022	सोमवार	स्वामी दयानंद विरजानंद की कुटिया
12.	15 नवम्बर,2022	रविवार	महात्मा हंसराज पुण्यतिथि
13.	19 दिसम्बर,2022	सोमवार	पंडित राम प्रसाद बिस्मिल बलिदान दिवस
14.	23 दिसम्बर,2022	शुक्रवार	स्वामी श्रद्धानंद बलिदान दिवस
15.	15 जनवरी,2023	वीरवार	स्वामी विवेकानंद जयंती
16.	28 जनवरी,2023	शनिवार	लाला लाजपतराय जयंती
17.	12 फ़रवरी,2023	बुधवार	ऋषि दयानंद सरस्वती जन्म दिवस
18.	18 फ़रवरी,2023	शनिवार	ऋषि बोधोत्सव
19.	21 फ़रवरी,2023	मंगलवार	मुनि मुनिशवरनन्द
20.	19 मार्च,2023	रविवार	पंडित गुरुदत्त विद्यार्थी पुण्यतिथि

Important Days (Awareness)

Session 2022-23

<u>APRIL</u>				
<u>S.No</u>	<u>Date</u>	<u>Day</u>	<u>Day</u>	<u>Celebration</u>
1.	7 th April,2022	Thursday	World Health Day	Awareness
2.	10 th April,2022	Sunday	Arya Samaj SathapanaDiwas,	HawanYajna , Speech By House
3.	12 th April,2022	Tuesday	New Session Beginning 1 st to 12 th	Hawan Yajna (MangalKamnaDiwas)
4.	16 th April,2022	Saturday	New Session Beginning LKG & UKG	Hawan Yajna (MangalKamnaDiwas)
5.	13 th April,2022	Wednesd ay	Jallianwala Bagh Massacre	Awareness
6.	14 th April,2022	Thursday	Baisakhi/Mahavir Jayanti	Awareness + Speech
7.	14 th April,2022	Thursday	Dr. B.R. Ambedkar Jayanti	Awareness
8.	18 th April,2022	Monday	World Heritage Day	Awareness By Social Science Faculty
9.	19 th April,2022	Tuesday	Mahatma Hans Raj Jayanti	Tribute By Running House
10.	21 st April,2022	Thursday	National Civil Service Day(India)	Awareness
11.	22 nd April,2022	Friday	World Earth Day	Awareness
12.	23 rd April,2022	Saturday	World Book Day	Awareness
13.	25 th April,2022	Monday	World Malaria Day	Awareness
14.	26 th April,2022	Tuesday	World Intellectual Property Day	Awareness
15.	29 th April,2022	Friday	International Dance Day	Awareness

May

<u>Sr. No.</u>	<u>Date</u>	<u>Day</u>	<u>Day</u>	<u>Celebration</u>
1.	1 st May,2022	Sunday	International Labour Day	Activity of Grade-D By House +Classes 11 th & 12 th

2.	1 st May,2022	Sunday	World Laughter Day	Awareness
3.	3 rd May,2022	Tuesday	World Press ,Freedom Day Parshuram Jayanti	Awareness
4.	4 th May,2022	Wednesd ay	International Fire fighters Day	Awareness
5.	7 th May,2022	Saturday	Rabindranath Tagore Jayanti	Awareness
6.	8 th May,2022	Sunday	World Red Cross Day	Speech By House
7.	8 th May,2022	Sunday	Mothers Day	Celebration By Pre- Primary (LKG to 3 rd)
8.	11 th May,2022	Wednesd ay	National Technology Day	Awareness
9.	16 th May,2022	Monday	Buddha Purnima	Awareness
10.	17 th May,2022	Tuesday	<ul style="list-style-type: none"> • World Telecommunication and Information Society Day • World Hypertension Day 	Awareness
11.	21 st May,2022	Saturday	National Anti Terrorism Day	Awareness
12.	31 st May,2022	Tuesday	World No Tobacco Day/Anti Tobacco Day	Speech By House+ Poster Making by Class 10 th & 11 th
<u>JUNE</u>				
<u>S.No</u>	<u>Date</u>	<u>Day</u>		<u>Celebration</u>
1.	1 st June,2022	Wednesday	DAV Foundation Day- (Hawan Yajna) Global Day of Parents	Hawan
2.	3 rd June,2022	Friday	Guru Arjan Dev Ji Martydom Day	Speech
3.	5 th June,202 2	Sunday	World Environment Day	Speech
4.	7 th June,2022	Tuesday	World Food Safety Day	Awareness
5.	12 th June,2022	Sunday	Anti ChildLabour Day	Awareness
6.	14 th June,2022	Tuesday	World Blood Donor Day	Awareness
7.	14 th June,2022	Tuesday	Sant Kabir Jayanti	Awareness
8.	19 th June,2022	Sunday	Father's Day	Speech

9.	21 st June,2022	Tuesday	International Yoga Day	(Celebration by NCC Cadets)
10.	21 st June,2022	Tuesday	World Music Day	Celebration by Music Department
11.	26 th June,2022	Sunday	International Anti Drug Day	Speech
<u>JULY</u>				
<u>S.No</u>	<u>Date</u>	<u>Day</u>		
1.	11 th July,2022	Monday	World Population Day	Awareness
2.	15 th July,2022	Friday	World Youth Skill Day	Awareness
3.	26 th July,2022	Tuesday	Kargil Vijay Diwas	Awareness
4.	28 th July,2022	Thursday	<ul style="list-style-type: none"> • World Hepatitis Day • World Nature Conservation Day 	Awareness
5.	31 st July,2022	Sunday	Martyrdom Day of SaheedUdam Singh Ji	Tribute by Running House
<u>AUGUST</u>				
<u>S.No</u>	<u>Date</u>	<u>Day</u>		
1.	11 th Aug,2022	Thursday	Raksha Bandhan (Rakhi)	Celebration
2.	12 th Aug,2022	Friday	World Youth Day Sanskrit Diwas	Awareness
3.	15 th Aug,2022	Monday	Independence Day	Celebration
4.	19 th Aug,2022	Friday	<ul style="list-style-type: none"> • World Photography Day • Janamashtami (Krishnostav) 	Awareness+Speech Celebration by Primary Block
5.	20 th Aug,2022	Thursday	National SadhbhavanaDiwas	Awareness
6.	21 st Aug,2022	Sunday	World Senior Citizen Day	Awareness
7.	26 th Aug,2022	Friday	Women Equality Day	Awareness
8.	28 th Aug,2022	Sunday	Prakash Utsav Shri Guru Granth Sahib Ji	Speech
9.	29 th Aug,2022	Monday	National Sports Day	Awareness
10.	30 th Aug,2022	Tuesday	Teej (Hari Talika)	Celebration

SEPTEMBER

<u>S.No</u>	<u>Date</u>	<u>Day</u>		
1.	5 th Sep,2022	Monday	Teachers Day (Guru Utsav)	Celebration By Running House
2.	8 th Sep,2022	Thursday	International Literacy Day +Onam	Speech + Awareness
3.	14 th Sep,2022	Wednesday	Hindi Diwas	Speech and Celebration by Hindi Department
4.	15 th Sep,2022	Thursday	<ul style="list-style-type: none"> • International Democracy Day • Engineer's Day 	Awareness
5.	16 th Sep,2022	Friday	World Ozone Preservation Day	Awareness
6.	21 st Sep,2022	Wednesday	International Peace Day	Awareness
7.	26 th Sep,2022	Monday	Maharaja Aggarsain Jayanti	Speech
8.	27 th Sep,2022	Tuesday	World Tourism Day	Awareness
9.	29 th Sep,2022	Thursday	World Heart Day	Awareness

OCTOBER

<u>S.No</u>	<u>Date</u>	<u>Day</u>		<u>Celebration</u>
1.	2 nd Oct,2022	Sunday	<ul style="list-style-type: none"> • Mahatama Gandhi Jayanti & Non Violence Day • Lal Bahadur Jayanti 	Tribute by Houses
2.	4 th Oct,2022	Tuesday	World Animal Welfare Day	Awareness
3.	5 th Oct,2022	Wednesday	Dussehra	Celebration By Running House
4.	8 th Oct,2022	Saturday	Indian Air Force Day	Awareness
5.	9 th Oct,2022	Sunday	Maharishi Valmiki Jayanti	Speech
6.	11 th Oct,2022	Tuesday	<ul style="list-style-type: none"> • International Girl Child Day Purab • Prakash Purab of Shri Guru Ram Dass Ji 	Awareness +Speech
7.	13 th Oct,2022	Thursday	Karva Chauth	Speech

8.	15 th Oct,2022	Saturday	World Students Day	Awareness
9.	16 th Oct,2022	Saturday	<ul style="list-style-type: none"> World Food Day JanamDiwas of Baba Banda Singh Ji Bahadur 	Awareness
10.	24 th Oct,2022	Monday	<ul style="list-style-type: none"> Diwali United Nations Day 	Awareness + Speech
11.	25 th Oct,2022	Tuesday	Govardhan Pooja + Vishavkarma Day	Speech
12.	26 th Oct,2022	Wednesday	Bhai Dooj	Speech
13.	30 th Oct,2022	Sunday	Chath Pooja	Awareness
14.	31 st Oct,2022	Monday	National Unity Day	Awareness
<u>NOVEMBER</u>				
<u>S.No</u>	<u>Date</u>	<u>Day</u>		
1.	1 st Nov,2022	Tuesday	Punjab Diwas	Awareness
2.	8 th Nov,2022	Tuesday	Shri Guru Nanak Dev Jayanti	Celebration by Punjabi Department
3.	14 th Nov,2022	Monday	Children Day	Celebration By Pre Primary Block
4.	28 th Nov,2022	Monday	Martydom Day of Shri Guru Tegh Bahadur Ji	Speech +Tribute
<u>DECEMBER</u>				
<u>S.No</u>	<u>Date</u>	<u>Day</u>		
1.	1 st Dec,2022	Thursday	World AIDS Day	Awareness
2.	2 nd Dec,2022	Friday	<ul style="list-style-type: none"> World Computer Literacy Day National Pollution Control Day 	Speech + Awareness
3.	4 th Dec,2022	Sunday	Indian Navy Day	Awareness
4.	7 th Dec,2022	Wednesday	Indian Armed Forces Flag Day	Awareness
5.	9 th Dec,2022	Friday	International Anti-Corruption Day	Awareness
6.	10 th Dec,2022	Saturday	Human Rights Day	Awareness

7.	22 nd Dec,2022	Thursday	National Mathematics Day	Celebration by Maths Department
8.	23 rd Dec,2022	Friday	Swami ShradhanandBalidanDiwas	Tribute By Running House
9.	24 th Dec,2022	Saturday	National Consumer Day	Awareness
10.	25 th Dec,2022	Sunday	Christmas Day	Celebration by Pre-Primary
11.	26 th to 28 th Dec,2022	Monday, Tuesday, Wednesday	ShaheediJor Mela	Tribute by Running House
12.	29 th Dec,2022	Thursday	Parkash Purab Shri Guru Gobind Singh Ji	Speech

JANUARY

<u>S.No</u>	<u>Date</u>	<u>Day</u>		
1.	1 st Jan,2023	Sunday	New Year	(Hawan Yajna)
2.	6 th Jan,2023	Friday	National Technology Day	Awareness
3.	12 th Jan,2023	Thursday	National Youth Day	Awareness
4.	14 th Jan,2023	Saturday	Lohri	(Celebration by Senior Block + Running House)
5.	15 th Jan,2023	Sunday	Makar Sankranti / Pongal	Speech
6.	23 rd Jan,2023	Monday	Neetaji Subhash Chandra Bose Birth Anniversary	Awareness
7.	25 th Jan,2023	Wednesday	<ul style="list-style-type: none"> • Basant Panchmi • National Voters Day • Indian Tourism Day 	Awareness
8.	26 th Jan,2023	Thursday	Republic Day	Celebration by Running House
9.	30 th Jan,2023	Monday	Mahatama Gandhi Martyrdom Day	Tribute by Running House

FEBRUARY

<u>S.No</u>	<u>Date</u>	<u>Day</u>		
1.	4 th Feb,2023	Saturday	World Cancer Day	Awareness

2.	5 th Feb,2023	Sunday	Guru Ravidas Jayanti	Speech
3.	15 th Feb,2023	Wednesday	Maharishi Dayanand Saraswati	Celebration by running House
4.	18 th Feb,2023	Saturday	MahaShivratri	Celebration/Speech
5.	20 th Feb,2023	Monday	World Day of Social Justice	Awareness
6.	21 st Feb,2023	Tuesday	Matri Bhasha Divas	Celebration By Punjabi Teachers
7.	23 rd Feb,2023	Wednesday	World Peace & Understanding Day	Awareness
8.	28 th Feb,2023	Tuesday	National Science Day	Celebration By Science Teachers
<u>MARCH</u>				
<u>S.No</u>	<u>Date</u>	<u>Day</u>		
1.	1 st March,2023	Wednesday	Rishi Bodh Utsav	Awareness
2.	3 rd March,2023	Friday	National Defence Day	Awareness
3.	8 th March,2023	Wednesday	Holi + International World Women's Day	Celebration By Running House
4.	15 th March, 2023	Wednesday	World Consumer Rights Day	Awareness
5.	22 th March,2023	Wednesday	World Water Day	Awareness







NEAR CHAK AMRITSARIA PATRAN ROAD, SAMANA - 147101, DIST. PATIALA (PB)

List of Activities under Ek Bharat Shreshta Bharat

Sr.No	Description of Activity	Month/Day/ Location	Learning Outcome
1	Exposure of students to the alphabets, songs, proverbs and 100 sentences in the languages of the partnering State/UT.	Academic Year/ Every Week / school premises	It will develop the linguistic capacity of the students.
2	Essay Competition among students in the language of the partnering State/UT	Academic Year	It will develop multi-linguistic skills in students.
3	Drama/Role Play on culture, history, the tradition of partnering State/UT.	Academic Year/school premises	The students will be able to learn the culture of the partnering State/UT.
4	Identification/translation and dissemination of similar proverbs in the language of partnering State/UT.	Academic Year	The students will be able to learn the language and culture of the Partnering state/UT.
5	“Themed Display Board/Wall magazine” on the partnering state. (Historical Monuments, Dressing Style, painting, handicrafts, alphabet and basic sentences of the partnering State/UTs).	Round the Year/ school premises	The pictorial representation will help them in learning and Understanding about partnering States/UTs.
6	Pledge on Swachhta/ Single-use plastic/water saving/ National Unity in the language of partnering states/UTs	At least two times every month/ Schools’ premises during morning assembly.	The students will have exposure to partnering state language.Enhance social responsibility among students.
7	“Questions/Answer session” (Quiz) on partnering States/UTs. (Know Your Partner States/UTs)	Once in a month/ Morning Assembly.	It will help students to remember the important facts about partnering States/UTs.
8	“State Day Celebration” of partner State/UT	On State Day/ School Premises	It will develop a sense of unity among the students of both the States/UTs.

House Information (2022-23)

House	Color	Motto	Tagline	Logo
Virtue	Red	Modesty	Self-Respect is the corner stone of all Virtues.	
Harmony	Green	Courage to Care	Caring is the gift of making the ordinary to Extraordinary.	
Charity	Blue	Sympathy	Charity makes dreams come true.	
Gratitude	Yellow	Thankful & Grateful	Gratitude Unlocks the fullness of life	

DO's AND DON'Ts

Do's



1. Give due regards to your elders.
2. Prepare yourself well to perform well.
3. Converse in English in School Campus.
4. Come to school well groomed, in proper Uniform.
5. Bring the student's diary to school daily.
6. Be regular in attendance and never be late to school. Attend morning assembly without fail.
7. Keep your classroom and school premises clean and tidy.
8. Turn off the taps after use.
9. Switch off fans and lights when not in use.
10. Be fair and honest at work. Always be considerate of the rights of others.
11. Make use of the Library.

Don'ts



1. Do not bring precious articles inschool.
2. Do not damage the school property.
3. Do not make noise in the classroom, corridors, auditorium or elsewhere in the school campus.
4. Do not bring gadgets such as mobile phones, I Pads, MP3's etc.
5. Do not be absent from school. 75% attendance is the minimum requirement.
6. Do not use abusive language.
7. Do not pluck flowers. Never touch electric plugs.
8. Do not wear expensive jewellery to school.
9. Don't involve in physical fights.
10. Do not come in personal vehicles to school.

CODE OF CONDUCT

- ❖ Converse in English in school campus.
- ❖ Come to school regularly. In case you want to avail leave, kindly get it sanctioned from class teacher.
- ❖ Ensure proper order and discipline while moving to the playground /assembly / library or any lab.
- ❖ Library books must be handled with extra care and must be returned in time.
- ❖ Shouting / Fighting or Indulging in unruly behavior in the school premises is forbidden.
- ❖ Kindly contribute to make your school clean DAV, Green DAV.
- ❖ Proper decorum should be maintained while singing National Anthem / DAV Anthem and School Prayers as a mark of patriotism.
- ❖ Students should not carry any sharp objects like blade, knife, paper cutter etc. as they can prove to be harmful.
- ❖ Possession of crackers / bursting crackers / playing with colours in the school is strictly prohibited.

Any student found with expensive jewellery, mobile phone, CD's, any other objectionable article will be subjected to fine and confiscation of the above mentioned articles.

TEN PRINCIPLES OF THE ARYA SAMAJ

1. God is the primary source of all true knowledge and of all that can be known through it.
2. God is Existent, Intelligent and Blissful. He is Formless, Almighty, Just Merciful, Unborn, Infinite, Unchallengeable, Beginning less, Incomparable the support and Lord of all, Omniscient, Imperishable, Immortal, Fearless, Eternal, Holy and the Maker of the Universe. To him alone worship is due.
3. The Vedas are scriptures of true knowledge. It is the duty of all Aryas to read them, hear them being read and recite them to others.
4. We should always be ready to accept the truth and give up untruth.
5. All actions should be performed in conformity with Dharma, that is, after due consideration of right and wrong.
6. The primary aim of the Arya Samaj is too good for all, that is, to promote their physical, spiritual and social well-being.
7. We should treat all people with love, fairness and due regards for their merit.
8. One should aim at dispelling ignorance and promoting knowledge.
9. One should not only be content with one's own welfare but should look for it in the welfare of other also.
10. One should regard oneself under restriction to follow altruistic rulings of the society, while all should be free in following the rules of individual welfare

आर्य समाज के नियम

1. सब सत्य विद्या और जो पदार्थ विद्या से जाने जाते हैं, उन सब का आदि मूल परमेश्वर है।
2. ईश्वर सच्चिदानंद स्वरूप, निराकार, सर्वशक्तिमान, न्यायकारी, दयालु, सर्वेश्वर, सर्वव्यापक, सर्वातर्यामी, अजर, अमर, अभय, नित्य, पवित्र और सृष्टिकर्ता है उसी की उपासना करने योग्य है।
3. वेद सब सत्य विद्याओं की पुस्तक है। वेद का पढ़ना-पढ़ाना और सुनना-सुनाना सब आर्यों का परम धर्म है।
4. सत्य के ग्रहण करने और असत्य के छोड़ने में सर्वदा उद्यत रहना चाहिए।
5. सब काम धर्मानुसार अर्थात् सत्य और असत्य का विचार करके करना चाहिए।
6. संसार का उपकार करना इस समाज का मुख्य उद्देश्य है अर्थात् शारीरिक, आत्मिक और सामाजिक उन्नति करना।
7. सबसे प्रीतिपूर्वक धर्मानुसार यथायोग्य वर्तना चाहिए।
8. अविद्या का नाश और विद्या की वृद्धि करनी चाहिए।
9. प्रत्येक को अपनी ही उन्नति से संतुष्ट न रहना चाहिए, किंतु सबकी उन्नति में अपनी उन्नति समझनी चाहिए।
10. सब मनुष्यों को सामाजिक सर्वहितकारी नियम पालने में परतंत्र रहना चाहिए और प्रत्येक हितकारी नियम में सब स्वतंत्र रहें।