

**DAV PUBLIC SCHOOLS, ODISHA  
PRE-BOARD EXAMINATION, 2023-24**

- Please check that this question paper contains 4 printed pages.
- Check that this question paper contains 34 questions.
- Write down the Serial Number of the question in the left side of the margin before attempting it.
- 15 minutes' time has been allotted to read this question paper. The question paper will be distributed 15 minutes prior to the commencement of the examination. The students will read the question paper only and will not write any answer on the answer script during this period.

**CLASS: XII**

**SUBJECT: PSYCHOLOGY (037)**

**Time Allowed : 3 Hours**

**Maximum Marks: 70**

**General Instructions:**

All questions are compulsory except where internal choice has been given.

- Question Nos. 1 -15 in Section A carry 1 mark each. You are expected to answer them as directed.
- Question Nos. 16-21 in Section B are very short answer Type-I questions carrying 2 marks each. Answer to each question should not exceed 30 words.
- Question Nos. 22-24 in Section C are short answer type-II questions carrying 3 marks each. Answer to each question should not exceed 60 words.
- Question Nos. 25 - 28 in Section D are long answer type - I questions carrying 4 marks each. Answer to each question should not exceed 120 words.
- Question Nos. 29-30 in Section E are long answer type - II questions carrying 6 marks each. Answer to each question should not exceed 200 words.
- Question Nos. 31 – 34 in Section F are based on two cases given. Answer to each 1-mark question should not exceed 20 words. Answer to each 2 marks question should not exceed 30 words.

**SECTION A**

1. According to Freud, among the three main structures of personality which is described to be unconscious and pleasure seeking?  
a. Super ego                      b. Id                                      c. Ego                                      d. Projection                                      1
2. Sumit is researching on the Indian concept of intelligence. Guide Sumit by choosing the various facets of integral intelligence that explore Buddhi.  
i. Capacity for understanding, discrimination, problem solving  
ii. Respect for social order, commitment to needy, understanding perspectives  
iii. Ability to acquire a skill and train oneself  
iv. Self-monitoring of emotions, honesty, politeness  
a. i, iii, iv                                      b. ii, iii, iv                                      c. i, ii, iii                                      d. i, ii, iv                                      1
3. During a reality show, Anne introduced herself as a trained and dedicated dancer who believed in destiny. The attributes used by Anne for identification is indicative of her \_\_\_\_\_ identity. 1  
a. cultural                                      b. personal                                      c. social                                      d. emotional
4. Mary blames her friends for her poor academic performance rather than devoting time towards studying. She is said to be using:  
a. Problem focused coping                                      b. Emotion focused coping  
c. Task oriented strategy                                      d. Avoidance oriented strategy                                      1

5. Raymond Cattell believed that there is a common structure on which people differ from each other. This structure could be determined empirically. He tried to identify the primary traits from a huge array of descriptive adjectives found in language. He applied a statistical technique, called \_\_\_\_\_ . 1
- a. source analysis      b. factor analysis      c. source trait      d. surface trait
6. In the question given below, there are two statements marked as Assertion (A) and Reason (R). Read the statements and choose the correct option. 1
- Assertion (A): Under stressful circumstances, a person is unable to listen to and respond to the message correctly.
- Reason (R): During stressful situations, the psychological frame of mind changes and the messages get distorted due to the beliefs, experiences, goals & values held by the receiver.
- a. Both A and R are true and R is the correct explanation of A.  
 b. Both A and R are true and R is not the correct explanation of A.  
 c. A is true but R is false.  
 d. A is false but R is true
7. Ankit lacks patience, exhibits high motivation, feels burdened with work and always seems to be in a hurry. He needs to take care of himself as such people are prone to ailments like: 1
- a. Cancer      b. Depression      c. Coronary Heart Disease      d. Ulcer
8. Mia, a Japanese teenager visiting another country is appalled to see some people urinate or even defecate in the streets, out in public view. She has never seen this behaviour anywhere in her own country. Gradually, after a few days of staying, she realized that in some countries, it is normal to defecate or urinate in public. This makes it clear that judgments of normality of behaviour are: 1
- a. always culturally relative.      b. dependent on statistical review  
 c. a matter of subjective discomfort.      d. dependent on nature's call
9. Which of the following stages come after another in group formation? 1
- i. Performing      ii. Norming      iii. Storming      iv. Forming  
 a. i, ii, iii, and iv      b. i, ii, iv and iii      c. iv, iii, ii, and i      d. ii, iii, iv, and i
10. Mata, a 30-year-old woman is addicted to alcohol. Though she wants to leave these substances, she is not able to do it. Her mother suggested her to go to Rishikesh to try alternative therapies. Choose the most appropriate alternative therapy that may help Mata. 1
- a. Constant observation and medical therapy      b. Yoga and meditation  
 c. Clinical treatment and CBT      d. Psychoanalysis
11. Tendency of respondent to endorse items in a socially desirable manner is known as: 1
- a. acquiescence      b. self-report      c. social desirability      d. halo effect
12. Amit believes that one should always be honest because honesty is the best policy. This is an example of \_\_\_\_\_ 1
- a. prejudice      b. value      c. belief      d. schema
13. In the question given below, there are two statements marked as Assertion (A) and Reason (R). Read the statements and choose the correct option. 1
- Assertion (A): A superstitious person is logical in his attitude.  
 Reasoning (R): He assumes a harmful coincidence to be a reasonable happening to explain his superstition.
- a. Both A and R are true and R is the correct explanation of A.  
 b. Both A and R are true and R is not the correct explanation of A.  
 c. A is true but R is false.  
 d. A is false but R is true

14. An advantage of the primary group is \_\_\_\_\_ . 1  
 a. It hinders development of personality b. It decreases efficiency  
 c. It helps in the appreciation of view point of others d. It develops sense of contentment
15. Which of the following is not a feature of group polarisation? 1  
 a. more likely to take extreme decisions than individuals alone  
 b. position becomes much stronger as a result of discussions in the group  
 c. situations give opportunities to group members to relax and become a free rider  
 d. sometimes have dangerous repercussions as groups may take extreme positions

**SECTION B**

16. Mention the main characteristics of the Bell Shaped Curve.

**Or**

- State the relevance of linguistic intelligence for being a journalist in print media 2
17. 'Efforts to categorize people into personality types have been made since ancient times'.  
 Critically evaluate the statement with reference to the three humoral elements called tridosha. 2
18. Nomination method has been found to be highly dependable. Justify this statement with the help of an example. 2
19. Paras earns tokens by engaging in a targeted behaviour. Explain the role of token economy in behaviour modification. 2
20. India lost the Final match at the ICC Men's world Cup held at Ahmadabad to the very formidable Team Australia. Aryan, who was a member of the team, feels heartbroken and completely dejected. He doesn't want to continue with playing as he feels that his hard work throughout the tournament has been wasted. Suggest an appropriate therapy that may revive Aryan's lost spirit and explain your reasons for choosing it. 2
21. One day, in a certain restaurant, there were not many customers, so a few members of the server team simply sat out and let the others do the job. They gave in to their laziness since they knew that their co-workers would take over and serve the customers, while they rest. Identify this phenomenon and explain it. 2

**SECTION C**

22. Kanta has a tendency to generate or recognize ideas, alternatives, or possibilities that is useful in solving problems. Explain creativity. Discuss any two features of a creativity test.

**Or**

- Nine-year-old Namam is remarkably slow in learning and faces enormous difficulty in learning even very simple skills. He is identified as intellectually disabled. Mention the features of intellectual disability as defined by the American Association on Mental Deficiency (AAMD). 3
23. Jassi is frustrated and is crying, as she has not prepared well for her examination. Identify the coping mechanism that she is using to deal with this stress. Describe two life skills that can help her to cope better. 24. Children do have a predisposition towards developing behavioral disorders. Justify this statement and explain one developmental disorder common in children. 3
24. Children do have a predisposition towards developing behavioral disorders. Justify this statement and explain one developmental disorder common in children. 3

**SECTION D**

25. When we say, Promod is dominating we are referring to the degree of dominance in Promod. Explain the type of assessment involved here. 4
26. Adrija administered a quick sentence completion exercise to assess personality of her client. Identify the technique used by Adrija. Distinguish between projective techniques and psychometric tests. 4
27. Discuss the various factors contributing to healing in psychotherapy. 4

28. Rahul was caught taking a bribe and his colleagues were asked to decide on the punishment that should be given to Rahul. After discussion amongst all the colleagues, an extreme decision was taken to terminate Rahul's services. Identify this phenomenon and explain the various reasons for its occurrence.

**Or**

Divya joins a new school due to her parent's transfer. She promptly decides to apply for the position of the school leader and be a part of the school student cabinet to showcase her leadership skills. Describe the other reasons that Divya may have for joining the School cabinet. 4

**SECTION E**

29. Define Personality. Explain cultural approach to personality.

**Or**

Elaborate on the concept of self with reference to its attributes. 6

30. Describe the biological factors to explain abnormal behaviour.

**Or**

We find some people washing their hands every time they touch something or washing things like coins or stepping only within certain patterns on the floor or road while walking.

Explain Obsessive-Compulsive disorder. 6

**SECTION F**

**Read the case and answer the questions that follow:**

Rutuparna has been feeling the pressure of working in the office and managing family life as well. Off late she gets easily irritated and loses her patience at random events such as the breaking down of the vehicle or the maid's absence. Rutuparna is worried about putting on weight and often tries to skip her meals. Bothered about her appearances, she focuses more on the greying hair and new found wrinkles. She is unhappy about the broken taps and pipes in the kitchen which await maintenance. Her mother has not been keeping well due to progressing age and Rutuparna worries about her mother's medical check-up. She feels stressed most of the time in her day to day life.

31. Identify the kind of stressor that Rutuparna faces. 1

32. Explain any other types of stressors that affect our lives. 2

**Read the case and answer the questions that follow:**

From "anti-aging" face creams to wisecracking birthday cards about getting older to "OK, boomer" memes, the message is clear: Being old is something to avoid. Never mind that, if we have the good fortune to live a long life, inaccurate stereotypes about aging will harm all of us. Ageism is defined as discrimination against older people because of negative and inaccurate stereotypes—and it's so ingrained in our culture that we often don't even notice. Most organizations now have diversity, equity, and inclusion (DEI) departments to tackle issues such as racism and gender bias. Even in those departments, age bias is seldom on the radar. "Ageism is this odd '-ism' in that it's still socially acceptable in many ways. It is clear, however, that ageism has a host of negative effects, for people's physical and mental well-being and society as a whole. What's more, the negative stereotypes that fuel ageism often get aging all wrong. "When we say aging isn't all negative, it's not that we are putting on rose-colored lenses. Stereotypes are pervasive, and powerful, in part because they affect how we see the world even when our subjective experience leads us to believe we are simply describing the world as it actually exists. We rarely believe ourselves to be influenced by stereotype, making us even more susceptible to their effects.

33. Does the categorization of people always lead to prejudice? Give reasons for your response. 1

34. Explain any two factors that influence the formation of stereotypes. 2

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