



HOLIDAY

HOMEWORK

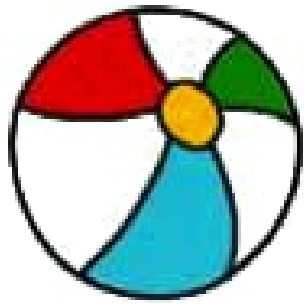
Keep your child's brain active over break
without them knowing they're doing
"homework"

Class 2

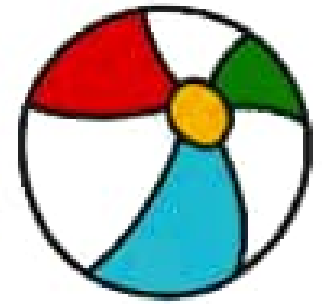


👉 Perfect day 👈

- (7:30) Wake up 🤔 🤔
- (7:45) Eat breakfast 🍞
- (8:00) Change 👚 👖
- (8:00) Brush teeth 🦷
- (8:05) Start school work 📚
- (12:00) Eat lunch 🍞 🥒
- (12:30) Chill 📱
- (1:00) Finish school work 📁
- (2:00) Change into workout clothes 🩳
- (2:15) Daily workout 🏋️
- (3:00) Run a mile 🏃
- (3:30) Yoga 🧘
- (4:00) Shower 🚿
- (4:30) Chill 📱
- (6:00) Eat dinner 🍔 🍟
- (6:30) Watch movie 🎬
- (9:00) Read 📚
- (10:00) Sleep 🤔



Summer Themed Days



Make it Monday

Get creative with art and crafts. Paint rocks, make pom poms from yarn, fashion friendship bracelets, try toilet roll weaving, have a painting party, etc...

Take a trip Tuesday

Use your imagination to take a pretend trip, learn about a new place, go virtual sightseeing on YouTube, camp in the backyard, go on a fun outing, etc..

Get wet Wednesday

Set up water balloon pinatas, go swimming, play with squirt guns, run through a sprinkler, have a water balloon fight, blow bubbles, have a bubble bath or bath with glow sticks, etc...

Thinking Thursday

Enjoy fun and educational activities like doing science experiments, reading, writing, etc...

Fun food Friday

Play with food. For example: eat donuts from a string, make ice cream in a bag, mix up some edible playdough, decorate cupcakes and cookies, make homemade ice cream sandwiches, visit an ice cream stand, whip up some homemade lemonade), etc...

SWAP YOUR BAD HABITS

HABIT TO CHANGE

WHAT IT GIVES ME

NEW HABIT!



Wake up & grab phone



Feeling of connection



Journal & drink tea



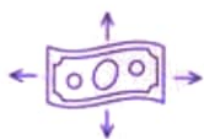
Skipping breakfast



Sense of control



Drink a nutritious smoothie



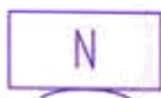
Spending money on things I don't need



Boost of mood



Put extra money towards a dream vacation



Binge watching Netflix after work



Relaxation and pleasure



Workout for 30 minutes at home



Snacking when I'm not hungry



Distracts my mind from work



Meditate for 5 minutes



DAV Model School, sector 15 A,
Chandigarh.

Holiday Home work .

Class -2

ENGLISH

1. During reading practice of lesson number 1 ,3 ,4 ,6, 7 ,8 and learn question answers and back exercises of MER.
2. Learn and Revise EPB upto page no.24.
3. MAKE A WORD TRAIN OF SOUNDS ee ,oo ,ng , th ,ar , ai and ou. Example ou -sound Rhyming...Shout ,scout ,out, pout so on atleast 10 rhyming words for each sound .
4. Write a thank you note to your parents for their continuous help during tough times of covid.
5. Draw your birthday party scene and colour it .
6. Create your own small story with SLASH CARDS . (SHOW AND TELL)

EVS

1. Write down your any 7 good habits and also write down which bad habit you want to get rid off and why ?
2. Make a vegetarian / non vegetarian balanced meal plan for yourself. It should include breakfast ,lunch ,evening ,tea and dinner.
3. Use cut pieces of cloth or any cloth material to create best out of waste for example - foot mats ,handbags ,old bedsheets(patch work) ,laundry bag etc.
4. Learn and revise lesson number 1-4 ,question answers and back exercises from My living world.

Maths

1. Reavise and write counting from 101 to 999.
2. Complete worksheets in PRIMARY MATHS what comes after ,before ,between ,
3. missing numbers,
4. greater than smaller than ($<$ $>$ =)
5. Ascending , descending numbers.
6. Number names upto 100
7. Simple Addition & subtraction sums
8. Write and learn tables of 2,3,4,5 and 10.

हिंदी

1. भाषा माधुरी 1 से 4 को पढ़ने का अभ्यास करें।
2. 1 से 4 पाठ के नए शब्दों के समान लय वाले शब्द बनाएं।
3. एक से 4 पाठ के पीछे दिए गए अभ्यास को याद करें।
4. यातायात के किन्हीं पांच साधनों के चित्र बनाओ और उनके नाम लिखकर उनमें रंग भरो।
5. घर में पड़ी बेकार इस्तेमाल में ना आने वाली चीजों से कूड़ा दान बनाएं।
6. भाषा अभ्यास में अभ्यास 1 से अभ्यास 4 तक याद करें एवं लिखकर अभ्यास करें।
7. पाठ अच्छे काम करो के आधार पर लिखकर बताएं कि आप कौन सा अच्छा काम करना चाहते हैं और क्यों?

POINTS TO REMEMBER 👍

Wish you all fun filled happy learning.

- 1. Stay home , keep washing your hands**
- 2 Chant OM.... while washing hands .**
- 3. Do not forget to wear mask and carry sanitizer before leaving home.**
- 4. Always prefer to stay home avoid going out in the crowded places.**

Drink plenty of water

- 5. Eat citrus fruits.**
- 6. Only ate home made food.**
- 7. Maintain 10 feet distance from everyone outside the home.**
- 8. Drink water from your own water bottle do not share and refill on your own.**
- 9. Health parents and all elders in household.**
- 10. Do not forget to do Surya namaskar Pranam to the parents and yoga everyday.**

HAPPY HOLIDAYS!

HAPPY

HOLIDAYS!